Phone: 918-968-3526 • 920963 S. Hwy. 99, Bldg. A • Stroud, OK 74079 • Vol. 41 • No. 10 • October 2019

Abney and Williamson Elected to Four-Year Terms of Office

by Mike Brown

Former Principal Chief Don W. Abney was elected to a fouryear term of office as Second Chief of the Sac and Fox Nation, and incumbent Business

Youngman holds the Holy Bible.

In 2019 Sac and Fox Nation General Election

Committee Member Robert Williamson was re-elected for a new four-year term of office

(Photo by Mike Brown)

during the Sac and Fox Nation's 2019 General Election held Saturday, Aug. 39

Abney defeated Angela Gasper by a vote of \$\mathbb{2}\$ to \$1\mathbb{T}\$ in the tight race for Second Chief. Williamson defeated challenger Channa L. Tiger by a vote of \$\mathbb{4}\$ to \$\mathbb{O}\$ Unopposed candidates for seats on the Grievance Committee were Krishna Bear and Dee Manatowa.

The two tribal leaders took oaths of office during an installation ceremony conducted Sept. 19 by newly-installed Sac and Fox Nation District Judge Gregory Bigler. The installation was conducted in the courtroom of the Sac and Fox Nation Justice Center.

The ceremony was attended by the tribal leaders' friends, family members, fellow Business Committee members Principal Chief Justin Wood, Secretary Jacklyn King, Treasurer Jared King, outgoing Second Chief Audrey Rose Lee, former members of the Business Committee and several current employees of the Sac and Fox Nation. A reception followed in the Justice Center lobby.

Former Business Committee members in attendance included Stella Nullake, Randle Carter,

Truman Carter, and Mary Mc-Cormick.

The Sac and Fox Nation Election Board's certification of the General Election results can be found in this edition of the *Sac and Fox News*.



Immediately following the installation ceremony, current members of the Sac and Fox Nation Business Committee gathered for the above photo. Pictured from left are: Treasurer Jared King, Principal Chief Justin Wood, Second Chief Don Abney, Secretary Jacklyn King and Committee Member Robert Williamson. (Photo by Mike Brown)



Don Abney takes the oath of office as daughter, Lavonda

Robert Williamson takes the oath of office as granddaughter Alyssa Williamson holds the Holy Bible. (Photo by Mike Brown)



Current and former members of the Sac and Fox Nation Business Committee shown from left in the Sac and Fox Justice Center are: Jacklyn King, Stella Nullake, Randle Carter,

Truman Carter, Jared King, Justin Wood, Mary McCormick, Robert Williamson, Don Abney and Audrey Rose Lee.

(Photo by Mike Brown)



Jim Thorpe Museum Presents Portrait to Sac and Fox Nation

Mike James, who serves as president of the Oklahoma Sports Hall of Fame and Jim Thorpe Museum in Oklahoma City, is pictured at left on Aug. 20 as he presented a portrait of the late Jim Thorpe to the Sac and Fox Nation. "The artist is Ray Tennyson of Oklahoma City. He painted this piece quite a few years ago, and we were able to get prints from it. This original piece was featured in the Jim Thorpe Gallery of our Oklahoma Sports Hall of Fame and Jim Thorpe Museum," said James. Accepting the portrait for display in the Sac and Fox Nation Cultural Center are: Second Chief Audrey Rose Lee, Principal Chief Justin Freeland Wood and Treasurer Jared King. (Photo by Mike Brown)

Chief Justin Freeland Wood's Address to the Nation

Thank you for an outstanding Governing Council. We began on time and treated each other with respect and understanding. I appreciate the incredible turnout and participation from our tribal members. I would like to personally thank the veterans and honor guard for their presence throughout the entire meeting. To our cooks and elders, I thank you for your dedication. I left the meeting encouraged about the future of our people.

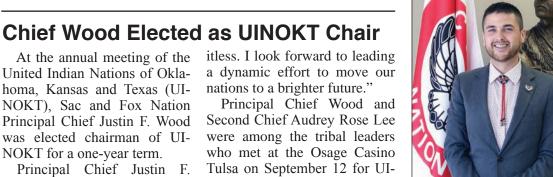
I want to thank Audrey Rose Lee, our outgoing Second Chief, for her two years of service on the Business Committee. There are few people I know who love the Sac and Fox Nation as much as Audrey.

Congratulations to our new Second Chief Don Abney and our re-elected Committee Member Robert Williamson. Thank you to everyone who turned out to vote in the General Election. Our new Business

Committee is dedicated to moving our Nation to success and better services.

Our future is dependent upon you, the Sac and Fox people, providing input, encouragement, and constructive criticism. We appreciate your answer to the

(Continued on Page 3)



The Sac and Fox Nation is a

member of UINOKT. UINOKT

NOKT's annual meeting.

was established in **9** as a way for tribal leaders to address state, federal and tribal issues and concerns in a united man-

Sac and Fox Nation

Principal Chief
Justin Freeland Wood

Upcoming Events

Wood stated, "It is an honor to

be elected chairman of the Unit-

ed Indian Nations of Oklahoma

Kansas and Texas. This group

of nations has a bright future.

When our sovereign nations

come together and stay united,

our impact and influence is lim-

October 1

AARP Tribal Elders

Awards Program

Cowboy Hall of

Fame, OKC

October 9
Sac and Fox
Elders Meeting
Community
Bldg. 10 a.m.

October 26
Activity Committee
Halloween Boo Bash
Community
Bldg. 6 p.m.

Sac and Fox News

The Sac & Fox News is the monthly publication of the Sac & Fox Nation, located on SH 99, six miles south of Stroud, OK.

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Sac and Fox Nation Administration Building 920963 S Hwy 99 Bldg A Stroud, OK 74079 Phone: 918-968-3526 Fax: 918-968-4837

The Sac & Fox News is the official publication of the Sac and Fox Nation. Our mission is to meet all tribal members information needs concerning the Nation.

The Sac & Fox News is mailed free, one per address, to enrolled Sac and Fox tribal members. Paid subscriptions are available for \$12.00 annually.

Editorial statements, guest columns, and letters to the editor published in this newspaper contain the opinions of the writers. These opinions do not necessarily reflect the opinions of the Sac and Fox News staff or any elected official or department of tribal government or administration.

The Sac and Fox News reserves the right to refuse publication of letters to the editor. All editorials and letters to the editor become the property of the Sac and Fox News.

Submissions for publication must be signed by the author and include an address and contact phone number. They are limited to 300 words. The staff will not edit editorials or letters to the editor to fit the 300-word limit. Deadline for the November issue is:

Friday, Oct. 18, 2019 at 4:30 p.m.

Reprint permission is granted, with proper credit to the Sac and Fox News, unless other copyrights are shown. Articles and letters may be submitted to the newspaper either by mail or Fax to the address provided above, - or by e-mail:newspaper@sacandfoxnation-

Address corrections & changes are accepted by The Business Committee at the address listed below.

Managing Editor

Mike Brown

For information: 918-968-3526 x1060 newspaper@sacandfoxnation-nsn.gov Publisher: Sac and Fox Nation Member of Native American Journalists Assn - Since 1988 Member OPA

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Jared King Telephone (918) 968-3526 Ext. 1006 treasurer@sacandfoxnation-nsn.gov

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> **Business Committee Mailing Address:** Sac and Fox Nation **Administration Building** 920963 S Hwy 99 Bldg A Stroud, OK 74079 Visit us on the webb @ sacandfoxnation.com click news

Rural Economic Conference is Oct. 9 at OSU

Ag icultural Communications Services Oklahm a State University

Insights about trends and expectations regarding agriculture and rural economies will be the focus of the Rural Economic Outlook Conference taking place Oct. 9 on Oklahoma State University's Stillwater campus. The 8 \$ a.m. to 3 9 p.m. conference will take place at the OSU ConocoPhillips Alumni Center, located on Hester Street across from the Student Union.

"Think of the conference as 'one-stop shopping' in that we will be examining many key issues that may significantly affect decisions made by agricultural lenders, community and rural leaders, and people in similar positions during the coming year," said Brent Ladd, OSU Cooperative Extension assistant agricultural finance specialist.

Keynote speakers will be Sarah Low, holder of the University of Missouri's Fred V. Heinkel Chair in Agriculture, and Pia Orrenius, a labor economist and manager of the regional and microeconomics group in the Dallas Fed Research Depart-

"Rural areas and small towns and cities are on the forefront of one of the most significant and impactful trends limiting the growth potential of the U.S. economy: falling birth rates and the aging of the American workforce," Orrenius said. "Immigration can be part of the solution, bringing workers to the industries and geographic areas that need them most. We will be discussing how that might occur most effectively."

Low's presentation will provide an overview of the rural economy, nationally and regionally. She will be providing insights about trends in nonfarm rural business, including rural entrepreneurship, manufacturing and amenity-based business opportunities.

"We'll also be examining Federal

Business Committee Meeting Minutes are now accessible on the Website sacandfoxnation-nsn.gov and Facebook

policy related to the rural economy, including infrastructure spending and the relocation of two USDA agencies to the region." Low said. "Asset-based rural economic development strategies will play a large part in rural America's economic future."

Also featured will be OSU agricultural economists Dayton Lambert, Amy Hagerman, Rodney Jones, Kim Anderson and Derrell Peel. Topics covered by the OSU experts will include the state of Oklahoma's rural economy, 9 ricultural policy, agricultural finance areas of interest and overviews of the U.S. grain and livestock markets, as well as agribusiness-related research being conducted in the OSU Department of Agricultural Economics.

"We ask that participants pre-register if possible," Ladd said. "It greatly aids

the planning process and helps ensure sufficient numbers of meals, refreshments and conference materials are on hand. We want to make the conference as useful and enjoyable as possible to all participants."

Cost is **9** per participant if pre-registering through Oct. 2 and \$\frac{1}{3}\$ thereafter. Online registration is available at agecon. okstate.edu. Anyone seeking additional information about the Oct. 9 Rural Economic Outlook Conference at OSU should contact Kareta Casey by phone at

The Oklahoma Cooperative Extension Service is one of two state agencies administered by OSU's Division of Agricultural Sciences and Natural Resources, and is a key part of the university's state and federally mandated teaching, research and Extension land-grant mission.

Obituaries

Bill Thorpe

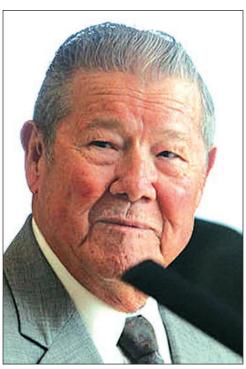
Fox athlete Jim Thorpe, passed away in Thorpe, of Oklahoma City. Arlington, Texas, on Thursday, July 4, t the age of 9

He was born on August 6 9 Jacobus Franciscus "Jim" Thorpe and Freda V. Kirkpatrick Thorpe in Marion, Ohio.

Bill attended Indian boarding schools in California and Nevada after his parent's divorce, then joined the U.S. Navy for the end of World War II. Eventually, he was drafted into the Army and served in Korea. He later went to work for Vaught Aircraft Manufacturing and was transferred to Texas in the late 9 where he retired there after Oye ars.

