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OSU Students Hear About Tribal History, Culture and Customs

by Mike Brown

As special guests of tribal elder and former tribal official Mary McCormick, a group of students from Oklahoma State University and their course professor paid a visit to the Sac and Fox Nation capitol on April 24. The visit followed Mrs. McCormick's April 3 presentation to the class on the Stillwater campus titled, 'How Are We Sustaining Our Indian Culture?'

The course, led by Dr. Rachel Jackson, is offered as both an American Studies course titled, 'Introduction of Digital Humanities,' and an English Special Topics course title, 'Stories, Resistance, and Native American Communities.'

Dr. Jackson is a member of the Cherokee Nation of Oklahoma. She holds a PhD . in Composition, Rhetoric and Literacy, and is an OSU College of Arts and Science Diversity Post-Doctoral Fellow. She heads the Rhetoric and Writing Studies Program in the OSU Dept.of English.

Dr. Jackson is also a Ford Foundation Fellow and Newberry Fellow, Newberry Consortium in American Indian Studies. In 2017 she received the James Berlin Memorial Outstanding Dissertation Award, and the Richard Ohmann Award for Outstanding Article.

"The students have spent the semester learning about local tribal histories, as well as, studying and practicing culturally appropriate research methods developed by Native American scholars for working with Indigenous peoples and communities," said Dr.J ackson.

"As part of their course re-

Visit Sac and Fox Capitol as Guests of Mary F. McCormick

qi rements, the students interviewed three tribal elders, including Mary McCormick. The interviews were video recorded and then transcribed to help students identify important themes emerging from them. The inter-

view recordings and transcriptions will be given to the tribal elders for their own use and, to share with their families and communities," she added.

Dr. Jackson's goal is to help students understand the critical

importance of sustaining tribal knowledges in Oklahoma. She designed the course so students could see how stories and storytelling work in Native American communities and, in particular, the central role they play in sustaining tribal cultures.

"The students enjoyed spending time with Mrs. McCormick at the Sac and Fox tribal head-qa rters after learning so much from her about Sac and Fox history and culture, including the contributions Mrs. McCormick

(Continued on Page 3)



Pictured from left in the Sac and Fox Nation Cultural Center are: Sac and Fox Native American Graves Protection and Repatriation Act (NAGPRA) Director Anthony DuBoise, OSU English major Molly Ross, Sac and Fox elder and former tribal official Mary McCormick, OSU English major Ethan Scott, OSU English and College of Arts and Sciences Diversity Post-Doctoral Fellow Rachel Jackson, OSU History major Tyler Morrison, OSU graduate research assistant to

Dr. Jackson and English doctoral student Jeaneen Canfield, OSU English masters student Courtney Whited, OSU History major Zach Ramey, Sac and Fox Sauk Language Coordinator Connie Cobb, OSU History major Claire Ringer, Sauk Language Dept. Director Katie Thompson and, Sac and Fox National Public Library Historical Researcher/Archivist Catherine Walker. (Photo by Mike Brown)

Officer Nathan B. Graves Honored at Law Enforcement Officers' Memorial Service

U. S. Assistant Secretary of Indian Affairs Tara Sweeney on May 2 honored all Indian Country law enforcement officers in her address at the 28th Annual Indian Country Law Enforcement Officer's Memorial service. The event was held on the Federal Law Enforcement Training Center campus in Artesia, NM.

The Indian Country Law Enforcement Officer's Memorial Service honors tribal, state, local and federal law enforcement officers who have given their

lives in the line of duty while serving on federal Indian lands and in tribal communities. It is also the occasion when the names of officers to be added to the Indian Country Law Enforcement Officer's Memorial monument at the academy are formally announced.

The names of three officers were added at this year's ceremony bringing the total number listed on the memorial to 119:

• Sac & Fox Nation Police Department Officer Nathan B. Graves who, on January 24, 2017 was killed when his patrol car was struck head-on by an oncoming vehicle that was attempting to pass another car.

• Omaha Nation Law Enforcement Services Police Sergeant Uga'shon Curtis W. Blackbird who, on March 26 2017 was killed in a vehicle crash that occurred when he was responding to a call and, while driving along a closed section of Nebraska Highway 94 in a period of dense fog, his patrol car

struck a construction crane.
• Salt River Police Depart-

ment Officer Clayton Joel Townsend who, on January 8, 2019, was struck and killed while approaching a vehicle on a traffic stop. The subject driver who struck him admitted to texting and driving at the time of the crash.

"Public safety is a dutiful calling. Officers and their families become a part of the fabric of a community, and when an officer's life is lost, it is felt by so many," Sweeney said. "Although no amount of words

(Continued on Page 2)



Officer Nathan B. Graves

Chief Rhoads Featured in 'Oklahoma Magazine' as 'A Leader of The People'

by Mike Brown

Sac and Fox Nation Principal Chief Kay Rhoads is among eight women featured in the April 25, 2019 edition of 'Oklahoma Magazine'. The feature article, by Tara Malone, is titled, 'Women and Power'.

'Oklahoma Magazine' is the state's largest circulated monthly publication with the highest readership. A digital version is also available. In the feature article, Malone states, "Women are shaping Oklahoma's future. We highlight a handful of the thousands of female leaders vying for change and fighting to make the state - and the world a better place to live and work. From a philanthropic doctor and a nationally recognized banker to a tribal chief and a civil-rights lawyer, these women are the state's brave pioneers."

The article features Chief Rhoads as "A Leader of The People," and states, "Kay Rhoads has a laser focus on the 3,000-member tribe's business assets in casinos and smoke shops, its access to health care and education. She builds upon the tribe's strengths, emphasizes job creation and continues diversification of the tribe's economic base." The article also notes that Chief Rhoads in 2018 was inducted into the Oklahoma Commission on the Status of Women 'Oklahoma Women's Hall of Fame.

Other women featured in the magazine article include: Susan Chambers, who is co-founder of Lakeside Women's Hospital in Oklahoma City; Veronica Laizure, who serves as civil rights director of the Oklahoma Chapter of the Council on America - Islamic Relations; and, Jill Castilla, president and chief executive officer of Citizens Bank of Edmond and, chair of Citizens Bancshares.

(Continued on Page 3)

Asst. Secretary of Indian Affairs Sweeney Appoints LaCounte to BIA Director's Post

US. Assistant Secretary of Indian Affairs Tara Mac Lean Sweeney on April 29 announced that she has appointed Darryl LaCounte to the position of director of the Bureau of Indian Affairs (BIA) in the US. Department of the Interior. LaCounte, a member of the Turtle Mountain Band of Chippewa Indians in North Dakota, has served as acting director since 2018. His appointment is effective April 28, 2019.

"Ensuring that key leadership positions are filled is important for Indian Affairs' success and the Department's relationship with Indian Country," Sweeney said. "Mr. LaCounte has done a superior job over this past year as the acting director of the Bureau of Indian Affairs. He is clearly committed to the trust

responsibility and the further development of our vital workforce, which is the foundation for our ability to deliver services to the tribes"

to the tribes." "When I was asked to step in to be the BIA's acting director, I felt a strong responsibility to the people behind the work - the Indian Affairs employees, the tribes, and the Indian and Alaska Native people we serve," La-Counte said. "In accepting this appointment as BIA director, I want to thank Assistant Secretary Sweeney for her confidence and support. Because I believe in our mission, I am committed to improving the way we accomplish it and to upholding the federal trust responsibility now and for future generations."

LaCounte began his federal career in 1988 at the Bureau's

Wind River Agency in Fort Washakie, Wyo, as an oil and gas specialist in the real estate services branch of the Office of Trust Services.

Since 2015, he had been regional director of the Bureau's Rocky Mountain Regional Office in Billings, Mont., which serves eight federally recognized tribes in Montana and Wyoming.

He went on to serve as the acting deputy bureau director for Trust Services at the BIA's headqa rters in Washington, DC, beginning in February 2018.

He was named the acting BIA director in April 2018. La-Counte received a Bachelor of Arts degree from Eastern Montana College (now Montana State University) in 1986

Upcoming Events

June 1 Sac and Fox Nation Primary Election Polls Open 9 a.m.-6 p.m. June 1
Family Fishing
Day at
Veterans Lake
10 a.m.

June 15
Sac and Fox Tribal
Princess Pageant,
Community Bldg.
11 a.m.

July 11-14
Sac and Fox Nation
Powwow at
Jim Thorpe
Memorial Park

Sac and Fox News

The Sac & Fox News is the monthly publication of the Sac & Fox Nation, located on SH 99, six miles south of Stroud, OK.

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Editorial statements, guest columns, and letters to the editor published in this newspaper contain the opinions of the writers. These opinions do not necessarily reflect the opinions of the Sac and Fox News staff or any elected official or department of tribal government or administration.

The Sac and Fox News reserves the right to refuse publication of letters to the editor. All editorials and letters to the editor become the property of the Sac and Fox News.

Submissions for publication must be signed by the author and include an address and contact phone number. They are limited to 300 words. The staff will not edit editorials or letters to the editor to fit the 300-word limit.

Deadline for the July issue is: Thursday, June 20, 2019 at 4:30 p.m.

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Address corrections & changes are accepted by The Business Committee at the address listed below.

Managing Editor Mike Brown

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> **Business Committee Mailing Address: Sac and Fox Nation Administration Building** 920963 S Hwy 99 Bldg A Stroud, OK 74079 Visit us on the webb @ sacandfoxnation.com click news

Obituaries

Alden Ray Franklin Jr. was born in Anchorage, Alaska on January 8, 1958 and departed this life in Midwest City, Oklahoma on April 19, 2019 at the age

Alden was the son of Alden Ray Sr. and Patricia (Slinker) Franklin. He was a resident of Shawnee, Okla. He worked for Seminole Casino as a slot tech, and was an Artist. He was preceded in death by his father, Alden Ray Sr.

Survivors include, three sons: Erik Kane of Shawnee, Cody Kane of Fernandina, Beach, Fla. and, Charles Kane of Shawnee; one daughter, Raven Kane of Hollywood, Fla; one brother, Michael Franceschini of Ft. Lauderdale, Fla; four sisters, Aldean Franklin of El Reno, OK, Lisa Wildcat of Fla, Christina Franceschini of Ft. Lauderdale, Fla. and, Karen Franceschini of Ft. Lauderdale, Fla;

Alden Ray Franklin Jr.

mother, Patricia Franceschini of Ft. Lauderdale, Fla; and, Stacey Kane of Shawnee, Okla, ot her relatives and friends. Wake service was held at the Sac & Fox Chapel in Stroud on Wednesday, April 24, 2019. Burial followed on Thursday,

Brothers Funeral Service in Stroud.



Alden Ray Franklin Jr.

Officer Nathan **Graves**

(Continued From Page 1)

from a compassionate nation can replace them, we are thankful for their years of dedicated service to the tribal communities they protected every day. As the names of these three dedicated officers are etched into the memorial, may their bravery and courage be everlastingly etched into our memories and hearts."

