

# SAC and FOX NEWS

Nemishâtênemo êhthâkiwiyâni



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## Capacity Crowd Attends Installation of Principal Chief Justin F. Wood

by Mike Brown

Justin Freeland Wood was installed for a four-year term of office as principal chief of the Sac and Fox Nation in a swearing-in ceremony conducted June 27, 2019 by Sac and Fox Chief Justice O. Joseph Williams.

*"We are going to lead by the way we treat each other." - Chief Justin F. Wood*

The Sac and Fox Community Building was near capacity with tribal members, tribal employees, former tribal officials, current city and state officials, and friends and family of the new

principal chief in attendance for the installation program. Among the state officials present was Oklahoma Secretary of Native American Affairs Lisa J. Billy.

Principal Chief Wood won the post in the June 1, 2019 Sac and Fox Nation Primary Election as he received over 50 percent of the total votes cast among the four-candidate field.

The Grand Entry posting and retiring of the Sac and Fox Nation and American Flags was conducted by members of the Sac and Fox Honor Guard. Serving as master of ceremonies for the installation program was Sac and Fox Nation Treasurer Jared King. Following an invocation by tribal member Tony Tiger, the treasurer gave a welcoming address, and introduced fellow Business Committee members, former committee members and state and city leaders in attendance.

Former tribal officials recognized included Mary F. McCormick, Stella Nullake, Beverly Jackson, Gwen Wilburn, Thomas Morris, Truman Carter, Randle Carter, Austin Grant, Don Abney and Michael Hackbarth. "It is a day of celebration and transition from one leadership to the next," said Treasurer King.

Principal Chief Wood spoke to the crowd after taking the oath of office. Among his comments, the new Sac and Fox Nation leader said, "This is one of the greatest moments of my life. We will move our people forward, and the State of Oklahoma forward, too. I am proud

of my people, and I promise you I will be with you every step of the way."

Chief Wood asked tribal members to work together. "We are going to lead by the way we treat each other. Bitterness is holding us all back at the tribal, state and federal levels. We can do great things working within the framework of our Constitution." He also stated the Business Committee will be accountable to tribal members. "Transparency isn't always comfortable, but it works."

The new tribal leader said his administration will focus on

economic development, creating jobs and will partner with colleges, universities and technical schools to provide education opportunities for tribal youths.

Highlights of the installation ceremony included special Honor Songs composed and performed by Bryce Bailey, Robert Lincoln, Coleman American Horse, Keenan Springer and Tomi Calderon. Tribal royalty taking part in the program were: Miss Sac and Fox Patience Longhorn, Junior Miss Sac and Fox Breanna Butler, Little Miss Sac and Fox Amira Walker-Pizano, and Sac and Fox Honor Guard Princess Taliah Switch.



Sac and Fox Nation Principal Chief Justin Freeland Wood speaks to those in attendance at an installation ceremony conducted June 27, 2019 in the Sac and Fox Community Building. (Photo by Mike Brown)



Sac and Fox Nation Principal Chief Justin Freeland Wood recites the oath of office as administered by Sac and Fox Chief Justice O. Joseph Williams. Holding the Bible for the ceremony is Chief Wood's wife, Olivia Wood. (Photo by Mike Brown)

## Transportation and Elders Center Construction Underway After Groundbreaking

by Mike Brown

Sac and Fox Nation tribal officials, elders and honor guard members were joined by architects, engineers, City of Stroud representatives and others at a June 27 groundbreaking ceremony conducted for the new Sac and Fox Nation Transportation and Elders Center now under construction in Stroud, Okla.

Construction began July 8 on the new facility located at 219 S. Eighth Ave. (Hwy. 99) by gen-

*12,000 Sq. Ft. Facility Projected for Completion by June 1, 2020*

eral contractor Lambert Construction Company of Stillwater, Okla. The location is where the Sac and Fox Elders Building was destroyed by fire six years ago. Serving as master of ceremonies for the groundbreaking was project architect Marcus Fairless of Studio 45 Architects, Tulsa. Fairless made special introductions, which included outgoing Principal Chief Kay

Rhoads, newly-elected Principal Chief Justin Freeland Wood, Elders Committee Chairwoman Stella Nullake and Honor Guard member Francis Grant, who conducted the opening prayer.

Fairless expressed appreciation for the hospitality of the Sac and Fox Nation, and for the leadership of tribal project managers Randle Carter and Truman Carter. Outgoing Principal Chief

Kay Rhoads also expressed appreciation for the tribal project managers' "persistence" in pursuing the construction project.

Stroud Mayor Tommy Smith commended tribal leaders for the facility development, and voiced support of future endeavors. Stroud City Manager Bob Pearman, and Stroud Industrial Authority Chairman Jim Miller were also in attendance.

Among others present were: Sac and Fox Second Chief Audrey Rose Lee, Secretary Jacklyn King and Committee Member Robert Williamson; Honor Guard Commander Sonny Masquat; Katie Huisenga of Studio 45 Architects; Lambert Construction Manager Kevin Fitzjarrell and Lambert Supt. Ryan Sewell; engineers Don Russell and David Russell of EST, Inc. and, construction inspector Cecil Bernard.



Shown above from left while taking part in the June 27 ground breaking ceremony for the new Sac and Fox Nation Transportation and Elders Center are: Sac and Fox Honor Guard Commander Sonny Masquat, Honor Guard member Francis Grant, Stroud Mayor Tommy Smith, Sac and Fox Elders Committee Chair Stella Nullake, Studio 45 Architects Katie Huisenga and Marcus Fairless, Sac and Fox Nation Principal Chief Justin Free-

land Wood, outgoing Principal Chief Kay Rhoads, Lambert Construction Supt. Ryan Sewell, Sac and Fox Transportation Director Truman Carter, Stroud City Manager Bob Pearman, Sac and Fox Gaming Commission member Lottie Coody, Sac and Fox Project Manager Randle Carter, Construction Inspector Cecil Bernard and Honor Guard Member Austin Grant. (Photo by Mike Brown)

### Upcoming Events

**August 7**  
Sac and Fox Elders Meeting, 10 a.m. Community Building

**August 15-18**  
Elders' Trip to Visit Cherokee Tribe in North Carolina

**August 31**  
Sac and Fox Governing Council 10 a.m. Community Bldg.

**August 31**  
Sac and Fox Nation General Election 9 a.m. - 6 p.m.

**September 2**  
Sac and Fox Business Offices Closed for Labor Day



## Sac and Fox News

The Sac & Fox News is the monthly publication of the Sac & Fox Nation, located on SH 99, six miles south of Stroud, OK.

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Sac and Fox Nation  
Administration Building  
920963 S Hwy 99 Bldg A  
Stroud, OK 74079  
Phone: 918-968-3526  
Fax: 918-968-4837

The Sac & Fox News is the official publication of the Sac and Fox Nation. Our mission is to meet all tribal members information needs concerning the Nation.

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Editorial statements, guest columns, and letters to the editor published in this newspaper contain the opinions of the writers. These opinions do not necessarily reflect the opinions of the Sac and Fox News staff or any elected official or department of tribal government or administration.

The Sac and Fox News reserves the right to refuse publication of letters to the editor. All editorials and letters to the editor become the property of the Sac and Fox News.

Submissions for publication must be signed by the author and include an address and contact phone number. They are limited to 300 words. The staff will not edit editorials or letters to the editor to fit the 300-word limit.

**Deadline for the September issue is:  
Tuesday, Aug. 20, 2019 at 4:30 p.m.**

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Address corrections & changes are accepted by The Business Committee at the address listed below.

**Managing Editor**  
Mike Brown

For information:  
918-968-3526 x1060  
newspaper@sacandfoxnation-nsn.gov

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**Tribal Officers:**  
918-968-3526 or 800-259-3970

**Principal Chief:**  
Justin Freeland Wood  
Telephone (918) 968-3526  
Ext. 1004  
chief@sacandfoxnation-nsn.gov

**Second Chief:**  
**Audrey R. Lee**  
Telephone (918) 968-3526  
Ext. 1010  
secondchief@sacandfoxnation-nsn.gov

**Secretary:**  
Jacklyn K. King  
Telephone (918) 968-3526  
Ext. 1007  
secretary@sacandfoxnation-nsn.gov

**Treasurer:**  
Jared King  
Telephone (918) 968-3526  
Ext. 1006  
treasurer@sacandfoxnation-nsn.gov

**Committee Member:**  
Robert Williamson  
Telephone (918) 968-3526  
Ext. 1005  
cmember@sacandfoxnation-nsn.gov

**Business Committee**  
**Mailing Address:**  
**Sac and Fox Nation**  
**Administration Building**  
**920963 S Hwy 99 Bldg A**  
**Stroud, OK 74079**  
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## Obituaries

Delores “Granny” Carter, age 69 of Shawnee left to be with our Lord Saturday, June 22, 2019 surrounded by family. She was born May 28, 1950 in Pawnee, Okla. to James Samuel Carter and Rosa Lee Carter (Brady).

Delores grew up on Moccasin Trail Road and was the eldest of 10 brothers and sisters. She attended Meeker Public Schools graduating in 1968. She attended Haskell University and later Oklahoma Baptist University, where she was the fast-pitcher for their softball team at the age of 36. She worked for the Indian Health Service for 32 years and, after retiring, she was employed at the Sac & Fox Nation.

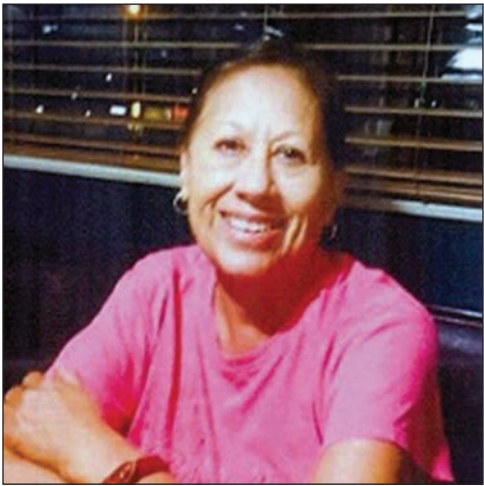
Delores loved playing ball and was a highly-recognized fast-pitcher. She played with the First-Americans all-Indian softball teams and got to travel all over. She won the National Indian Fast-Pitch Tournament in Canada, along with many others. She loved spending time

with family and meeting new people. She also loved camping, fishing, and cooking outside at Illinois River in Tahlequah, Okla.

She served the Lord at numerous church locations including Sallateeska Baptist Church, Earlsboro Indian Baptist Church, and Cold Springs Church in Konawa, Okla., and Preach Unto Them Jesus in Oklahoma City.

She is preceded in death by her father James Samuel Carter, brother, Andrew carter, and sister, Lela Carter. She is survived by her mother, Rosa Lee Carter; two daughters, Rose “Toogie” Staley and husband Scott Staley, Terre Boyidle-Blanchard and husband Nicholas Blanchard; two sons, Duane Hocker, and Darrick Walker; grandchildren: Stormie, Grace, Ulias, Samual, Amelia, Adina, Stephen, Christopher, Isabella, Milana, and 10 great-grandchildren; sisters and brothers, Maxine, Lois, Letha, Frank, Thomas, and Larry.

Wake service was held Tuesday, June 25, 2019. Burial service was held Wednesday, June 26, 2019, at Sallateeska Baptist Church in 45703 Garrett’s Shawnee, Okla. Burial followed the service at Wakolee Cemetery.



Delores Carter

## FAPC Creates \$57,883,500. Economic Impact

The Industry Advisory Committee of Oklahoma State University’s Robert M. Kerr Food & Agricultural Products Center (FAPC) recently met on the OSU campus to learn more about faculty research and discuss how the advisory board can help meet the needs of the center.

“We are fortunate to have an advisory board that is invested in the future of the center,” said Roy Escoubas, FAPC director. “The committee members understand the importance of our projects and are continuously looking for ways we can grow and better serve the food and agricultural industries.”

The advisory board, representing food and agricultural leaders around the state, met recently to hear project updates, specifically research, and meet with FAPC faculty and staff.

“As a state-of-the-art food-processing center, research is a vital component of our mission,” Escoubas said. “It’s important for our advisory board to understand the kind and types of research we’re conducting, and in turn, they help keep us on track with timely and important issues facing the food and agricultural industries.”

Some of the research projects presented during the meeting included determining spending habits of Supplemental Nutrition Assistance Program eligible and ineligible households, building a low-cost texture measurement device for food, developing value-added products from pecan shells, testing grape varieties for Oklahoma red wines, validating a South African dried meat product called biltong and creating snack products from brewers’ spent grain.

John Patrick Lopez of Lopez Foods in Oklahoma City and chair of the committee said the meeting was beneficial in learning more about the center. “FAPC is essential to what we do,” Lopez said. “It’s important to understand how FAPC truly helps Oklahoma businesses.”

FAPC serves as a catalyst for Oklahoma businesses, and in 2018, the center assisted large, medium, small and entrepreneurial businesses, creating a total economic impact of \$57,883,500 and adding value to the state.

During the meeting, the committee also elected new officers for 2019-2020. Ed Clements of Clements Foods in Oklahoma City, Tommy Kramer of Kramer Consulting Co. in Durant and Erica Hering of Ralph’s Packing Co. in Perkins will serve as chair, vice chair and secretary, respectively.

Members of the committee are appointed by the governor; the speaker of the Oklahoma House of Representatives; the Senate president pro tempore; and the vice president, dean and director of OSU’s Division of Agricultural Sciences and Natural Resources, of which FAPC is a part.

In addition to Lopez, Clements, Kramer and Hering, other members of the committee include Scott Dvorak, Dvorak Farms; Joe Ford, Shawnee Milling Co.; John Griffin, Griffin Foods; David Howard, Howard Industries; Curtis Jurgensmeyer, J-M Farms; Rodger Kerr, Southwest Economic Development Corp.; Max McDermott, deVine Water Co.; David McLaughlin, McLaughlin Group LLC; Paul Schatte, Head Country Food Inc.; Mark Vaughan, Fresh Avenue Partners; and ex-officio Tom Coon, OSU’s Division of Agricultural Sciences and Natural Resources.

## Black Hawk Health Center

### Curing Stigma

by Clinical Staff Writer,  
Ed Abmog, LCSW

Did You Know?

The National Alliance for the Mentally Ill reports that 28.3% of Alaska Native and American Indian community have mental health condition. However only 16.3% of men and even fewer women, 15.1% utilize mental health services. The main problems identified are less access to treatment, cultural insensitivity, and higher level of stigma.

A sociologist, Erving Goffman, describes stigma as, “socially discrediting.” Stigma includes an attitude, behavior or reputation that discredits a person or community in terms of how one is identified. This may often take the form, “He’s just crazy... or” “That’s just her.”. Such statements show both an attitude of

disrespect and diminishes the value and worth of a person.

What You Can Do:

(1.) Be aware: That persons with a mental health condition, as a friend or family member, need your love and support;

(2.) Consider: That stigma is a big problem for anyone with a mental health condition. That a person who is stigmatized are often discredited, dis-respected, and identified negatively; and,

(3.) Act: Listen and show support by encouraging them to contact the Behavioral Health Department.

We are here to help. For more information, contact the Behavioral Health Department, educational and counseling services are available to assist in prevention and treatment.

## ATTENTION HOUSING AUTHORITY OF THE SAC AND FOX NATION APPLICANTS

### Application Updates:

Applicants shall update their applications and supporting documents and maintain current contact information on file on an annual basis. This is the responsibility of the Applicant and not the HASFN. Applicants who have not updated their application within one (1) year of the original application date will be removed from the waiting list and will have to re-apply to be placed back on the waiting list. These Applicants will receive a new approval date. Inactive applications and supporting documents will be discarded after three (3) years.

## Sac & Fox Community Garden



**We need all the help we can get to keep the garden weeded.**  
**Everyone is welcome to come and help tend the garden.**  
**Tools will be provided.**

**Date:**

**Every Tuesday and Friday**

**Time:**

**8:30 am to 10:30 am**

**Location:**

**East of Blackhawk Health Center**

**\*\*\*For more information contact DeAnna @ Ext. 3019**





Shown is a rendering of the new Sac and Fox Nation Transportation and Elders Center prepared by Studio 45 Architects of Tulsa. See story on Page 1.

# What is Federal Indian Law? by Truman Carter

(Note: The following article is a condensed collection of writing by noted Indian law scholars. It is intended to be helpful to students and readers wanting to better understand the history of the federal-tribal relationship and the legal and political status of Indian tribal governments, especially in Oklahoma.)

Perhaps the most basic principle of all Indian law, supported by a host of decisions... is the principle that those powers which are lawfully vested in an Indian tribe are not, in general, delegated powers granted by express acts of Congress, but rather inherent powers of a limited sovereignty which has never been extinguished. What is not expressly limited remains within the domain of tribal sovereignty. (1)

This principle, derived from the recognition of Indian tribes as “distinct, independent, political communities,” (2.) has resulted in a judicial doctrine recognizing that treaties and statutes of Congress are to be examined for express recognition or limitation of those powers. (3.)

Prior to the creation of the United States, the entire land mass it now occupies was owned and governed by hundreds of Indian tribes. These tribes, sovereign nations under international law, were brought into the United States through a colonial process that was partly negotiated and partly imposed. Federal Indian law is the primary mechanism for mediating the resulting intergovernmental relationships among the Indian nations, the United States, and the states of the Union.

United States law treats Indian tribes as “domestic, dependent nations.” (4.) They are denominated domestic because they are within the United States and dependent because they are subject to federal power. They are nations because they exercise sovereign powers over people, property, and events within their borders. As Chief Justice John Marshall observed in 1831: “The condition of the Indians in relation to the United States is perhaps unlike that of any other two people in existence. Marked by peculiar and cardinal distinctions which exist nowhere else.” (5.)