The Jim Thorpe Award, presented by the Oklahoma Sports Hall of Fame, was dear to Bill's heart, and he was in Oklahoma City for this past year's award bange t. A memorial service in honor of Bill Thorpe was hosted by the Oklahoma Sports Hall of Fame on Thursday, July 3 9 in Oklahoma City. He is survived by his brother, Richard Thorpe,

Bill Thorpe, son of legendary Sac and of Waurika, Okla. and, his niece, Anita







Chief Wood's Address to the Nation

(Cont. From Page 1)

call to reach out to us with needs and solutions to problems. Since my last address, I have received Facebook messages, emails, calls, and mail providing valuable insight to the current status of our tribal services.

Please be on the lookout for the upcoming notice for our 9 Special Council to approve RAP budgets and the **Q 9** Per-capita payments. We are still waiting on final certified numbers from our auditors. Once we receive those

numbers, I will call the meeting with the constitutionally reqi red 0 day notice. We will post the meeting on buildings, the website and social media.

And finally, please consider filling out interest to serve forms for our tribal boards and committees. I appreciate those of you willing to serve in these important positions. As I have said before, we need all hands on deck. We are stron-

Activity Committee Meetings are Held First Tuesdays; Membership, Input Encouraged

The Sac & Fox Nation Activity Committee is comprised of tribal member volunteers who have the desire to promote activities within our tribe. The Activity Committee is open to all Sac & Fox tribal members as well as non-tribal members.

The Activity Committee will hold a regular meeting the first Tuesday of every month at 6 p.m. in the Sac and Fox Nation Cultural Center.

Archaeological Day Activities Set Oct. 19 At Spiro Mounds

October is Archaeology Month in Oklahoma and internationally, and Spiro Mounds Archaeological Center will celebrate on International Archaeology Day, Saturday, October 9, 9 with a special event including a lecture, guided walk, and many other activities. Oklahoma Archaeology Month is sponsored and promoted by the Oklahoma Anthropological Society and the Oklahoma Public Archaeology Network and includes events throughout Oklahoma during the month of October.

Lectures about the prehistory and history of this region will start at 11 a.m. There also will be a guided tour of the site at 2 p.m. led by manager Dennis Peterson. The regular exhibits will be available throughout the day as well. Several expert 'flintknappers,' or stone tool makers, will be on hand to show off their skills from 0 a.m. to 4 p.m. An archaeologist will be available to identify artifact collections for visitors during that same time. Educational games and activities will be available throughout the day.

Spiro Mounds Archaeological Center is the only prehistoric American Indian archaeological site in Oklahoma open to the public and is the perfect place to celebrate Archaeology Month. If you would like to know more about Archaeology Month events, please visit okpublicarchaeology.wordpress.com. For more information on Spiro Mounds Archaeological Center, please contact Dennis Peterson at **9 0** or spiro@ okhistory.org. The center is located three miles east of Spiro on Highway 9 1 and four miles north on Lock and Dam Road.

ANNOUNCEMENT

The Sac and Fox Nation is now accepting applications/ resumes for the position of Tribal Attorney. The Tribal Attorney shall represent the Nation on all legal matters excluding the prosecution of criminal and juvenile matters. Applications with resumes must be mailed to the Tribal Secretary, 920883 South Highway 99, Building A, Stroud, Oklahoma 74079. Deadline for receiving applications is November 6, 2019 by 4:00 p.m..



ger when we all work together.

Meetings are open to the public. The Activity Committee encourages membership, ideas, suggestions and/or concerns of the organization and hosting events. Ketepi.

Construction Update on Transportation Bldg.

Work that began in early July remains on schedule for the new Sac and Fox Nation Transportation Facility, and progress continues in spite of several rain delays. The facility will be the new home for the transportation, elders and veterans programs. Representatives from the Transportation Program, Elders Advisory Committee and the Veterans Honor Guard spent six months advising the architects and engineers in developing the design, layout and features of the build-

All of the preliminary trenching and installation of the underground utilities has been completed. The utility lines (water, gas, sewer, and electricity) have been increased in size to accommodate the building's needs and reqi rements. The **9** geothermal wells and piping are completed.

The building plans call for a solid, deep foundation. Footings are an important part of the foundation construction. The purpose of the footings is to support

the foundation, load-bearing walls, the steel frame structure itself, and to prevent settling over time. The footings are made of concrete with steel rebar reinforcement that has been poured into an excavated trench.

The addition of rebar in the cement footings is to prevent cracking. All footings and trenches are at least 2 inches deep. The minimum width is \$\ inches wide, with spot footings (such as the above-ground shelter) being as much as 4 feet by 4 feet in size.

The next stage of construction includes the pouring of the concrete slab floors.

Business Committee Meeting Minutes are now accessible on the Website sacandfoxnation-nsn.gov and Facebook



Work crews are pictured pouring reinforced concrete footings to support the foundation on the new facility being constructed in Stroud for the Sac and Fox Nation transportation, elders and veterans programs. This procedure is followed by the pouring of the concrete slab floors. (Photo by Mike Brown)







4TH MONDAY EVERY MONTH 10AM TO 8PM GET \$10 IN FREEPLAY & FOOD SPECIAL!

Must have Player's Club Card and Sac & Fox CDIB. Must be 55 and up.





SNFCASINO.COM II > 356120 926 ROAD • STROUD, OK 74079

Must have valid ID and Player's Club Card. See Player's Club/Cage for details. Management reserves the right to revoke or alter any promotion or offer.

EDUCATION DEPARTMENT NOTICE

Applications for College - Vocational and Adult Education are on the Sac and Fox Nation Web site -Click on Education for downloads.

ARE YOU A CONSTRUCTION WORKER **NEEDING WORK?**

Construction has begun on the new Sac and Fox Transportation Facility located at 219 S. Eighth Street in Stroud, Oklahoma.

From time to time, the general contractor and subcontractors will need commercial construction workers on an available, on-call basis until the project is completed next year.

If you are interested, please contact Amber Riley in the Human Resource Department, 918-968-3526, extension 1014, for initial information and referrals for work opportunities. This service is free to applicants.

The federal Davis-Bacon prevailing wage laws apply. The hiring employer will conduct the required screening and background checks. Prior construction experience in skilled and non-skilled positions is a plus.

Each worker is responsible for having transportation, a valid drivers license, hard hat, high-visibility safety vest, work boots, safety glasses, and gloves on the job

The Indian preference rules apply for work at this project.



Coming soon near you

Central Tribes of the Shawnee Area, Inc. CTSA HEADSTART



We are proud to let you know we are opening a New Head Start in Stroud, OK

Applications are being taken at the Sac & Fox Education Dept.

Directions: Sac & Fox Education Dept. 5 ½ miles south of Stroud on 930 RD. Go past the clinic on top of the hill. It is located south of the gym.

For more information, please call the CTSA Main Office at (405)275-4870 **Required Documentation:**

- 1. Proof of income (at least 2 checks stubs/Income letter/TANF letter/Income tax form)
- 2. Proof of residence (Utility/phone bill, Housing lease—MUST show physical address)
- 3. CDIB card, SNAP, WIC or any assistance you are receiving
- 4. Shot records and Birth certificate and Source of Health Care (Tribal/IHS, Private
- 5. If your child has a Documented Disability, we will need a copy of his/her IFSP or

Stroud CTSA Headstart Yellow Earth Learning Center



Special Governing Council Revenue Allocation Plan date to be announced via Facebook and the Sac and Fox Nation Website.



Sac and Fox Nation District Judges **Take Oaths of Office**

Stephanie Conduff and Gregory H. Bigler are shown from right taking oaths of office for four-year terms as Sac and Fox Nation district judges after being selected to fill vacant positions during the Annual Governing Council held Aug. 31, 2019. Administering the installation at left is fellow Sac and Fox Nation District Judge Jon D. Douthitt. Judge Conduff was selected by a vote of tribal members in attendance of: Yes 48, No 30. Judge Bigler was selected by a vote of: Yes 58. No 24. (Photo by Mike Brown)



Kids and Grandkids Are G-R-E-A-T!!



We want to feature the scholastic, academic and athletic awards or achievements of your child or grandchild of the Sac and Fox Nation! Send all pertinent information, such as name of student, town, school and grade attending, explanation of award or achievement, and names of parents and/or grandparents, along with a current photo of the student to:

newspaper@sacandfoxnation-nsn.gov or: Sac and Fox News, 920963 S. Hwy. 99 **Stroud, OK 74079**

Happy October Birthday Elders!

Donna Kay Harris Rebecca J. Smith

Charlotte Alderson

Marion E. Miles

Charley Gibbs

Glenda G. Hodge

Gloria Ann Foster

Dona Gene Gregory

Warren Cleve Hunter Joe York Whistler

Richard Eugene Rogers

Marianne Patricia Alexander

Terry Lynn West Amelia Ruth Grant George Dan Croley Kenneth Keith Kahbeah Debra Deann Anderson Glenda Charlotte Fuller Joyce Marie Kolpin Gladys P. Boyd Gail Ruth Harjo Peggy Ann Big Eagle Mary Dora Kaskuske Teresa Marie Larney Clay Woodward Jones Betty Lou Christie Dagmar Seely Margaret Ellen Bailey Richard Allen Harwell Teresa Ann Powell Jeanette Sue Walker Ronald George Harris Jo Anna Fixico Stanley C. Trammell Celena Marie Ellis Jimmy Dean Estes Benjamin Charles McClellan Martha L. Bouzis Steven David Franklin Raymond Lee Haskins Robert L. Barlow Kenneth Lynn George Shawn Mark Wesmore Laura Jean Pennock Pamela Marie Morris Billie Mae Ellefson

Roy Dean Cobb

Terry Lynn Bean

Jeannette Foster

Harold Vernon Jones

Jane Hope Stephens

Rosemary B. May

Susan Marie Clark

Anita Kay Gatlin

Alvin Tall Bear

Ronald Wayne Keo Dennis Ray Longshore Michael Edward Murphy Fredith Ann Blanchard James Ervin Taber Harry G. Franklin Susan Gale Bass Michael Boyd Little David Gene Johnson Harold Allen Meek Dorothy Jeanne Geionety Georgina Muhareb Thomas Mose Wakolee Earnestine Mae Petitt Norma Rene'Raya Vernon Curtis Pequano Michael Wayne Cancel Lucille Helen Geisleman Carla De`ann Banister Troy Gene Shackelford Terri Marie Grass Richard Dean Brown Rowe Alan Kishketon Virginia Mary Riley Pamela Jeane Beagle Tammy Sue Warlick Jacquelyn Sue Southern Julie Ann Pipkins Shawna Elaine Onco Charlotte Kay Easley John Alan Walker Timothy E. Morris Shelley Magdalene Haupt Quintin Dale Butler Cathy May Charboneau Doneva J. Armstrong

Recently-Appointed Police Chief Andy Selfridge Featured



Police Chief Andy Selfridge

by Asst. Ch ef Brandi Crisp

Greetings from the Sac and Fox Nation Police Department! This month our employee spotlight will be focused on the newly-appointed Chief of Police, Andrew Selfridge. Chief Selfridge was appointed as the new chief of police on July 2. Chief Selfridge is a long-time member of the Sac and Fox Nation Police Department, having started his career with us in February 2. and is a veteran law enforcement officer with over 20 years of experience in the field.