The event is held annually on the first Thursday in May. BIA-OJS conducts the memorial service in conjunction with the International Association of Chiefs of Police Indian Country Law Enforcement Section and other law enforcement organizations and agencies including the National Sheriffs' Association and the US. Department of Homeland Security Federal Law Enforcement Training Centers in Artesia. FLETC is home to the memorial, service and academy.

The formal ceremony consists of full law enforcement honors with flag presentation, 21-gun salute, honor guard, traditional drum song and prayer, officer roll call, and family recognition. Each year, invited dignitaries provide keynote remarks at the ceremony.

The Indian Country Law Enforcement Officer's Memorial was first dedicated on May 7, 1992, at the Indian Police Academy, then located in Marana, Ariz. The academy and memorial were later moved to their present site where the latter was re-dedicated on May 61993.

The memorial design is based upon indigenous design concepts. Comprised of three granite markers sited within a circular walkway lined with sage, a plant of spiritual significance to many tribes, the memorial includes four planters filled with foliage in colors representing people of all nations. The planters represent the four directions and are located near the walkway's entrance.

The earliest inscribed name dates back to 1852. In addition to those from Bureau of Indian Affairs and tribal law enforcement, officers listed represent numerous law enforcement agencies including US. Border Patrol, Alaska State Police, New Mexico State Police, Arizona Department of Public Safety, Navajo County Sheriff's Office, U.S. Customs Bureau, and the Federal Bureau of Investigation. The list includes one female officer from the Navajo Nation Department of Public Safety who was killed in 1998; a father and son, both BIA officers, who died in 1998 and 2001, respectively; and two FBI agents killed on the Pine Ridge Indian Reservation in 193.

Business Committee Meeting Minutes are now accessible on the Website sacandfoxnation-nsn.gov and Facebook



Sac and Fox Nation Sac and Fox Casino Sac and Fox Language Program Sac and Fox Dept. of Human Services Sac and Fox National Public Library

Karen Sue Ellis-Juneau

Karen Sue Ellis-Juneau passed from this life on Saturday, May 11, 2019 at her home in Cushing, Okla. Karen was born on August 22, 1942 in Shawnee Okla. to Leo Ellis and Lorena (McClellan) Ellis. She grew up in Cushing, Shawnee, and Pawnee areas. She attended Happy Valley School and Cushing High School, where she graduated in 196.

After high school, she earned an LPN. nursing license in Shawnee, Okla. Karen worked at Cushing Regional Hospital, Walmart, Iowa Tribe as LPN . / CHR . director for 24 years, Valley Hope as LPN. for 9 years, and as the Sac and Fox CH R . elder's coordinator. Karen helped name the Black Hawk Health Center. During those times, she was named Iowa Tribe LPN / CHR of the year, Oklahoma Federation Indian Woman (OFIW), American Woman of the year, Sac and Fox Mother of The Year, and Sr. Woman of the Year.

Karen was an Elder of the Sac and Fox Nation and the oldest in her clan "Snow Clan", and her Indian name is Ko-Wa-Ha. She married Royce Juneau on August 22, 198. Karen enjoyed being with her grandkids, cooking, sewing, and listening to the Indian program on 160 K USH.

She is survived by her son Makataakwit of Cushing, Okla; her daughters, Cheryl Tiger, Stacy Juneau of Cushing, Okla, Tracy Juneau and Patrick Daugherty of Perkins, Okla., and, Leo Martinez of Cushing; sisters, Sharon Franklin of Cushing and Carol Littlehead and husband Cecil of Cushing; brothers, Marvin Thurman, George Thurman, and Marilyn Thurman, all of Shawnee, OK;

Also, grandchildren Caleb Tiger of Pawnee, Elyana Pulido and Wenceslao "Royce" Pulido of Cushing, Alvin Moran And Calvin Morgan of Drumright,

Armando Mullins of Healdton, Shane Pennock of Shawnee, Casey Pennock of Shawnee, Nikki Pennock of Shawnee and, Jenni Pennock of Shawnee; great-grandchildren Iziah Ainsley Martinez, Chacotetenna Miles Martinez, Lionel Anderson Martinez and Leo Littlecreek Martinez Jr. of Fargo, North Dakota; great-grandchildren, Ezyin Neytail, Camlye Mateo, Ponetello Karymine Larney, Adonhnys Rainen Larney, Dominic Idrhys Larney Jr, and Xzavia Zhane Pennock.

Karen was preceded in death by her husband Royce Juneau; mother, Lorena McClellan Franklin; father, Leo Ellis; daughter, LaDawna Pennock and great grandchild Zarayas Sherri Ray Pennock.

Arrangements were entrusted to the care of Palmer-Marler Funeral Home. Cushing, Okla. A wake was held at the First Indian Baptist Church on Monday, May 13, 2019. Services were held at Tuesday, May 14, 2019 at First Indian Baptist Church in Cushing, Okla. Interment followed at Sac and Fox Tribal Cemetery near Stroud, Okla.



Karen Sue Ellis-Juneau

Deborah Lou Smith

Happy June Birthday Elders!

Oresa June Wilson Frederick Allen Trammell Hilda Quintana Phyllis Marie Williams Charles William Wallace Becky Marie Martinez Cheryl Denise Wallace David D. Hocker Phyllis Ruth Ramseyer Roseanna Frances Preston William Lloyd Grass Charlotte Estelle Lane Shirley Jean Garrison Ramona Ann Hilligoss Gary Wayne Hodgens Kimberly Kay Kahbeah Ramona Marie Johnson Jacqueline Allene Holly Alphues Christjohn Wilson Yvonne Allison Heminokeky Connie Paulette Rhodd Viola Kay Allen Paul Ray Hodgens Raymond L. Pennock Rodney Keith Delaware

Christine McDonald Ronald Wayne Ahgoom David Roy Patten Brenda June Hutchens Stewart Matthew Brown Deborah Diane Wachter Francis J. Garcia Lamont L. Long Richard Leroy Pawling Larry Ernest Eldredge

Sharon Kay Noah

Linda Sue Ellis Sharron McAllister Francene Wolfe John Wallace Nelson Bobbe Ann Tipton Pearl Darlene Lovelady Roy Dale Longshore Clyde Saulsberry Vincent Lee Bruno Ronald Arthur Cummins Basil R. Yarbrough Dennis Alan Keo Mary E. Eldredge Billie Grass David Jon Mascorro Vickie Alice Brown Michael S. Trammell Tina Marie Mendieta Peter T. Miles Carole Ann Franklin Murna Lee Lack Linus Roubidoux Mary Sue Britt Sherri Leigh Tate Elizabeth June Wolftongue **Emmett Francis Brown** Peggy Melody Springer Howard James Murie Ronald Charles Goodeagle Larry James Ward Ronald Lee Galloway Constance Irene Whitlow Diane Elizabeth Coombs Lori Ann Penner

Dept. of Wildlife Asks Oklahomans to Report Sightings of American Bumble Bee

Backyard gardens and flowerbeds are buzzing with bees this spring and the Oklahoma Department of Wildlife Conservation is asking Oklahomans to share sightings of a specific bee, the American bumble bee, on iNaturalist. The free online crowd-sourcing platform allows nature enthusiasts to connect with biologists as well as a larger community of naturalists.

"Sharing a photo along with the date and location of your sighting helps us better understand the status of this important pollinator," said Matt Fullerton, Wildlife Department biologist. "And iNaturalist makes it really easy to add photos and observation details on their website and app (available for Apple and Android devices) – it takes only a few clicks to add an observation from your phone."

American bumble bees play an important role in nature as part of the pollinator community. These bees, along with other native pollinators, help pollinate many plants, which in turn ensure important food sources used by many other wild-life species are available the next year. Queen American bumble bees emerge from their hibernation burrows in early to mid spring and begin creating an underground colony of worker bees. New queens and male bees are produced in autumn, and all but mated queens die be-

Chief Rhoads Featured in Magazine

(Continued From Page 1)

Also, Tina Peña, associate professor at Tulsa Community College and, host of 'Temas en Tulsa'; Leigh Goodson, president and chief executive officer of Tulsa Community College; Christine Berney, vice president of Community Relations for Oklahoma City Thunder and, executive director of Thunder Cares Foundation; and, Kimberly Johnson, chief executive officer at Tulsa City-County Library.

33rd Red Earth Festival Set for June 7-10 in OKC

A grand parade unlike any other in the world will celebrate the opening of the 33rd Red Earth Festival. The streets of downtown Oklahoma City will vibrate in Native American tribal spirit during the Red Earth Parade as hundreds of participants in authentic tribal regalia participate in what has been referred to as America's most unique parade. Gary Batton, Chief of the Choctaw Nation, will serve as grand marshal and will lead over 100 entries scheduled to participate.

The Red Earth Parade has a new date and a new route. The parade will start at 10 am on Saturday, June 8 and travel a new route south from NW 6th Street on Walker Ave. to Sheridan Ave. Spectators are encouraged to arrive early for good seats to witness what has been referred to as "America's Most Unique Parade," as it celebrates Red Earth Festival Art Market and PowWow at the Cox Convention Center.

In previous years, the Red Earth Parade has featured more than 100 colorful entries while thousands lined the streets to experience the colorful event. The parade is free to the public and free for participants.

Participants may include but are not limited to Tribal leaders and princesses, color guards, dancers, musical groups, marching bands, school groups, drum groups, mounted entries and community organizations.

Admission to the 33rd Annual Red Earth Festival, scheduled June 7-10 is \$15 for adults. All children 18 and under are admitted free. Red Earth is an Allied Arts member agency and is funded in part by the Chickasaw Nation, Choctaw Nation, Oklahoma Arts Council, and the National Endowment for the Arts..



By Using Free 'iNaturalist' Online Platform

fore winter.

"Bumble bees are pretty familiar insects for most Oklahomans – we have at least 10 species in our state and they're all generally large bees with a black and yellow body, and hairy abdomens," Fullerton said. "But what makes American bumble bees identifiable is the pattern of the black and yellow bands."

American bumble bees have three black and two yellow bands. The first yellow band is just behind the eyes on the thorax or body of the bee, with the second band located in the middle of the



The American Bumble Bee

OSU Group Visits

(Continued From Page 1)

herself has made.

"After visiting the Sac and Fox Nation Cultural Center and the Sac and Fox National Public Library, where the students were warmly welcomed and educated by staff, our visit ended with a tour of the pow-wow grounds, where Mrs. McCormick told the story of bringing water to the grounds. Several of the students eagerly recorded her comments, and Claire Ringer, a History major at OSU, volunteered to transcribe the information. It was a meaningful way to end the day,"

abdomen. Because identification hinges on this pattern, photos should be included with sighting information. Photos are most beneficial when they show the entire back of an individual bee.

"iNaturalist has several built-in features to help with identification. When you upload an observation and photo by

phone, it automatically generates suggestions based on visually similar species or species that have been reported in the area. Fellow iNaturalists can also view your observations and suggest identifications," Fullerton said. "If you're unsure the bee you saw was an American bumble bee, you can simply record it as a 'bumble bee' and lean on the iNaturalist community to help narrow the identification."