Researching an Indian law issue may require reference to multiple sources of law extending over a broad span of time. In any given case, these sources may encompass federal, state, and tribal law, and require reference to treaties that predate the United States Constitution, federal laws adopted as long ago as the first Congress, and tribal law of ancient origin.

The sources of federal Indian law include the United States Constitution, principles of international law, treaties with Indian tribes, federal statutes and

regulations, executive orders, and judicial opinions. Although tribes were not parties to the Constitution, the Constitution recognizes their existence, and in the commerce clause treats them as sovereigns along with the states and foreign nations.

The Constitution also authorizes the United States to enter into treaties with Indian nations. Principles of international law have influenced the development of Indian law through foundational judicial opinions delineating the contours of this complex area of law. Treaties with Indian tribes are organic, quasi-constitutional, foundational documents because they create a government-to-government relationship between the tribes and the United States. Unless abrogated or superseded, treaties remain the “supreme Law of the Land” (6.)

Because the Constitution commits Indian affairs exclusively to the federal government, federal statutes, regulations, and executive orders pervade the field of Indian law. As a result, the operation of state law is quite limited. Finally, judicial opinions play an important role in interpreting and harmonizing these multiple sources of law.

Often, the appropriate body of law to govern the resolution of disputes involving Indians and their territory will be the law of a particular tribe. Tribal law may also serve as the contextual background informing the development of particular doctrines in federal Indian law.

Each tribe has a unique relationship with the United States, often reflected in particular treaties or statutes. Thus, the law affecting one tribe may not necessarily affect all tribes. On the other hand, federal policy and laws too often have treated tribes as if they were all the same. Nonetheless, there are some fundamental principles that underlie the entire field of federal Indian law.

First, an Indian nation possesses in the first instance all of the powers of a sovereign state. Those powers that are lawfully vested in an Indian nation are not, in general, delegated powers granted by express acts of Congress, but rather inherent powers of a limited sovereignty that has never been extinguished. This sovereignty preexisted the formation of the United States and persists unless diminished by treaty or statute or, in certain instances, by federal common law. Because of their retained sovereignty, the tribes have a “government-to-government relationship” with the United States.

Second, the federal government has broad powers and responsibilities in Indian affairs. Within the federal government, Congress and the executive branch have primary authority. Although Congress has broad authority to regulate Indian affairs, its authority is subject to constitutional restraints. Moreover, federal Indian law is characterized by a tension between doctrines that grant the United States powers over tribes and their members and both limit federal power and place affirmative obligations on the United States.

These obligations toward Indian nation are rooted in what has become known as the trust relationship, a doctrine ground-

ed in federal law. An implication of the trust relationship is that treaties and statutes affecting Indians are ordinarily subject to special rules of construction that presume retention of tribal sovereignty and property rights.

Third, state authority in Indian affairs is limited. Federal supremacy in this area of law leaves little room for state involvement. Nevertheless, Congress, and in some instances, federal courts, have granted states power to regulate persons or conduct inside Indian country. This principle does not prevent tribes and states from entering into mutually beneficial relationships and agreements consistent with federal law.

The history of federal Indian law is crucial to understanding the field. The United States has always recognized tribal sovereignty but has swung between periods when that recognition was strong and periods in which the federal government sought to limit or even abolish tribal sovereignty. This vacillation has led to conflicting lines of precedent and limitations on tribal sovereignty resulting from past intrusions. Even when a policy is repudiated, it may have current consequences. Understanding federal In-

dian law thus requires knowledge of this history, including the period in which particular doctrines were developed and particular policies were followed. (7.)

ABOUT THE AUTHOR: Truman Carter is owner and founder of the Indian Country Law Center. His practice focuses on Federal Indian law and policy. He is a member of the Sac and Fox Nation and holds a law degree from the University of Oklahoma College of Law.

## ENDNOTES:

- 1. F. COHEN, FEDERAL INDIAN LAW 122 (U.S.G.P.O. 1942).
- 2. Worcester v. Georgia, 31 U.S. (6 Pet.) 515,519 (1832).
- 3. The Mythology of the Oklahoma Indians: A Survey of the Legal Status of Indian Tribes in Oklahoma, F. Browning Pipestem and G. William Rice, American Indian Law Review, Volume VI, Number 2, p.259 (1978).
- 4. Cherokee Nation v. Georgia, 30 U.S. 1, 17 (1831).
- 5. Cherokee Nation v. Georgia, 30 U.S. 1, 16 (1831).
- 6. U.S. Const. art. vi, cl. 2.
- 7. Cohen’s Handbook of Federal Indian Law, 2012 Edition, pp.1-2.

## Happy August Birthday Elders!

Donald Richard Jones  
Gary Lee Cuppawhe  
Emma Rivas  
Herbert Daniel Walker  
Janet Gail White  
Cheryl Ann Pennington  
Grover Keith Morris  
Shari Lynn Hanger  
Elmer Benson Walker  
Marie Tredway  
Sandra Ann Topping  
Tina Louise Escobedo  
Arletta Mae Gallaway  
Marilyn Johnson  
Charles David Brown  
Lois Ann Carter  
Mary J. Manydeeds  
Kelly Ann Franklin  
Beverly Sue Kimble  
Daniel Gutierrez  
Walter Jack Miles  
Michael John Bouzis  
Tammy Jo Brown  
Denice Lynn Whitebead  
Kenneth Edmund Miller  
David Keith Nordyke  
Ferell E. Longshore  
Gloria Elaine Gunter  
Richard Lee Monday  
Phillip R. Decker  
Roberta Fay Miles  
Keith Edward Franklin  
Terri Mack McClung  
Jacqueline Ann Jones  
Jack Allen Tiger  
Judith Lynne Calkins  
Johnny R. O’Brien  
Randy Gene Harris  
Karen Sue Vanderploeg  
Brenda K. Nicholas  
Gwendolyn F. Roubidoux  
Richard Gene Masquat  
Marilyn Beverly McClelland  
George F. Stroebel  
Mildred Edith Williams  
Mary J. Mutter  
Elizabeth Kay Rhoads  
Ronald E. James  
Tammie Lea Grant  
David G. Morris



Samuel T. Anderson  
Marilyn Rose Thurman  
Jerry Whistler Snow  
Ellen S. Griffith  
Sandra Kay Duran  
Carl Edward Wallace  
Walter Larry Coker  
Anna Kilgore  
Tommy Jay Conallis  
Gale Charlene Beckman  
Judy F. Simmons  
Claudia Patricia Cale  
Paula Ann Donahoo  
Larry Dean Blan  
Brenda Colleen Haney  
Norwood Masquat  
Peggy Wanda Acoya  
James Howard Roubidoux  
Zoe Hazel Williamson  
Cara Lorene Mack  
Donna Lynn Couteau  
Henry Bentley Walker  
Franklin Charles Gokey  
Frankie Ben Croley  
Alva Mae Horse  
Robert L. Monday  
Brian Tug Smith  
Georgia Faye Nullake  
Terri Ann Thompson  
Earl Lee Eldredge  
Karen L. Ingham  
Billy Thurman Wakole  
Debra Gail Marez  
Kellie Ann Sorensen  
Herbert Lee Schexnider  
Ronnie A. Franklin  
Eugenia Tyner-Dawson  
Rita A. Megehee  
John Kinzie Whistler  
Hugh Stephen Hargrove  
Stella M. Nullake  
David Boyd Wakolee  
William K. Thorpe  
Mary Toche Gibbs  
Olinda Jean West  
Ricky Martin Morgan  
Cora Jeanne Lippi  
Carmon Roy Clark  
William Raymond Masters  
Chloe Ann Davenport

**Business Committee Meeting**  
**Minutes are now**  
**accessible on the Website**  
**sacandfoxnation-nsn.gov**  
**and Facebook**

| SAC AND FOX TAX COMMISSION REVENUE |              |
|------------------------------------|--------------|
| May 2019                           |              |
| Beer and Liquor.....               | \$224.10     |
| State Tobacco Rebate.....          | \$305,907.01 |
| Motor Vehicle.....                 | \$7,878.78   |
| Sales Tax.....                     | \$20,980.34  |
| Treasury.....                      | \$205.90     |
| Oil and Gas.....                   | \$0.00       |
| Gaming.....                        | \$109,631.52 |
| TOTAL.....                         | \$444,827.65 |



# 2018 Farm Bill Dedicates Larger Percentage of Funding to Nutritional Assistance

by Manḡ Gross,  
FAPC Commuications  
Oklahoma State University

Despite being referred to as the 2018 Farm Bill by most of the public, the Agriculture Improvement Act of 2018 dedicated a larger percentage of funding to nutritional assistance rather than to farms themselves.

Rodney Holcomb, agribusiness economist for Oklahoma State University's Robert M. Kerr Food & Agricultural Products Center, and Aaron Ates, recent Ph.D. graduate from OSU, examined the spending habits of households currently being supported by the Supplemental Nutrition Assistance Program (SNAP) administered by the Food Nutrition Service of the United States Department of Agriculture.

"Back in the 2008 Farm Bill there was a pilot study done to see if there were things you could do to help SNAP recipients buy more healthy food," Holcomb said. "It was proposed in the 2018 Farm Bill that you would expand that and take

## SNAP Households' Spending Habits Studied

some of those trial measures and implement them as part of the SNAP program."

While none of these trial measures were implemented in the latest bill, Holcomb said it is still within the administrative oversight of the USDA and FNS to incentivize consumption of healthier products by SNAP program participants. With this in mind, Holcomb and Ates conducted research in hopes of shedding more light on the spending habits of SNAP participants.

"The big concern is that if they get assistance to help them meet their dietary needs, it may help them get more food," Holcomb said. "But how much and what kinds? And that's what we're looking at." Holcomb and Ates looked at a national data set and broke the monitored households into three categories – SNAP participating, SNAP eligible but not participating and, SNAP ineligible.

"It takes a look at exactly what people

buy in the course of a week," he said. "You know exactly what they purchased, what they paid for it. And to a degree, you even get a pretty good idea of what the macronutrients of the products are." These macronutrients show how many grams of fats, proteins and carbohydrates are in the purchased products.

Holcomb and Ates analyzed differences in food expenditures amongst the three types of households in hopes of revealing if SNAP assistance was linked to obesity. "When we started looking at how many fat grams and overall calories are being consumed by SNAP participants, you do start to recognize the correlation [between SNAP assistance and obesity]," Holcomb said.

While it may be hard to prove direct causation between the two, Holcomb said this same correlation has been reflected in several other pieces of literature. After studying the nutritional information of what households buy on a weekly basis, Holcomb said SNAP participating homes purchased items containing more grams of fat and close to 13% more calories than the other two groups.

Comparatively, households utilizing SNAP purchased more cereal products, non-alcoholic beverages (such as soda) and highly processed meat products. These purchasing decisions led to a weekly acquisition of 5,000 calories over the amount required in a healthy diet.

This purchased food also contains levels of fat accounting for 43% of calories, levels higher than what is recommended by the Acceptable Macronutrient Distribution Range.

The two household types not receiving SNAP funding had similar purchasing patterns. Both groups purchased similar products at similar prices in similar amounts. Both of these groups also spent a lower percentage of their household income on food, data Holcomb said reflected basic principles of the economy.

"The first law of economics is Engel's Law," Holcomb said. "As income goes up, the percentage of income you spend on food goes down." Holcomb said it was no surprise households participating in the program were spending about 10% more of their income on food than ineligible households.

The research does not take into account food eaten away from home, as SNAP funding does not cover this type of food purchase, or how much food is being wasted, Holcomb said. Both scenarios naturally occur in all three types of households but prove difficult to measure. "That's the part we just don't have a handle on," he said. "But, according to the data, if you're in SNAP, you acquire a whole lot more than what is required for you to maintain a healthy existence."

This research's future includes being published in hopes of helping the USDA and other nutritional researchers determine how to incentivize SNAP participants to spend more of their portion on healthier options, Holcomb said. The intent is to provide data to help researchers quantify the impact of SNAP assistance.

"The idea is, you want people to have great access to a healthy diet," Holcomb said. "They're having greater access to food, but not necessarily a healthier diet."



### Chief Petty Officer John Raymond Rivera Receives U. S. Coast Guard Promotion

Sac and Fox Nation tribal member John Raymond Rivera is pictured during a recent ceremony advancing him from the rank of E6 to E7 Chief Petty Officer with the U. S. Coast Guard. Officer Rivera is stationed in New York, and lives with his wife and four daughters in New Jersey. His wife is Suehaze Rivera Calderon, and their daughters are Brianna, Suehaze, Leilani and Isabella. Officer Rivera is the son of Raymond Rivera and the late tribal member Marjorie Alice Tyner. He is the grandson of Eugene Lewis Tyner and Alice Tyner, both deceased, and the great-grandson of Raymond Tyner and Marie (Harris) Tyner, both deceased. His brother, Cody R. Tyner, is also deceased.

(Photo courtesy of Eugenia Tyner-Dawson)

With Oklahoma's Promise, the Oklahoma Higher Learning Access Program, 8th, 9th, and 10th grade students whose family income is \$50,000 or less *can earn* FREE COLLEGE TUITION

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Contact the Oklahoma State Regents for Higher Education by e-mail at [okpromise@osrhe.edu](mailto:okpromise@osrhe.edu) or by phone at 1-8-858-1840 (225-9152 in OKC)

Get an application from your counselor

## Ketepi

On behalf of the Sac and Fox JOM Program, I'd like to thank the following departments and individuals who helped with this year's JOM Fun Day. You always help us make the kids' day a little better by your actions!

Anthony Ramirez, Leah Carver and Josh Nooner - Merle Boyd Center

Sam Spang and the USDA crew, Channa Tiger, Marlena Starr and Edlyn Marquez

DeAnna Densman - Behavioral Health

Mary Brown, Brandy Brown, Taylor Estes, Katrina Exendine, Yannah and David Frazier, Katherine and Daisy Meeks, Laila Smith, Angela Warrior, Rosemary Blie and Daniel Rowell

You are all appreciated very much!!!

Ketepi,  
Jean Lynam

## EDUCATION DEPARTMENT NOTICE

Applications for College - Vocational and Adult Education are on the Sac and Fox Nation Web site - Click on Education for downloads.

Coming soon near you

**Central Tribes of the Shawnee Area, Inc.**

**CTSA HEADSTART**

We are proud to let you know we are opening a New Head Start in Stroud, OK

**Applications are being taken at the Sac & Fox Education Dept.**

Directions: Sac & Fox Education Dept. 5 ½ miles south of Stroud on 930 RD. Go past the clinic on top of the hill. It is located south of the gym.

For more information, please call the CTSA Main Office at (405)275-4870

**Required Documentation:**

1. Proof of income (at least 2 checks stubs/Income letter/TANF letter/Income tax form)
2. Proof of residence (Utility/phone bill, Housing lease—MUST show physical address)
3. CDIB card, SNAP, WIC or any assistance you are receiving
4. Shot records and Birth certificate and Source of Health Care (Tribal/IHS, Private Ins.)
5. If your child has a Documented Disability, we will need a copy of his/her IFSP or IEP.

**Stroud CTSA Headstart**  
**Yellow Earth Learning Center**

### Sac and Fox Nation Telephone Extensions

**Main Number: 918-968-3526**

**Chief - 1004 • Second Chief - 1005 • Treasurer - 1006 • Secretary - 1007**

**Committee Member - 1010 • BC Front Desk - 1002 • Tax - 1043-1045**

**Accounting - 1030-1036 • Property and Procurement - 1020-1039-1022**

**Maintenance - 2063 • BHHC - 918-968-9531 • ICW - 1711 • Court - 2039**

**Library - 2020-2021 • Language - 1075 • JUVI - 4000**

**USDA - 2077 (WIC 2079)-2080-2081-2082 (Warehouse USDA 2089)**

**Education - 2046 • IT - 2041 • Police - 2033 • Self-Governance - 1080**

**Capitol Security - 1090 • Realty - 1050 • Enrollment - 1040-1041**

**RAP - 2000 • Social Services - 2010-2011 • OES - 2091-2092-2094**

**Veterans - 1065 • Newspaper - 1060 • Chief of Staff - 1001**

**NAGPRA/Historic Preservation - 1070**

### Oklahoma Tobacco Helpline

**1 800 QUIT NOW**



## Sac and Fox Nation Business Committee Hosts ‘United State of She’ Group

*by Mike Brown*

The Sac and Fox Nation Business Committee hosted a June 28 visit from the 'United State of She' in the Sac and Fox Cultural Center. The non-profit organization is headquartered in Dallas, Texas, and was founded by Stephanie R. Holan, who is an attorney and former school teacher.

The United State of She (USOS) focuses on confronting implicit bias through educating young women from underprivileged backgrounds about different cultures through travel and exposure to new and different people. "It is our goal to overcome prejudice and intolerance through exposing young women to history, places and peoples that they would not otherwise experience," said Ms. Holan.

# Record Rainfalls Push Snakes Out Of Regular Habitat

by Trisha Gedn

Oklahoma State University

Agricultural Communications Services

With the record-breaking rainfall this spring, it is not surprising some wildlife has been displaced from their regular habitat. While an errant rabbit passing through your yard may not be a big deal, some people are seeing an increase in snakes in their yard and around their house.

Unless you intentionally have a pet snake in a terrarium in your home, it is likely you do not want these slithering creatures calling your property home, said Gina Peek, Oklahoma State University Cooperative Extension housing and consumer specialist.

“For a lot of people, the thought of a snake in their yard or inside their home can be quite unsettling,” Peek said. “Fortunately, snakes, as with most other creatures, don’t want anything to do with the human population. They’re likely invading your space because they’re looking for food and shelter.”

Most snakes found in North America are harmless. Although you may not want them on or around your property, the best approach is to remain calm and use non-harmful tactics.