Chief Selfridge also has extensive training in severe weather recognition, making him even more of an asset to the Nation when tornado season comes around. Throughout his tenure with the Sac and Fox Nation Police Department, Chief Selfridge has tailored his training and career interests towards tribal policing, familiarizing himself with the customs of the Sac and Fox Nation tribe along the way.

Chief Selfridge extends an invitation to all Sac and Fox Nation tribal members to stop by and meet him. His door is always open and, he would happily welcome input from tribal members. The safety and wellbeing of our tribe and its members are always Chief Selfridge's top priority.

Museum Hosting Okla. 'Child Labor' Photo Exhibit

The Chisholm Trail Museum in Kingfisher, Okla. is hosting a traveling exhibit of photography by Lewis Hine from September 3 o November 29

"Child Labor in Oklahoma: Photographs by Lewis Hine, 18" sponsored by Oklahoma Humanities, is a traveling exhibit from the Oklahoma History Center curated by Theresa Bragg, Jim Meeks and Lori Oden. This exhibit highlights a collection of 2 powerful photographs taken by Lewis Hine while he was in Oklahoma more than 100 years ago.

Lewis Hine was able to capture the soul of the child laborer in North America in the early . He mainly focused on major cities, but took brief trips to other parts of the country to document child labor, including Oklahoma. Hine photographed in Tulsa, Oklahoma City, Lawton, Shawnee, Okmulgee, Sulphur and a few other small communities in the

In **9** President Franklin D. Roosevelt signed the Fair Labor Standards Act into law. The National Child Labor Committee, founded in 1904, had finally accomplished its first goal. Hiring Lewis Hine in **9** to document child laborers was pivotal to their cause. He was one of the first photographers to utilize the medium to document the human condition in order to make positive changes. Hine once said, "If I could tell the story in words, I wouldn't need to lug a camera."

Although his photographs moved the nation to create child labor laws, Hine died in poverty and unrecognized in Decades later his life's work would become synonymous with social reform documentary photography.

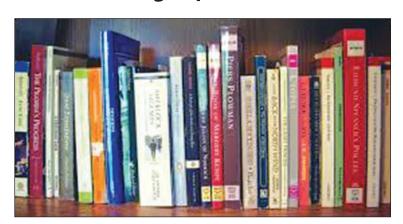
An exhibit catalogue also is available for free while supplies last. This program is sponsored in part by Oklahoma Humanities (OH) and the National Endowment for the Humanities (NEH). Any views, findings, conclusions or recommendations expressed in this program do not necessarily represent those of OH or NEH. The Chisholm Trail Museum and A. J. Seay Mansion are located at 6 Zellers Ave. in Kingfisher.



Clinic Generator Placed in Position

Workers are pictured Sept. 17 using a 90-ton industrial crane to place a 20,000 lb. electrical generator on a prepared concrete pad at Black Hawk Health Clinic. The 1,200 amp, diesel-powered generator was delivered to the site several months ago, however, wet soil conditions required that a short stretch of reinforced gravel roadway be installed to allow safe access to the concrete pad. Construction Inspector Cecil Bernard said the generator is sufficient to power the health clinic and the clinic expansion planned for construction in the near future. The generator includes a 1,000-gallon fuel tank that will serve the clinic facility at full capacity for a 24-hour period, when necessary in the event of an electrical power outage. (Photo by Mike Brown)

Buy a Bag of Gently-Used Books!! Only \$3.00



At Sac and Fox National Public Library

October is National "Eat Better, Eat Together" Month!



Why don't we eat together anymore? We all know how hectic life can get. In fact, research shows that the average American eats one in every five meals in their car, and families report eating fewer than five meals together a week. But that simply just isn't ok. We're missing out on all the amazing social, physical, and emotional benefits eating better together as a family can provide.

5 Reasons to Eat Together Again

- 1. It teaches your kids healthier eating habits. We tend to mimic the meal habits with those we eat with, so let's make sure those habits are healthy ones.
- 2. Improves social skills. Power down those tech devices and engage with each other as you eat. Don't worry, you can have your gadget back later.
- **3.** Creates stronger family communication. The family that communicates together stays together.
- **4.** It might be the only "family time" of the day. We all have things to do, people to see, schedules to keep. This might be the one chance to spend some time with those who matter most.
- **5.** Builds a family tradition. A moment in the day everyone looks forward to, and something your kids will fondly pass down to their kids.

Upcoming Cooking Classes

All classes will be held in the Merle W. Boyd Center unless otherwise posted. Class times are 11am-12pm and 12pm-1pm, both classes cover the same information.

October: October 10th November: November 14th December: December 12th

JOSH NOONER, MS, RD/LD 918-968-9531 X3042

SAUK LANGUAGE DEPARTMENT PHILOSOPHY

Indians are born speaking our languages. For some of us, the y lie dormant within our bodies. They are looking for a way out. God gave us these beautiful languages. All of us he let the m in a sacred manner within. There is no such the ng as an Indian person who cannot speak Indian. Our language programs find these languages within our bodies. The y bring them out through our mouths and

Our language programs find these languages within our bodies. The y bring them out through our mouths and deliver the m to their rightful resting places within our he arts.

October Scramble

ehwkwsâaitka	
ikhawêtâiwk	
thwawaoattianahs	
kâtweakwahti	
ahatnsaêwew	
iwiwâtkka	
tawkthaaôwô	
atakhtwaê	
hsitmaanehwa	
tainwak	

October 2019 Word Match

Takwatêha Continues hunting

Takwâkiwi Is trapping

Takwâkêhiwi Stays warming oneself by the fire

Takwâkethiwa Has a fire going

Takwani Goes on a fall hunt

Takwâkeshiwa Frost

Tahitanawasowa It's autumn

Taneshawêwa It's early autumn

Takwahôtôwa Goes on a fall hunt

Taneshihamwa October

SAUK LANGUAGE DEPARTMENT HAPPENINGS & NEWS

October 2019 Takwatêha

(Frost Moon)

From the Sauk Language Department.

The new Sauk I and Sauk II online courses are now available for high school students who want to learn Sauk. If you are interested in taking these courses, please contact the Sauk Language Department to learn more.

The Sauk Language Department also has three free downloadable, standalone language apps for both Android and iPhones. Go to Google Play Store or iTunes to get yours today, and start learning Sauk. When you talk Sauk, you rock.

Join us online or visit our website for Sauk words and to play games at

www.talksauk.com!

Suggestions and comments from tribal members are always welcome on programs you have attended, or would like to see scheduled.

Call 918-968-3526 or 800-259-3970, or email at:

Katie.Thompson@sacandfoxnation-nsn.gov



October 2019 Quotes

The Holy Land is everywhere.

Black Elk

No Statue of Liberty ever greeted our arrival in this country . . . we did not come to the United States at all. The United States came to us.

Luis Valdez

There is but one secret to success; never give up.

Ben Nighthorse Campbell

October Comic







Black Hawk Health Center

Red Ribbon Week

by Clinical Staff Writer, Ed Abuyog LCSW

Did You Know?

Red Ribbon Week was started when drug traffickers in Mexico City murdered a DEA agent Kiki Camarena in 1985. In response, people united in a show of personal commitment to living a drug free lifestyle personally and in our communities. Join the campaign across the country to promote a safe, healthy and drugfree life style. As the behavioral health unit, our contribution is in the areas of behavioral health services, including assessment, prevention and treatment.

Research at Texas A&M and the University of Florida interviewed 2800 high school seniors to determine which substances were the initial or gateway drug that was used that has lead to drug addiction. Of the study, it was found that 54% identified the first drug used was Alcohol, and 32% was Tobacco, with 14% identified Marijuana. It is important to know, that treatment is available, that includes a Tobacco cessation as well as substance use counseling.

As of now, the dominant gateway drug is Alcohol - having scourged Native Peoples for many generations. Drinking too much alcohol increases people's risk of injuries, violence, drowning, liver disease, some types of cancer and use of other illegal drugs. Black Hawk Health Center encourages you to educate yourself and your loved ones about the dangers of drinking too much and ways to promote a drug free lifestyle.

The implications are significant, in Oklahoma alone, there have been 178 drunk driving fatalities within the past year. To spread the word and prevent

alcohol abuse, the Black Hawk Health Center is joining many other organizations in promoting Red Ribbon Week. To prevent alcohol use or to limit alcohol consumption promotes a drug free life-

If you are drinking too much, you can improve your health by cutting back or quitting. Here are some strategies to help you cut back or stop drinking:

- Limit your drinking to no more than 1 drink a day for women or 2 drinks a day
- Keep track of how much you drink.
- · Choose a day each week when you will not drink.
 - Don't drink when you are upset.
- Limit the amount of alcohol you keep at home.
- Avoid places where people drink a
- Make a list of reasons not to drink.
- If you are concerned about someone else's drinking, offer to help.

What You Can Do:

- (1) Be aware. Learn more about alcoholism and consider different ways to have a drug free life.
- (2) Consider. The risks for alcoholism, as a gateway drug with youth, your own health and impacts on your work, schooling or family.
- (3) Act. If you or someone you love needs help please don't hesitate to call us at Behavioral Health (918) 968-9531 extension 3019.

We are here to help. For more information, contact the Behavioral Health Department, educational and counseling services are available to assist in prevention and treatment.

October Word Search

J S

D Q R M M S M UCIUV DHH IBNCDGHKHYQJRMDM UTANESHAWÊWAOFCURC TASHITANAWATHOWAK T D W N T A W I H T E K Â W K A T T L AASBPAKUMNKQRWWVOAT AWNPTRKKQEAHGIRUBXP CIÔECAYWWOSYHOMWQXM AAHTSXKUÂCZSNSLMOYM RKOFÔHPWHKEHSILKQDF D A U W P I H I P Â K Ê C S K R W I L U UKFAAHAHÂKHHQSEHAB ZTWBTYCWAAIYIRPBJO N C A L Ê K J K M K W A W A K R EPNAHVMAWUIQIB YTIDAPXTANWU

October 2019 Word List

KDNFW

Takwatêha October

Takwâkiwi It's autumn

Takwâkêhiwi It's early autumn

Takwâkethiwa He goes on the autumn hunt

Takwani Frost

Takwâkeshiwa Goes on a fall hunt

Stays warming oneself by the fire **Tahitanawasowa**

Has a fire going Taneshawêwa

Takwahôtôwa Is trapping

Taneshihamwa Continues hunting

attention tribal members

Committee/Boards/Commissions

Openings

Rodeo Committee

Plans, Coordinates, Schedules, Monitors and Executes Activities Associated with the Nation's

Grievance Committee

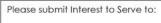
Hears complaints of misconduct in office by members of the Business Committee and preforms other duties as assigned by tribal law. Must be a member of the Sac and Fox Nation, reside in the State of Oklahoma and be 21 years

Will serve until next regular election.

Indian Education Committee- JOM

Promotes the welfare of Indian children and youth in home school, community and Tribe; raise the standards of school achievement of Indian Children; and bring into closer relationship the home and the school so that the parents and the teachers may cooperate intelligently in the education of Indian children and youth.

Must be parent or legal guardian of eligible JOM student.