Library and Cultural Center Open House

Sac and Fox National Public Library staff members Hannah Jackson and Amanda Moreland are shown from left with one of the displays prepared for visitors to enjoy during annual open house hosted April 23 by the library, Sauk Language Dept. and Sac and Fox Nation Cultural Center. See more highlights from the open house on Page 5. (Photo by Mike Brown)



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EDUCATION NEWS FOR JUNE

By Barbara Ramos, Education Director Sac and Fox Nation

Wishing all students a happy and safe summer vacation! Quotes are my source of inspiration when I feel stuck or need encouragement and, this month I found this qot e that spoke to me: "If you want something said, ask a man; if you want something done, ask a woman." - Margaret Thatcher.

I would like to share some more information about the Johnson-O'Malley (JOM) Conference which was written by Candice E. Skenandore as it provides more information about JOM.

On December 31, 2018, the President signed the Johnson O'Malley Supplemental Indian Education Program Modernization Act (JOM). The JOM program provides critical educational resources for Native American students across the Nation through after school programs, school supplies and languages services.

The reauthorized JOM reqi res:

- The Interior Department to annually update the student count;
- BIE to report to Congress;
- Revise funding allocations; and,
- BIE must define "eligible student." Previously a student was eligible if he/ she was a member of a federally recognized tribe or had ¼ ndian blood.

Key Implementation Dates:

- Preliminary Report is due within 180 days (June 30, 2019) - BIE has started working on the new student count;
- A 60-day comment period should be published on the Federal Register around June 30th and will end around August
- The Final Report is due 120 days after the comment period;
- Rule-making is to be completed in one (1) year (rewrite of rule and regulations) STUDENT COUNT

As previously reported, the student count has been frozen since 1996 and the funding per students has decreased from \$25 per student down to \$2 per student. JOM will now use blood qa ntum for its student count so it will increase the count from 28,000 t o more than 12 m illion.

COUNT DATA RECONCILIATION

Based on census information, tribal enrollment and the report by the Department of Education number may be different and it will be necessary to reconcile the numbers count to get a more realistic count. Numbers will be the number for the next two (2) years, tribes will need to provide an accurate count.

COMMENT PERIOD

A work group which is being developed will focus on issues and policies. Previously the practice was for the BIE to decide and then have tribes comment on the decision.

CONTRACTING REQUIREMENT

Tribes must file an annual report or they will not receive funding for the upcoming year. There is no appeal process included within the JOM but a technical assistance will be in place to help develop the annual report.

FUNDING/ALLOCATIONS

- JOM made no changes to the formula; • In 1986 they determined eligibility by whether the student was a member of a federally recognized tribe and they used Census Data which only used a single source and it did not account for multi-tribal students;
- Need to find a way to reflect complete funding, ie . transportation for disabled students;
- Tribes need to make sure they receive new money for new students. Last year's students may not be counted;
- The bulk of funding for new students was put in to a Tribal Priority Allocation (TPA) line items;
- Tribes should identify schools that could be a part of the JOM, BIE schools are precluded;
- There is a hold-harmless clause in the JOM, if your student count number is less than it was in 1996 (student count was frozen), funding will be frozen for four (4) years which means you will lose funding for four (4) years. If you do not submit an annual report you will be in violation of law and will lose funding.

The Government Accountability Office will prepare a report no later than eighteen (18) months after the BIE's first reports to Congress. The National Johnson O'Malley Association will meet with the negotiating team to outline a plan which includes:

- Simplify the rules;
- Update the student allocation;
- Develop 21st century curriculum guide-
- Define student eligibility. The Office of Self-Governance will continue to provide updates on the Reauthorization to schools, school boards and to higher education programs. NOTE: We received information from Cedric Sunray, who previously worked in the Sac and Fox Language Department, about a new SOVEREIGN COMMUNI-

TY SCHOOL (SCS). It is a Free Public School of Excellence and Relevance Built For and By the Indigenous Community of Oklahoma City to Ensure the Future of Our People and the Quality of Their Education. The SCS is a public charter school authorized by the Oklahoma State Board of Education that will open its doors in the 2019-2020 school year to serve 6th and 9th grades in the first year, eventually growing to educate students in the 6th through 12th grades.

For more information on the school and enrolling in SCS please call: (405) 639-9416 or e-mail: info@sovereignschoolsor g. This is a surprising development in education for Native Americans. Please support SCS if at all possible as this could be a great beginning for all who become involved.



National History Day competition finalist Kealan Hamilton-Youngbird is pictured at left with his father, Sac and Fox Nation Ambassador Juaquin Hamilton, while attending the May 11 Sac and Fox Nation Elders' Mother's Day Dance in the Sac and Fox Nation Community Bldg. (Photo by Mike Brown)

Sac and Fox Nation Tribal Royalty Honor Dance Announcement

The Sac & Fox Nation Activity Committee cordially invites all tribal members and their families to the SFN Tribal Princess Pageant. We are always excited this time of year as our young ladies prepare themselves to compete for the SFN Tribal Princess title. This annual event will take place on Saturday, June 15th, 2019 at 11a.m. in the SFN Community Building. An Honor Dance for the outgoing SFN Tribal Royalty will immediately follow the pageant.

Gethapi

EDUCATION DEPARTMENT NOTICE

Applications for College - Vocational and Adult Education are on the Sac and Fox Nation Web site -Click on Education for downloads.



Coming soon near you

Central Tribes of the Shawnee Area, Inc.



CTSA HEADSTART

Applications are being taken at the Sac & Fox Education Dept.

Directions: Sac & Fox Education Dept. 5 $\frac{1}{2}$ miles south of Stroud on 930 RD. Go past the clinic on top of the hill. It is located south of the gym.

For more information, please call the CTSA Main Office at (405)275-4870 **Required Documentation:**

1. Proof of income (at least 2 checks stubs/Income letter/TANF letter/Income tax

- 2. Proof of residence (Utility/phone bill, Housing lease—MUST show physical
- 3. CDIB card, SNAP, WIC or any assistance you are receiving
- 4. Shot records and Birth certificate and Source of Health Care (Tribal/IHS, Private
- 5. If your child has a Documented Disability, we will need a copy of his/her IFSP or

Stroud CTSA Headstart Yellow Earth Learning Center

Hamilton-Youngbird Advances to National History Day World Competition in Maryland

Kealan Hamilton-Youngbird, a Sac tribe's fight for sovereignty and how the and Fox tribal member, placed second in the Junior Documentary Division at the National History Day, Oklahoma State motor vehicles. Competition on May 1,2019. He moves on to compete in The National History Day World/National Competition at the University of Maryland in June.

The theme for this year's National History Day competition is "Triumph and Tragedy." The students were to select a topic of their choice that fit into the selected theme.

For his subject, Kealan chose "The Oklahoma Tax Commission V. The Sac and Fox Nation- A Tragic Fight for Tribal Sovereignty and the Triumph of a Nation's Right to Self-Govern." In his documentary, he describes the history of the

tribe came to be the first in Oklahoma to issue their own tribal tags and plates for

Hamilton has been conducting research on Sac & Fox tribal history since the start of the school year in 2018. Among many of his academic awards, he was selected as "Student of Today" by The Masonic Fraternity of Oklahoma; Shawnee Composite Lodge 107

The award highlights Kealan as a student "who's has demonstrated outstanding scholarship, leadership, citizenship and integrity - with appreciation of past accomplishments and in anticipation of future contributions to our City, our State, our Nation and our World."

<u>ATTENTION</u> HOUSING AUTHORITY OF THE SAC AND FOX NATION <u>APPLICANTS</u>

Application Updates:

Applicants shall update their applications and supporting documents and maintain current contact information on file on an annual basis. This is the responsibility of the Applicant and not the HASFN. Applicants who have not updated their application within one (1) year of the original application date will be removed from the waiting list and will have to re-apply to be placed back on the waiting list. These Applicants will receive a new approval date. Inactive applications and supporting documents will be discarded after three (3) years.

Sac and Fox Transportation Program

Criteria You Must Meet Before Being Eligible for Transportation:

- You must have an established chart at BHHC
- You must have no other means of transportation
- You must have an active referral from a BHHC provider to the facility where being transported

If you have Medicaid, please utilize SoonerRide SoonerRide's toll free phone number is (877) 404-4500

Highlights From Open House Hosted by Library, Cultural Center, Sauk Language Dept.



Sac and Fox Nation Secretary Jacklyn King and others are shown above looking at educational materials made available to those attending open house hosted April 23 by the Sac and Fox national Public Library, Sauk Language Dept. and Sac and Fox Cultural Center. In the photo above right, Sauk Language Instructor Eddie Fullbright is pictured at a table offering t-shirts for purchase at the annual open house. (Photos by Mike Brown)

Tips Offered for Limiting Screen Media And Devices During Summer Break

by Leilana McKindra Communications Sp cialist Agricultural Communications Services Oklabm a State University

With summer's arrival and the less hectic pace it brings for families compared to the school year, it may be tempting for parents to allow children to watch a little more television or play that video game a little longer. But, it is important to maintain a healthy balance when it comes to children's exposure to screen media and devices, even during summer break.

"One of the big worries is that overexposure to screen media and devices could interfere with children getting the proper amounts of sleep or physical activity, playing, interacting with others and engaging in other behaviors that could affect their health both now and in years to come," said Laura Hubbs-Tait, Oklahoma State University Cooperative Extension parenting specialist.

Summer time is a chance for families to get creative in the ways they keep children engaged without relying too heavily on media.

"The goal for parents of school-aged children and adolescents should be to find a good balance between media use and other healthy activities," Hubbs-Tait said. "You can turn this into a family project with everyone participating in identifying the best ways to manage the family's media diet."

Families that already have a media plan should stick to it throughout the summer. For guidance on putting together a customized plan, families can use the Family Media Use Plan tool recently launched by the American Academy of Pediatrics. It is available at www. healthychildrenor g.

A family media plan should include elements such as media-free periods during dinner or while in the car, when all media devices are turned off. There also may be media-free zones in the house such as bedrooms for sleeping and kitchens for eating and talking."

Parents who set up and obey the rules of media-free zones serve as role models for the importance of limiting media and also encourage children's language and social development," Hubbs-Tait said.

As part of the family media plan, parents should often and openly discuss the importance of being safe and respectful to others both online and offline. They also should talk about the importance of the same rules of etiqe tte in screen media interactions as in face-to-face interactions.

The most recent AAP recommendations on media usage for children and adolescents suggest limiting screen media for children younger than 18 months to face-to-face video chatting only. For children between 18 and 24 months, if parents want to introduce them to media, the parents should select high-qa lity programming and watch and talk about it with them. This promotes parent-child social interaction and fosters child language development.

Meanwhile, children ages 2 years to 5 years should be limited to one hour of screen time per day featuring high-qa lity programming, with parents on hand to view it with them. For children age 6 and

ng Screen Media
ummer Break
older, the AAP recommends establishing and maintaining consistent limits on the time they spend interacting with media,

as well as the types of media they are us-

"Screen media including computers, smart phones, tablets, televisions and other devices are a big part of our daily lives and that's not going to change in the future," Hubbs-Tait said. "However, parents should look to incorporate these technologies in ways that will best support their children's healthy growth and development."