Because snakes might be on the prowl for food, it is important to keep your yard free of snake snacks. Rodents, such as mice, are a mainstay in a snake's diet, so it is helpful to minimize the mice population in and around your home. Store pet food in a metal trashcan with a lid or a sealed plastic container to keep out mice. Plug all small cracks and other openings around your foundation, doors and windows with steel wool or expanding foam sealant.

Something else to keep in mind is snakes like to forage for their food in tall, grassy areas, as well as under rocks or other items that may be laying in your yard. For example, a pile of lumber left-over from a past construction project or rotten tree stumps provide a great habitat for lots of pests.

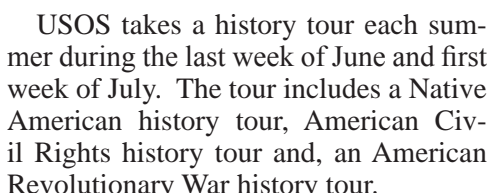
“These kinds of areas also provide a great habitat for the snakes themselves,” Peek said. “By eliminating dense cover, you’re also taking away snake habitats.”

When snakes seek refuge, they look for gaps or openings in your home. Gaps beneath garage doors or in the foundation often are large enough for a snake to slither through. Make sure you have a door sweep on doors that lead to the exterior of your home.

Peek said during hot weather, snakes can be attracted to cool and/or damp places, such as beneath storage sheds or basements/storm cellars. Keep out a watchful eye when going into the cellar or if you need to crawl underneath your home or a storage building.

“Granted, most people prefer to not have snakes on their property at all. However, if you do run across one, if left alone, it’s likely to move along on its own,” said Dwayne Elmore, OSU Cooperative Extension wildlife specialist and Bollenbach Chair in OSU’s Department of Natural Resource Ecology and Management.

“Snake bites typically occur when an inexperienced person tries to pick up, pest, move or kill the snake. This is especially dangerous when dealing with venomous snakes. It’s best to call a professional pest or wildlife person to remove any poisonous snakes on your property.”



During their visit to the Sac and Fox Nation Capitol, organized by Sac and Fox Nation Policy Analyst Sarah Brown, members of the Business Committee spoke to the students about Sac and Fox history, culture, traditions, art, language and modern government. The students also viewed tribal archives and exhibits prepared by archivist Catherine Walker, and enjoyed bead work and necklace making in the Cultural Center.



'United State of She' founder Stephanie R. Holan is pictured above left with members of the non-profit organization in the Sac and Fox Nation Cultural Center on June 28, along with Sac and Fox Nation Business Committee members, outgoing Principal Chief Kay Rhoads, Second Chief Audrey Rose Lee, Secretary Jacklyn King and Treasurer Jared King. In the top photo, Sac and Fox Nation Secretary Jacklyn King assists the group with bead work and necklace making. (Photos by Mike Brown)

# AUGUST AT BLACK HAWK CASINO

**TUESDAYS • 4PM – 8PM**

**HOT SEATS EVERY 30 MINS FOR GRILLING OR OUTDOOR ITEMS.**

PATRONS CAN ONLY WIN 1 PER TUESDAY

**MONDAYS • 12PM – 6PM**

**EARN 10 POINTS  
GET \$5 FREEPLAY &  
\$5 FOOD VOUCHER**

FOOD VOUCHER ONLY  
VALID FOR 48 HOURS

**SATURDAYS • 7PM-11PM  
EVERY 30 MINS**

**WIN A BUNDLE OF GADGETS INCLUDING A COOL TABLET,  
SMART WATCH AND BLUETOOTH HEADPHONES.**

20 POINTS FOR 1 ENTRY AND 2X ENTRIES ON THURSDAYS

PATRONS CAN ONLY WIN 1 PER SATURDAY

**Tribal  
Elders' Day**

**4<sup>TH</sup> WEDNESDAY EVERY MONTH  
10AM TO 10PM**

**GET \$10 IN FREE PLAY  
& FOOD SPECIAL!**

Must have Player's Club Card and Sac & Fox CDIB. Must be 55 and up.

**CHICKEN SALAD  
SANDWICH & CHIPS**

**\$5.00**

**Pabst  
Blue Ribbon**

**\$2.00**

**MAI TAI**

**\$5.00**

**THEBLACKHAWKCASINO.COM**  
42008 WESTECH ROAD • SHAWNEE, OK  
(405) 275-4700



# SAUK LANGUAGE DEPARTMENT PHILOSOPHY

*Indians are born speaking our languages. For some of us, they lie dormant within our bodies. They are looking for a way out. God gave us these beautiful languages. All of us hold them in a sacred manner within. There is no such thing as an Indian person who cannot speak Indian.*

*Our language programs find these languages within our bodies. They bring them out through our mouths and deliver them to their rightful resting places within our hearts.*



## August 2019 Quotes

You have to look deeper, way below the anger, the hurt, the hate, the jealousy, the self-pity, way down deeper where the dreams lie. Find your dream. It's the pursuit of the dream that heals you.  
Billy Mills, Oglala Lakota (1938-)

When you know who you are; when your mission is clear and you burn with the inner fire of unbreakable will; no cold can touch your heart; no deluge can dampen your purpose. You know that you are alive.  
Chief Seattle, Duwamish (1780-1866)

Between individuals, as between nations, peace means respect for the rights of others.  
Benito Juarez, Zapoteca (1806-1872)

## August Scramble

|                |       |
|----------------|-------|
| wewkêêwaÊ      | _____ |
| êamhanwiwak    | _____ |
| eyînwêêakptew  | _____ |
| oanwwhneeêtk   | _____ |
| paikênâokiyeww | _____ |
| apêpwintyâ     | _____ |
| aaktinkokih    | _____ |
| êêiawthakn     | _____ |
| ipennwî        | _____ |
| hwaêwnnâseakô  | _____ |



## August 2019 Word Match

|                |                          |
|----------------|--------------------------|
| Nîpenwi        | Dice                     |
| Nenoswekewa    | Drum                     |
| Shâwanôwekewa  | Dawn comes               |
| Êwêwekewa      | August                   |
| Pyênetîwekêwa  | Dances the Shawnee Dance |
| Pyêtâpanwi     | Dances the Swan Dance    |
| Kosikanaki     | Ground is dusty          |
| Wanihkamêwa    | Dances the Buffalo Dance |
| Têwêhikana     | Dances the Victory Dance |
| Pekonêyâwakiwi | Passes the time          |



## SAUK LANGUAGE DEPARTMENT HAPPENINGS & NEWS

August 2019  
Nîpenwi  
(Ripening Moon)

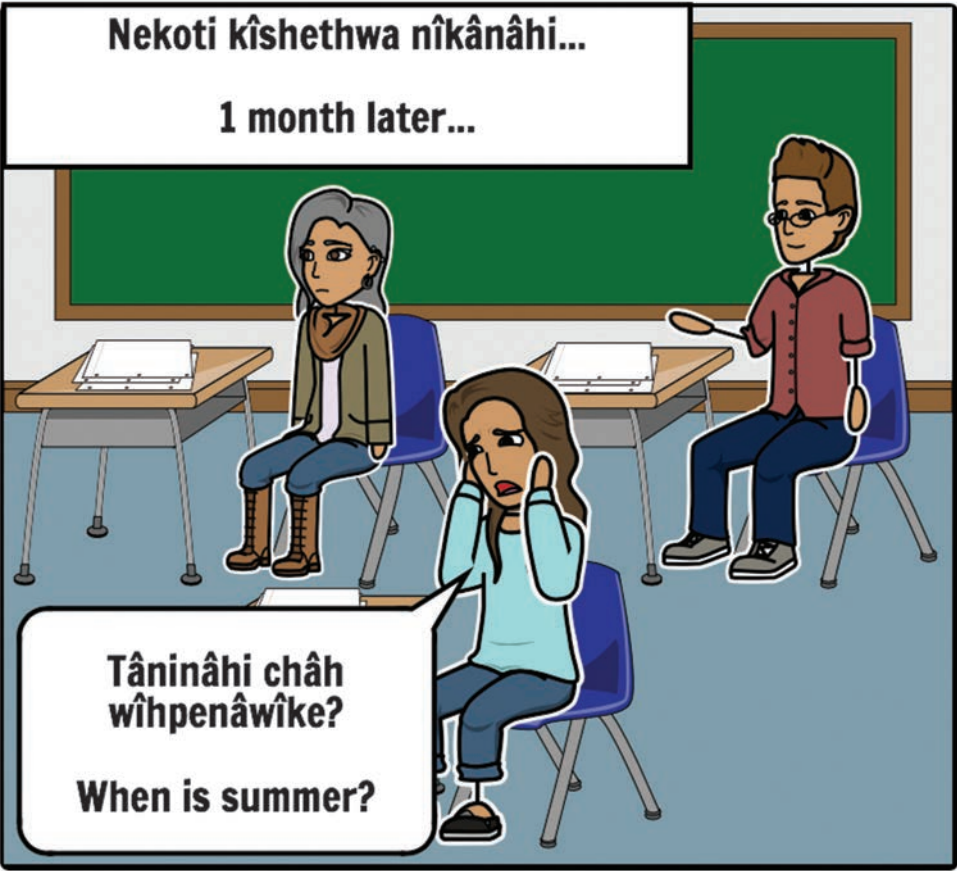
From the Sauk Language Department.

Join us online or visit our website for Sauk words and to play games at

[www.talksauk.com](http://www.talksauk.com)!

Suggestions and comments from tribal members are always welcome on programs you have attended, or would like to see scheduled.  
Call 918-968-3526 or 800-259-3970, or email at:

[Katie.Thompson@sacandfoxnation-nsn.gov](mailto:Katie.Thompson@sacandfoxnation-nsn.gov)





Title VI - Elders Meals  
August Menu

Monday - Thursday: Lunch is served from 11:30 a.m. to 12:30 p.m.  
Friday: Breakfast is served from 8:30 a.m. - 9:30 a.m.

| Monday                                                                                   | Tuesday                                                                                                            | Wednesday                                                                    | Thursday                                                            | Friday                                                           |
|------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------|---------------------------------------------------------------------|------------------------------------------------------------------|
| 29                                                                                       | 30                                                                                                                 | 31                                                                           | 01                                                                  | 02                                                               |
| 05<br>BBQ chicken<br>Baked beans<br>corn<br>fruit                                        | 06<br>Roast<br>Potatoes<br>Carrots<br>Side salad<br>fruit                                                          | 07<br>Indian tacos<br>With fixings<br>Fruit                                  | 08<br>Sloppy joes<br>Potato<br>wedges<br>Vanilla<br>pudding         | 09<br>Blueberry<br>muffins<br>sausage<br>Boiled egg<br>juice     |
| 12<br>Tator tot<br>casserole<br>Mixed<br>vegetables<br>Side salad<br>fruit               | 13<br>Steak fingers<br>Mashed<br>potatoes gravy<br>Corn<br>Side salad<br>fruit                                     | 14<br>Cheese<br>burgers<br>w/fixings<br>French fries<br>Fruit                | 15<br>Chicken<br>salad<br>sandwich<br>Potato salad<br>Fruit         | 16<br>Sausage egg<br>cheese<br>croissant<br>juice                |
| 19<br>Chicken fried<br>Steak mashed<br>potatoes<br>Gravy broccoli<br>side salad<br>fruit | 20<br>Hamburger<br>steak with<br>mushrooms and<br>gravy<br>Mashed potatoes<br>Mixed veggies<br>Side salad<br>fruit | 21<br>Meatloaf<br>Mashed<br>potatoes<br>Gravy spinach<br>side salad<br>fruit | 22<br>Roast beef<br>sandwich<br>Macaroni<br>salad<br>fruit          | 23<br>Waffles<br>Sausage<br>Boiled egg<br>Orange slices<br>juice |
| 26<br>Goulash<br>Garlic bread<br>green beans<br>Side salad<br>fruit                      | 27<br>Chicken strips<br>Mashed<br>potatoes gravy<br>Corn rolls<br>Side salad<br>fruit                              | 28<br>Meat gravy<br>Fry bread<br>Side salad<br>fruit                         | 29<br>Ham and<br>cheese<br>sandwich<br>W /fixings<br>Chips<br>fruit | 30<br>Cinnamon<br>rolls sausage<br>Boiled egg<br>juice           |

Community Garden Harvest Donated  
To Sac and Fox Elders Program

The first harvest of the Sac and Fox Community Garden was a big success! The garden produced 3 buckets of red potatoes, a bucket of Yukon gold potatoes, and a bucket of radishes. The fresh vegetables were donated to the Sac and Fox Elder's Program for those in need. Pictured are DeAnna Densman, left, and Leah Carver, right, both of Black Hawk Health Center, presenting the crops to Laveta Ashley, Title VI Elder's Coordinator. The community garden team is preparing to plant winter crops, which will include broccoli, sweet potatoes, pumpkin, and winter squash. We encourage anyone interested in helping with this project to join us every Tuesday and Friday 8:30-10:30 for our garden tending days. Gardening tools and water are provided. For more information please contact DeAnna Densman at 918-968-9531 Ext. 3056. (Photo Provided)



August Word Search

V D G G A Y I U  
T I L Q W K P H Z R K L  
D A W E K E W Ô N A W Â H S  
W Q B M P L Z X Q S I F  
N G F D F L O Z W B Z B W W  
T P L I U G V O U E T L P A  
R O O A H D H L V P L J Z M N R  
M P R H G O M I D U H X G E I W  
V B H J X U R A S L D Z R H H X  
E W W F P E K O N Ê Y Â W A K I W I K F  
H P Y Ê N E T Î W E K Ê W A A V H X A F  
Z V S A W Ê K E W H T O N E N F R B M O  
Q J K Z I K A N A K I H T O K S Ê T  
K D I I W N A P Â T Ê Y P H W U  
M B Z I W N E P Î N L T Y A  
I B O W S U S Y  
A J F M M L N P  
V Ê W Ê W E K Ê W A R U K P  
V Y T Ê W Ê H I K A N A  
J S L Z H O Q H

ARE YOU A CONSTRUCTION WORKER?

Construction has begun on the new Sac and Fox Transportation Facility located at 219 S. Eighth Street in Stroud, Oklahoma.

From time to time, the general contractor and subcontractors will need commercial construction workers on an available, on-call basis until the project is completed next year.

If you are interested, please contact Amber Riley in the Human Resource Department, 918-968-3526, extension 1014, for initial information and referrals for work opportunities. This service is free to applicants.

The federal Davis-Bacon prevailing wage laws apply. The hiring employer will conduct the required screening and background checks. Prior construction experience in skilled and non-skilled positions is a plus.

Each worker is responsible for having transportation, a valid drivers license, hard hat, high-visibility safety vest, work boots, safety glasses, and gloves on the job site.

The Indian preference rules apply for work at this project.

Annual  
GOVERNING COUNCIL  
August 31, 2019  
AT 10:00 A.M.



SAC AND FOX NATION  
SAC AND FOX RESERVATION  
SAC AND FOX COMMUNITY BUILDING  
355797 Thakiwaki Road  
STROUD, OK 74079

August 2019 Word List

|                |                          |
|----------------|--------------------------|
| Nîpenwi        | August                   |
| Nenoswekewa    | Dances the Buffalo Dance |
| Shâwanôwekewa  | Dances the Shawnee Dance |
| Êwêwekewa      | Dances the Swan Dance    |
| Pyênetîwekêwa  | Dances the Victory Dance |
| Pyêtâpanwi     | Dawn comes               |
| Kosikanaki     | Dice                     |
| Wanihakamêwa   | Passes the time          |
| Têwêhikana     | Drum                     |
| Pekonêyâwakiwi | Ground is dusty          |

ATTENTION TRIBAL MEMBERS  
A member of the Tax Commission Staff  
Will now be at:  
The Shawnee Multi-Purpose Center  
Twice a Month  
The Tax Commission Representative  
Will be there on:  
The First (1st) and Third (3rd) Thursdays  
We will be able to better serve tribal members living in the Shawnee area with motor vehicle registration and, any other service that we can assist you with.



# Sac and Fox Dept. Has New Police Chief and Police Officers

*by Police Major Brandi Crisp*  
Over the last few months, the Sac and Fox Nation Police Department has gone through a lot of changes. We have new leadership with the newly appointed Chief of Police Andy Selfridge, as well

as several other new faces within the Police Department.  
This year, we had a fresh crew of officers for Powwow that got to experience some of the great Sac and Fox Nation culture and customs for the first time.

We had a great time at Powwow and are pleased to report that we had very few incidents involving criminal activity.  
Over the next several months, we will be introducing you to the Sac and Fox Nation Police Departments command

staff and patrol officers through social media and in the Sac and Fox News. We also want to invite our great Sac and Fox Nation tribal members to stop in for a visit if they have any questions or concerns. We hope everyone has a safe summer!

AUGUST 2019

SAC AND FOX NATION  
FOOD DISTRIBUTION  
PROGRAM

STROUD WAREHOUSE  
918-968-3030 • 1-800-256-3398

SHAWNEE OFFICE  
405-395-0063 • 1-886-622-2310

| MON                                       | TUE                                         | WED                                             | THU                              | FRI                                          |
|-------------------------------------------|---------------------------------------------|-------------------------------------------------|----------------------------------|----------------------------------------------|
|                                           |                                             |                                                 | 1<br>ELDERS ONLY                 | 2<br>ELDERS ONLY                             |
| 5<br>ELDERS ONLY                          | 6<br>LATE NIGHT<br>SHAWNEE<br>12 pm - 6 pm  | 7<br>SHIPMENT                                   | 8                                | 9<br>LITTLE AXE<br>TAILGATE<br>10 am - 12 pm |
| 12                                        | 13                                          | 14<br>STROUD &<br>SHAWNEE<br>HOME<br>DELIVERIES | 15                               | 16<br>PERKINS<br>TAILGATE<br>10 am - 1 pm    |
| 19<br>LATE NIGHT<br>STROUD<br>8 am - 6 pm | 20<br>LATE NIGHT<br>SHAWNEE<br>12 pm - 6 pm | 21<br>SHIPMENT                                  | 22                               | 23<br>SHAWNEE<br>HOME<br>DELIVERIES          |
| 26                                        | 27                                          | 28<br>SHAWNEE<br>HOME<br>DELIVERIES             | 29<br>CLOSED<br>FOR<br>INVENTORY | 30<br>CLOSED<br>FOR<br>INVENTORY             |

HOURS

MONDAY - FRIDAY

CERTIFICATION

8:00 am - 4:30 pm

STORE

8:30 am - 2:30 pm

STORE AM INVENTORY

8:00 am - 8:30 am

STORE PM INVENTORY

2:30 pm - 4:30 pm

HOME DELIVERIES ARE FOR HOMEBOUND  
AND/OR DISABLED ELDERS. CALL OUR  
STROUD OFFICE TO SEE IF YOU QUALIFY.