Secretary, Jacklyn K. King **Business Committee** Sac and Fox Nation 920963 S Hwy 99 Stroud, OK 74079 secretary@sacandfoxnation-nsn.gov

Sauk Business Enterprises

Board To provide sources of revenue, remedy

enterprises and expand the Nation's land base and economic development Must be 21 years of age and legally capable of entering into a binding

contract. (Business Committee requests a resume to be submitted.)

Position #1 & #3



the underemployment rate of Tribal Members, attract diversified business potential.



Tai Chi

MOVING FOR BETTER BALANCE

Through simple, graceful movements that are easy to learn, Tai Chi builds physical stamina, improves one's balance, muscular strength, postural control, self-confidence, memory, and reduces the likelihood of falling.

The eight Tai Chi Quan forms taught are adapted from 24 simplified forms of Tai Chi. According to CDC, Tai Chi Quan, if practiced regularly is proven to reduce the risk of falls by 55%.

Tai Chi Quan is FREE and 8-10 week beginning classes are offered several times a year. Beginning August 5, 2019 classes will be held at the Shawnee Multi-Purpose

Building. The classes will be Monday's at 5:30 PM

Each week we will learn a new pose that will increase in difficulty and endurance.

Please consult your doctor and receive an exercise referral.

To sign up please contact Anthony Ramirez, Anthony.Ramirez@IHS.GOV or 918-968-9531 EXT 3039

Title VI - Elders Meals **October Menu**

Monday - Thursday: Lunch is served from 11:30 a.m. to 12:30 p.m. Friday: Breakfast is served from 8:30 a.m. - 9:30 a.m.

		•			
	Monday	Tuesday	Wednesday	Thursday	Friday
	30	O1	02	03	04
	Chicken fried Steak mashed potatoes Gravy broccoli side salad fruit	Salisbury steak scalloped potatoes Corn Side salad fruit	Turkey and cheese sandwich W fixings Chips fruit	Chicken strips Mashed potatoes gravy Corn rolls Side salad fruit	Waffles Sausage Boiled egg Orange slices juice
	07	08	09	10	11
	Spaghetti with meat sauce green beans Garlic bread Side salad fruit	Steak fingers Mashed potatoes gravy Corn Side salad fruit	Pork and potatoes Fry bread Salad fruit	Cheese burgers w/ fixings Potato salad Chips watermelon	Sausage egg and cheese croissant Hash brown juice
	14	15	16	17	18
	Salisbury steak scalloped potatoes Corn Side salad fruit	Meatloaf Mashed potatoes Gravy spinach side salad fruit	Chicken patty Sandwich w/ fixings Macaroni salad Chips fruit	Soft tacos w/ fixings Refried beans Chips and salsa fruit	Scrambled eggs Sausage Biscuit w/jelly Hash brown Juice Orange slices
	21	22	23	24	25
The second secon	Vegetable beef stew Cornbread Side salad fruit	Chili dogs Chips Potato salad fruit	Hot ham and cheese sandwich w/fixings macaroni salad Chips Fruit	Lasagna Garlic bread Green beans Side salad fruit	French toast sausage Boiled egg Juice Milk
	28	29	30	31	01
	pork chops Mashed potatoes gravy Steamed broccoli Side salad Fruit	Chicken enchiladas Refried beans Side salad fruit	Chicken fried steak sandwich w/fixings Chips Fruit	Chicken alfredo Bread stick Green beans Side salad Sugar cookies	Biscuit and gravy Sausage Boiled egg juice
•					



The Sac and Fox National Public Library has used paperbacks (and a few hardbacks) for sale. Paperbacks are three for \$1, or 35 cents each. Hardbacks are \$1 each.

Business Committee Meeting Minutes

Please be advised that the following are official actions taken by the Business Committee in a Special Business Committee meeting held on August 21, 2019. These actions are to be followed up by the appropriate departments.

- 1. Audrey R. Lee motion to approve the Special Business Committee meeting minutes dated June 27, 2019. Jared A. King -2nd. VOTE: Justin-Abstain, Audrey-Yes, Jacklyn-Yes, Jared-Absent, Robert-Yes. Motion carried.
- 2. Robert E. Williamson motion to approve with corrections the Regular Business Committee meeting minutes dated August 7, 2019. Jacklyn King -2nd. VOTE: Audrey-Yes, Jacklyn-Yes, Jared-Yes, Robert-Yes, Justin-Yes. Motion carried.
- 3. Jacklyn K. King motion to approve with corrections the Special Business Committee meeting minutes dated August 12, 2019. Robert E. Williamson - 2nd. VOTE: Jacklyn-Yes, Jared-Yes, Robert-Yes, Justin-Yes, Audrey-Yes. Motion carried.
- Resolution SF-19-208, a resolution authorizing and approving two (2) revisions to the Sac and Fox Nation Financial Management Services Manual. Robert E. Williamson-motion. Jacklyn K. King-2nd. VOTE: Jared-Yes, Robert-Yes, Justin-Yes, Audrey-Yes, Jacklyn-Yes. Motion carried.
- 5. Resolution SF-19-209, a resolution approving the Fiscal Year 2019 Sauk Language Department Budget Modification #1 in the total funding amount of three hundred forty thousand dollars (\$340,000.00). The funding source is identified as Treasury Appropriations. Robert E. Williamsonmotion. Jacklyn K. King-2nd. VOTE: Robert-Yes, Justin-Yes, Audrey-Yes, Jacklyn-Yes, Jared-Yes. Motion carried.
- Resolution SF-19-210, a resolution approving the Fiscal Year 2019 Food Distribution Program on Indian Reservations Match Budget Modification #1 in the total funding amount of two hundred sixty-eight thousand eight hundred sixty-three dollars (\$268,863.00). The funding sources are identified as the RAP Governing Council approved Resolution SF/GC-19-05 and In-Kind Contributions. Robert E. Williamson-motion. Jared A. King-2nd. VOTE: Justin-Yes, Audrey-Yes, Jacklyn-Yes, Jared-Yes, Robert-Yes. Motion carried.
- Resolution SF-19-211, a resolution approving with corrections the Native Employment Works Program (NEW) Budget in the total amount of twenty-two thousand one hundred twenty-seven dollars (\$22,127.00). The funding sources are identified as the Department of Health and Human Services, Administration for Children and Families, Grant Numbers #G-17IEOKNEWP, G-181EOKNEWP and G-19IOKNEWP. Jacklyn K. King-motion. Jared A. King-2nd. VOTE: Audrey-Yes, Jacklyn-Yes, Jared-Yes, Robert-Yes, Justin-Yes. Motion carried.
- Resolution SF-19-212, a resolution approving the United States Environmental Protection Agency Performance Partnership Grant General Assistance Program Budget Modification #2 for the period of October 1, 2018 through September 30, 2019 in the amount of one hundred twentyone thousand three hundred three dollars (\$121,303.00). The funding source is identified as the United States Environmental Protection Agency Performance Partnership Grant #BG-01f034001- Robert E. Williamson-motion. Jacklyn K. King-2nd. VOTE: Jacklyn-Yes, Jared-Yes, Robert-Yes, Justin-No, Audrey-Yes. Motion carried.
- Resolution SF-19-213, a resolution approving the United States Environmental Protection Agency Performance Partnership Grant Clean Water Act Section 106 Budget Modification #2 for the period of October 1, 2018 through September 30, 2019 in the amount of one hundred six thousand seven dollars (\$106,007.00). The funding source is identified as the US Environmental Protection Agency Performance Partnership Grant #BG-01-F34001-1. Robert E. Williamsonmotion. Jared A. King-2nd. VOTE: Jared-Yes, Robert-Yes, Justin-No, Audrey-Yes, Jacklyn-Yes. Motion carried.
- 10. Resolution SF-19-214, a resolution authorizing the use of Indian Health Services Compact carryover funds for equipment and expanded services related to the Sac and Fox Nation Black Hawk Health Center Expansion Project in the total amount of five million dollars (\$5,000,000.00). Jacklyn K. King-motion. Jared A. King-2nd. VOTE: Robert-Yes, Justin-Yes, Audrey-Yes, Jacklyn-Yes, Jared-Yes. Motion carried.
- 11. Resolution SF-19-215, a resolution authorizing the use of Black Hawk Health Center Third Party Billing Funds for construction of the Sac and Fox Nation Black Hawk Health Center Expansion Project in the total amount of nine million dollars (\$9,000,000.00). Jared A. King-motion. Jacklyn K. King-2nd. VOTE: Justin-Yes, Audrey-Yes, Jacklyn-Yes, Jared-Yes, Robert-Yes. Motion carried.
- 12. Resolution SF-19-216, a resolution authorizing and approving the Black Hawk Health Center Policy: Work Attire and Appearance. Jacklyn K. King-motion. Jared A. King-2nd. VOTE: Audrey-Yes, Jacklyn-Yes, Jared-Yes, Robert-Yes, Justin-Yes. Motion carried.
- 13. Resolution SF-19-217, a resolution amending SF-18-85 Authorizing and Approving the Black Hawk Jacklyn-Yes, Jared-Yes, Robert-Yes, Justin-Yes, Audrey-Yes. Motion carried.
- 14. Jared A. King motion to approve new job description for the Nurse Practitioner II position at the Black Hawk Health Center. Robert E. Williamson-2nd. VOTE: Jared-Yes, Robert-Yes, Justin-Yes, Audrey-Yes, Jacklyn-Yes. Motion carried.
- 15. Robert E. Williamson motion to approve new job description for the Meal Delivery Driver I and II position. Jared A. King-2nd. VOTE: Robert-Yes, Justin-Yes, Audrey-Yes, Jacklyn-Yes, Jared-Yes. Motion carried.
- 16. Jacklyn K. King motion to approve the trade of two (2) 2009 Spyder Can-Am Motorcycles to the Muscogee Creek Nation Police Department for two (2) 2018 Polaris ACE 900SP High Performance ATV's. Robert E. Williamson-2nd. VOTE: Justin-Yes, Audrey-Yes, Jacklyn-Yes, Jared-Yes, Robert-Yes. Motion carried
- 17. Jared A. King motion to renew juvenile detention service renewal agreement for Bryan County #2013-06-03f. Robert E. Williamson-2nd. VOTE: Audrey-Yes, Jacklyn-Yes, Jared-Yes, Robert-Yes, Justin-Yes. Motion carried.
- 18. Resolution SF-19-218, a resolution approving the Fiscal Year 2019 Department of the Interior Bureau of Indian Affairs Tribal Resilience Program Budget Modification #2 in the total funding amount of one hundred forty-five thousand five hundred seventy-one dollars (\$145,571.00). The funding source is identified as US Department of the Interior, Bureau of Indian Affairs, and the Office of Trust Services #A18AP00209. Robert E. Williamson-motion. Jared A. King- 2nd. VOTE: Jacklyn-Yes, Jared-Yes, Robert-Yes, Justin-No, Audrey-Yes. Motion carried.

EXECUTIVE SESSION Entered Executive Session at 2:37 p.m. Out of Executive Session at 3:23 p.m. No Action Taken

19. Audrey R. Lee motion to accept the resignation of a board member from the Sauk Business Enterprises Board effective September 22, 2019. Jared A. King-2nd. VOTE: Jared-Yes, Robert-Yes, Justin-Yes, Audrey-Yes, Jacklyn-Yes. Motion carried.