Attendees at the library and cultural center open house are pictured enjoying a baked potato bar catered in the tribal library by Five Star Barbeque and Steak House of Stroud. (Photo by Mike Brown)







SNFCASINO.COM IF STROUD, OK 74079

Must have valid ID and Player's Club Card. See Player's Club/Cage for details.

Management reserves the right to revoke or alter any promotion or offer.

SAUK LANGUAGE DEPARTMENT PHILOSOPHY

Indians are born speaking our languages. For some of us, they lie dormant within our bodies. They are looking for a way out. God gave us these beautiful languages. All of us hold them in a sacred manner within. There is no such thing as an Indian person who cannot speak Indian.

Our language programs find these languages within our bodies. They bring them out through our mouths and deliver them to their rightful resting places within our hearts.



June 2019 Quotes

Out of the Indian approach to life, there came a great freedom, an intense and absorbing respect for life, enriching faith in a supreme power and principles of truth, honesty, generosity, equity and brotherhood as a guide to mundane relations.

Black Elk, Oglala Lakota (1863-1950)

I am going to venture that the man who sat on the ground, in his tipi, meditating on life and its meaning, accepting the kinship of all creatures and acknowledging unity with the universe of things was infusing into his being the true essence of civilization.

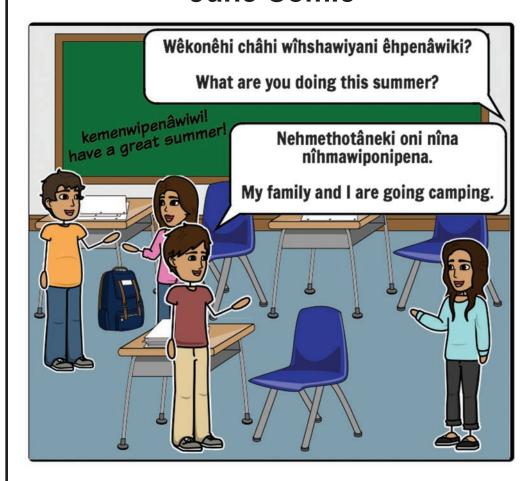
Luther Standing Bear, Oglala Lakota (1868-1939)

It is better to have less thunder in the mouth and more lightening in the mouth.

Apache Proverb

June Scramble

June Comic



June 2019 Word Match

Ahkihkêha It is a fine day Ânemesowa The grass is wet

Wîshasowa June

Wâwîshasowa There is a heavy dew

Ôtêwenikâni It is dusk

Wâsâpanwi Almost unbearably hot for one

Menwikîshekatwi Summer house Pâyôhkatwi Sweats profusely

Nepiwashkatwi Feels hot
Nesêyâhiwi It is bright dawn



SAUK LANGUAGE DEPARTMENT HAPPENINGS & NEWS

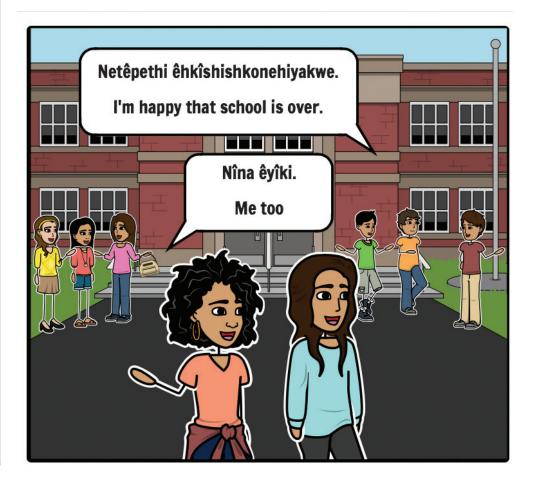
June 2019 Ahkihkêha (Planting Moon)

From the Sauk Language Department.

Join us online or visit our website for Sauk words and to play games at www.talksauk.com!

Suggestions and comments from tribal members are always welcome regarding programs you have attended, or would like to see scheduled.

Call 918-968-3526 or 800-259-3970, or email at: Katie.Thompson@sacandfoxnation-nsn.gov



Area High School Students Attend Sauk Language Bowl



High school teams from Stroud, Meeker, Shawnee, Little Axe, Cushing, Chandler and McLoud are pictured above right competing in the Third Annual Sauk Language Bowl in the Sac and Fox Nation Gymnasium. Bowl judges shown above from left are: Sauk Language Dept. Director Katie Thompson, Sauk Language Dept. Coordinator Connie Cobb and Sauk Language Instructor Eddie Fullbright. (Photos by Mike Brown)

Teams from Seven Area High Schools Compete for Sauk Language Bowl Trophy

by Cedric Sunray

May 8th was an incredible day for the continuance and further growth of the Sauk language! After four months of practice, high school teams from Stroud, Meeker, Shawnee, Little Axe, Cushing, Chandler and McLoud entered the Sac & Fox Gymnasium doors and prepared to see which team would take home the coveted Sauk Language Bowl Championship Trophy!

Sauk Language staff held eight practice classroom sessions at each high school in order to assist them in getting ready for the competition.

Teams were qi zzed on six separate categories and had to answer and engage in a variety of ways to gain points. From straight forward qe stions reqi r-

Business Committee Meeting Minutes are now accessible on the Website sacandfoxnation-nsn.gov and Facebook

ing them to qi ckly hit their buzzer on their table to scavenger hunts and on to a variety of wacky games such as naming and putting on various items of clothing in speedy fashion, the teams all did an incredible job.

In the third year of the Bowl, newcomer Chandler High School vested the trophy away from last year's champion Shawnee High School, with Meeker High School following close behind. Sauk t-shirts, language materials and a variety of snacks were given out and teams and their fans laughed and joked along with judges Katie Thompson, Connie Cobb, Eddie Fullbright and emcee Cedric Sunray.

Chief Kay Rhoads made a special appearance to encourage the students, their family members and the respective members of their high school staffs who attended. All present seemed excited about next year's Language Bowl.

A special thanks go to those Sac & Fox employees who set up the venue in preparation for the big event.

June Word Search

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June 2019 Word List

Ahkihkêha June

Ânemesowa Almost unbearably hot for one

Wîshasowa Feels hot

Wâwîshasowa Sweats profusely Ôtêwenikâni Summer house Wâsâpanwi It is bright dawn Menwikîshekatwi It is a fine day

Pâyôhkatwi There is a heavy dew

The grass is wet Nepiwashkatwi

Nesêyâhiwi It is dusk

SAC AND FOX TAX COMMISSION REVENUE

January 2019

Beer and Liquor	\$184.76
State Tobacco Rebate	\$269,495.71
MotorVehicle	\$10,145.07
Sales Tax	\$16,607.37
Treasury	\$10,580.00
Oil and Gas	
Gaming	\$119,397.90
TOTAL\$426,422.66	•

HELP WANTED!

SAC & FOX NATION

EMPLOYMENT OPPORTUNITIES

THE FOLLOWING IS A LIST OF JOB VACANCIES WITH THE SAC & FOX NATION:

Chief of Staff

Appointment Clerk

Family Practice Physician

Police Officer

Realty Director (Stroud)

Grant Writer

Medical Director

Landscaper/Laborer for Tribal Cemeteries (Seasonal)

Self-Governance Director

ICW Specialist (Shawnee)

Social Worker

Executive Assistant

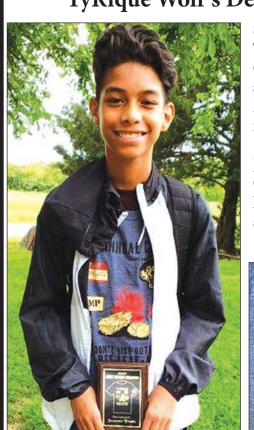
Telephone Operator

Applicants must successfully pass an OSBI/National background check and drug screen. Preference in hiring is given to qualified Native Americans. Applicants claiming Indian Preference must provide a copy of their CDIB. For more information and to learn how to apply please visit our website at:

www.sacandfoxnation.com

or contact Human Resources, Sac and Fox Nation, 920963 S. Hwy. 99, Bldg. A Stroud, OK 74079 or by phone (918) 968-3526

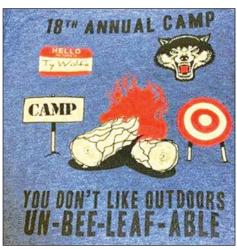
TyRique Wolf's Design Is a Winner!



Sac and Fox Tribal member, TyRique Wolf, age 13, of Shawnee, Okla. is pictured with his designed and winning shirt for Shawnee Middle School's 18-year tradition for the 7th grade Outdoor Camp.

He is the son of Delane Wolf & Jerrod Reese. He is the grandson of Cara Mack, Robert Wolf and Paulette Reese. He is the great-grandson of the late Linda Slick.

We're proud of you, TyRique!



JUNE 2019

SAC AND FOX NATION FOOD DISTRIBUTION **PROGRAM**

STROUD WAREHOUSE 918-968-3030 • 1-800-256-3398

SHAWNEE OFFICE

405-395-0063 • 1-886-622-2310

MON	TUE	WED	THU	FRI
ELDERS ONLY	4 STROUD HD LATE NIGHT SHAWNEE 12 pm - 6 pm	5 SHIPMENT	6 ELDERS ONLY	7 SHAWNEE HD LITTLE AXE TAILGATE 10 am - 12 pm
ELDERS ONLY	STROUD HOME DELIVERIES	12	SHAWNEE HOME DELIVERIES	14
LATE NIGHT STROUD 8 am - 6 pm	LATE NIGHT SHAWNEE 12 pm - 6 pm	SHIPMENT	20	PERKINS TAILGATE 10 am - 1 pm
24	25	26	CLOSED FOR INVENTORY	CLOSED FOR INVENTORY

HOURS MONDAY - FRIDAY

CERTIFICATION

8:00 am - 4:30 pm 8:30 am - 2:30 pm

STORE AM INVENTORY 8:00 am - 8:30 am STORE PM INVENTORY

HOME DELIVERIES ARE FOR HOMEBOUND AND/OR DISABLED ELDERS. CALL OUR

STROUD OFFICE TO SEE IF YOU OUALIFY.

This institution is an equal opportunity provider.



2:30 pm - 4:30 pm

<u>ATTENTION TRIBAL MEMBERS</u>

A member of the Tax Commission Staff Will now be at:

The Shawnee Multi-Purpose Center Twice a Month

The Tax Commission Representative Will be there on:

The First (1st) and Third (3rd) Thursdays We will be able to better serve tribal members living in the Shawnee area with motor vehicle registration and, any other service that we can assist you with.



ATTENTION





Committee/Boards/Commissions

Openings

GRIEVANCE COMMITTEE

Hears complaints of misconduct in office by members of the Business Committee and performs other duties as assigned by tribal law. Must be a member of the Sac and Fox Nation, and at least twenty one (21) years of age and reside in the State of Oklahoma. Terms of office are four (4) years and staggered. Three-member committee. Chairman, Vice-Chairman, Secretary.