This institution is an equal opportunity provider.



Standing are Officer Christian Wright and Officer Traie Phillips. Seated are Captain Clay Yeubanks and Officer Travis Ellis. (Photo Provided)



Shown from left to right are: Officer Traie Phillips, Major Brandi Crisp, Chief Andy Selfridge, K9 Bristol, Captain Clay Yeubanks, Sergeant Kim Dibble and Officer Darren Harris. (Photo Provided)

## Scientists are Better Understanding Cell Duplication

Scientists at the Oklahoma Medical Research Foundation have discovered a way in which cells duplicate themselves accurately and completely.

The genome is the complete set of genes or genetic material in an organism. Each cell carries the full set of genes from mom and dad, so every time a cell divides— which happens not only as we grow, but also throughout our lives as our cells repair and regenerate themselves— the genome must be accurately and completely duplicated. The process of genome duplication is called DNA replication.

DNA replication is extremely complex, said OMRF scientist Christopher Sansam, Ph.D. “The best way to think about the genome is as an instruction manual— really giant one— that gets copied every time a cell divides. This takes tens of thousands of cellular photocopiers to achieve,” said Sansam. “These copiers have to ensure genetic information is replicated completely and without error. This is a key issue in cancer, a disease caused by damage to genetic material.”

In his lab at OMRF, Sansam and his research team studied what prompted the process of DNA replication and where in the genome that process began.

Their research revealed a novel function for a type of cellular proteins called BET proteins and established an interaction between them and a protein essential in initiating DNA replication called TICRR. This point of interaction appears to be crucial in the identification of genetic marks that serve as a starting point for the process. Sansam said this finding will allow for researchers to begin working toward new potential drug targets that can zero in on cancers at the origin point of this cell division process.

“In the early progression of cancer this copying of the genome goes awry, but we didn’t know how this happens,” said Sansam. “Now that we understand how these marks influence replication, we can look to see if that contributes to cancer formation. This could prove to be a big piece of the puzzle.”

Business Committee Meeting Minutes  
are now accessible on the Website  
sacandfoxnation-nsn.gov and Facebook

Oklahoma Tobacco Helpline

1

800

QUIT

NOW



Angela Gasper

Wa La Kwa Thok

for

Second Chief

I am Angela Gasper, a Candidate for Second Chief, and I am asking for you and your family member’s vote on August 31, 2019. I bring to you over 20 + years of experience in a management capacity in the areas of Tribal and State Programs and Non-Profit Organizations. I hold a Bachelor of Arts Degree in Criminal Justice from the University of Central Oklahoma and an Associate of Applied Science in Police Science from Oklahoma State University-Oklahoma City.

This year’s election will provide an opportunity for you to VOTE FOR A CHANGE. A change that will bring back the success of the Sac & Fox Nation and upward momentum of our tribe. We need leadership who recognizes that our Tribal Members want to be heard; we know there has been unrest within the general membership with the overall direction of the tribe. Now is the time to make your voice heard, encourage your family members to go to the polls and vote and/or mail their Absentee Ballots back in.

If elected Second Chief I will work towards the diversification of our Economic Development that will encourage positive growth in many areas through strategic planning for our tribe; focus on expansion and support of our Tribal Health Care System; and advocate for the General Welfare of our tribal members.

I humbly ask for your support on August 31, 2019.

Respectfully,

Angela Gasper  
Gasperforsecondchief@gmail.com





# Principal Chief Justin F. Wood Installation Ceremony Highlights



**Sac and Fox Treasurer Jared King Serves as Master of Ceremonies**

Sac and Fox Nation Treasurer Jared King is pictured above welcoming a capacity crowd in attendance at the Sac and Fox Community Building on June 27 for the installation of newly-elected Principal Chief Justin Freeland Wood. Above right, tribal singers Bryce Bailey, Robert Lincoln, Coleman American Horse, Keenan Springer and Tomi Calderon perform an Honor Song specially composed for the installation ceremony. At right, newly-installed Sac and Fox Principal Chief Wood is pictured at right as he greets Sac and Fox Secretary Jacklyn King, Business Committee Member Robert Williamson, Second Chief Audrey Rose Lee and outgoing Principal Chief Kay Rhoads. Pictured at back is Sac and Fox Nation Chief Justice O. Joseph Williams, who conducted the installation ceremony.



## Our Quest for Clean May Make Children Sicker, Not Healthier

Americans have a need for cleanliness, especially when it comes to our children. But, mounting research suggests our quest to be clean might make children sicker, not healthier.

Oklahoma Medical Research Foundation immunologist Eliza Chakravarty, M.D., said this groundswell of germophobic parenting and the tendency to create over-sterilized environments may keep children’s immune systems from developing adequate defenses. It’s called the ‘hygiene hypothesis,’ where scientists believe early exposure to allergens actually contributes to a healthier immune system. While it isn’t a new theory, it is becoming more widely accepted.

“For your immune system to protect you, it has to know the difference in what is dangerous and should be attacked and harmless substances that can be ignored,” said Chakravarty. “And to learn that, it needs to be exposed to some of the elements we’re erasing from the environment.” Hand washing and maintaining a clean living area are still important, Chakravarty said, as are vaccines and immunizations. “But there’s a difference between a healthy level of cleanliness and essentially living in a bubble.”

Your immune system is built to protect you, so if it sits idle, it will find something to fight. Even fairly harmless substances like pollen, peanuts or pet dander can look like foreign invaders and result in an immune system overreaction.

“We need protection from serious illnesses, but kids need exposure to a wide variety of things that aren’t actually dangerous,” said Chakravarty. It’s important to note that not all bacteria are harmful. Some actually help keep us healthy. The 100 trillion microbial and bacterial cells in our bodies, called the microbiome, also needs diversity, said OMRF geneticist Patrick Gaffney, M.D., and that comes from exposure to the environment. Gaffney said more evidence is needed, but increasing research links germ exposure, diverse environments and minor infections at a young age with a lower risk of health problems later in life.

“Exposure to low-level allergens and germs like dog hair, pollen and common pathogens when you’re young allows the immune system to fine-tune itself and learn how to function properly,” said Gaffney. “Regular hygiene is still important, but don’t fret if your little ones dig in the dirt or wrestle with the dog. They may wind up healthier for it.”

### AUGUST AT SAC & FOX CASINO

#### GADGET GIVEAWAY

**SATURDAYS • 7PM-10PM**  
**EVERY 30 MINS**

**WINNERS PICK AN ENVELOPE WITH HIDDEN CASH OR AN ELECTRONIC PRIZE**

20 POINTS FOR 1 ENTRY AND 2X ENTRIES ON THURSDAYS

### Tribal Elders' Day

4<sup>TH</sup> MONDAY EVERY MONTH  
10AM TO 8PM

**GET \$10 IN FREE PLAY & FOOD SPECIAL!**

Must have Player's Club Card and Sac & Fox CDIB. Must be 55 and up.

### PLAY x PLAY HAPPY HOUR

**FRIDAYS • 3PM - 8PM**

**EARN 2 POINTS FOR \$20 FREEPLAY**

10PM HOT SEAT DRAWING FOR **\$250 CASH**

### FRITO CHILI PIE

**\$3.00**

### Pabst Blue Ribbon

**\$2.00**

### KNOB CREEK OLD FASHIONED

**\$4.00**

**SNFCASINO.COM**

**356120 926 ROAD • STROUD, OK 74079**

Must have valid ID and Player's Club Card. See Player's Club/Cage for details. Management reserves the right to revoke or alter any promotion or offer.



Business Committee Meeting Minutes

Please be advised that the following are official actions taken by the Business Committee in a Special Business Committee meeting held on June 27, 2019. These actions are to be followed up by the appropriate departments.

**Resolution SF-19-160**, a resolution authorizing and approving a Consulting Agreement between the Sac and Fox Nation and Mama Nina, Inc. Robert E. Williamson-motion. Audrey R. Lee-2<sup>nd</sup>. Vote: Kay-Yes, Audrey-Yes, Jacklyn-No, Jared-No, Robert-Yes. Motion carried.

Business Committee Meeting Minutes

Please be advised that the following are official actions taken by the Business Committee in a Regular Business Committee meeting held on July 3, 2019. These actions are to be followed up by the appropriate departments.

EXECUTIVE SESSION

Action Taken:

- a.

Send letter addressed to Mr. John Nelson with a date and time for hearing.
- b.

Send letter to tribal member acknowledging that the Business Committee is standing with the Housing Authority’s decision.
- 1) **Resolution SF-19-162** a resolution approving the Native American Housing Assistance and Self-Determination Act (NAHASDA) Indian Housing Plan (Amended IHP) 2019. Audrey R. Lee-motion. Jacklyn K. King-2<sup>nd</sup>. VOTE: Justin-Yes, Audrey-Yes, Jacklyn-Yes, Jared-Yes, Robert-Yes. Motion carried.
- 2) **Resolution SF-19-163** a resolution approving the Native American Housing Assistance and Self-Determination Act (NAHASDA) Indian Housing Plan (IHP) 2020. Audrey R. Lee-motion. Jared A. King-2<sup>nd</sup>. VOTE: Audrey-Yes, Jacklyn-Yes, Jared-Yes, Robert-Yes, Justin-Yes. Motion carried.
- 3) **Resolution SF-19-164** a resolution appointing Justin Wood to serve as the Certifying Officer on behalf of the Sac and Fox Nation for the U.S. Department of Housing and Urban Development (HUD) Related Environmental Documents. Audrey R. Lee-motion. Robert E. Williamson-2<sup>nd</sup>. VOTE: Justin-Yes, Audrey-Yes, Jacklyn-Yes, Jared-Yes, Robert-Yes. Motion carried.
- 4) Audrey R. Lee motion to approve with corrections the Regular Business Committee meeting minutes dated June 11, 2019. Jared A. King-2<sup>nd</sup>. VOTE: Audrey-Yes, Jacklyn-Yes, Jared-Yes, Robert-Yes, Justin-Yes. Motion carried.
- 5) Jacklyn K. King motion to approve the amended job description for Police Officer. Audrey R. Lee-2<sup>nd</sup>. VOTE: Jacklyn-Yes, Jared-Yes, Robert-Yes, Justin-Yes, Audrey-Yes. Motion carried.
- 6) Audrey R. Lee motion to approve amending the County contract for Juvenile Detention Center. Jacklyn K. King-2<sup>nd</sup>. VOTE: Jared-Yes, Robert-Yes, Justin-Yes, Audrey-Yes, Jacklyn-Yes. Motion carried.
- 7) **Resolution SF-19-165** a resolution approving and authorizing the submission of an application to the United States Department of Justice Office for Victims of Crime Fiscal Year 2019 Enhanced Multidisciplinary Teams for Older Victims of Abuse and Financial Exploitation. Audrey R. Lee-motion. Robert E. Williamson-2<sup>nd</sup>. VOTE: Robert-Yes, Justin-Yes, Audrey-Yes, Jacklyn-Yes, Jared-Yes. Motion carried.
- 8) **Resolution SF-19-166** a resolution approving the fiscal year 2019 Department of Interior Compact Maintenance budget modification #1 in the total amount of twenty-eight thousand dollars (\$28,000.00). The funding source is identified as the Department of Interior Compact multi-year funding agreement with contract support. Audrey R. Lee-motion. Robert E. Williamson-2<sup>nd</sup>. VOTE: Justin-Yes, Audrey-Yes, Jacklyn-Yes, Jared-Yes, Robert-Yes. Motion carried.
- 9) **Resolution SF-19-167** a resolution approving the fiscal year 2019 Gaming Commission budget modification #2 in the total amount of one million five hundred sixty-eight thousand two hundred twenty dollars (\$1,568,220.00). The funding source is identified as Treasury Appropriations. Robert E. Williamson-motion. Jacklyn K. King-2<sup>nd</sup>. VOTE: Audrey-Yes, Jacklyn-Yes, Jared-Yes, Robert-Yes, Justin-Yes. Motion carried.
- 10) **Resolution SF-19-168** a resolution approving the fiscal year 2019 Sac and Fox Nation’s United Nation’s Indian Tribal Youth budget modification #1 in the total funding amount of nine thousand one hundred twenty-eight dollars (\$9,128.00). The funding source is identified as fundraising activities by the group and a RAP Government donation on May 23, 2019 by the Business Committee. Robert E. Williamson-motion. Jared A. King-2<sup>nd</sup>. VOTE: Jacklyn-Yes, Jared-Yes, Robert-Yes, Justin-Yes, Audrey-Yes. Motion carried.
- 11) **Resolution SF-19-169** a resolution approving the fiscal year 2019 Department of Interior Compact Court budget modification #1 in the total funding mount of one hundred sixty-three thousand one hundred forty dollars (\$163,140.00). The funding source is identified as the Department of Interior Self-Governance Compact Multi-Year Funding Agreement with fiscal year 2018 DOI Court Jury Trial Carryover. Robert E. Williamson-motion. Jared A. King-2<sup>nd</sup>. VOTE: Jared-Yes, Robert-Yes, Justin-Yes, Audrey-Yes, Jacklyn-Yes. Motion carried.
- 12) **Resolution SF-19-170** a resolution to approving the fiscal year 2019 Department of Interior Land and Cattle budget in the total funding amount of twenty-five thousand dollars (\$25,000.00). The funding source is identified as fiscal year 2018 one-time funding from the SPRO, BIA, DOI office of Self-Governance to supplement tribal land improvements projects. Robert E. Williamson-motion. Jacklyn K. King-2<sup>nd</sup>. VOTE: Robert-Yes, Justin-Yes, Audrey-Yes, Jacklyn-Yes, Jared-Yes. Motion carried.
- 13) **Resolution SF-19-171** a resolution authorizing and approving an Agreement between the Sac and Fox Nation and the Indian Health Service Teleophthalmology Services, contract #2019-06-01. Jacklyn K. King-motion. Jared A. King-2<sup>nd</sup>. VOTE: Justin-Yes, Audrey-Yes, Jacklyn-Yes, Jared-Yes, Robert-Yes. Motion carried.
- 14) **Resolution SF-19-172** a resolution authorizing and approving an agreement between the Sac and Fox Nation and the Phoenix Indian Medical Center Indian Health Service Teleophthalmology program. Jacklyn K. King-motion. Audrey R. Lee-2<sup>nd</sup>. VOTE: Audrey-Yes, Jacklyn-Yes, Jared-Yes, Robert-Yes, Justin-Yes. Motion carried.
- 15) **Resolution SF-19-173** a resolution amending SF-08-09 authorizing and approving the Black Hawk Health Center Policy: Physical Therapy. Audrey R. Lee-motion. Robert E. Williamson-2<sup>nd</sup>. VOTE: Jacklyn-Yes, Jared-Yes, Robert-Yes, Justin-Yes, Audrey-Yes. Motion carried.
- 16) **Resolution SF-19-174** a resolution approving the Good Health and Wellness in Indian Country budget modification #1 in the total funding amount of fifteen thousand dollars (\$15,000.00). The funding source is identified as the Southern Plains Tribal Health Board Award #5NU8DP0005513-03-00. Jared A. King-motion. Audrey R. Lee-2<sup>nd</sup>. VOTE: Jared-Yes, Robert-Yes, Justin-Yes, Audrey-Yes, Jacklyn-Yes. Motion carried.
- 17) **Resolution SF-19-175** a resolution authorizing and approving a snow cone lease agreement between the Sac and Fox Nation and FrostBite Concession LLC allowing a mobile snow cone stand to operate on Sac and Fox Nation property contract #2019-06-03. Jacklyn K. King-motion. Audrey R. Lee-2<sup>nd</sup>. VOTE: Robert-Yes, Justin-Yes, Audrey-Yes, Jacklyn-Yes, Jared-Yes. Motion carried.
- 18) **Resolution SF-19-176** a resolution rescinding resolution SF-19-160 in its entirety that was approved on June 27, 2019 a resolution authorizing and approving a consulting agreement between the Sac and Fox Nation and Mama Nina, Inc., contract #2019-06-05. Audrey R. Lee-motion. Jacklyn K. King-2<sup>nd</sup>. VOTE: Justin-Yes, Audrey-Yes, Jacklyn-Yes, Jared-Yes, Robert-Yes. Motion carried.
- 19) Robert E. Williamson motion to approve the job description-Behavioral Health Services Manager. Jacklyn K. King-2<sup>nd</sup>. VOTE: Audrey-Yes, Jacklyn-Yes, Jared-Yes, Robert-Yes, Justin-Yes. Motion carried.
- 20) Robert E. Williamson motion to approve the job description for Laborer, Land and Cattle Department. Audrey R. Lee-2<sup>nd</sup>. VOTE: Jacklyn-Yes, Jared-Yes, Robert-Yes, Justin-Yes, Audrey-Yes. Motion carried.
- 21) Audrey R. Lee motion to approve the renewal Service Agreement contract #2017-06-01b between the Sac and Fox Nation and Samaritan EMS. Jacklyn K. King-2<sup>nd</sup>. VOTE: Jared-Yes, Robert-Yes, Justin-Yes, Audrey-Yes, Jacklyn-Yes. Motion carried.
- 22) Audrey R. Lee motion to approve the Juvenile Detention Service renewal Agreement for Osage Nation, renewal contract #2013-04-37d. Jared A. King-2<sup>nd</sup>. VOTE: Robert-Yes, Justin-Yes, Audrey-Yes, Jacklyn-Yes, Jared-Yes. Motion carried.