ADJOURNMENT: 3:47 p.m.

Sac and Fox Nation Telephone Extensions Main Number: 918-968-3526

Chief - 1004 • Second Chief - 1005 • Treasurer - 1006 • Secretary - 1007 Committee Member - 1010 • BC Front Desk - 1002 • Tax - 1043-1045 Accounting - 1030-1036 • Property and Procurement - 1020-1039-1022 Maintenance - 2063 • BHHC - 918-968-9531 • ICW - 1711 • Court - 2039 Library - 2020-2021 • Language - 1075 • JUVI - 4000 USDA - 2077 (WIC 2079)-2080-2081-2082 (Warehouse USDA 2089) Education - 2046 • IT - 2041 • Police - 2033 • Self-Governance - 1080 Capitol Security - 1090 • Realty - 1050 • Enrollment - 1040-1041 RAP - 2000 • Social Services - 2010-2011 • 0ES - 2091-2092-2094 Veterans - 1065 • Newspaper - 1060 • Chief of Staff - 1001 NAGPRA/Historic Preservation - 1070

FNS HANDBOOK 501 EXHIBIT M

FOOD DISTRIBUTION PROGRAM ON INDIAN RESERVATIONS (FDPIR) FY 2019 NET MONTHLY INCOME STANDARDS (Effective October 1, 2018 to September 30, 2019)

The net monthly income standard for each household size is the sum of the applicable Supplemental Nutrition Assistance Program (SNAP) net monthly income standard and the applicable SNAP standard deduction.

48 Contiguous United States:

Use this Amount

Household Size	SNAP Net Monthly Income Standard		SNAP Standard Deduction		FDPIR Net Monthly Income Standard
1	\$1,012	+	\$164	=	\$1,176
2	\$1,372	+	\$164	=	\$1,536
3	\$1,732	+	\$164	=	\$1,896
4	\$2,092	+	\$174	=	\$2,266
5	\$2,452	+	\$204	=	\$2,656
6	\$2,812	+	\$234	=	\$3,046
7	\$3,172	+	\$234	=	\$3,406
8	\$3,532	+	\$234	=	\$3,766
ach additiona	l member				\$360

Alaska:

Use this Amount

Household Size	SNAP Net Monthly Income Standard		SNAP Standard Deduction		FDPIR Net Monthly Income Standard
1	\$1,265	+	\$281	=	\$1,546
2	\$1,715	+	\$281	=	\$1,996
3	\$2,165	+	\$281	=	\$2,446
4	\$2,615	+	\$281	=	\$2,896
5	\$3,065	+	\$281	=	\$3,346
6	\$3,515	+	\$292	=	\$3,807
7	\$3,965	+	\$292	=	\$4,257
8	\$4,415	+	\$292	=	\$4,707
ach additiona	ıl member				\$450

FNS HANDBOOK 501 EXHIBIT M

FY 2019 FDPIR Income Deductions (see 7 CFR 253.6(e)) Effective October 1, 2018 to September 30, 2019

Earned Income Deduction	Households with earned income are allowed a deduction of 20 percent of their earned income.
Dependent Care Deduction	Households that qualify for the dependent care deduction are allowed a deduction of actual dependent care costs paid monthly to a non-household member.
Child Support Deduction	Households that incur the cost of legally required child support to or for a non-household member are allowed a deduction for the amount of monthly child support paid.
Medical Expense Deduction	Households that incur monthly medical expenses by any household member who is elderly or disabled are allowed a deduction in the amount of out-of-pocket medical expenses paid in excess of \$35 per month. Allowable medical expenses are provided at 7 CFR 273.9(d)(3).
Home Care Meal-Related Deduction	Households who furnish the majority of meals for a home care attendant are allowed an income deduction equal to the maximum SNAP benefit for a one-person household. The home care meal-related deduction amounts are as follows:
	48 Contiguous U.S. States = \$192 Alaska by Area Designations • Urban = \$232 • Rural 1= \$295 • Rural 2 = \$360 See 7 CFR 272.7(b) for area designations in Alaska.
Standard Shelter/Utility Expense Deduction	Households that incur at least one monthly shelter or utility expense are allowed a standard income deduction (see chart below). Allowable shelter/utility expenses are provided at 7 CFR 273.9(d)(6)(ii).

FNS HANDBOOK 501

FY 2019 FDPIR Standard Shelter/Utility Expense Deductions Effective October 1, 2018 to September 30, 2019

D . L . L . D

Region	States Currently with FDPIR Programs	Shelter/Utility Deduction
Northeast/Midwest	Michigan, Minnesota, New York, Wisconsin	\$400
Southeast/Southwest	Mississippi, New Mexico, North Carolina, Oklahoma, Texas	\$350
Mountain Plains	Colorado, Kansas, Montana, Nebraska, North Dakota, South Dakota, Utah, Wyoming	\$450
West	Alaska, Arizona, California, Idaho, Nevada, Oregon, Washington	\$400

*If the geographic boundaries of an Indian reservation extend to more than one region per the identified regional groupings above, then a qualifying household has the option to receive the appropriate shelter/utility expense deduction amount for the State in which the household resides or the State in which the State agency's central administrative office is located.

HELP WANTED!

SAC & FOX NATION EMPLOYMENT OPPORTUNITIES

THE FOLLOWING IS A LIST OF JOB VACANCIES WITH

THE SAC & FOX NATION:

Medical Coder I Self-Governance Director Resident Advisor (Juvenile Detention Center) Environmental Specialist Human Resources Director

Library Technician (Part Time) NAGPRA Director

Applicants must successfully pass an OSBI/National background check and drug screen. Preference in hiring is given to qualified Native Americans. Applicants claiming Indian Preference must provide a copy of their CDIB. For more information and to learn how to apply please visit our website at:

www.sacandfoxnation.com

or contact Human Resources, Sac and Fox Nation, 920963 S. Hwy. 99, Bldg. A Stroud, OK 74079 or by phone (918) 968-3526

2019 'Our Languages Festival' Highlights



Justin Neely, who has served as Language Director with the Citizen Pottawatomie Nation for 14 years, spoke to those in attendance about 'Language and Social Media.' The festival, hosted by the Sauk Language Dept. at the Sac and Fox Nation, is a celebration of Algonquin culture and language.



Lina Ortega, who serves as associate curator of the Western History Collections at the University of Oklahoma, spoke about Algonquin resources available for research and education. She also presented a listening session of the 'Indians for Indians' radio show that was broadcast over WNAD from 1941 through the mid-1970s. Don Whistler, principal chief of the Sac and Fox Nation, created the innovative show and hosted it for the first ten years.



Sac and Fox contemporary artist Tony Tiger is pictured while speaking about 'Linking the Past to the Present' at the languages festival that was attended by tribal members from across central Oklahoma.



Festival attendees on Friday enjoyed a healthy lunch provided by the Sac and Fox Special Diabetes Program and Naifeh's Deli and Grill of Cushing, Okla.



Jamey and Georgia Noble are shown registering attendees at the festival.



Sac and Fox Nation Secretary Jacklyn King is pictured at left while conducting a beading workshop during the festival. (All Photos by Mike Brown)



Sauk Language Dept. Director Katie Thompson, who coordinated the festival, conducts a finger-weaving workshop during Saturday morning and afternoon activities held in the Sac and Fox Nation Gymnasium.

Governing Council Minutes

Please be advised that the following are official actions taken by the Governing Council in an Annual Governing Council Meeting held on August 31, 2019. These actions are to be followed up by the appropriate departments.

- Dee Ann Manatowa motion to approve with corrections the August 25, 2018 Annual Governing Council meeting minutes and the October 27, 2018 Special Governing Council meeting minutes. Jacquelyn Southern-2nd. <u>VOTE: YES-61, NO-2, ABSTAIN-10. MOTION</u> <u>CARRIED.</u>
- 2) Dee Ann Manatowa motion to approve the Secretary's and Treasurer's reports. Peggy Big Eagle-2nd. VOTE: YES-61, NO-1, ABSTAIN-12. MOTION CARRIED.
- Linda Standing motion to table the Proposed Revision of the Election Ordinance. Gwen Wilburn-2nd. <u>VOTE: YES-59, NO-2, ABSTAIN-6. MOTION CARRIED.</u>
- 4) Mary F. McCormick motion to approve a proposed resolution to repeal Amendment VI as it relates to Article II, Section 3. Gwen Wilburn-2nd. Sharon Noah motion to table the Article II, Section 3 Amendment. Suzanne Allen-2nd. <u>VOTE: YES-62, NO-8, ABSTAIN-6.</u> <u>MOTION CARRIED.</u>
- 5) Resolution SF/GC-20-01, a resolution calling for a Secretarial Election to amend the Sac and Fox Nation Constitution to correct a scrivener's error to clarify that applicants for membership must have a parent who is a member of the Sac and Fox Nation. Peggy Big Eagle motion. Dee Ann Manatowa-2nd. VOTE: YES-57, NO-3, ABSTAIN-9. MOTION CARRIED.
- 6) Sac and Fox Nation District Judges Selection (2 vacant positions):
 Gregory H. Bigler: VOTE: YES-58, NO-24
 Stephanie Conduff: VOTE: YES-48, NO-30

Jacklyn K. King, Secretary
Sac and Fox Nation

Business Committee Meeting Minutes

Please be advised that the following are official actions taken by the Business Committee in a Special Business Committee Meeting held on August 27, 2019. These actions are to be followed up by the appropriate departments.

- Resolution SF-19-219, a resolution approving and authorizing the submission of an application to the United States Department of the Interior, Bureau of Indian Affairs for Fiscal Year 2020 funding request for the Water Management, Planning, and Pre-Development (N3420). Robert E. Williamson-motion. Jared A. King-2nd. VOTE: Justin-Yes, Audrey-Absent, Jacklyn-Absent, Jared-Yes, Robert-Yes. Motion carried.
- Resolution SF-19-220, a resolution authorizing and approving the dissolution of the Sac and Fox Economic Development Holdings Company, LLC a Limited Liability Company Wholly owned by the Nation. Robert E. Williamson-motion. Jared A. King-2nd. VOTE: Audrey-Absent, Jacklyn-Absent, Jared-Yes, Robert-Yes, Justin-Yes. Motion carried.
- 3) Resolution SF-19-221, a resolution authorizing and approving Jared A. King to be appointed as the Liquidating Trustee to the Sac and Fox Economic Developments Holding Company, LLC a Sac and Fox Nation Wholly Owned Limited Liability Corporation. Robert E. Williamson-motion. Jared A. King-2nd. VOTE: Jacklyn-Absent, Jared-Yes, Robert-Yes, Justin-Yes, Audrey-Absent. Motion carried.
- Resolution SF-19-222, a resolution amending Title 8- Business Entities, Chapter 13- Limited Liability Companies Wholly Owned by the Nation. Robert E. Williamson-motion. Jared A. King-2nd. VOTE: Jared-Yes, Robert-Yes, Justin-Yes, Audrey-Absent, Jacklyn-Absent. Motion carried.
- Robert E. Williamson motion to approve with corrections Court Software Contract Amendments. Jared A. King-2nd. VOTE: Robert-Yes, Justin-Yes, Audrey-Absent, Jacklyn-Absent, Jared-Yes. Motion carried.
- Resolution SF-19-223, a resolution approving and authorizing the submission of an application to the United States Department of Health and Human Services Administration for Children and Families for the Low Income Home Energy Assistance Program (LIHEAP) for FY 2020 funding. Robert E. Williamson-motion. Jared A. King-2nd. VOTE: Justin-Yes, Audrey-Absent, Jacklyn-Absent, Jared-Yes, Robert-Yes. Motion carried.