Vacancy: Position #1, Position #2, and Position #3

SAUK BUSINESS ENTERPRISES BOARD

Purpose is to provide sources of revenue, remedy the underemployment rate of tribal members, attract diversified business enterprises and expand the Nation's land base and economic development potential. The board is composed of a Chairman, Vice-Chairman, and Member. The term of office shall be for three (3) years, and staggered. A board member may be a member or non-member of the Sac and Fox Nation and shall be at least twenty-one (21) years of age and legally capable of entering into a binding contract. Must be able to pass background check for Gaming License.

Vacancy: Position #3

HOUSING AUTHORITY BOARD OF COMMISIONERS

Purpose is to remedy unsafe and unsanitary housing conditions; alleviate the acute shortage of decent, safe and sanitary dwellings for persons of low income; provide employment opportunities through the construction and improvement, of low income dwellings. May be a member or a nonmember of the Sac and Fox Nation and at least twenty-one (21) years of age. Five member board: Chairman, Vice Chairman, Secretary, Treasurer; chosen by board members. Terms of office are four (4) years and staggered. (Per Sac and Fox Housing Authority Act of 1993)

Vacancy: Position #1, Position #2, and Position #3

Please submit Interest to Serve forms with Resume to: Secretary, Jacklyn K. King **Business Committee** Sac and Fox Nation 920883 S. Hwy 99, Bldg. A Stroud, Ok 74079 secretary@sacandfoxnation-nsn.gov



OSU Extension Educator Conducts Food Canning Class

Jessica Riggin, who serves as the Family and Consumer Science Educator with the OSU Extension Services Office in Lincoln County, is pictured recently conducting a free food preservation and canning class in the Sac and Fox Nation's Social Services dining room. She was a special guest of Black Hawk Health Center Dietitian Josh Nooner. (Photo by Mike Brown)





2019 Nutrition Services Schedule



Cooking Classes

All classes will be held in the Sac and Fox Chapel unless otherwise posted. Class times are 11am-12pm and 12pm-1pm, both classes cover the same information.

January: Thursday, January 10th

March: Thursday, March 14th

February: Thursday, February 21st - Community Building

April: Thursday, April 11th May: Thursday, May 9th June: Thursday, June 6th July: Friday, July 19th August: Thursday, August 8th September: Thursday, September 12th October: Thursday, October 10th November: Thursday, November 14th December: Thursday, December 12th

Grocery Store Tours

Tour will provide tips over successfully navigating the grocery store, healthy food ideas, reading and understanding food labels, and buying groceries on a budget. Tours will be limited to first 10 registrants.

Williams, Stroud: Thursday, March 7th Anthony's Foods, Prague: Thursday, June 27th WalMart, Cushing: Thursday, September 5th FireLake, Shawnee: Thursday, December 5th

Please RSVP by using the sign-up sheets that are located at the front desks of both the Black Hawk Health Center and the Merle W. Boyd Center. You can also RSVP by emailing josh.nooner@ihs.gov or calling 918-968-9531 x3042.

JOSH NOONER, MS, RD/LD

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2019 Sac and Fox Elders' Mother's Day Dance Highlights



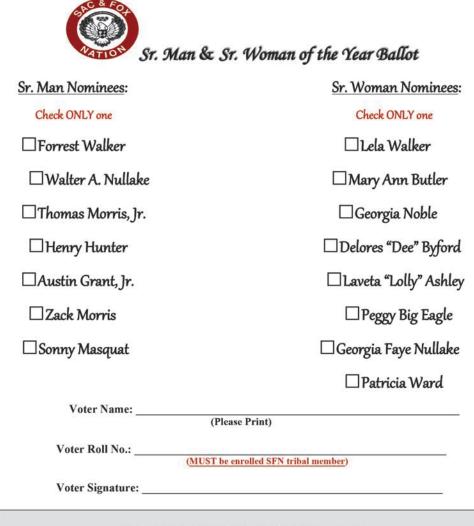
Drummers, singers and dancers are pictured during the 2019 Sac and Fox Sac and Fox Nation Community Bldg. Serving as Master of Ceremonies was Nation Elders' Mother's Day Dance, dinner and festivities held May 11 in the Frank Carson, and Arena Directors were Russell Saunders and Steve Ward.



Sac and Fox Nation tribal elder Stella Wilson, center, was named 'Mother of the Year' at the 2019 Sac and Fox Nation Elders' Mother's Day Dance and dinner held May 11 in the Sac and Fox Community Building. She is pictured Sac and Fox tribal members of all ages took part in the 2019 Mother's Day escorted at the event by her son, J. Paul Wilson, left, and her brother, Francis Dance, dinner and festivities. Grant.



All Photos by Mike Brown



BALLOT DEADLINE: JUNE 15, 2019

Mail ballot to: **Activity Committee** Sac & Fox Nation 920883 S. Hwy 99 Stroud, OK 74079 Email ballot to: j.morris92@yahoo.com



Jennifer Wood and son, Jimmy Ray Pleets are pictured in charge of the cake walk table during the Sac and Fox Nation Elders' Mother's Day Dance and festivities.

SAC AND FOX TAX COMMISSION REVENUE

February 2019	
Beer and Liquor	\$192.51
State Tobacco Rebate	\$273,016.22
MotorVehicle	\$7,351.79
Sales Tax	\$14,737.93
Treasury	\$1,050.00
Oil and Gas	
Gaming	·
TOTAL\$409,732.65	

Business Committee Meeting Minutes

Please be advised that the following are official actions taken by the Business Committee in a Recessed Regular Business Committee meeting held on April 18, 2019. These actions are to be followed up by the appropriate departments.

- Audrey R. Lee motion to approve the following requests to be paid from the RAP Government Donations line item: City of Shawnee \$7,500.00, Meeker Fire Department \$2,000.00, Cushing High School Athletics \$500.00, Cushing Chamber of Commerce \$350.00, East Central University \$2,000.00, Stroud High School \$200.00 in the total amount of \$12,550.00. Jared A. King-2nd. VOTE: Kay-Yes, Audrey-Yes, Jacklyn-Abstain, Jared-Yes, Robert-Yes. Motion carried.
- 2) Jacklyn K. King motion to approve the following requests to be paid from the RAP Charitable Donations line item: Gregurich Ministries \$2000.00. Audrey R. Lee-2nd. VOTE: Audrey-Yes, Jacklyn-Yes, Jared-Yes, Robert-Yes, Kay-Abstain. Motion carried.

EXECUTIVE SESSION

- a. Insurance Benefit Review
- b. HRPA-19-05

Entered Executive Session at: 12:12 p.m.
Out of Executive Session at: 12:57 p.m.
Recessed for lunch at: 12:57 p.m.
Reconvened at: 2:43 p.m.
Back into Executive Session at: 2:43 p.m.
Out of Executive Session at: 4:02 p.m.

Action taken:

- a. Audrey R. Lee motion to approve the insurance company as Blue Cross and Blue Shield with a deduction of \$500.00 to \$5,000.00 dollars, the supplemental carrier will be the AFLAC and the option will be used for the low and medium levels. We will recommend the cancer standalone under AFLAC and then vision, dental, basic life, voluntary life, short term disability, long term disability will be covered by Guardian. Jacklyn K. King-2nd. VOTE: Kay-Yes, Audrey-Yes, Jacklyn-Yes, Jared-Yes, Robert-Yes. Motion carried.
- b. Audrey R. Lee motion regarding HRPA-19-05 that the Humane Resource Director is to proceed effectively immediately on April 18, 2019 with the approved final action of termination from the Business Committee. Jacklyn K. King-2nd. VOTE: Audrey-Yes, Jacklyn-Yes, Jared-Abstain, Robert-Yes, Kay-No. Motion carried.

Adjourned: 4:07 p.m.

Business Committee Meeting Minutes

Please be advised that the following are official actions taken by the Business Committee in a Regular Business Committee meeting held on May 1, 2019. These actions are to be followed up by the appropriate departments.

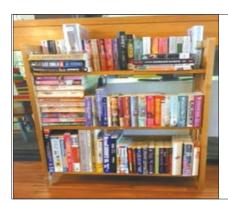
- Audrey R. Lee motion with corrections to approve the Regular Business Committee meeting minutes dated April 12, 2019. Jacklyn K. King-2nd. VOTE: Kay-Yes, Audrey-Yes, Jacklyn-Yes, Jared-Yes, Robert-Yes. Motion carried.
- Audrey R. Lee motion with corrections to approve the Recessed Regular Business Committee meeting minutes dated April 18, 2019. Jacklyn K. King -2nd. VOTE: Audrey-Yes, Jacklyn-Yes, Jared-Yes, Robert-Yes, Kay-Yes. Motion carried.
- Audrey R. Lee motion to approve updated job description for the Administrative Assistant position at the BHHC. Robert E. Williamson-2nd. VOTE: Jacklyn-Yes, Jared-Yes, Robert-Yes, Kay-Yes, Audrey-Yes. Motion carried.
- 4) Audrey R. Lee motion to approve updated job description for the Business Office Manager position at the BHHC. Jared A. King-2nd. VOTE: Jared-Yes, Robert-Yes, Kay-Yes, Audrey-Yes, Jacklyn-Yes. Motion carried.
- 5) Audrey R. Lee motion to approve updated job description for the Lead CHN position at the BHHC. Jared A. King-2nd. VOTE: Robert-Yes, Kay-Yes, Audrey-Yes, Jacklyn-Yes, Jared-Yes. Motion carried.
- Audrey R. Lee motion to approve updated job description for the CHN position at BHHC. Jared A. King-2nd. VOTE: Kay-Yes, Audrey-Yes, Jacklyn-Yes Jared-Yes, Robert-Yes. Motion carried.
- Resolution SF-19-128, a resolution amending SF-07-133 authorizing and approving the Black Hawk Health Center Business Office Policy and Procedures. Audrey R. Lee-motion. Jared A. King-2nd. VOTE: Audrey-Yes, Jacklyn-Yes, Jared-Yes, Robert-Yes, Kay-Yes. Motion carried.
- 8) Resolution SF-19-129, a resolution authorizing and approving Sac and Fox Nation's Office of Environmental Services to development and submit a grant application for U.S. EPA FY 2019 Tribal Wetland Program Development Grant Funding. Audrey R. Lee-motion. Jared A. King-2nd. VOTE: Jacklyn-Yes, Jared-Yes, Robert-Yes, Kay-Yes, Audrey-Yes. Motion carried.
- Resolution SF-19-130, a resolution approving the Calendar Year 2019 Special Diabetes Program for Indians Budget Modification #1 in the total amount of Five Hundred Ninety-Two Thousand Four Hundred Ninety-Seven Dollars (\$592,497.00). The funding source is identified as the Department of Health and Human Services, Indian Health Services, Special Diabetes Grant #H1D4HS0027-22-00 with Calendar Year 2018 carryover. Audrey R. Lee-motion. Jacklyn K. King-2nd. VOTE: Jared-Yes, Robert-Yes, Kay-Yes, Audrey-Yes, Jacklyn-Yes. Motion carried.
- 10) Resolution SF-19-131, a resolution approving the Fiscal Year 2019 Revenue Allocation Plan Maintenance Facilities and Grounds Department Budget Modification #1 in the total funding amount of One Hundred Sixty-Six Thousand Dollars Eighteen Cents (\$166,000.18). The funding sources are identified as the Fiscal Year 2019 Governing Council approved Resolution SF/GC-19-03 and SF/GC-19-05. Audrey R. Lee-motion. Jacklyn K. King-2nd. VOTE: Robert-Yes, Kay-Yes, Audrey-Yes, Jacklyn-Yes, Jared-Yes. Motion carried.
- 11) Resolution SF-19-132, a resolution approving the Fiscal Year 2018 Library Fund Budget Modification #2 in the total amount of Twenty-Nine Thousand Seven Hundred Thirty-Five Dollars (\$29,735.00). The funding source is identified as Treasury Appropriations. Audrey R. Lee-motion. Jared K. King-2nd. VOTE: Kay-Yes, Audrey-Yes, Jacklyn-Yes, Jared-Yes, Robert-Yes. Motion carried.
- 12) Resolution SF-19-133, a resolution to approving the Fiscal Year 2019 Sac and Fox Nation Land and Cattle Budget Modification #2 in the total funding amount of One Hundred Eighty-Four Thousand Six Hundred Fifty-Five Dollars (\$184,655.00). The funding sources are identified as Oil and Gas revenue carryover proceeds from the sale of cattle, and Governing Council Resolution SF/GC-19-08. Robert E. Williamson-motion. Jared A. King -2nd. VOTE: Audrey-Yes, Jacklyn-Yes, Jared-Yes, Robert-Yes, Kay-Yes. Motion carried.
- Resolution SF-19-134, a resolution approving the authorization to submit an application for the Family Violence Prevention and Services Grant to the Administration for Children and Families for the period October 1, 2019 through September 30, 2020. The funding source is identified as the Administration for Children and Families, Family Violence Prevention and Services Grant. Jacklyn K. King-motion. Jared A. King -2nd. VOTE: Jacklyn-Yes, Jared-Yes, Robert-Yes, Kay-Yes, Audrey-Yes. Motion carried.