(Continued on Page 21)

FOOD DISTRIBUTION PROGRAM ON INDIAN RESERVATIONS (FDPIR)  
FY 2019 NET MONTHLY INCOME STANDARDS  
(Effective October 1, 2018 to September 30, 2019)

The net monthly income standard for each household size is the sum of the applicable Supplemental Nutrition Assistance Program (SNAP) net monthly income standard and the applicable SNAP standard deduction.

48 Contiguous United States:

Use this Amount

| Household Size         | SNAP Net Monthly Income Standard |   | SNAP Standard Deduction |   | FDPIR Net Monthly Income Standard |
|------------------------|----------------------------------|---|-------------------------|---|-----------------------------------|
| 1                      | \$1,012                          | + | \$164                   | = | \$1,176                           |
| 2                      | \$1,372                          | + | \$164                   | = | \$1,536                           |
| 3                      | \$1,732                          | + | \$164                   | = | \$1,896                           |
| 4                      | \$2,092                          | + | \$174                   | = | \$2,266                           |
| 5                      | \$2,452                          | + | \$204                   | = | \$2,656                           |
| 6                      | \$2,812                          | + | \$234                   | = | \$3,046                           |
| 7                      | \$3,172                          | + | \$234                   | = | \$3,406                           |
| 8                      | \$3,532                          | + | \$234                   | = | \$3,766                           |
| each additional member |                                  |   |                         |   | \$360                             |

Alaska:

Use this Amount

| Household Size         | SNAP Net Monthly Income Standard |   | SNAP Standard Deduction |   | FDPIR Net Monthly Income Standard |
|------------------------|----------------------------------|---|-------------------------|---|-----------------------------------|
| 1                      | \$1,265                          | + | \$281                   | = | \$1,546                           |
| 2                      | \$1,715                          | + | \$281                   | = | \$1,996                           |
| 3                      | \$2,165                          | + | \$281                   | = | \$2,446                           |
| 4                      | \$2,615                          | + | \$281                   | = | \$2,896                           |
| 5                      | \$3,065                          | + | \$281                   | = | \$3,346                           |
| 6                      | \$3,515                          | + | \$292                   | = | \$3,807                           |
| 7                      | \$3,965                          | + | \$292                   | = | \$4,257                           |
| 8                      | \$4,415                          | + | \$292                   | = | \$4,707                           |
| each additional member |                                  |   |                         |   | \$450                             |

FY 2019 FDPIR Income Deductions (see 7 CFR 253.6(e))  
Effective October 1, 2018 to September 30, 2019

|                                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
|---------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Earned Income Deduction</b>                    | Households with earned income are allowed a deduction of 20 percent of their earned income.                                                                                                                                                                                                                                                                                                                                                                                    |
| <b>Dependent Care Deduction</b>                   | Households that qualify for the dependent care deduction are allowed a deduction of actual dependent care costs paid monthly to a non-household member.                                                                                                                                                                                                                                                                                                                        |
| <b>Child Support Deduction</b>                    | Households that incur the cost of legally required child support to or for a non-household member are allowed a deduction for the amount of monthly child support paid.                                                                                                                                                                                                                                                                                                        |
| <b>Medical Expense Deduction</b>                  | Households that incur monthly medical expenses by any household member who is elderly or disabled are allowed a deduction in the amount of out-of-pocket medical expenses paid in excess of \$35 per month. Allowable medical expenses are provided at 7 CFR 273.9(d)(3).                                                                                                                                                                                                      |
| <b>Home Care Meal-Related Deduction</b>           | Households who furnish the majority of meals for a home care attendant are allowed an income deduction equal to the maximum SNAP benefit for a one-person household. The home care meal-related deduction amounts are as follows:<br><br>48 Contiguous U.S. States = \$192<br><br>Alaska by Area Designations <ul style="list-style-type: none"><li>Urban = \$232</li><li>Rural 1= \$295</li><li>Rural 2 = \$360</li></ul> See 7 CFR 272.7(b) for area designations in Alaska. |
| <b>Standard Shelter/Utility Expense Deduction</b> | Households that incur at least one monthly shelter or utility expense are allowed a standard income deduction (see chart below). Allowable shelter/utility expenses are provided at 7 CFR 273.9(d)(6)(ii).                                                                                                                                                                                                                                                                     |

FY 2019 FDPIR Standard Shelter/Utility Expense Deductions  
Effective October 1, 2018 to September 30, 2019

Baseline by Region\*

| Region                     | States Currently with FDPIR Programs                                           | Shelter/Utility Deduction |
|----------------------------|--------------------------------------------------------------------------------|---------------------------|
| <b>Northeast/Midwest</b>   | Michigan, Minnesota, New York, Wisconsin                                       | \$400                     |
| <b>Southeast/Southwest</b> | Mississippi, New Mexico, North Carolina, Oklahoma, Texas                       | \$350                     |
| <b>Mountain Plains</b>     | Colorado, Kansas, Montana, Nebraska, North Dakota, South Dakota, Utah, Wyoming | \$450                     |
| <b>West</b>                | Alaska, Arizona, California, Idaho, Nevada, Oregon, Washington                 | \$400                     |

\*If the geographic boundaries of an Indian reservation extend to more than one region per the identified regional groupings above, then a qualifying household has the option to receive the appropriate shelter/utility expense deduction amount for the State in which the household resides or the State in which the State agency’s central administrative office is located.

**HELP WANTED!**  
**SAC & FOX NATION**  
**EMPLOYMENT OPPORTUNITIES**  
**THE FOLLOWING IS A LIST OF JOB VACANCIES WITH**  
**THE SAC & FOX NATION:**  
Chief of Staff  
Family Practice Physician  
Realty Director (Stroud)  
Medical Coder II  
Self-Governance Director  
Social Worker  
Resident Advisor (Juvenile Detention Center)  
Environmental Specialist  
IT Assistant  
Police Officer

Applicants must successfully pass an OSBI/National background check and drug screen. Preference in hiring is given to qualified Native Americans. Applicants claiming Indian Preference must provide a copy of their CDIB. For more information and to learn how to apply please visit our website at:  
[www.sacandfoxnation.com](http://www.sacandfoxnation.com)  
or contact Human Resources, Sac and Fox Nation, 920963 S. Hwy. 99, Bldg. A Stroud, OK 74079 or by phone (918) 968-3526





Participants are off and running in the 8th Annual Wa-Tha-Huk 5K Run hosted June 11 in Jim Thorpe Memorial Park by the Sac and Fox Nation FDPIR Program.



‘Sauk Walk’ participants are pictured at the starting line for the annual event.

8th Annual  
Sac and Fox  
Wa-Tha-Huk  
5K Run and  
Sauk Walk  
Highlights



Jimmy Squire, an amputee since age 3, was guest speaker at the event. He is an Absentee Shawnee Tribal Member. Before a 2008 trip to Jim Thorpe, Pa. to pay respect to his idol, legendary Sac and Fox athlete and member of the Thunder Clan, Jim Thorpe or Wa-tha-huk (Bright Path), Squire was adopted into the Thorpe Family by Jim Thorpe’s son, Jack Thorpe. Squire, a lifelong athlete and Southwest Amputee Golf Association Tournament champion in 2017, 2018 and 2019, spoke to runners and walkers about healthy eating and active living.



Jackson Yearby crosses the 5K run finish line with a winning time of 21:14.



Pictured from left are event coordinator Sam Spang, first place men’s division winner Jackson Yearby, second place finisher Mike Simpson who posted a time of 21:42. and event coordinator Edlyn Marquez. Third place went to Ty Rolette with a time of 22:51..



Amy Beckman-Enis, center, won the Women’s 5K Run with a time of 27:31. Also pictured are Sac and Fox NFPIR event coordinators Sam Spang and Edlyn Marquez. Second place finisher was Morgan Ahhaitty at 29:49, and third place finisher was Aletha Wise. at 31:26 (All Photos by Mike Brown)



2018 PER CAPITA PAYMENT INFORMATION

- Individual must be enrolled by September 30, 2018 to be eligible for the 2018 per capita payment.
  - Tribal members will need to submit a W9 to the Finance Department for the upcoming 2018 Per Capita Payment.
  - Once a W-9 form is received, it will be updated into our system and all payments due will be made at a time of disbursement.
  - If an individual is a NEW tribal member, or has had a NAME CHANGE, a copy of Social Security card is needed for our records.
  - There is NO deadline on submitting a W9. All checks will be mailed, no exceptions.
  - The IRS 1099 form will be mailed by January 31, 2019.
- NEW MINORS . . . PLEASE SEND COPY OF SOCIAL SECURITY CARD SO WE CAN GET TRUST ACCOUNTS ESTABLISHED

W-9 Form

It is critical that the W-9 Form be completed correctly and thoroughly for each individual tribal member. Be sure to fill out your NAME, MAILING ADDRESS, SOCIAL SECURITY NUMBER, and then SIGN and DATE your form.

Required Legal Documents

If you have had a name change due to marriage, divorce, adoption, etc., it is important the Finance Department has a copy of your social security card. All other legal documents should be sent to the Enrollment Department so their records can be updated. Any guardianship or Power of Attorney documents need to be on file with the Finance Department.

Minors

Parents or guardians are responsible for providing a W-9 for minor children; not doing so could result in the minor’s payment not being deposited into the minor’s trust fund account in a timely manner.

Contact information - Finance Department

For identity/security purposes, a W-9 form will not be accepted by e-mail. Completed forms may be hand delivered, mailed, or faxed.

Contact information:

Sac and Fox Nation  
Finance Department  
920963 S. Hwy 99, Bldg. A  
Stroud, Oklahoma 74079

Direct fax 918-968-4528

If you have any questions, please contact the Finance Department staff by phone at 918-968-3526 or 800-259-3970 ext. 1033, 1038 or 1027.

Tax Liability Notification

What are the withholding requirements for distributions that are made per a Revenue Allocation Plan (RAP)? The first step is to identify the source of funds used for the distribution. Unless the source of funds is specifically exempt from taxation, the amounts that make up the distributions to tribal members are taxable.


Which funds get reported on Form 1099-Misc? Distributions could be derived from many sources, including the profits from a tribal business other than a Class II or Class III gaming operation, interest income on investments, or rental payments from tribal lands. All these payments require a tribe to prepare a Form 1099-MISC

When does a person receive a Form 1099-Misc, Statement for Recipients of Miscellaneous Income? If a person receives \$600 or more in 1 calendar year from the same source, that amount must be reported on a Form 1099, and that Form 1099-Misc. must be provided to the individual.

It is only the amount distributed from NET GAMING REVENUE that is subject to withholding. The Internal Revenue Code provides that “Every person, including an Indian tribe, making a payment to a member of an Indian tribe from the net revenues of any Class II or Class III gaming activity conducted or licensed by such tribe, shall deduct and withhold from such payment a tax in an amount equal to such payment’s proportionate share of the annualized tax.” The amount to withhold is provided in Withholding Tables found in IRS Publication 15-A, Employer’s Supplemental Tax Guide.

If the Indian tribe anticipates making a distribution of any kind, the Indian tribe needs the tribal members’ Social Security number before the distribution is made. If an Indian tribe does not know a tribal member’s Social Security number at the time of distribution, the distribution is subject to “backup withholding” (at 28% in 2009). (Source: Internal Revenue Service (IRS) Indian Tribal Governments Frequently Asked Questions, Last Reviewed or Updated: April 22, 2013)

Per capita payments could affect any Tribal, Federal, State, and/or Local benefits you may receive or programs in which you participate. The Sac and Fox Nation encourage you to check with your tax accountant or benefit specialist.



SAC AND FOX NATION  
920963 S. Hwy. 99, Building A • Stroud, OK 74079 • (918) 968-1141 • FAX (918) 968-1142

NAME CHANGE  
AND/OR  
CHANGE OF ADDRESS FORM

NAME

PRINT CURRENT FULL NAME (First, Middle & Last)

ROLL NUMBER

SIGNATURE

DATE

A COPY OF THE LEGAL DOCUMENT CHANGING YOUR NAME AND A COPY OF YOUR NEW SOCIAL SECURITY CARD MUST BE ATTACHED.

PLEASE LIST PREVIOUS NAME (PRINT)

DATE OF BIRTH

MAILING ADDRESS

OLDNEW

ADDRESS

ADDRESS

CITYSTATEZIP

CITYSTATEZIP

STREET ADDRESS (IF DIFFERENT THAN MAILING ADDRESS)

OLDNEW

STREET ADDRESS

STREET ADDRESS

CITYSTATEZIP

CITYSTATEZIP

CHANGE OF ADDRESS FOR MINORS REQUIRE A W-9 FORM BE COMPLETED FOR THE BANK. PLEASE REQUEST A FORM FOR EACH CHILD FROM THE ENROLLMENT DEPARTMENT, 918-968-3526 ext. 1040 or 1041.

TO BE COMPLETED BY THE ENROLLMENT DEPARTMENT

Date Electronic File Was Updated

Date Sac and Fox News Was Notified

Staff Initials

NOTICE

Why does a W-9 needed to be submitted yearly?

If a tribal member receives income that is taxable, a 1099 must be issued for Tax Purposes. The W-9 also serves as a yearly address update.

Can the allotted minor payment be refused in order to have the entire per capita payment be deposited in trust? Yes, but in order to do so we must still receive a W-9 for the same reasons stated above. We would also need a written statement to that effect to be included with the W-9.

W-9 FORM MUST BE CUT ON DOTTED LINE BEFORE MAILING

Form W-9  
(Rev. October 2018)  
Department of the Treasury  
Internal Revenue Service

Request for Taxpayer  
Identification Number and Certification

Give Form to the  
requester. Do not  
send to the IRS.

Go to [www.irs.gov/FormW9](http://www.irs.gov/FormW9) for instructions and the latest information.

1 Name (as shown on your income tax return). Name is required on this line; do not leave this line blank.

2 Business name/disregarded entity name, if different from above

3 Check appropriate box for federal tax classification of the person whose name is entered on line 1. Check only one of the following seven boxes.

☐ Individual/sole proprietor or single-member LLC

☐ C Corporation

☐ S Corporation

☐ Partnership

☐ Trust/estate

☐ Limited liability company. Enter the tax classification (C=C corporation, S=S corporation, P=Partnership) ☐ Other (see instructions)

Note: Check the appropriate box in the line above for the tax classification of the single-member owner. Do not check LLC if the LLC is classified as a single-member LLC that is disregarded from the owner unless the owner of the LLC is another LLC that is not disregarded from the owner for U.S. federal tax purposes. Otherwise, a single-member LLC that is disregarded from the owner should check the appropriate box for the tax classification of its owner.

4 Exemptions (codes apply only to certain entities, not individuals; see instructions on page 3):

Exempt payee code (if any)

Exemption from FATCA reporting code (if any)

(Applies to accounts maintained outside the U.S.)

5 Address (number, street, and apt. or suite no.) See instructions.

6 City, state, and ZIP code

7 List account number(s) here (optional)

Requester's name and address (optional)

SAC AND FOX NATION  
920883 S. HIGHWAY 99 BLDG. "A"  
STROUD, OKLAHOMA, 74079

Part I Taxpayer Identification Number (TIN)

Enter your TIN in the appropriate box. The TIN provided must match the name given on line 1 to avoid backup withholding. For individuals, this is generally your social security number (SSN). However, for a resident alien, sole proprietor, or disregarded entity, see the instructions for Part I, later. For other entities, it is your employer identification number (EIN). If you do not have a number, see *How to get a TIN*, later.

12345678901234567890

12345678901234567890

Note: If the account is in more than one name, see the instructions for line 1. Also see *What Name and Number To Give the Requester* for guidelines on whose number to enter.

Part II Certification

Under penalties of perjury, I certify that:

1. The number shown on this form is my correct taxpayer identification number (or I am waiting for a number to be issued to me); and

2. I am not subject to backup withholding because: (a) I am exempt from backup withholding, or (b) I have not been notified by the Internal Revenue Service (IRS) that I am subject to backup withholding as a result of a failure to report all interest or dividends, or (c) the IRS has notified me that I am no longer subject to backup withholding; and

3. I am a U.S. citizen or other U.S. person (defined below); and

4. The FATCA code(s) entered on this form (if any) indicating that I am exempt from FATCA reporting is correct.

Certification instructions. You must cross out item 2 above if you have been notified by the IRS that you are currently subject to backup withholding because you have failed to report all interest and dividends on your tax return. For real estate transactions, item 2 does not apply. For mortgage interest paid, acquisition or abandonment of secured property, cancellation of debt, contributions to an individual retirement arrangement (IRA), and generally, payments other than interest and dividends, you are not required to sign the certification, but you must provide your correct TIN. See the instructions for Part II, later.

Sign Here

Signature of U.S. person

Date

General Instructions

Section references are to the Internal Revenue Code unless otherwise noted.

Future developments.

Purpose of Form

Form 1099-DIV (dividends, including those from stocks or mutual funds)

Form 1099-MISC (various types of income, prizes, awards, or gross proceeds)

Form 1099-B (stock or mutual fund sales and certain other transactions by brokers)

Form 1099-S (proceeds from real estate transactions)

Form 1099-K (merchant card and third party network transactions)

Form 1098 (home mortgage interest), 1098-E (student loan interest), 1098-T (tuition)

Form 1099-C (canceled debt)

Form 1099-A (acquisition or abandonment of secured property)

Use Form W-9 only if you are a U.S. person (including a resident alien), to provide your correct TIN.

If you do not return Form W-9 to the requester with a TIN, you might be subject to backup withholding. See What is backup withholding, later.