ADJOURNMENT: Adjourned at 1:39 p.m.



MONTHLY TOBACCO CESSATION SUPPORT GROUP

- \bullet Held the $\mathbf{1}^{\text{st}}$ Wednesday of every month
- 12-1 pm
- Learning Center Conference Room

Group sessions will be open to members of the Sac and Fox Community, tribal employees, and TIP Group Members.

Sessions will cover multiple areas of tobacco cessation including creating a quit plan, healthy behaviors, the truth about tobacco, changing behaviors, coping with cravings, and maintaining change.

Sessions will also include peer interaction and recovery support.

For more information, Please contact DeAnna in Behavioral Health.

YOU CAN STOP SMOKING NOW



Please be advised that the following are official actions taken by the Business Committee in a Special Business Committee meeting held on September 10, 2019. These actions are to be followed up by the appropriate departments.

- Resolution SF-19-224, a resolution approving membership into the United Indian Nations of Oklahoma, Kansas, and Texas (UINOKT) in the amount of two thousand dollars (\$2,000.00), and naming Principal Chief Justin F. Wood as the delegate. Robert E. Williamson-motion. Jared A. King-2nd. VOTE: Justin-Abstain, Audrey-Yes, Jacklyn-Absent, Jared-Yes, Robert-Yes. Motion carried.
- 2) Resolution SF-19-225, a resolution approving and appointing Principal Chief Justin F. Wood of the Sac and Fox Nation Business Committee to serve on the American Indian Alaska Native Tourism Association, Inc. (AIANTA) as a board member. Audrey R. Lee-motion. Robert E. Williamson-2nd. VOTE: Audrey-Yes, Jacklyn-Absent, Jared-Yes, Robert-Yes, Justin-Abstain. Motion carried.

OCTOBER 2019

SAC AND FOX NATION FOOD DISTRIBUTION PROGRAM

STROUD WAREHOUSE 918-968-3030 • 1-800-256-3398

SHAWNEE OFFICE 405-395-0063 • 1-886-622-2310

MON	TUE	WED	THU	FRI
	1 ELDERS ONLY	2 SHIPMENT	3 ELDERS ONLY	4 STROUD HD ELDERS ONLY
LATE NIGHT SHAWNEE 12 pm - 6 pm	STROUD & SHAWNEE HOME DELIVERIES	9	10	LITTLE AXE TAILGATE 10 am - 12 pm
LATE NIGHT STROUD 8 am - 6 pm	SHAWNEE HOME DELIVERIES	16	17	PERKINS TAILGATE 10 am - 1 pm
LATE NIGHT SHAWNEE 12 pm - 6 pm	SHAWNEE HOME DELIVERIES	23 SHIPMENT	24	25
28	29	CLOSED FOR INVENTORY	31 HALLOWEEN CLOSED FOR INVENTORY	

HOURS

MONDAY - FRIDAY
CERTIFICATION 8:00

RE 8:30 am - 4:30 pm 8:30 am - 2:30 pm

STORE 8:30 am - 2:30 pm STORE AM INVENTORY 8:00 am - 8:30 am

STORE AM INVENTORY 8:00 am - 8:30 am
STORE PM INVENTORY 2:30 pm - 4:30 pm

HOME DELIVERIES ARE FOR HOMEBOUND AND/OR DISABLED ELDERS. CALL OUR STROUD OFFICE TO SEE IF YOU QUALIFY.

This institution is an equal opportunity provider.



TAI CHI

MOVING FOR BETTER BALANCE

Through simple, graceful movements that are easy to learn, Tai Chi builds physical stamina, improves one's balance, muscular strength, postural control, self-confidence, memory, and reduces the likelihood of falling.

The eight Tai Chi Quan forms taught are adapted from 24 simplified forms of Tai Chi. According to CDC, Tai Chi Quan, if practiced regularly is proven to reduce the risk of falls by 55%.

Tai Chi Quan is FREE and 8-10 week beginning classes are offered several times a year.

Beginning August 6, 2019 classes will be held at the Sac and Fox Nation

Gymnasium. The classes will be <u>Tuesday's at 11:10 AM</u>

Each week we will learn a new pose that will increase in difficulty and endurance.

Please consult your doctor and receive an exercise referral .

To sign up please contact Anthony Ramirez, Anthony.Ramirez@IHS.GOV or 918-968-9531 EXT 3039

Business Committee Meeting Minutes

are now accessible on the Website and Facebook sacandfoxnation-nsn.gov

More Languages Festival'Highlights



J. Paul Wilson is pictured conducting an Indian dice carving workshop during the festival. (Photo by Mike Brown)



Angela Warrior and special helpers are shown making moccasins during Saturday festival activities in the Sac and Fox Nation Gymnasium.

(Photo by Mike Brown)



At the 'Our Languages Festival Powwow' held in Jim Thorpe Memorial Park, members of the Sac and Fox Nation Activity Committee, Veterans Honor Guard and Women's Auxiliary presented a handmade wooden crown box to Sac and Fox Veterans Honor Guard Princess Taliah Switch. Shown from left are: Frances Grant Jr., Dennis Jennings, Princess Taliah Switch, Justin Morris, Angela Warrior and Courtney Plumley. (Photo by Nick Jennings)



Dance contests were held in various categories at the 'Our Languages Festival Powwow conducted in the Jim Thorpe Memorial Park. Winners in the Men's Grass Division shown from right are: Rusty Tiger, William Tsosie and Vernon Tsosie. (Photo by Nick Jennings)



Tribal elder and former Sac and Fox Nation official Mary F. McCormick, left, is presented an Indian blanket by tribal member Donna Couteau in appreciation of McCormick's work and accomplishments for the Sac and Fox Nation.

(Submitted Photo)

Tribal Member Honors Mary McCormick With Presentation of Indian Blanket

Submitted by

Mary F. McCormick, Deer Clan
A tribal member, Donna Couteau, New
York City, NY honored me, Mary F. McCormick, with an Indian blanket, during
her visit at July's annual Pow-Wow. The
ceremony took place at our camp, the
Coker Camp. Donna expressed her deep
appreciation and gratitude for all the
work I have accomplished for the Sac
and Fox Nation.

Donna especially appreciated the drama that the Sac and Fox Nation presented years ago, which told the story of the Sac and Fox Nation. Tribal members, remember years ago: Donna played the spirit of the Sac and Fox Tribe, and Joe played the role of Black Hawk, during our drama presentation, years ago.

Donna noted she wasn't in the dancing arena, with a microphone for public announcement, but she wanted to present the blanket to me, to honor me now. She and her husband, Joe Cross, were on their way to her father's home in Corpus

Christi, Texas. Her father is tribal elder Don Wayne Couteau, and his wife, LaNell.

Donna and her husband, Joe, work in the theater in New York City, as well as other places where they can perform their act. In fact, they had just returned from Canada where they presented a program on Indian lore and stories. Donna noted that she and Joe are doing all they can, to share Indian history with the public wherever they can give a presentation.

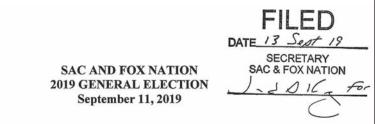
Donna and Joe love their work, whether it be acting, or speaking, and telling stories of the various Indian tribes they have studied, beside their own tribe. Donna noted that they read with interest, the article in the tribal newsletter where I had made a presentation to the students at Oklahoma State University.

Donna, and Joe: Keep up the wonderful work, and acting, you are doing on Indian themes, to tell our story to other people. Thank you for your wonderful gratitude to me.

ATTENTION HOUSING AUTHORITY OF THE SAC AND FOX NATION APPLICANTS

Application Updates:

Applicants shall update their applications and supporting documents and maintain current contact information on file on an annual basis. This is the responsibility of the Applicant and not the HASFN. Applicants who have not updated their application within one (1) year of the original application date will be removed from the waiting list and will have to re-apply to be placed back on the waiting list. These Applicants will receive a new approval date. Inactive applications and supporting documents will be discarded after three (3) years.



CERTIFICATION

THE SAC AND FOX NATION ELECTION BOARD DECLARES AND CERTIFIES THE 2019 GENERAL ELECTION AS FOLLOWS:

SECOND CHIEF	COMMITTEE	GRIEVANCE	GRIEVANCE
	MEMBER	COMMITTEE	COMMITTEE
Don W. Abney	Robert E. Williamson	Krishna Bear	Dee Manatowa

ELECTION BOARD MEMBERS

Chairman

Dustin de Lisc

Member

Lisc Syco

Mail Secretary

Main Secretary

Member

Shanane Bayl

Member

Asst. Secretary

Member

RAP Assistance Application Forms Provided Here



SAC AND FOX NATION RAP ASSISTANCE APPLICATION

EMERGENCY APPLIANCE

FAX:918-968-4207
PH: 918-968-3526
EXT: 2000 & 2001
RAP APP
Form#2011-01
BC Approved on
7/6/18

8						
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CITY	STATE	ZIP CODE				
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DATE

RAP SPECIALIST

SAC AND FOX NATION RAP ASSISTANCE APPLICATION

FAX:918-968-4207 PH: 918-968-3526 EXT: 2000 & 2001 RAP Application Form#2011-01 BC Approved on 7/6/18

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Please Provide the Following:

The bill you are requesting assistance with & proof of residence if the bill is not in your name.

CLIENT'S STATEMENT OF RIGHTS AND RESPONSIBILITIES

I hereby authorize the Sac and Fox Nation RAP Department to make any necessary inquiries relating to my account's which the RAP Department may be considering making payment on my behalf. I understand that I have the right to a hearing of any action of the Sac and Fox Nation, which I consider improper, and also any unreasonable delay in decision. (Request for fair hearings may be made in writing to the Business Committee of the Sac and Fox Nation, 920883 S. Hwy. 99 Bldg. A, Stroud, OK 74079) I understand that any person who knowingly, willfully and fraudulently provides false information for the purpose of obtaining benefits which he/she is otherwise ineligible to receive, may be subject to prosecution to the fullest extent to the appropriate Tribal statutes.

DATE	SIGNATURE OF APPLICANT OR GUARDIAN	GUARDIAN FOR
	PERSON ASSISTING WITH APPLICATION	RELATIONSHIP TO APPLICANT
DATE	RAP SPECIALIST	



are now accessible on the Website and Facebook sacandfoxnation-nsn.gov

2019 'Native Fest' Inter-Tribal Powwow Highlights



Sac and Fox tribal singers and drummers are pictured taking part in the 2019 'Native Fest' Inter-tribal Powwow held Sept. 7 in downtown Cushing, Okla.



Members of the Sac and Fox Nation Veteran Honor Guard are pictured during the Native Fest Powwow Grand Entry in downtown Cushing, Okla.