EXECUTIVE SESSION

Entered Executive Session at 2:17 p.m. Out of Executive Session at 3:05 p.m.

Action taken: Discussion only.

ADJOURNMENT: Recessed at 4:28 p.m. until Tuesday, May 2, 2019.



The Sac and Fox National
Public Library has used
paperbacks (and a few
hardbacks) for sale.
Paperbacks are three for \$1,
or 35 cents each.
Hardbacks are \$1 each.

FNS HANDBOOK 501 EXHIBIT M

FOOD DISTRIBUTION PROGRAM ON INDIAN RESERVATIONS (FDPIR) FY 2019 NET MONTHLY INCOME STANDARDS (Effective October 1, 2018 to September 30, 2019)

The net monthly income standard for each household size is the sum of the applicable Supplemental Nutrition Assistance Program (SNAP) net monthly income standard and the applicable SNAP standard deduction.

48 Contiguous United States:

Use this Amount

Household Size	SNAP Net Monthly Income Standard		SNAP Standard Deduction		FDPIR Net Monthly Income Standard
1	\$1,012	+	\$164	=	\$1,176
2	\$1,372	+	\$164	=	\$1,536
3	\$1,732	+	\$164	=	\$1,896
4	\$2,092	+	\$174	=	\$2,266
5	\$2,452	+	\$204	=	\$2,656
6	\$2,812	+	\$234	=	\$3,046
7	\$3,172	+	\$234	=	\$3,406
8	\$3,532	+	\$234	=	\$3,766
ach additiona	\$360				

Alaska:

Use this Amount

Household Size	SNAP Net Monthly Income Standard		SNAP Standard Deduction		FDPIR Net Monthly Income Standard
1	\$1,265	+	\$281	=	\$1,546
2	\$1,715	+	\$281	=	\$1,996
3	\$2,165	+	\$281	=	\$2,446
4	\$2,615	+	\$281	=	\$2,896
5	\$3,065	+	\$281	=	\$3,346
6	\$3,515	+	\$292	=	\$3,807
7	\$3,965	+	\$292	=	\$4,257
8	\$4,415	+	\$292	=	\$4,707
ach additiona	ıl member		•		\$450

FNS HANDBOOK 501 EXHIBIT M

FY 2019 FDPIR Income Deductions (see 7 CFR 253.6(e)) Effective October 1, 2018 to September 30, 2019

Earned Income Deduction	Households with earned income are allowed a deduction of 20 percent of their earned income.
Dependent Care Deduction	Households that qualify for the dependent care deduction are allowed a deduction of actual dependent care costs paid monthly to a non-household member.
Child Support Deduction	Households that incur the cost of legally required child support to or for a non-household member are allowed a deduction for the amount of monthly child support paid.
Medical Expense Deduction	Households that incur monthly medical expenses by any household member who is elderly or disabled are allowed a deduction in the amount of out-of-pocket medical expenses paid in excess of \$35 per month. Allowable medical expenses are provided at 7 CFR 273.9(d)(3).
Home Care Meal-Related Deduction	Households who furnish the majority of meals for a home care attendant are allowed an income deduction equal to the maximum SNAP benefit for a one-person household. The home care meal-related deduction amounts are as follows: 48 Contiguous U.S. States = \$192
	Alaska by Area Designations • Urban = \$232 • Rural 1= \$295 • Rural 2 = \$360 See 7 CFR 272.7(b) for area designations in Alaska.
Standard Shelter/Utility Expense Deduction	Households that incur at least one monthly shelter or utility expense are allowed a standard income deduction (see chart below). Allowable shelter/utility expenses are provided at 7 CFR 273.9(d)(6)(ii).

FNS HANDBOOK 501 EXHIBIT M

FY 2019 FDPIR Standard Shelter/Utility Expense Deductions Effective October 1, 2018 to September 30, 2019

Baseline by Region*

Region	States Currently with FDPIR Programs	Shelter/Utility Deduction
Northeast/Midwest	Michigan, Minnesota, New York, Wisconsin	\$400
Southeast/Southwest	Mississippi, New Mexico, North Carolina, Oklahoma, Texas	\$350
Mountain Plains	Colorado, Kansas, Montana, Nebraska, North Dakota, South Dakota, Utah, Wyoming	\$450
West	Alaska, Arizona, California, Idaho, Nevada, Oregon, Washington	\$400

*If the geographic boundaries of an Indian reservation extend to more than one region per the identified regional groupings above, then a qualifying household has the option to receive the appropriate shelter/utility expense deduction amount for the State in which the household resides or the State in which the State agency's central administrative office is located.



INTEREST TO SERVE ON COMMITTEES, COMMISSIONS, AND BOARDS



The Sac and Fox Nation's Business Committee will be appointing people to fill vacancies, as they occur, on various Committees, Commissions, and Boards. If you are a tribal member 18 years of age or older, and wish to serve, please complete the information form below and return the completed form and a resume to the Tribal Secretary

	Roll Number:	
	Telephone:	
State:	Zip Code:	
	State:	Telephone:

I wish to be considered to serve on the following Committees, Commissions, or Boards, as prioritized below:

Priority #1:	
Priority #2:	
Priority #3:	

Submitted by:

Sac and Fox Nation 2019 Election Dates to Remember

Sac and Fox Nation 2019 Election Dates to Remember (Approved: December 3, 2018)

DATE 12-5-2018 SECRETARY SAC & FOX NATION

FILED

Section 201. Election Days Any such Primary Election shall be held at least thirty (30) days prior to the regular General Election. Primary Election: Saturday, June 1, 2019

Section 201. Election Days

Regular General Elections of members of the Business Committee and Grievance Committee shall be held on the last Saturday in August of each election year. All other required Tribal elections shall be held upon call of the Business Committee. General Election: Saturday, August 31, 2019

Section 208. Poll Watchers

Each candidate may designate in writing one person, not a candidate, to watch the activities at the polls. Such designation shall be presented to Election Board Officials prior to the election. Such persons may not interfere in any way with the conduct of the election, but may observe only. Any poll watcher interfering with the election or attempting to electioneer, in any way, shall be rejected from the poll area by a Sergeant of Arms or law enforcement officer.

PRIMARY ELECTION:

Notification of Poll Watchers for the Primary Election must be in writing and received by mail eight (8) days prior to the election, per Election Board Rules.

DEADLINE: Friday, May 24, 2019 by 4:30 p.m. (No emails or faxes will be accepted)

Notification of Poll Watchers for the General Election must be in writing and received by mail eight (8) days prior to the election, per Election Board Rules.

DEADLINE: Friday, August 23, 2019 by 4:30 p.m. (No emails or faxes will be accepted)

All notifications must be sent to the Sac and Fox Nation Election Board, 920883 S. Hwy 99, Bldg. A, Stroud, OK 74079

Section 302. Voting List

It shall be the duty of the Tribal Secretary to compile from the Tribal membership rolls a list of all persons who will be eligible voters on the date scheduled for the Primary Election and General Election and to present sufficient certified copies of this list as requested to the Election Board no later than sixty (60) days prior to the Primary Election and no later than sixty (60) days prior to the General Election. The said copies are to be returned to the Tribal Secretary.

One copy of the voting list shall be maintained in the Tribal Office and be open to public inspection during Regular business hours no later than sixty (60) days prior to the election.

PRIMARY ELECTION:

Open to the public: Tuesday, April 2, 2019

GENERAL ELECTION:

Open to the public: Tuesday, July 2, 2019

Section 303. Challenges to Voting Lists

At any time more than twenty (20) days before the Primary Election and General Election, any person may challenge the voting eligibility of any person whose name appears on said list, or may apply to have their name added to said list by filing an application with the Election Board. The application shall clearly indicate the substance of the challenge, the specific names challenged, and the relief requested.

PRIMARY ELECTION:

Deadline for Challenges: Friday, May 10, 2019 by 4:30 p.m.

GENERAL ELECTION:

Deadline for Challenges: Friday, August 9, 2019 by 4:30 p.m.

Section 402. Filing for Office

To be eligible for election and have one's name placed upon the ballot Notice of Candidacy for an elective office must be filed with: The Tribal Secretary after depositing the candidate's non-refundable filing fee of two hundred dollars (\$200.00) (cashier's check only) with the Tribal Treasurer during regular business hours at the Tribal Office complex not later than sixty-five (65) calendar days prior to the date of the Primary Election and General Election. The Tribal Secretary shall notify the Chairman of the Election Board of all candidates who have filed for office.

OPENING DATE TO FILE FOR OFFICE:

Wednesday, January 2, 2019

Closing date to file for Office: Thursday, March 28, 2019 by 4:30 p.m.

If No Primary Election is held, Closing Date for General Election: Thursday, June 27, 2019 by 4:30 p.m.

Section 403. Petition for Office A petition of ten (10) or more members of Council may submit a written notice with required filing fees of twohundred (\$200.00) non-refundable (cashier's check only), no later than sixty-five (65) calendar days prior to the date of the Primary Election and/or General Election stating the name of the candidate, age, birth date, and proof of actual residence and domicile.

PRIMARY ELECTION:

Deadline to Petition for Office: Thursday, March 28, 2019 by 4:30 p.m.