Cat. No. 10231X

Form W-9 (Rev. 10-2018)



## 2019 Sac and Fox Nation Powwow Highlights



Serving as masters of ceremonies for the 56th Annual Sac and Fox Nation Powwow, shown from left, are R.G. Harris and Chris White.



Named as Sac and Fox Nation Senior Man and Senior Woman of the Year were tribal elders Walter Nullake and Lela Walker.



Women's Sauk/Meskaki Traditional Winners: (R to L): Ursula Hill; 2. Lyndee McClellan; 3. Janae Grass; 4 Linda Standing.



Sac and Fox Nation Honor Guard Commander Sonny Masquat, left, leads the Traditional Night Grand Entry.



Men's Sauk/Meskaki Traditional winners (L to r): 1. Matt Littlecreek; 2. Marty Thurman; 3. Adrian Pushetonequa; 4. Tomi Calderon.



Marty Thurman is pictured during the traditional pipe dance.



Members of all ages from tribal nations across the state and country took part in the 56th Annual Sac and Fox Nation Powwow.



Tiny Tots took part in Traditional Night and other festivities during the Powwow.

*All Photos by Mike Brown*



# 2019 Sac and Fox Nation Powwow Highlights



A Grand Entry salute by Galen Springer of the Ioway Tribe of Oklahoma.



The Kiowa Warrior Women took part in the Saturday night Grand Entry during the 56th Annual Sac and Fox Nation Powwow held July 11-14 at Jim Thorpe Memorial Park.



Head Singer Gene Logan and the Center Drums and Singers are pictured during Traditional Night festivities.



Pictured are Tiny Tot Girls Division winners from the McClellan Family Special held Saturday night.



Women's Fancy Shawl dancers take part in Grand Entry.



Women's Cloth Dancers take part in Grand Entry.



Pictured are Tiny Tot Boys Division winners from the McClellan Family Special held Saturday night.



Men's Fancy Dance contestants are pictured during Sunday night competition.

All Photos by Mike Brown





Junior Girls Cloth/Buckskin Winners: (L to R) 1. Mash-ta Littlecook; 2. Breanna Butler; 3. Akiyah Gaddis; 4. Cydney Daylight.



Junior Girls Fancy Shaw/Jingle Winners: 1. Taina Wilson; 2. Cayla Maga; 3. Marcella Hudson; 4. Ramysee Kiley.

**2019  
Sac and Fox  
Nation  
Powwow  
Dance Contest  
Winners**



Teen Girls Cloth Winners: 1. Nizhoni Childs; 2. Taliah Switch; 3. Nadine Perkins; 4. Katlyn Begs His Own.



Teen Girls Fancy Shawl/Jingle Winners: (L to R): 1. Ember Primeaux; 2. Isabell George; 3. Victoria Eckiwady; 4. Cedar Littlecook.



Teen Girls Buckskin Winners: 1. Montana Free Blaine; 2. Simone Topah; 3. Julie Rivas; 4. Ann Marie Cometsevah.



Junior Boys Straight/Traditional Winners: 1. Jacob Bigsoldier Lopez III; 2. Hilo Johnson; 3. Keignen Yellowfish; 4. Skylor Daylight.



Junior Boys Fancy/Grass Winners: 1. Identification not available; 2. Jude Yarholar; 3. Xavier White; 4. Chris Larney.



Teen Boys Straight Winners: 1. Gentry Kiley; 2. Clayton Hall; 3. Goodwarrior Deer; 4. Chance Sanders.



Teen Boys Traditional/Grass Winners: 1. Phillip Tsonetokoy; 2. Grant Deer; 3. Nolan Shawnee; 4. T.J. Tanyan.



Teen Boys Fancy Winners: 1. Akhyka Pewo; 2. Ascension Harjo; 3. Landon Primeaux; 4. Ellison Poncho.



Women's Golden Age Winners: 1. Jill Primeaux; 2. Melanie Motah; 3. Lois Wildcat; 4. Joyce Miller.



Women's Cloth Winners: 1. Rosie Motah; 2. Hauli Sioux Gray; 3. Bethany Dupoint; 4. Lyndee McClellan.



Women's Buckskin Winners (R to L): 1. Catherine Howell (Not Pictured); 2. Holly Eaglespeaker; 3. Stephanie Swallow; 4. Jaida Whitecloud.



Women's Jingle Winners: 1. Shema Lincoln; 2. Janae Grass; 3. Erin Casoose; 4. Cordelia Falls Down.



# More 2019 Sac and Fox Nation Powwow Dance Contest Winners



Women's Fancy Shawl Winners: 1. Courtney Reeder; 2. Reagan Hill; 3. Heaven Pahsetopah (Not Pictured); 4. Julianne Butler.



Men's Straight Winners: 1. Michael Plumley; 2. Mason Bighorse; 3. Anthony Kemble; 4. James Yellowfish.



Men's Traditional Winners: 1. Tyler Ziggy Williams; 2. Aaron Hedgepeth; 3. Ho-Kee-Ma Harlan; 4. Josiah Tsotoke.



Men's Grass Winners: 1. Kyle Sine; 2. Wolf Leitka; 3. Jarod Liston; 4. Ray Smith.



Men's Golden Age Winners: 1. Henry Hunter; 2. Terry Tsotigh; 3. Randy Moore; 4. Randy Frazier.



Men's Fancy Winners: 1. Sly Isaac; 2. Graycloud Lieb; 3. Wyatt Patty; 4. Cecil Gray.

## 2019 Sac and Fox Nation Powwow Highlights



Williamson Family members are pictured with winners of the Richard Williamson Memorial Men's Traditional Contest: Winner shown at left is Derrick Shawnee and Consolation winners Gilbert Brown and Tomi Calderon.



Mason Williamson, right, who served as chairman of the 56th Annual Sac and Fox Nation Powwow Committee, is pictured Sunday night being recognized by the Sac and Fox Honor Guard.



Pictured are the Wolf Robe Singers who took third place honors in powwow competition.



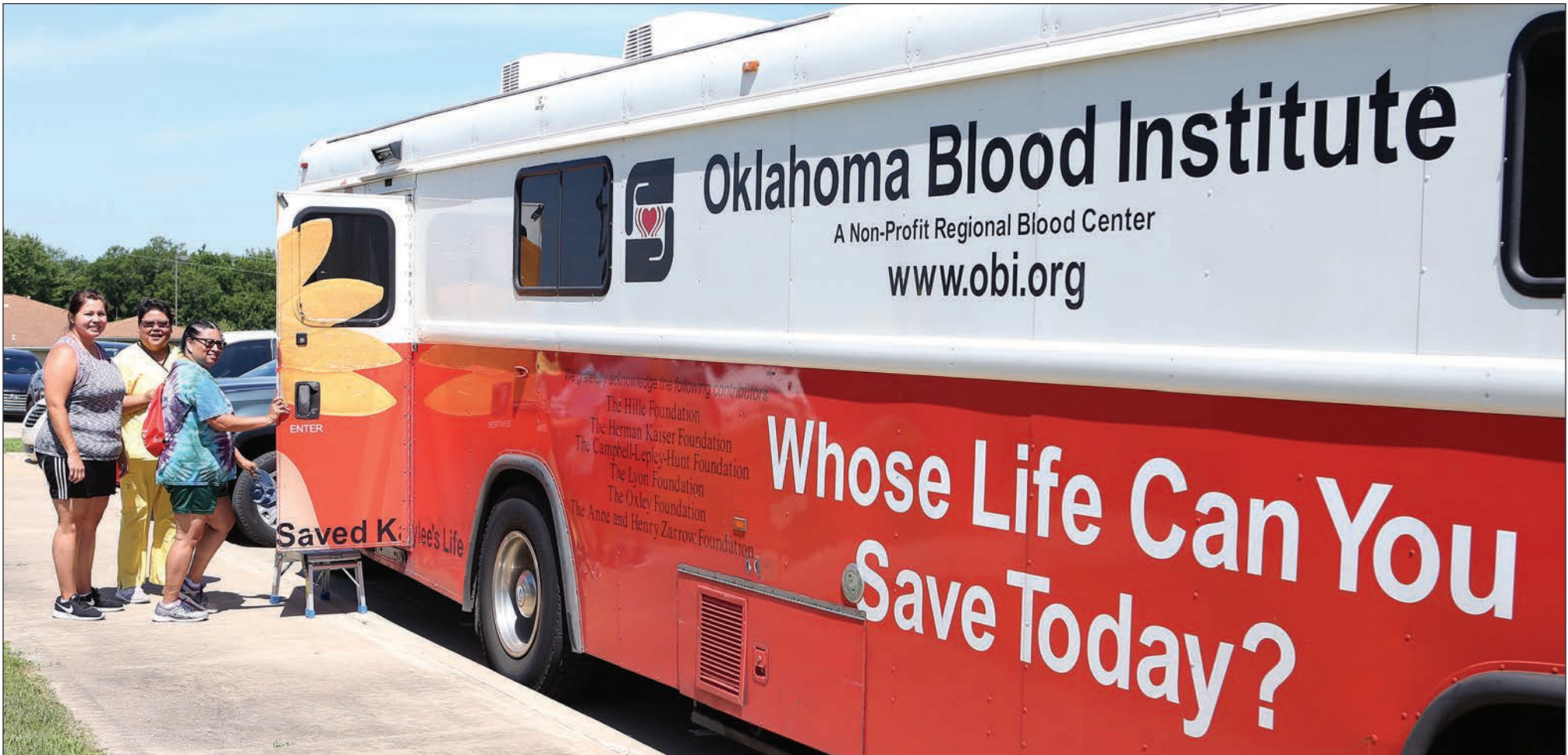
Steve Tillman, right, a U. S. Army Vietnam War veteran, was recognized Sunday night by the Sac and Fox Nation Honor Guard for assisting the unit with American Flag presentations during the powwow.



All Photos by Mike Brown



2019 Sac and Fox Nation’s Black Hawk Health Center Health Fair Highlights



The Oklahoma Blood Institute mobile unit was once again on site offering convenience for donors attending the annual Sac and Fox Nation Health Fair held July 11 at the Sac and Fox Nation Gymnasium. (All Photos by Mike Brown)



Tiana Paige, Leah Carver, Donna Liddle, Mary Brown and other Sac and Fox Nation employee volunteers are pictured distributing 'goody bags' to everyone attending the Health Fair.



Black Hawk Health Center representatives DeAnna Densman are pictured while greeting attendees at the Black Hawk booth during the Health Fair.



Sherri Ripley, of Prague, is pictured operating the Lincoln County Health Dept. information booth at the Health Fair.



Humana representatives distributed health-related information at the fair.



University of Oklahoma College of Medicine representatives are pictured visiting with attendees at the Health Fair.



United Healthcare was among dozens of health industry companies represented at the health fair.



## Wildlife Commission Approves Changes For Black Bear Hunting, Gar Reporting

The Oklahoma Wildlife Conservation Commission approved changes affecting harvest reporting of alligator gar and black bear hunting during its regular June 10 meeting at the Oklahoma Department of Wildlife Conservation headquarters in Oklahoma City.

The emergency rules affecting anglers who harvest alligator gar are designed to clarify the existing requirement to report the harvest. The new wording specifies that an angler who harvests an alligator gar must report the harvest within 24 hours to the Wildlife Department using methods described in the annual Fishing Regulations guide.

Barry Bolton, Chief of Fisheries for the Wildlife Department, said the reporting requirement was not well defined in Title 800, the administrative rules that govern hunting, fishing and Department operations. “Current rules do not define the method of timeline required for reporting the harvest of alligator gar,” Bolton said. “Accurate and timely reporting is necessary for enforcement of regulations and population assessments.”

In Oklahoma, alligator gar are found in Lake Texoma and downstream in the Red River. It is a species of special concern for the Department. Oklahoma is the westernmost part of the species’ known range that includes the lower Mississippi River system, where these primitive Cretaceous carry-overs are the apex predator. The current Oklahoma record alligator gar was more than 8 feet long and weighed 254 pounds.

Commissioners also authorized expanding the open zone for black bear hunting from four counties to include

all or part of 12 counties in southeastern Oklahoma. This fall, black bear hunting will be allowed south of Interstate 40 and east of U.S. 69. The quota will again be 20 bears for muzzle loader season (Oct. 26-Nov. 3), and no quota for archery season (Oct. 1-20).

Also during Monday’s meeting, Commission Chairman John Groendyke and Director J.D. Strong recognized the assistance and cooperation shown by the many conservation partner groups that regularly work with the Wildlife Department to help fulfill its conservation mission. Representatives of partner organizations including Quail Forever, National Wild Turkey Federation, Ducks Unlimited and Oklahoma Prescribed Burn Association were invited to attend the meeting and a special recognition lunch afterward.

In other business, Commissioners:

- Adopted hunting and usage regulations for the new Sans Bois Wildlife Management Area so the area can be open for public use this fall. This 7,602-acre WMA is in southeastern Haskell County;

- Approved a proposed budget of \$70.15 million for fiscal year 2020, which is down 7.8 percent from last year’s budget;

- Heard Director Strong’s regular report on various division activities in the Department, along with summaries of relevant federal and state legislative matters. Strong reported that a successful benefit concert in May featuring Blake Shelton and Luke Bryan had raised more than \$144,000 for the new Oklahoma Wildlife Conservation Foundation.

## Tips Offered for Controlling Squash Bugs

by Trisha Gedn  
Oklahoma State University  
Ag ich tu al Commui cations Services

Gardeners know as the weather improves and the temperature goes up, they’re that much closer to fresh fruits and vegetables on the table. A couple of summertime favorites are squash and cucumbers.

Something that, unfortunately, can squelch the excitement is when the squash bugs arrive. You certainly didn’t invite them, but they often move in and wreak havoc in the garden, said David Hillock, Oklahoma State University Co-operative Extension consumer horticulturist.

“Squash bug is the most serious pest of squash and pumpkins in the United States and seems to be particularly troublesome in southern regions where it produces multiple generations per year,” Hillock said. “Their feeding behavior causes plants to wilt, yellow and often die back, as they transmit viral infections from plant to plant. Squash bugs are by far the insect we receive the most questions about. And, unfortunately, it is one of the most difficult to control.”

Squash bugs feed on summer squash, winter squash, pumpkins, melons and cucumber, all of which are cucurbit varieties. However, some cultivars are more susceptible than others to squash bug feeding and damage. So, what is a gardener’s first line of defense?

Hillock said gardeners should select varieties that are pest resistant. For example, yellow straightneck and yellow crookneck summer squash are highly susceptible to squash bug damage. Instead, try substituting zucchini for the yellow squash, as it has demonstrated higher tolerance to squash bugs in numerous studies.

“However, there is one zucchini cultivar called Cocoselle that has shown considerable susceptibility to squash bugs and should be avoided. Experiment with different cultivars of squash listed as resistant to determine which works best in your garden,” he said.

While cucumbers also are a favorite of squash bugs, cucumber beetles tend to be an even greater problem. Again, many cultivars are resistant or tolerant of cucumber beetle damage. Cucumber beetles are stimulated to feed by the chemical cucurbitacin, which is the chemical that gives some cultivars a bitter taste and causes gas in some people. Varieties listed as burpless or non-bitter contain little to none of the chemical compound and, therefore, are less attractive to cucumber beetles.

Selecting resistant cultivars is just one line of defense against squash bugs and cucumber beetles. However, these garden pests often require gardeners to implement multiple management strategies. Covering planted rows with floating row covers excludes both squash bugs and cucumber beetles from the plants, which in turn prevents these pests from laying

eggs. The row covers must be tightly secured to the ground to exclude pests; bags of sand tend to be gentler on row covers than rocks, bricks or boards.

“Cucumbers and squash are insect pollinated crops, so we must remove the row covers once plants begin flowering. At that time, hand picking insects and smashing egg masses provides additional control,” Hillock said. “Another option is placing wooden boards near the plants. This provides a place where the squash bugs will congregate overnight. In the morning, you can lift the boards and easily remove the insects. Taking an extra precautionary step or two to thwart pests can help ensure a fruitful garden.”

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Only \$3.00



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Public Library

## ATTENTION TRIBAL MEMBERS

Committee/Boards/Commissions

Openings



### INDIAN EDUCATION COMMITTEE-JOM

TO PROMOTE THE WELFARE OF INDIAN CHILDREN AND YOUTH IN HOME, SCHOOL, COMMUNITY AND TRIBE; RAISE THE STANDARDS OF SCHOOL ACHIEVEMENT OF INDIAN CHILDREN; AND BRING INTO CLOSER RELATIONSHIP THE HOME AND THE SCHOOL SO THAT PARENTS AND TEACHERS MAY COOPERATE INTELLIGENTLY IN THE EDUCATION OF INDIAN CHILDREN AND YOUTH. (SHALL BE COMPOSED OF THREE (3) PARENTS OR LEGAL GUARDIANS OF ELIGIBLE JOM STUDENTS)

### RODEO COMMITTEE

PLANS, COORDINATES, SCHEDULES, MONITORS AND EXECUTES ACTIVITIES ASSOCIATED WITH THE NATION’S RODEO.

### SAUK BUSINESS ENTERPRISE BOARD (Submission of Resume Required)

PURPOSE IS TO PROVIDE SOURCES OF REVENUE, REMEDY THE UNDEREMPLOYMENT RATE OF TRIBAL MEMBERS, ATTRACT DIVERSIFIED BUSINESS ENTERPRISES AND EXPAND THE NATION’S LAND BASE AND ECONOMIC DEVELOPMENT POTENTIAL.

Secretary, Jacklyn K. King  
Business Committee  
Sac and Fox Nation  
920963 S Hwy 99  
Stroud, OK 74079  
[secretary@sacandfoxnation-nsn.gov](mailto:secretary@sacandfoxnation-nsn.gov)

## NOTIFICATION OF CANDIDATES

SAC AND FOX NATION  
2019 GENERAL ELECTION  
August 31, 2019

FILED

DATE 06-14-2019

SECRETARY  
SAC & FOX NATION

VOTING BEGINS: 9:00 a.m. to 6:00 p.m.