Sac and Fox tribal member R. G. Harris served as master of ceremonies for the 2019 Native Fest Inter-tribal Powwow.



Sac and Fox Nation tribal member Keenan Springer and Sac and Fox Honor Guard Princess Taliah Switch served as Head Man Dancer and Head Lady Dancer at the Native Fest Powwow.



Adrian Spottedhorsechief, of the Pawnee Nation, was among the vendors taking part in 2019 Native Fest in downtown Cushing, Okla.



Aaron Alvarez, of the Navajo Nation, is pictured with handmade jewelry in his booth at Native Fest.



Members of the Sac and Fox Nation Powwow Committee and friends and family are pictured with the committee's food trailer at the 2019 'Native Fest.' The committee also worked the food trailer the following weekend at the 'Our Languages Festival Powwow' held Sept. 14 in Jim Thorpe Memorial Park. "Thank you to the volunteers and those who patronized our food trailer, and we hope to see you all down the road," said Mason Williamson, Sac and Fox Nation Pow Wow Committee Chairman. Pictured L-R: Bessie Morris, Tammy Fields, Mason Williamson, Jazlyn Hindsley, Harrison Spang, Carrie Spang, Shanarae Boyd holding Benny Boyd, Lucy Jo Boyd and Sam Spang.

2019 PER CAPITA PAYMENT INFORMATION

- Indiiv dual must be enrolled by September 30, 2019 to be eligible for the 2019 per capita payment.
- Tribal members will need to submit a W9 to the Finance Department for the upcoming 2019 Per Capita Payment.
- Once a W-9 form is receive d, it will be updated into our system and all payments due will be made at a time of disbursement.
- If an indiv dual is a NEW tribal member, or has had a NAME CHANGE, a copy of Social Security card is needed for our records.
- There is NO deadline on submitting a W9. All checks will be mailed, no exceptions.
- The IRS 1099 form will be mailed by a nuary 31, 2020. NEW MINORS . . . PLEASE SEND COPY OF SOCIAL SECURITY CARD SO WE CAN GET TRUST ACCOUNTS ESTABLISHED

W-9 Form

It is critical that the W-9 Form be completed correctly and thoroughly for each individual tribal member. Be sure to fill out your NAME, MAIL-ING ADDRESS, SOCIAL SECURITY NUMBER, and then SIGN and DATE your form.

Required Legal Documents

If you have had a name change due to marriage, divorce, adoption, etc., it is important the Finance Department has a copy of your social security card. All othere legal documents should be sent to the Enrollment Department so their records can be updated. Any guardianship or Power of Attorney documents need to be on file with the Finance Department.

<u>Minors</u>

Parents or guardians are responsible for providing a W-9 for minor children; not doing so could result in the minor's payment not being deposited into the minor's trust fund account in a timely manner.

Contact information - Finance Department

For identity/security purposes, a W-9 form will not be accepted by e-mail. Completed forms may be hand delive red, mailed, or faxed.

Contact information:

Sac and Fox Nation Finance Department 920963 S. Hwy 99, Bldg. A Stroud, Oklahoma 74079

Direct fax: 918-968-4528

If you have any questions, please contact the Finance Department staff by phone at 918-968-3526 or 800-259-3970 ext. 1033, 1038 or 1027.

Tax Liability Notification

What are the withholding requirements for distributions that are made per a Revenue Allocation Plan (RAP)? The first step is to identify the source of funds used for the distribution. Unless the source of funds is specifically exempt from taxation, the amounts that make up the distributions to tribal members are taxable.

Which funds get reported on Form 1099-Misc? Distributions could be derived from many sources, including the profits from a tribal business other than a Class II or Class III gaming operation, interest income on investments, or rental payments from tribal lands. All these payments require a tribe to prepare a Form 1099-MISC

When does a person receive a Form 1099-Misc, Statement for Recipients of Miscellaneous Income? If a person receives \$600 or more in 1 calendar year from the same source, that amount must be reported on a Form 1099, and that Form 1099-Misc. must be provided to the individual.

It is only the amount distributed from NET GAMING REVENUE that is subject to withholding. The Internal Revenue Code provides that "Every person, including an Indian tribe, making a payment to a member of an Indian tribe from the net revenues of any Class II or Class III gaming activity conducted or licensed by such tribe, shall deduct and withhold from such payment a tax in an amount equal to such payment's proportionate share of the annualized tax." The amount to withhold is provided in Withholding Tables found in IRS Publication 15-A, Employer's Supplemental Tax Guide.

If the Indian tribe anticipates making a distribution of any kind, the Indian tribe needs the tribal members' Social Security number before the distribution is made. If an Indian tribe does not know a tribal member's Social Security number at the time of distribution, the distribution is subject to "backup withholding" (at 28% in 2009). (Source: Internal Revenue Service (IRS) Indian Tribal Governments Frequently Asked Questions, Last Reviewed or Updated: April 22, 2013)

Per capita payments could affect any Tribal, Federal, State, and/or Local benefits you may receive or programs in which you participate. The Sac and Fox Nation encourage you to check with your tax accountant or benefit specialist.



NAME CHANGE AND/OR CHANGE OF ADDRESS FORM

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NOTICE

Why does a W-9 needed to be submitted yearly?

If a tribal member receives income that is taxable, a 1099 must be issued for Tax Purposes. The W-9 also serves as a yearly address update.

Can the allotted minor payment be refused in order to have the entire per capita payment be deposited in trust? Yes, but in order to do so we must still receive a W-9 for the same reasons stated above. We would also need a written statement to that effect to be included with the W-9.

↓ W-9 FORM MUST BE CUT ON DOTTED LINE BEFORE MAILING ↓



Give Form to the

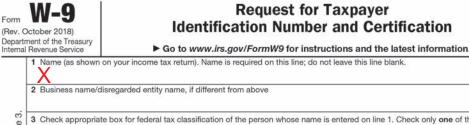
requester. Do no send to the IRS.

4 Exemptions (codes apply only to certain entities, not individuals; see

Exemption from FATCA reporting

instructions on page 3):

Exempt payee code (if any)



3 Check appropriate box for federal tax classification of the person whose name is entered on line 1. Check only one of the

☐ Individual/sole proprietor or ☐ C Corporation ☐ S Corporation ☐ Partnership ☐ Limited liability company. Enter the tax classification (C=C corporation, S=S corporation, P=Partnership) ▶ Note: Check the appropriate box in the line above for the tax classification of the single-member owner. Do not check LLC if the LLC is classified as a single-member LLC that is disregarded from the owner unless the owner of the LLC is another LLC that is not disregarded from the owner for U.S. federal tax purposes. Otherwise, a single-member LLC that is disregarded from the owner should check the appropriate box for the tax classification of its owner.

Other (see instructions) 5 Address (number, street, and apt. or suite no.) See instructions. 6 City, state, and ZIP code

Requester's name and address (optional) SAC AND FOX NATION 920883 S. HIGHWAY 99 BLDG. "A" STROUD, OKLAHOMA, 74079

Taxpayer Identification Number (TIN) Enter your TIN in the appropriate box. The TIN provided must match the name given on line 1 to avoid

7 List account number(s) here (optional)

backup withholding. For individuals, this is generally your social security number (SSN). However, for a resident alien, sole proprietor, or disregarded entity, see the instructions for Part I, later. For other entities, it is your employer identification number (EIN). If you do not have a number, see How to get a

Note: If the account is in more than one name, see the instructions for line 1. Also see What Name and Number To Give the Requester for guidelines on whose number to enter.

or Employer identification number			
Employer identification number			
Employer identification number	or		
	Employer identification	tion number	

Certification

Print or type.

Under penalties of perjury, I certify that: 1. The number shown on this form is my correct taxpayer identification number (or I am waiting for a number to be issued to me); and

- 2. I am not subject to backup withholding because: (a) I am exempt from backup withholding, or (b) I have not been notified by the Internal Revenue
- Service (IRS) that I am subject to backup withholding as a result of a failure to report all interest or dividends, or (c) the IRS has notified me that I am no longer subject to backup withholding; and 3. I am a U.S. citizen or other U.S. person (defined below); and

4. The FATCA code(s) entered on this form (if any) indicating that I am exempt from FATCA reporting is correct.

Certification instructions. You must cross out item 2 above if you have been notified by the IRS that you are currently subject to backup withholding because

you have failed to report all interest and dividends on your tax return. For real estate transactions, item 2 does not apply. For mortgage interest paid, acquisition or abandonment of secured property, cancellation of debt, contributions to an individual retirement arrangement (IRA), and generally, payments other than interest and dividends, you are not required to sign the certification, but you must provide your correct TIN. See the instructions for Part II, later.

Sign Signature of U.S. person ► X

General Instructions

Section references are to the Internal Revenue Code unless otherwise

Future developments. For the latest information about developments related to Form W-9 and its instructions, such as legislation enacted after they were published, go to www.irs.gov/FormW9.

Purpose of Form

An individual or entity (Form W-9 requester) who is required to file an information return with the IRS must obtain your correct taxpayer identification number (TIN) which may be your social security numbe (SSN), individual taxpayer identification number (ITIN), adoption taxpayer identification number (ATIN), or employer identification number (EIN), to report on an information return the amount paid to you, or other amount reportable on an information return. Examples of information returns include, but are not limited to, the following.

• Form 1099-INT (interest earned or paid)

• Form 1099-DIV (dividends, including those from stocks or mutual

• Form 1099-MISC (various types of income, prizes, awards, or gross proceeds) . Form 1099-B (stock or mutual fund sales and certain other

transactions by brokers)

- Form 1099-S (proceeds from real estate transactions) • Form 1099-K (merchant card and third party network transactions)
- Form 1098 (home mortgage interest), 1098-E (student loan interest),
- Form 1099-C (canceled debt)
- Form 1099-A (acquisition or abandonment of secured property) Use Form W-9 only if you are a U.S. person (including a resident alien), to provide your correct TIN.

If you do not return Form W-9 to the requester with a TIN, you might be subject to backup withholding. See What is backup withholding,

Cat. No. 10231X

Form W-9 (Rev. 10-2018)

Southern Plains BIA Officials Visit for More Rangeland Discussion

by Mike Brown

A group of nine officials from the Natural Resources Division, Southern Plains Region offices, Bureau of Indian Affairs (BIA) in Anadarko and Pawnee, Okla. met with Sac and Fox Nation elected officials and several departmental directors on Aug. 16. The meeting was held in the Sac and Fox Community Bldg., and much of the conversation focused on rangeland management and various assistance and funding programs administered through the BIA offices.

Following a welcome and introduc-

Tribal Officials and Departmental Directors Take Part

tions by Sac and Fox Nation Business Committee Member Robert Williamson, Sac and Fox Land and Cattle Program Director Andy Warrior outlined land management practices he has implemented since he joined the program a year ago. Warrior noted that he previously served several years with the Absentee-Shawnee Black Angus Project, and has 27-years experience managing prescribed, controlled burns on rangelands.

Warrior said the Sac and Fox Land and

Cattle Program currently manages 46 head of black Angus cattle, including a registered bull. He outlined various land management practices, including the rotating grazing system currently used for the herd.