If No Primary Election is held, Closing Date for General Election: Thursday, June 27, 2019 by 4:30 p.m.

Section 406. Withdrawals

Any candidate for office may withdraw by filing a written notice of withdrawal with the Election Board at any time within ten (10) days after the closing date of filing for office. Such notice shall contain the candidates name, the office filed for, a statement of withdrawal and shall be notarized or sworn to before a person authorized to administer oaths. (Required filing fee non-refundable)

PRIMARY ELECTION:

Deadline to withdraw: Monday, April 8, 2019 by 4:30 p.m.

GENERAL ELECTION:

Deadline to withdraw: Friday, July 5, 2019 by 4:30 p.m.

Section 408. Contest of Candidate Eligibility

Any candidate or eligible voter may challenge a candidate's legal qualifications to run for office by filing a written petition with the Election Board within three (3) business days of the closing of the filing period. Each petition shall state with particularity the reasons the candidate is not eligible to file for office. There is a one-hundred dollars (\$100.00) non-refundable cashier's check contest fee.

PRIMARY ELECTION:

Deadline to contest Candidate Eligibility: Tuesday, April 2, 2019 by 4:30 p.m.

If no Primary Election, deadline to contest Candidate Eligibility: Tuesday, July 2, 2019 by 4:30 p.m.

Section 602. Application for Absentee Ballot

Qualified voters wishing to cast vote by absentee ballots shall notify the Election Board not sooner than ninety (90) days and not later than thirty (30) days prior to the election. Such notices must be in writing and must include the correct mailing address of the person making the request. Only one ballot per written request.

Requests will be accepted from Friday, March 1, 2019 and cannot accept requests after Thursday, May 2, 2019 by 4:30 p.m.

GENERAL ELECTION:

Requests will be accepted from Thursday, May 2, 2019 and cannot accept requests after Thursday, August 1, 2019 by 4:30 p.m.

Section 706. The Tally

The Election Board shall unlock the ballot box(es), shall remove the ballots one by one, and as each one is removed, the clerks shall read off the names of the candidates marked thereupon. At least two election officials shall view each ballot, and each counter shall keep a separate tally of the votes cast. Each candidate may select a watcher of their choice, not a candidate, to observe and keep a separate record of the tally of the ballots, and who shall not interfere with the tally process. After the tally is complete, all ballots, absentee ballots, voter registers, and ballot boxes shall be transported to the Sac and Fox Nation Tribal Court House.

PRIMARY ELECTION:

Notification of Tally Watchers for the Primary Election must be in writing and received by mail eight (8) days prior to the election, per Election Board Rules. DEADLINE: Friday, May 24, 2019 by 4:30 p.m.

GENERAL ELECTION:

Notification of Tally Watchers for the General Election must be in writing and received by mail eight (8) days prior to the election, per Election Board Rules. DEADLINE: Friday, August 23, 2019 by 4:30 p.m.

All notifications must be sent to the Sac and Fox Nation Election Board, 920883 S. Hwy 99, Bldg. A, Stroud,

Section 710. Certification of Election

The election shall be certified by the Election Board immediately after the ten (10) day period for filing an election contest expires, provided, that if an election contest petition is filed within the time period allowed, then no Certificate of Election shall be issued until after such election contest is finally decided.

PRIMARY ELECTION:

If the tally is completed on Saturday, June 1, 2019 CERTIFICATION is on Tuesday, June 11, 2019

If the tally is completed on Sunday, June 2, 2019 CERTIFICATION is on Wednesday, June 12, 2019

GENERAL ELECTION:

If the tally is completed on Saturday, August 31, 2019 CERTIFICATION is on Tuesday, September 10, 2019

If the tally is completed on Sunday, September 1, 2019 CERTIFICATION is on Wednesday, September 11, 2019

Section 802. Contest Petition

A candidate or qualified voter contesting a Tribal Election shall, within ten (10) days after completion of the tally of the election and declaration of the results, shall deposit a two hundred dollar (\$200.00) non-refundable cashier's check contest filing fee with the Tribal Treasurer, file with the Election Board a statement in writing setting forth their particular grounds for the contest. The statement shall be verified by affidavit of the contestor (s) that they believe the matters and things therein contained are true. After the statement is filed the Election Board shall set a time for a hearing of the contest, no later than ten (10) days after the date on which the statement of contest was filed. Written notice of such hearing shall be mailed or delivered to each candidate for the office contested. Any party to the election protest and the Election Board shall have the right to view the election ballots and records in the presence of the Court Clerk in the clerk's office. Any party to the protest or a Tribal member shall be entitled to receive a photocopy of said documents certified as true and correct copies by the Court Clerk upon payment to said clerk of the normal and customary charges.

Said certified copies shall be received as evidence by the Election Board in like manner as an original. Alternatively the Election Board, upon request of a party or on its own motion, may convene a hearing for any protested election at the Tribal Courthouse for the purpose of review of said election materials. After hearing the proofs and allegations of the contestants, the Election Board shall make their findings and shall have authority to pronounce their judgment either setting aside, or confirming the election.

PRIMARY ELECTION:

If the tally is completed on Saturday, June 1, 2019 THE CONTEST PETITION DEADLINE DATE: Tuesday, June 11, 2019 by 4:30 p.m.

If the tally is completed on Sunday, June 2, 2019

THE CONTEST PETITION DEADLINE DATE: Wednesday, June 12, 2019 by 4:30 p.m.

GENERAL ELECTION:

If the tally is completed on Saturday, August 31, 2019 THE CONTEST PETITION DEADLINE DATE: Tuesday, September 10, 2019 by 4:30 p.m.

If the tally is completed on Sunday, September 1, 2019

THE CONTEST PETITION DEADLINE DATE: Wednesday, September 11, 2019 by 4:30 p.m.

Section 805. Request for Recount

Since the Election Ordinance provides for automatic recount of ballots, any request for recount of ballots must list the reasons therefore in writing and be submitted to the Election Board Chairman, or the Chairman's designated representative within five (5) days after the election. Such request must be accompanied by a nonrefundable cashier's check of two-hundred dollars (\$200.00) made payable to the Sac and Fox Nation. Said check

shall be forwarded to the Tribal Secretary-Treasurer to be credited against the cost of the recount. The Election Board shall meet and decide within ten (10) days of receipt of the notice whether or not the reasons listed in the request are sufficient to cause a recount of ballots.

PRIMARY ELECTION:

The deadline date to request a recount: Thursday, June 6, 2019 by 4:30 p.m.

GENERAL ELECTION:

The deadline date to request a recount: Thursday, September 5, 2019 by 4:30 p.m.

You're getting a new Medicare card! Cards will be mailed between April 2018 - April 2019

You asked, and we listened. You're getting a new Medicare card! Between April 2018 and April 2019, we'll be removing Social Security numbers from Medicare cards and mailing each person a new card. This will help keep your information more secure and help protect your identity.

You'll get a new Medicare Number that's unique to you, and it will only be used for your Medicare coverage. The new card won't change your coverage or benefits. You'll get more information from Medicare when your new card

Here's how you can get ready:

Make sure your mailing address is up to date. If your address needs to be corrected, contact Social Security at ssa.gov/myaccount or 1-800-772-1213. TTY users can call 1-800-325-0778.

Beware of anyone who contacts you about your new Medicare card. We'll never ask you to give us personal or private information to get your new Medicare Number and card.

■ Understand that mailing everyone a new card will take some time. Your card might arrive at a different time than your friend's or neighbor's.

ATTENTION TRIBAL MEMBERS

Committee/Boards/Commissions

Openings



Business Committee

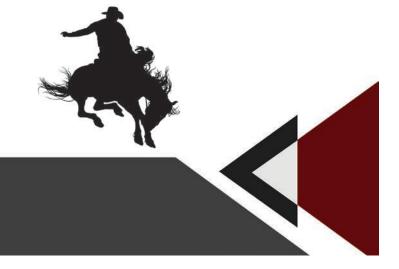
Rodeo Committee

Plans, Coordinates, Schedules, Monitors and Executes Activities Associated with the Nation's Rodeo.

Sac and Fox Nation 920963 S Hwy 99 Stroud, OK 74079 secretary@sacandfoxnation-nsn.gov

All Positions Currently Vacant

Please submit Interest to Serve Form with Resume.



2018 PER CAPITA PAYMENT INFORMATION

- Individual must be enrolled by September 30, 2018 to be eligible for the 2018 per capita payment.
- Tribal members will need to submit a W9 to the Finance Department for the upcoming 2018 Per Capita Payment.
- Once a W-9 form is received, it will be updated into our system and all payments due will be made at a time of disbursement.
- If an individual is a NEW tribal member, or has had a NAME CHANGE, a copy of Social Security card is needed for our records.
- There is NO deadline on submitting a W9. All check will be mailed, no exceptions.
- The IRS 1099 form will be mailed by a nuary 31, 2019. NEW MINORS . . . PLEASE SEND COPY OF SOCIAL SECURITY CARD SO WE CAN GET TRUST ACCOUNTS ESTABLISHED

W-9 Form

It is critical that the W-9 Form be completed correctly and thoroughly for each individual tribal member. Be sure to fill out your NAME, MAIL-ING ADDRESS, SOCIAL SECURITY NUMBER, and then SIGN and DATE your form.

Required Legal Documents

If you have had a name change due to marriage, divorce, adoption, etc., it is important the Finance Department has a copy of your social security card. All othere legal documents should be sent to the Enrollment Department so their records can be updated. Any guardianship or Power of Attorney documents need to be on file with the Finance Department.

Minors

Parents or guardians are responsible for providing a W-9 for minor children; not doing so could result in the minor's payment not being deposited into the minor's trust fund account in a timely manner.

Contact information - Finance Department

For identity/security purposes, a W-9 form will not be accepted by e-mail. Completed forms may be hand delivered, mailed, or faxed.

Contact information:

Sac and Fox Nation Finance Department 920963 S. Hwy 99, Bldg. A Stroud, Ok ahoma 74079

Direct fax: 918-968-4528

If you have any questions, please contact the Finance Department staff by phone at 918-968-3526 or 800-259-3970 ext. 1033, 1038 or 1027.

Tax Liability Notification

What are the withholding requirements for distributions that are made per a Revenue Allocation Plan (RAP)? The first step is to identify the source of funds used for the distribution. Unless the source of funds is specifically exempt from taxation, the amounts that make up the distributions to tribal members are taxable.

Which funds get reported on Form 1099-Misc? Distributions could be derived from many sources, including the profits from a tribal business other than a Class II or Class III gaming operation, interest income on investments, or rental payments from tribal lands. All these payments require a tribe to prepare a Form 1099-MISC

When does a person receive a Form 1099-Misc, Statement for Recipients of Miscellaneous Income? If a person receives \$600 or more in 1 calendar year from the same source, that amount must be reported on a Form 1099, and that Form 1099-Misc. must be provided to the individual.