Jacklyn K. King

|                |         |                                                                             |
|----------------|---------|-----------------------------------------------------------------------------|
| POLLING SITES: | SHAWNEE | Shawnee Multi-Purpose Center<br>215 N. Harrison<br>Shawnee, OK 74801        |
|                | STROUD  | Sac and Fox Nation Cultural Center<br>920907 S. Hwy. 99<br>Stroud, OK 74079 |
|                | CUSHING | First Indian Baptist Church<br>1034 E. Walnut<br>Cushing, OK 74023          |

| SECOND CHIEF                  |                          |
|-------------------------------|--------------------------|
| Don W. Abney                  | Angela Gasper            |
| COMMITTEE MEMBER              |                          |
| Channa L. Tiger               | Robert E. Williamson     |
| GRIEVANCE COMMITTEE POSITIONS |                          |
| Krishna Bear – Unopposed      | Dee Manatowa – Unopposed |

Georgia F. Nullake, Chairman  
Sac and Fox Nation Election Board

6/13/2019  
Date



Sac and Fox Nation Education Dept.'s Johnson O'Malley 'Fun Day' Highlights



Sac and Fox Nation Principal Chief Justin Freeland Wood welcomes children to the annual Johnson O'Malley (JOM) 'Fun Day' program coordinated June 12 in the Sac and Fox Nation Community Building by Sac and Fox Education Specialist Jean Lynam. (All Photos by Mike Brown)



'LIL MIKE & FUNNYBONE', Native American rappers and brothers from Oklahoma City who made their world debut with a performance on America's Got Talent, were featured entertainment at the 'Fun Day.' The brothers, though they may look alike, are not twins. It has been said, "What they lack in height they make-up for in talent."



The three puppeteers from Merle Boyd Wellness Center entertained young attendees at the 'Fun Day' with a skit featuring an eagle, rabbit and coyote. Those puppeteers from left are: Josh Nooner, Leah Carver and Anthony Ramirez.



Older attendees at the 'Fun Day' enjoyed 'archery tag' conducted in the Jim Thorpe Memorial Park Pavilion.

Business Committee Meeting Minutes

Please be advised that the following are official actions taken by the Business Committee in a Special Business Committee meeting held on July 9, 2019. These actions are to be followed up by the appropriate departments.

- 1) **Resolution SF-19-184** a resolution naming Lela Walker as Sac and Fox Nation Senior Woman of the Year for 2019-2020. Audrey R. Lee-motion. Jared A. King-2<sup>nd</sup>. VOTE: Justin-Yes, Audrey-Yes, Jacklyn-Yes, Jared-Yes, Robert-Absent. Motion carried.
- 2) **Resolution SF-19-185** a resolution naming Walter Nullake as Sac and Fox Nation Senior Man of the Year for 2019-2020. Jacklyn K. King-motion. Audrey R. Lee-2<sup>nd</sup>. VOTE: Audrey-Yes, Jacklyn-Yes, Jared-Yes, Robert-Absent, Justin-Yes. Motion carried.
- 3) **Resolution SF-19-186** a resolution authorizing Justin F. Wood, Principal Chief, Audrey R. Lee, Second Chief, Jacklyn K. King, Secretary, Jared A. King, Treasurer, Robert E. Williamson, Committee Member to have signature authority on the Sac and Fox Nation accounts. Audrey R. Lee-motion. Jared A. King-2<sup>nd</sup>. VOTE: Justin-Yes, Audrey-Yes, Jacklyn-Absent, Jared-Yes, Robert-Absent. Motion carried.



Children are pictured enjoying a team bean-bag relay conducted in the Community Building by Anthony Ramirez.



TAI CHI  
MOVING FOR BETTER BALANCE

Through simple, graceful movements that are easy to learn, Tai Chi builds physical stamina, improves one's balance, muscular strength, postural control, self-confidence, memory, and reduces the likelihood of falling.

The eight Tai Chi Quan forms taught are adapted from 24 simplified forms of Tai Chi. According to CDC, Tai Chi Quan, if practiced regularly is proven to reduce the risk of falls by 55%.

Tai Chi Quan is FREE and 8-10 week beginning classes are offered several times a year.

**Beginning August 5, 2019 classes will be held at the Shawnee Multi-Purpose Building. The classes will be Monday's at 5:30 PM**

Each week we will learn a new pose that will increase in difficulty and endurance.

**Please consult your doctor and receive an exercise referral .**



Making 'Slime' was a popular activity for youngsters attending the 'Fun Day' event. The activity was coordinated by volunteer Raquel Lemaster-Tilghman, of Stroud, pictured at right.



# Sjögren’s Syndrome Risk is High for American Indians

New findings from the Oklahoma Medical Research Foundation have revealed important information about Sjögren’s syndrome risk in American Indian and African American populations.

In Sjögren’s, immune cells attack moisture-producing glands, leading to painful dryness and decreased ability to produce tears or saliva. Common symptoms include severe dry eyes and dry mouth, as well as fatigue, arthritis and memory problems.

Sjögren’s is best understood in white populations, but researchers continue to look for more clues in understanding this difficult-to-diagnose disease in under-represented groups. OMRF scientists Astrid Rasmussen, M.D., Ph.D., and Hal Scofield, M.D., led a study to identify the risk of the disease and race-specific signs and symptoms in American Indian and African American patients.

Rasmussen said the study revealed two important findings. First, American Indians had higher rates of disease but less obvious symptoms, making it harder to diagnose.

The second was that African Americans are significantly less likely to develop Sjögren’s, but those who do will be at higher risk than their white counterparts for developing lymphoma, a cancer of the immune cells, as a result of the disease.

“Both of these revelations were surprising and potentially very important in preventative medicine,” said Rasmussen. “Knowing what to look for in American Indians could help with earlier diagnosis before the disease worsens. In African Americans, doctors will now know to be on the lookout for lymphoma so it can be diagnosed quickly.”

She added that the type of lymphoma associated with Sjögren’s responds very well to treatment if detected in a timely manner, “and this could be a very valuable contribution that saves lives by simply knowing what to look for.”

The study group consisted of 610 patients with 426 identified as white, 164 American Indians and 20 African Americans. Surprisingly, American Indians made up a quarter of the Sjögren’s patients in the study, far exceeding their percentage of the overall population, which is nearly 12 percent in Oklahoma. Meanwhile, African Americans represented only 3 percent of the patient group despite comprising more than 7 percent of the overall population.

“These findings are important because they will allow doctors to be more diligent in investigating patients who don’t fit the usual picture of the disease,” said Scofield. “This can lead to faster diagnosis and earlier detection of potentially serious complications. These findings can help people achieve better health outcomes immediately.”

## Correction

A news story in the July 2019 edition of the Sac and Fox News states that newly-elected Principal Chief Justin Freeland Wood “was the first, and still is, the only Sac and Fox Nation tribal member elected to public office anywhere in the United States.”

It has been brought to our attention that Sac and Fox Nation tribal member Barbara McIlvaine Smith has served multiple terms of office as State Representative for District 156 in Pennsylvania. She began her second term of office on January 6, 2008, as reported in the January 2009 edition of the Sac and Fox News. Current news editor Mike Brown apologizes for the error.

Business Committee Meeting Minutes are now accessible on the Website [sacandfoxnation-nsn.gov](http://sacandfoxnation-nsn.gov) and Facebook



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Sac and Fox National Public Library



## 2019 Sac and Fox Nation Needs Assessment

The Sac and Fox Nation Business Committee invites all adult (18 years or older) enrolled Sac and Fox Tribal Members to complete the 2019 Needs Assessment.

### Who should take the survey?

All enrolled Sac and Fox Tribal Members who are 18 years old or older should take the survey. If you are not enrolled with the Sac and Fox Nation, please do not participate in the survey.

We ask that you only submit one survey; multiple responses from one person will skew the data.

### Is there an age requirement?

Yes. You must be an adult (18 years old or older) to participate. We believe input from the Youth is very valuable, but this survey is structured for adults. Thank you for your understanding.

### How do I take the survey?

In an effort to streamline and modernize the process, the survey is online. A link to the survey is on the homepage of the Nation’s website: [sacandfoxnation-nsn.gov](http://sacandfoxnation-nsn.gov). Simply click the link to take the survey. You do not need to provide an email address, create an account, or register anywhere to take the survey.

We hope the online format will make it more convenient for Tribal Members to take the survey. Further, the online format will allow all Tribal Members to participate, regardless of where they live.

### What if I don’t have a computer or smart phone?

If you do not have access to a computer, tablet, or smart phone to take the survey, you can visit the Sac and Fox Library during normal office hours and take the survey on one of the Library’s computers. Library staff will be able to assist you.

Sac and Fox Nation Library  
920883 S. Highway 99  
Stroud, OK 74079  
(918) 968-3526

| LIBRARY HOURS |                       |
|---------------|-----------------------|
| Monday        | 8:30 a.m. – 6:00 p.m. |
| Tuesday       | 8:30 a.m. - 5:00 p.m. |
| Wednesday     | 8:30 a.m. – 7:00 p.m. |
| Thursday      | 8:30 a.m. - 5:00 p.m. |
| Friday        | 8:30 a.m. – 5:00 p.m. |
| Saturday      | 9:00 a.m. – 1:00 p.m. |

### Are hard copies available?

Yes, hard copies are available. If you are unable to make it to the Sac and Fox Library and do not have access to the internet at home, we will mail you a hard copy of the survey. Please contact

the Business Committee office at (918) 968-3526 ext. 1001 to request a hard copy of the survey be mailed to you.

We will also include hard copies in all meal deliveries.

Please return all hard copies to the Business Committee Office by **August 16, 2019**. The mailing address is: 920929 S. Hwy 99, Stroud, OK 74079.

If you need other accommodations, please contact the Business Committee office.

### Is the survey anonymous?

Yes, all survey responses are anonymous. You do not need to register or provide any identifying information.

### Do I have to complete the entire survey?

No, you do not have to complete the entire survey for your responses to be counted. While we encourage you to complete the entire survey (the more input, the better!), the survey has been designed so you have control over which questions you respond to.

### When does the survey period close?

The survey link will close on **August 16, 2019**. All hard copies must be mailed by this date as well.

### What if I think you left out something important?

There is a spot for you to share anything you want with us; the last question on the survey provides you with the opportunity to share your thoughts and suggestions. Obviously, we can’t cover every concern/topic in a general survey like this, but we encourage you to share information/suggestions at the end of the survey.

### What will the data be used for?

The data will be used by the Business Committee for planning purposes. The data will be available at the Governing Council meeting in August.

Thank you for your cooperation and participation. Your input is valued.



# FBI’s National Sex Offender Registry Now Available to Tribes

The U.S. Department of Justice announced on July 11, a new tool giving tribal governments the ability to directly input data and gain access to the FBI’s National Sex Offender Registry (NSOR) using the Tribe and Territory Sex Offender Registry System (TTSORS). The system connection will be available to all tribal governments already participating in the Tribal Access Program (TAP), which allows information sharing between tribal and federal government criminal information systems.

TTSORS is a no-cost registry system provided by the Justice Department’s Office of Sex Offender Sentencing, Monitoring, Apprehending, Registering, and Tracking (SMART). The Department’s Office of the Chief Information Officer (OCIO) developed the connections which allows tribes to seamlessly submit new and updated sex offender information directly from TTSORS to NSOR.

“The Department of Justice is dedicated to addressing the public safety crisis in American Indian and Alaska Native communities, including the high rates of sexual violence against women and children,” said Attorney General William P. Barr. “Providing a direct connection to the FBI National Sex Offender Registry gives tribal law enforcement the information they need to investigate and prevent these heinous offenses.”

American Indian and Alaska Native people suffer persistently high rates of victimization, including from sexual assault. According to a 2016 study funded by the National Institute of Justice, more than four in five American Indian and Alaska Native adults have experienced some form of violence in their lifetime, and more than half of all American Indian and Alaska Native women have experienced violence from an intimate partner. In June, the department extended a deadline for tribes to apply for up to \$167 million in federal funds through August 16, 2019, to support crime vic-

tims throughout Indian country. “The direct connection between the National Sex Offender Registry and Tribe and Territory Sex Offender Registry System provides increased resources for identifying, tracking, and sharing information about persons convicted of committing these crimes,” said Gwen-dena L. Gatewood, Chairwoman of the White Mountain Apache Tribe of the Fort Apache Indian Reservation. “It will also allow for further improvements in providing a safer community for all involved to integrate tribal law, custom, tradition and practices in a comprehensive fashion consistent with holding offenders accountable.”

“Standing Rock has always had a priority of ensuring public safety,” said Mike Faith, Chairman of the Standing Rock Sioux Tribe. “Technological advances to our systems ensure that our SORNA staff are able to input offender information and get back in the field while ensuring compliance is maintained.”

The Sex Offender Registration and Notification Act, Title I of the Adam Walsh Child Protection and Safety Act of 2006, requires that, when an offender initially registers or updates his or her information in a jurisdiction, that the state, tribe, territory or District of Columbia must submit immediately the information to NSOR as well as other jurisdictions where the offender has to register. TTSORS is a fully functioning registry system that complies with SORNA requirements. TTSORS was created to assist the Indian tribes that have elected to implement SORNA.

Since 2015, the SMART Office, OCIO, the FBI, the Office of Tribal Justice, Community Oriented Policing Services and the Office for Victims of Crime, have worked together to develop the Tribal Access Program to provide tribes direct access to national crime information systems for both criminal and non-criminal justice purposes. This includes the ability to directly enter NSOR data and enhance the capacity to collect and submit fingerprints and palm prints to the FBI. TAP has been instrumental in assisting tribes with ongoing implementation of SORNA. In fiscal year 2019, the department expanded TAP to 25 more tribes, for a total of 72 participating tribes.

## Okla. History Center Opens ‘Wanted: Dead or Alive’ Exhibit

by Steve Hawkins  
Oklahoma History Center

On Monday, July 22, the Oklahoma History Center opened its newest exhibit, “Wanted: Dead or Alive.” This photography exhibit is comprised of images of some of Oklahoma’s most infamous criminals and will be displayed in the Vose Atrium Gallery during the History Center’s regular hours of operation, Monday through Saturday from 10 a.m. to 5 p.m., until February 29, 2020.

Images utilized in the exhibit have been drawn from the Federal Bureau of Investigation, the University of Oklahoma Western History Collections, the National Archives, the vast photographic archives of the Oklahoma Historical Society and private lenders. The 38 black-and-white images on display consist of mugshots, crime scene locations and group shots with criminals and law enforcement officers. They span more than 70 years, starting before statehood in 1907 and reaching into the late 1950s.

While there may be a few familiar names, such as the Doolin and Dalton Gangs and Ma Barker, the exhibit showcases stories that might not be as well known. Visitors will learn about whiskey towns, the Tulsa Central Park Gang, Spencer State Bank, Wanda Bartram, Ralph Roe and many more.

Many of the people featured were born and raised in Oklahoma or moved here and began their lives of crime. Sometimes the stories are as much about the location as the individual. Although many of the tales feature truly despicable characters, others tell of people who temporarily went astray. Some of the accounts include strange twists and turns, and there is even an unsolved mystery.

The Oklahoma History Center is located at 800 Nazih Zuhdi Drive in Oklahoma City. For more information, please call 405-522-0765.