In addition to Warrior and Business Committee Member Williamson, Sac and Fox officials meeting with the BIA visitors included: Principal Chief Justin Freeland Wood, Secretary Jacklyn King, Treasurer Jared King, Sac and Fox

Policy Analyst Sarah Brown, Offices of Environmental Services Director Jeremy Fincher, Self-Governance Specialist Debbie Wright, and Realty Specialist Shanarae Boyd.

The meeting followed a July 19 tour of the Sac and Fox Nation rangeland by Bureau of Indian Affairs Southern Plains Regional Director James Schock and associates Gabe Morgan and John Worth-



Like Us on Facebook! Sac and Fox Nation Sac and Fox Casino Sac and Fox Language Program Sac and Fox Dept. of Human Services Sac and Fox National Public Library

Researchers Working to Develop Snack From Brewers' Spent Grain

by Mandy Gross FAPC Communications Services Oklahm a State University

Iron Monk Brewing Co. in Stillwater, Okla., has been a popular nighttime attraction for Oklahoma State University students and town residents alike. With the business' growing popularity, researchers at the OSU Robert M. Kerr Food and Agricultural Products Center (FAPC) recognized a potential opportu-

"Whenever beer is brewed, they use grain and yeast," said Danielle Bellmer, FAPC food process engineer and biosystems and agricultural engineering professor. "All that solid material left after the brewing process, all the solid waste, is brewer's spent grain."

BSG is the most abundant by-product created from the brewing process, and more than 38 million tons are produced each year. Cast off as a waste product, Bellmer said BSG is practically given to livestock producers to be used as feed or sent to a landfill. Even when repurposed as a livestock feed, Bellmer said BSG is 75% moisture, so it has an extremely short shelf life.

While BSG possesses nutritional value for livestock, Bellmer said the product's full potential is not being reached. Bellmer has begun to work on a new research project at FAPC in hopes of evaluating methods for developing a human snack product made of brewers' spent grain.

"It has a lot higher value if it's used in human food," she said. "We're just trying to make a value-added food product that contains a significant amount of BSG."

Despite containing valuable nutritional components such as protein, fiber and antioxidants, BSG is not often seen in food production for human consumption. Previous food products such as cakes or cookies containing BSG were found to be brittle in texture and contain strong nutty flavors and dark color profiles, all traits deemed to be undesirable by consumers.

Bellmer's research has taken those

previously unappealing qualities about BSG products and attempted to develop a recipe for a product in which the traits are desirable. From chips to crackers, Bellmer's work at FAPC resulted in the creation of a flatbread-based chip containing 40% BSG. Past research showed products containing more than 10% BSG were considered unpalatable, but FAPC staff's latest flatbread-like chip has been more successful at incorporating the BSG into a desirable product.

"There isn't a magic number, but the

more BSG the better," she said. "The research is evolving as we do different levels of BSG and how that changes the properties of the product."

In addition to helping reduce waste, Bellmer said the idea for this research stemmed from the idea of making better use of the valuable nutritional components in BSG. On a dry weight basis, BSG roughly contains 16% protein. The by-product also contains significant amounts of other vitamins and minerals, Bellmer said.



Officials from the Natural Resources Division, Southern

with Sac and Fox Nation representatives in the Sac and

A Sincere Thank You

The family of Delores Jean "Grannie" Carter would like to thank everyone who came to be with us in our time of sorrow. We wish to thank the Sac and Fox Nation and the Employees of the Nation for helping make everything run smoothly. We thank you all very much for your hard work, kindness, wisdom and prayers for our family. Thank you Chief, Second Chief, Treasurer, Social Services, Enrollment, Finance, Maintenance and Tribal Police for your assistance.

A very special thank you to Robert Williamson, Committee Member for taking the time to teach an important cultural lesson in our busy time. It meant a lot. We want to thank John Jones, Anthony Ramirez and family for the use of the Sallateeska Church and dining hall. You all have never turned us away in our times of need.

We thank Brother Ellis and Sister Carol Rolette for praying, visiting with our mom in the hospital and for providing a great service. Thank you both for answering your door that day and being with us throughout the funeral. Having your presence with us gave us strength.

Also, thank you to Jerry Gray, Emmaus Indian Baptist Church for speaking at the service. We thank everyone who cooked, brought food, drinks and anything else for the great meal we had. We thank everyone for your time you took out of your lives, to honor and remember our mother, grandmother, sister, aunt, cousin, friend, teammate and co-worker.

We thank everyone for all your prayers, thoughts, memories shared, comforting words, plants and cards. She truly was a great friend and she will be missed by many.

The Carter Family





The week after powwow, a group of volunteers came together for the final harvest of the white/purple speckled Indian corn that was planted on the west side of the Administration building. At that time, the remaining yellow squash and Kashaw squash were also gathered. After picking, shucking and shelling the corn, a total of 15 gallons of seed were made that could be used for next planting season in the Spring time. We believe this was a good yield, as only 1 gallon of seed was planted in the beginning and out of 48 rows planted, 28 made and produced. All the rain that fell in the spring had either rotted, washed out or drowned the rows that didn't produce.

After the corn harvest, the Land and Cattle staff prepared a plot of land that was used to plant Jack-o-lantern and Indian pumpkins. Seeds were hand planted on July 20th, to give them a growing window of about 90-100 days, in time to reach maturity before and around Halloween time. As seen in the pictures, the plants and pumpkins are coming along and should be made by that time, and will be made available as a Sac & Fox Pumpkin Patch. The maturity time will coincide with the Activities Committee's Halloween Boo Bash being held on Saturday, October 26th. Further notice of the progress of the pumpkins will be made in the following weeks.







Business Committee Meeting Minutes

are now accessible on the Website and Facebook sacandfoxnation-nsn.gov

Sac and Fox Transportation Program

Criteria You Must Meet Before Being Eligible for Transportation:

- You must have an established chart at BHHC
- You must have no other means of transportation
- You must have an active referral from a BHHC provider to the facility where being transported

If you have Medicaid, *please* utilize SoonerRide SoonerRide's toll free phone number is

(877) 404-4500

Sac & Fox Community Garden



We need all the help we can get to keep the garden weeded. Everyone is welcome to come and help tend the garden. Tools will be provided.

Date:

Every Tuesday and Friday

Time:

8:30 am to 10:30 am

Location:

East of Blackhawk Health Center

***For more information contact DeAnna @ Ext. 3019

What is Probate?

Losing a loved one can be so overwhelming and such a difficult time, so handling their business affairs sometimes can be the last thing you want to deal with. The Realty Department has put some information together to help with initial questions and should you have other questions please contact our office.

N at is probate?

When an American Indian passes away and owned trust or restricted fee lands and/ or trust funds at the time of death, there must be a way of transferring the trust lands / funds to the deceased person's heirs or to whoever is to take ownership under the terms of a will. The Department of the Interior will determine what trust lands / funds the deceased person owned, determine the deceased person's legal heirs or devisees, and order distribution of the trust or restricted fee lands or funds to the appropriate persons.

Does ev ry Tribal Member need a probate?

Only tribal members that own trust land will need a probate started by a member of their family with the Sac and Fox Nation Realty Department.

What if my loved one didn't own trust land?

You will not need to do a probate for your loved one, but you may want to contact the Probate Specialist to see what information may be available to help with any property or possessions your loved one may have owned that may require legal attention.

MV yd o I hav to prov de documents?

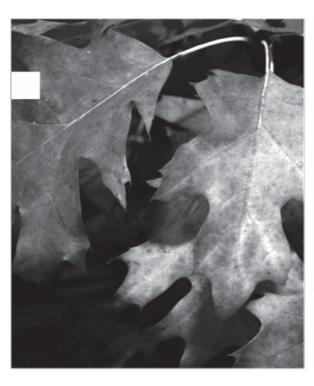
The Office of Hearings and Appeals requires evidence, as with any court case, to make a decision about who are the heirs, beneficiaries, and what assets are owned. Some certified documents and/or original copies can only be attained by a member of the immediate family. For instance, the Office of Vital Statistics for the State of Oklahoma requires that:

The person requesting the certificate must meet one of the following eligibility standards:

- *Person Acting for the Subject's Best Interest
- *A surviving spouse, parent, child, grandparent, sibling, or legal guardian;
- *Legal representative of the estate of the deceased as documented by an order from a court of competent jurisdiction;
 - *An individual who can establish a familial relationship with the deceased;
- *Funeral director of record or agent thereto, working in the capacity of their official business;
 - *Person with a court order from a court of competent jurisdiction;
- *A person who was a co-owner or a joint tenant on real or personal property of the decedent:
 - *A person listed in a will of the decedent, provided the will is in probate.

MV yd oes it take so long

The Office of Hearings and Appeals requires adequate evidence which can take time depending on if your loved one had children, previous marriages, adopted out children, etc. Once all evidence is collected and the case is sent ultimately to the Office of Hearings and Appeals, they then assign a Judge. The Sac and Fox Nation's probates are administered in one of five field offices which used to serve all tribes within the States of Texas, Oklahoma, Kansas, Nebraska and South Dakota. Our field office has 3 Indian Probate Judges for all Indian Probates for numerous States. Nonetheless, with a full staff and individual working on probates as their daily routine, a probate should move along at a steady pace.



TOKLAHOMA Fall 2019 Community Improvement Workshop Save the Date: October 2nd Fechner Event Center 1402 N. Little Ave. Cushing, OK 74023 Time: 9a - 3p This Year's Topics: Painting Your Hometown Landscaping City Medians Working with City Government on **Beautification Projects** Learning to Use Social Media to Spread Your Mission

keepoklahomabeautiful.com

RAP Application Form Provided Here

AT 181
NAME

SAC AND FOX NATION RAP ASSISTANCE APPLICATION

FAX:918-968-4207 PH: 918-968-3526 EXT: 2000 & 2001 RAP APP Form#2011-01 BC Approved on 7/6/2018

DENTAL

HDATE____/__SOCIAL SECURITY # xxx-xxx-(_____) SFN ROLL #__

Sac and Fox Nation tribal membership will be verified by the Sac and Fox Nation RAP Department

Please List Statement of Need:

**NOT

You must receive an award letter <u>PRIOR</u> to receiving any Health services requested above. If you receive services prior to an award letter being issued, you are responsible for the charges.

CLIENT'S STATEMENT OF RIGHTS AND RESPONSIBILITIES

I hereby authorize the Sac and Fox Nation RAP Department to make any necessary inquiries relating to my account's which the RAP Department may be considering making payment on my behalf. I understand that I have the right to a hearing of any action of the Sac and Fox Nation, which I consider improper, and also any unreasonable delay in decision. (Request for fair hearings may be made in writing to the Business Committee of the Sac and Fox Nation, 920883 S. Hwy. 99 Bldg, A, Stroud, OK 74079) I understand that any person who knowingly, willfully and fraudulently provides false information for the purpose of obtaining benefits which he/she is otherwise ineligible to receive; may be subject to prosecution to the fullest extent to the appropriate Tribal statutes.

DATE	SIGNATURE OF APPLICANT OR GUARDIAN

GUARDIAN FOR
RELATIONSHIP TO APPLICANT

PERSON ASSISTING WITH APPLICATION

DATE RAP SPECIALIST I