## Business Committee Meeting Minutes

(Continued From Page 10)

- 23) Audrey R. Lee motion to approve the Juvenile Detention Service renewal Agreement for 23 Oklahoma counties, those being: Cherokee #2013-05-05f; Choctaw #2013-05-06f; Craig #2013-04-11f; Delaware #2013-07-10e; Greer #2013-04-17f; Harmon #2013-05-08f; Harper #2013-04-18f; Haskell #2013-06-07e; Jackson #2013-04-20f; Jefferson #2013-05-09f; Johnston #2013-04-21f; Kay #2013-04-22f; Kingfisher #2013-05-10f; Mayes #2013-04-19f; McCurtain #2013-06-09f; McIntosh #2013-05-13f; Muskogee #2013-04-27f; Okfuskee #2013-05-17f; Osage #2013-04-29f; Pontotoc #2013-10-01f; Pushmataha #2013-05-19f; Seminole #2013-07-11f; Wagoner #2013-04-34f. Robert E. Williamson-2<sup>nd</sup>. VOTE: Justin-Yes, Audrey-Yes, Jacklyn-Yes, Jared-Yes, Robert-Yes. Motion carried.
- 24) **Resolution SF-19-177** a resolution appointing Andy Selfridge as Chief of the Tribal Police Department for the Sac and Fox Nation. Audrey R. Lee-motion. Robert E. Williamson-2<sup>nd</sup>. VOTE: Audrey-Yes, Jacklyn-Yes, Jared-Yes, Robert-yes, Justin-Yes. Motion carried.
- 25) **Resolution SF-19-178** a resolution nominating Jacklyn K. King of the Sac and Fox Nation Business Committee to serve on the Indian Health Service Tribal Self-Governance Advisory Committee as the alternate representative for Oklahoma Area 1. Audrey R. Lee-motion. Robert E. Williamson-2<sup>nd</sup>. VOTE: Jacklyn-Yes, Jared-Yes, Robert-Yes, Justin-Yes, Audrey-Yes. Motion carried.
- 26) **Resolution SF-19-179** a resolution nominating Jacklyn K. King of the Sac and Fox Nation Business Committee to serve on the Department of the Interior Indian Affairs Self-Governance Advisory Committee as the alternate representative for the Southern Plains Region. Audrey R. Lee-motion. Robert E. Williamson-2<sup>nd</sup>. VOTE: Jared-Yes, Robert-Yes, Justin-Yes, Audrey-Yes, Jacklyn-Yes. Motion carried.
- 27) **Resolution SF-19-180** a resolution appointing Justin F. Wood Principal Chief of the Sac and Fox Nation Business Committee to serve as primary representative and Jacklyn K. King to serve as alternate representative on the Self-Governance Communication and Education Tribal Consortium Board of Directors. Audrey R. Lee-motion. Robert E. Williamson-2<sup>nd</sup>. VOTE: Robert-Yes, Justin-Yes, Audrey-Yes, Jacklyn-Yes, Jared-Yes. Motion carried.
- 28) Audrey R. Lee motion to approve the amended construction cost for J and J Dozer Service, Inc., contract #2019-02-01 in the amount of thirty seven thousand six hundred ninety dollars (\$37,690.00). The funding source is identified as the fiscal year 2019 Tribal Transportation Program G2G budget. Audrey R. Lee-motion. Jacklyn K. King-2<sup>nd</sup>. VOTE: Justin-No, Audrey-Yes, Jacklyn-Yes, Jared-Yes, Robert-Yes. Motion carried.
- 29) **Resolution SF-19-181** a resolution authorizing and approving the Agreement between the Sac and Fox Nation and Joe Goddard Enterprises, LLC for the installation of a mass notification warning system. The funding source is identified as the fiscal year 2019 G2G Transportation budget. Audrey R. Lee-motion. Jared A. King-2<sup>nd</sup>. VOTE: Audrey-Yes, Jacklyn-Yes, Jared-Yes, Robert-Yes, Justin-Yes. Motion carried.
- 30) **Resolution SF-19-182** a resolution approving, authorizing, adopting, submitting, and directing the Bureau of Indian Affairs to accept and include the updated Sac and Fox Nation Tribal Transportation program routes 0490, 9002 through 9047 into the Sac and Fox Nation’s long range Transportation Plan as identified at 25 CFR Part 170.409 through 25 CFR Part 170.414. Audrey R. Lee-motion. Jared A. King-2<sup>nd</sup>. VOTE: Jacklyn-Yes, Jared-Yes, Robert-Yes, Justin-Yes, Audrey-Yes. Motion carried.
- 31) **Resolution SF-19-183** a resolution appointing Jared A. King of the Sac and Fox Nation Business Committee to serve as representative to the Board of Directors of the Central Tribes of the Shawnee Area (CTSA). Jacklyn K. King-motion. Audrey R. Lee-2<sup>nd</sup>. VOTE: Jared-Abstain, Robert-Yes, Justin-Yes, Audrey-Yes, Jacklyn-Yes. Motion carried.

Business Committee Meeting Minutes  
are now accessible on the Website and Facebook  
[sacandfoxnation-nsn.gov](http://sacandfoxnation-nsn.gov)

### Legal Notice

IN THE DISTRICT COURT FOR THE SAC & FOX NATION  
356159 E. 926 RD., STROUD, OKLAHOMA 74079

THE SAC AND FOX NATION  
v.  
TWO BROS INVESTMENT, INC.

Case No. CIV-19-042019 JUL 23 A 10: 09

THE SAC AND FOX NATION  
v.  
TWO ROW ENTERPRISES, INC.

Case No. CIV-19-05

THE SAC AND FOX NATION  
v.  
NIBLETT’S FEDERAL CORPORATION

Case No. CIV-19-07

THE SAC AND FOX NATION  
v.  
CHEROKEE CROSSING ENTERPRISES INC.

Case No. CIV-19-09

THE SAC AND FOX NATION  
v.  
MEKESIWA, LTD.

Case No. CIV-19-10

### AMENDED NOTICE OF PENDING INVOLUNTARY DISSOLUTION

THE SAC AND FOX NATION, to:

TWO BROS INVESTMENT, INC.  
JERRY MONTOUR  
TWO ROW ENTERPRISES, INC.  
WINDELL R KING SR.  
NIBLETT’S FEDERAL CORPORATION  
CHEROKEE CROSSING ENTERPRISES INC.  
ALBERT T. NIBLETT  
MEKESIWA, LTD.  
ELIZABETH MAYS

**YOU ARE HEREBY NOTIFIED** that the Sac and Fox Nation has filed a **PETITION FOR INVOLUNTARY DISSOLUTION** pursuant to Title 8, § 613 of the Sac and Fox Nation Code in the above-named cases.

**YOU ARE HEREBY SUMMONED AND NOTIFIED** that if you have any interest in one of these matters that you may oppose the petition by filing a response or by appearing at a hearing to be held at the Sac and Fox Nation District Court, 256159 E. 926 Rd., Stroud, OK 74079, **ON SEPTEMBER 19, 2019 AT 9:30 AM**. If no answer or opposition is made, an order of dissolution may be rendered accordingly.

IN WITNESS WHEREOF, I have hereunto set my hand and official seal on July 23, 2019.

(SEAL)

By: Amy Godwin  
Sac and Fox Nation Clerk/Deputy

Business Committee Meeting  
Minutes are now  
accessible on the Website  
[sacandfoxnation-nsn.gov](http://sacandfoxnation-nsn.gov)  
and Facebook



Sac and Fox Nation 2019 Election Dates to Remember

Sac and Fox Nation  
2019 Election Dates to Remember  
(Approved: December 3, 2018)

FILED  
DATE 12-5-2018  
SECRETARY  
SAC & FOX NATION  
*Joseph K. King*

Section 201. Election Days  
(c) Any such Primary Election shall be held at least thirty (30) days prior to the regular General Election.  
**Primary Election: Saturday, June 1, 2019**

Section 201. Election Days  
(a) Regular General Elections of members of the Business Committee and Grievance Committee shall be held on the last Saturday in August of each election year. All other required Tribal elections shall be held upon call of the Business Committee.  
**General Election: Saturday, August 31, 2019**

Section 208. Poll Watchers  
Each candidate may designate in writing one person, not a candidate, to watch the activities at the polls. Such designation shall be presented to Election Board Officials prior to the election. Such persons may not interfere in any way with the conduct of the election, but may observe only. Any poll watcher interfering with the election or attempting to electioneer, in any way, shall be rejected from the poll area by a Sergeant of Arms or law enforcement officer.

**PRIMARY ELECTION:**  
Notification of Poll Watchers for the Primary Election must be in writing and received by mail eight (8) days prior to the election, per Election Board Rules.  
**DEADLINE: Friday, May 24, 2019 by 4:30 p.m. (No emails or faxes will be accepted)**

**GENERAL ELECTION:**  
Notification of Poll Watchers for the General Election must be in writing and received by mail eight (8) days prior to the election, per Election Board Rules.  
**DEADLINE: Friday, August 23, 2019 by 4:30 p.m. (No emails or faxes will be accepted)**

All notifications must be sent to the Sac and Fox Nation Election Board, 920883 S. Hwy 99, Bldg. A, Stroud, OK 74079

Section 302. Voting List  
(a) It shall be the duty of the Tribal Secretary to compile from the Tribal membership rolls a list of all persons who will be eligible voters on the date scheduled for the Primary Election and General Election and to present sufficient certified copies of this list as requested to the Election Board no later than sixty (60) days prior to the Primary Election and no later than sixty (60) days prior to the General Election. The said copies are to be returned to the Tribal Secretary.  
(b) One copy of the voting list shall be maintained in the Tribal Office and be open to public inspection during Regular business hours no later than sixty (60) days prior to the election.

**PRIMARY ELECTION:**  
**Open to the public: Tuesday, April 2, 2019**

**GENERAL ELECTION:**  
**Open to the public: Tuesday, July 2, 2019**

Section 303. Challenges to Voting Lists  
(a) At any time more than twenty (20) days before the Primary Election and General Election, any person may challenge the voting eligibility of any person whose name appears on said list, or may apply to have their name added to said list by filing an application with the Election Board. The application shall clearly indicate the substance of the challenge, the specific names challenged, and the relief requested.

**PRIMARY ELECTION:**  
**Deadline for Challenges: Friday, May 10, 2019 by 4:30 p.m.**

**GENERAL ELECTION:**  
**Deadline for Challenges: Friday, August 9, 2019 by 4:30 p.m.**

Section 402. Filing for Office  
To be eligible for election and have one's name placed upon the ballot Notice of Candidacy for an elective office must be filed with: The Tribal Secretary after depositing the candidate's non-refundable filing fee of two hundred dollars (\$200.00) (cashier's check only) with the Tribal Treasurer during regular business hours at the Tribal Office complex not later than sixty-five (65) calendar days prior to the date of the Primary Election and General Election. The Tribal Secretary shall notify the Chairman of the Election Board of all candidates who have filed for office.

**OPENING DATE TO FILE FOR OFFICE:**  
**Wednesday, January 2, 2019**

**PRIMARY ELECTION:**  
**Closing date to file for Office: Thursday, March 28, 2019 by 4:30 p.m.**

If No Primary Election is held, Closing Date for General Election: Thursday, June 27, 2019 by 4:30 p.m.

Section 403. Petition for Office  
A petition of ten (10) or more members of Council may submit a written notice with required filing fees of two-hundred (\$200.00) non-refundable (cashier's check only), no later than sixty-five (65) calendar days prior to the date of the Primary Election and/or General Election stating the name of the candidate, age, birth date, and proof of actual residence and domicile.

**PRIMARY ELECTION:**  
**Deadline to Petition for Office: Thursday, March 28, 2019 by 4:30 p.m.**

If No Primary Election is held, Closing Date for General Election: Thursday, June 27, 2019 by 4:30 p.m.

Section 406. Withdrawals  
Any candidate for office may withdraw by filing a written notice of withdrawal with the Election Board at any time within ten (10) days after the closing date of filing for office. Such notice shall contain the candidates name, the office filed for, a statement of withdrawal and shall be notarized or sworn to before a person authorized to administer oaths. (Required filing fee non-refundable)

**PRIMARY ELECTION:**  
**Deadline to withdraw: Monday, April 8, 2019 by 4:30 p.m.**

**GENERAL ELECTION:**  
**Deadline to withdraw: Friday, July 5, 2019 by 4:30 p.m.**

Section 408. Contest of Candidate Eligibility  
Any candidate or eligible voter may challenge a candidate's legal qualifications to run for office by filing a written petition with the Election Board within three (3) business days of the closing of the filing period. Each petition shall state with particularity the reasons the candidate is not eligible to file for office. There is a one-hundred dollars (\$100.00) non-refundable cashier's check contest fee.

**PRIMARY ELECTION:**  
**Deadline to contest Candidate Eligibility: Tuesday, April 2, 2019 by 4:30 p.m.**

**GENERAL ELECTION:**  
**If no Primary Election, deadline to contest Candidate Eligibility: Tuesday, July 2, 2019 by 4:30 p.m.**

Section 602. Application for Absentee Ballot  
Qualified voters wishing to cast vote by absentee ballots shall notify the Election Board not sooner than ninety (90) days and not later than thirty (30) days prior to the election. Such notices must be in writing and must include the correct mailing address of the person making the request. Only one ballot per written request.

**PRIMARY ELECTION:**  
**Requests will be accepted from Friday, March 1, 2019 and cannot accept requests after Thursday, May 2, 2019 by 4:30 p.m.**

**GENERAL ELECTION:**  
**Requests will be accepted from Thursday, May 2, 2019 and cannot accept requests after Thursday, August 1, 2019 by 4:30 p.m.**

Section 706. The Tally  
The Election Board shall unlock the ballot box(es), shall remove the ballots one by one, and as each one is removed, the clerks shall read off the names of the candidates marked thereupon. At least two election officials shall view each ballot, and each counter shall keep a separate tally of the votes cast. Each candidate may select a watcher of their choice, not a candidate, to observe and keep a separate record of the tally of the ballots, and who shall not interfere with the tally process. After the tally is complete, all ballots, absentee ballots, voter registers, and ballot boxes shall be transported to the Sac and Fox Nation Tribal Court House.

**PRIMARY ELECTION:**  
Notification of Tally Watchers for the Primary Election must be in writing and received by mail eight (8) days prior to the election, per Election Board Rules. **DEADLINE: Friday, May 24, 2019 by 4:30 p.m.**

**GENERAL ELECTION:**  
Notification of Tally Watchers for the General Election must be in writing and received by mail eight (8) days prior to the election, per Election Board Rules. **DEADLINE: Friday, August 23, 2019 by 4:30 p.m.**

All notifications must be sent to the Sac and Fox Nation Election Board, 920883 S. Hwy 99, Bldg. A, Stroud, OK 74079

Section 710. Certification of Election  
The election shall be certified by the Election Board immediately after the ten (10) day period for filing an election contest expires, provided, that if an election contest petition is filed within the time period allowed, then no Certificate of Election shall be issued until after such election contest is finally decided.

**PRIMARY ELECTION:**  
**If the tally is completed on Saturday, June 1, 2019**  
**CERTIFICATION is on Tuesday, June 11, 2019**

**If the tally is completed on Sunday, June 2, 2019**  
**CERTIFICATION is on Wednesday, June 12, 2019**

**GENERAL ELECTION:**  
**If the tally is completed on Saturday, August 31, 2019**  
**CERTIFICATION is on Tuesday, September 10, 2019**

**If the tally is completed on Sunday, September 1, 2019**  
**CERTIFICATION is on Wednesday, September 11, 2019**

Section 802. Contest Petition  
A candidate or qualified voter contesting a Tribal Election shall, within ten (10) days after completion of the tally of the election and declaration of the results, shall deposit a two hundred dollar (\$200.00) non-refundable cashier's check contest filing fee with the Tribal Treasurer, file with the Election Board a statement in writing setting forth their particular grounds for the contest. The statement shall be verified by affidavit of the contestor (s) that they believe the matters and things therein contained are true. After the statement is filed the Election Board shall set a time for a hearing of the contest, no later than ten (10) days after the date on which the statement of contest was filed. Written notice of such hearing shall be mailed or delivered to each candidate for the office contested. Any party to the election protest and the Election Board shall have the right to view the election ballots and records in the presence of the Court Clerk in the clerk's office. Any party to the protest or a Tribal member shall be entitled to receive a photocopy of said documents certified as true and correct copies by the Court Clerk upon payment to said clerk of the normal and customary charges.

Said certified copies shall be received as evidence by the Election Board in like manner as an original. Alternatively the Election Board, upon request of a party or on its own motion, may convene a hearing for any protested election at the Tribal Courthouse for the purpose of review of said election materials. After hearing the proofs and allegations of the contestants, the Election Board shall make their findings and shall have authority to pronounce their judgment either setting aside, or confirming the election.

**PRIMARY ELECTION:**  
**If the tally is completed on Saturday, June 1, 2019**  
**THE CONTEST PETITION DEADLINE DATE: Tuesday, June 11, 2019 by 4:30 p.m.**

**If the tally is completed on Sunday, June 2, 2019**  
**THE CONTEST PETITION DEADLINE DATE: Wednesday, June 12, 2019 by 4:30 p.m.**

**GENERAL ELECTION:**  
**If the tally is completed on Saturday, August 31, 2019**  
**THE CONTEST PETITION DEADLINE DATE: Tuesday, September 10, 2019 by 4:30 p.m.**

**If the tally is completed on Sunday, September 1, 2019**  
**THE CONTEST PETITION DEADLINE DATE: Wednesday, September 11, 2019 by 4:30 p.m.**

Section 805. Request for Recount  
Since the Election Ordinance provides for automatic recount of ballots, any request for recount of ballots must list the reasons therefore in writing and be submitted to the Election Board Chairman, or the Chairman's designated representative within five (5) days after the election. Such request must be accompanied by a non-refundable cashier's check of two-hundred dollars (\$200.00) made payable to the Sac and Fox Nation. Said check

shall be forwarded to the Tribal Secretary-Treasurer to be credited against the cost of the recount. The Election Board shall meet and decide within ten (10) days of receipt of the notice whether or not the reasons listed in the request are sufficient to cause a recount of ballots.

**PRIMARY ELECTION:**  
**The deadline date to request a recount: Thursday, June 6, 2019 by 4:30 p.m.**

**GENERAL ELECTION:**  
**The deadline date to request a recount: Thursday, September 5, 2019 by 4:30 p.m.**

You're getting a new Medicare card!  
Cards will be mailed between April 2018 – April 2019

You asked, and we listened. You're getting a new Medicare card! Between April 2018 and April 2019, we'll be removing Social Security numbers from Medicare cards and mailing each person a new card. This will help keep your information more secure and help protect your identity. You'll get a new Medicare Number that's unique to you, and it will only be used for your Medicare coverage. The new card won't change your coverage or benefits. You'll get more information from Medicare when your new card is mailed.  
Here's how you can get ready:  
■ Make sure your mailing address is up to date. If your address needs to be corrected, contact Social Security at ssa.gov/myaccount or 1-800-772-1213. TTY users can call 1-800-325-0778.  
■ Beware of anyone who contacts you about your new Medicare card. We'll never ask you to give us personal or private information to get your new Medicare Number and card.  
■ Understand that mailing everyone a new card will take some time. Your card might arrive at a different time than your friend's or neighbor's.



TAI CHI  
MOVING FOR BETTER BALANCE

Through simple, graceful movements that are easy to learn, Tai Chi builds physical stamina, improves one's balance, muscular strength, postural control, self-confidence, memory, and reduces the likelihood of falling.  
The eight Tai Chi Quan forms taught are adapted from 24 simplified forms of Tai Chi. According to CDC, Tai Chi Quan, if practiced regularly is proven to reduce the risk of falls by 55%.  
Tai Chi Quan is FREE and 8-10 week beginning classes are offered several times a year.  
**Beginning August 6, 2019 classes will be held at the Sac and Fox Nation Gymnasium. The classes will be Tuesday's at 11:10 AM**  
Each week we will learn a new pose that will increase in difficulty and endurance.  
**Please consult your doctor and receive an exercise referral .**

To sign up please contact Anthony Ramirez, Anthony.Ramirez@IHS.GOV or 918-968-9531 EXT 3039