It is only the amount distributed from NET GAMING REVENUE that is subject to withholding. The Internal Revenue Code provides that "Every person, including an Indian tribe, making a payment to a member of an Indian tribe from the net revenues of any Class II or Class III gaming activity conducted or licensed by such tribe, shall deduct and withhold from such payment a tax in an amount equal to such payment's proportionate share of the annualized tax." The amount to withhold is provided in Withholding Tables found in IRS Publication 15-A, Employer's Supplemental Tax Guide.

If the Indian tribe anticipates making a distribution of any kind, the Indian tribe needs the tribal members' Social Security number before the distribution is made. If an Indian tribe does not know a tribal member's Social Security number at the time of distribution, the distribution is subject to "backup withholding" (at 28% in 2009). (Source: Internal Revenue Service (IRS) Indian Tribal Governments Frequently Asked Questions, Last Reviewed or Updated: April 22, 2013)

Per capita payments could affect any Tribal, Federal, State, and/or Local benefits you may receive or programs in which you participate. The Sac and Fox Nation encourage you to check with your tax accountant or benefit specialist.



920963 S. Hwy. 99, Building A · Stroud, OK 74079 · (918) 968-1141 · FAX (918) 96

NAME CHANGE AND/OR CHANGE OF ADDRESS FORM

		NAN	1E		
PRIN	T CURRENT FULL	NAME (First, Mid	dle & Last)	ROLL	NUMBER
SIGN	ATURE				DATE
COPY OF THE L			G YOUR NAME AND	A COPY OF YO	UR NEW
PLEASE L	IST PREVIOUS NA	ME (PRINT)		DATE	OF BIRTH
	ı	MAILING A	DDRESS		
	OLD			NEW	
ADD	DRESS		ADDRE	ESS	
CITY	STATE	ZIP	CITY	STATE	ZIP
STREET A	DDRESS (IF	DIFFERE	NT THAN MAILIN	IG ADDRES	S)
STREET	ADDRESS		STREET AD	DDRESS	
CITY	STATE	ZIP	CITY	STATE	ZIP
	A FORM FOR EA 41.	CH CHILD FRO	N-9 FORM BE COMPLE OM THE ENROLLMENT	DEPARTMENT,	

NOTICE

Why does a W-9 needed to be submitted yearly?

If a tribal member receives income that is taxable, a 1099 must be issued for Tax Purposes. The W-9 also serves as a yearly address update.

Can the allotted minor payment be refused in order to have the entire per capita payment be deposited in trust? Yes, but in order to do so we must still receive a W-9 for the same reasons stated above. We would also need a written statement to that effect to be included with the W-9.

W-9 FORM MUST BE CUT ON DOTTED LINE BEFORE MAILING 👃



Rev. Nove Department	ember 2017) It of the Treasury venue Service	Give Form to the requester. Do not send to the IRS.		
X	(on your income tax return). Name is required on this line; do not leave this line blank.		
	Individual/sole single-member Limited liability Note: Check th LLC if the LLC another LLC th is disregarded	proprietor or C Corporation S Corporation Partnership CC Company. Enter the tax classification (C=C corporation, S=S corporation, P=Partnership cap appropriate box in the line above for the tax classification of the single-member owne is classified as a single-member LLC that is disregarded from the owner unless the own at is not disregarded from the owner for U.S. federal tax purposes. Otherwise, a single- from the owner should check the appropriate box for the tax classification of its owner.	Trust/estate p) err. Do not check her of the LLC is	4 Exemptions (codes apply only to certain entities, not individuals; see instructions on page 3): Exempt payee code (if any) Exemption from FATCA reporting code (if any) (Applies to accounts maintained outside the U.S.)
Spe 2	Other (see instruction Address (number,		equester's name a	and address (optional)
See X	City, state, and ZII	P code		X NATION GHWAY 99 BLDG. "A" LAHOMA, 74079
		er(s) here (optional)		
Part I		er Identification Number (TIN) ropriate box. The TIN provided must match the name given on line 1 to avoid	Social sec	curity number

resident alien, sole proprietor, or disregarded entity, see the instructions for Part I, later. For other entities, it is your employer identification number (EIN). If you do not have a number, see How to get a

or		
Employer	identification	n number

Note: If the account is in more than one name, see the instructions for line 1. Also see What Name and Number To Give the Requester for guidelines on whose number to enter.

 	1 1	1 1	- 1 - 1	
-	1 1	1 1		

Certification Under penalties of perjury, I certify that:

1. The number shown on this form is my correct taxpayer identification number (or I am waiting for a number to be issued to me); and

2. I am not subject to backup withholding because: (a) I am exempt from backup withholding, or (b) I have not been notified by the Internal Revenue Service (IRS) that I am subject to backup withholding as a result of a failure to report all interest or dividends, or (c) the IRS has notified me that I am no longer subject to backup withholding; and

3. I am a U.S. citizen or other U.S. person (defined below); and

4. The FATCA code(s) entered on this form (if any) indicating that I am exempt from FATCA reporting is correct.

Certification instructions. You must cross out item 2 above if you have been notified by the IRS that you are currently subject to backup withholding because you have failed to report all interest and dividends on your tax return. For real estate transactions, item 2 does not apply. For mortgage interest paid, acquisition or abandonment of secured property, cancellation of debt, contributions to an individual retirement arrangement (IRA), and generally, payments other than interest and dividends, you are not required to sign the certification, but you must provide your correct TIN. See the instructions for Part II, later.

1098-T (tuition)

General Instructions

Section references are to the Internal Revenue Code unless otherwise

Future developments. For the latest information about developments related to Form W-9 and its instructions, such as legislation enacted after they were published, go to www.irs.gov/FormW9.

Purpose of Form

An individual or entity (Form W-9 requester) who is required to file an information return with the IRS must obtain your correct taxpayer identification number (TIN) which may be your social security number (SSN), individual taxpayer identification number (ITIN), adoption taxpayer identification number (ATIN), or employer identification number (EIN), to report on an information return the amount paid to you, or other amount reportable on an information return. Examples of information returns include, but are not limited to, the following.

· Form 1099-INT (interest earned or paid)

Form 1099-DIV (dividends, including those from stocks or mutual

• Form 1099-MISC (various types of income, prizes, awards, or gross

proceeds) Form 1099-B (stock or mutual fund sales and certain other

• Form 1099-S (proceeds from real estate transactions) Form 1099-K (merchant card and third party network transactions) • Form 1098 (home mortgage interest), 1098-E (student loan interest),

• Form 1099-C (canceled debt)

• Form 1099-A (acquisition or abandonment of secured property) Use Form W-9 only if you are a U.S. person (including a resident

alien), to provide your correct TIN. If you do not return Form W-9 to the requester with a TIN, you might be subject to backup withholding. See What is backup withholding,

Cat. No. 10231X

Form W-9 (Rev. 11-2017)

Black Hawk Health Center

June is 'Stress Awareness Month'

by Clinical Staff Writer, Ed Abuyog, LCSW STRESS AWARENESS MONTH

Do you know what is stress? It is something that we all experience but not all of us can define easily. Each of us can say what causes our stress, and for each of us what causes stress is different. What do we need to know?

- 1. Hans Selye, MD is the key person who did research in stress, defining stress the way the body reacts to a stressor, whether real or imagined. Based on is observations he surmised three stages of stress: (1) Alarm (2) Resistance (3)Recovery.
- 2. Stress is a real human experience, with real effect in one's body, way of thinking and emotions.
- 3. Stress impacts our health, relationships and our view of the world, at work, at home and in the community. Forty-six percent of people report that the main cause of their stress is related to workload, followed by 28% of people report that the "People Issues" are the second main cause of stress.
- 4. Work related stress impacts most people, research by the American Institute of Stress, with interesting results: Eighty percent of workers experience job related stress; 40% of workers say they need to learn ways to manage stress for themselves, and of 42% of all workers say their coworkers need the same; 40% of workers report that their job was very or extremely stressful; 25% report that they feel like screaming or shouting because of job related stress.

Also, 10% report that they are concerned about an individual work becoming violent because of job related stress; 9% are aware of an assault or act of violence in the workplace; and, 18% have experiences a threat or verbal intimidation over the past year.

5. Job stress is strongly associated

SFN Activity Committee Meetings Set the First Tuesday Of Each Month

The Sac & Fox Nation Activity Committee is comprised of tribal member volunteers who have the desire to promote activities within our tribe.

The Activity Committee is open to all Sac & Fox tribal members as well as non-tribal members. Beginning in June 2019, the Activity Committee will hold a regular meeting the first Tuesday of every month at 5:45 p.m. in the SFN Cultural Building.

Meetings are open to the public. The Activity Committee encourages membership, ideas, suggestions and/or concerns of the organization and hosting events. Gethapi

Why the 'nsn.gov' Designation?

From time to time, a question has been asked as to why the Sac and Fox Nation uses such a special exclusive (and longer) native sovereign nation dot gov Internet designation and name:

The "nsn dot gov" (nsn.gov) designation carries with it more significant levels of legitimacy, trust, and authority than a commercial, "dot com" domain name.

"NSN DOT GOV" confirms that it is an official government website that has been certified, verified, and recognized by the United States Government.

Of course, commercial sub-entities and public political subdivisions of tribal government may also use a commercial dot com designation for commercial-oriented purposes.

Truman Carter

more strongly associated with health complaints, as compared to financial or family problems.

- 6. Stress can be managed, not cured. What You Can Do.
- (1) Be aware. Get to know signs. Physical symptoms include: Fatigue, Muscular tension, Headaches, Heart palpitations, Sleeping difficulties, such as insomnia, Gastrointestinal upsets, such as diarrhea or constipation and Dermatological disorders.

Psychological symptoms include: Depression, Anxiety, Discouragement, Irritability, Pessimism, Feelings of being overwhelmed and unable to cope, Cognitive difficulties, such as a reduced ability to concentrate or make decisions.

Behavioral symptoms include: An increase in sick days or absenteeism, Aggression, Diminished creativity and initiative, A drop in work performance, Problems with interpersonal relationships, Mood swings and irritability, Lower tolerance of frustration and impatience, Disinterest and Isolation.

- (2) Consider healthy ways to manage stress, there are 4 A's that may be helpful:
- Avoid Unnecessary Stress. Learn to say no. Know your limits. Avoid persons who stress you out if you can. Avoid hot button topics. Narrow down your to do list.
- Alter the Situation. Share concerns instead of bottling them up. Be willing to compromise. Be assertive. Consider new ideas to manage your time.
- Adapt to the Stressor. Consider your attitude, is it fair? Re-frame the problem. Look at the big picture. Focus on the positive.
- Accept the things you can't change. Don't try to control the uncontrollable. Look for the upside. Share your feelings with those you trust. Learn to forgive.
- (3) Take action where you can. Begin small, and take time for relaxation and respite to recharge. If the stress is severe, see a counselor to assist you in learning new was of coping.

We are here to help. For more information, contact the Behavioral Health Department, educational and counseling services are available to assist in prevention and treatment.

Sac and Fox Nation Partners With Commissioner Munson on Parkland Rd., Rose Allen Bridge Projects



Lincoln County District #1 Commissioner Carl Munson, left, is pictured with officials from the Sac and Fox Nation on location at Parkland Road north of Stroud where a 2.5 mile stretch of roadway was recently resurfaced with asphalt, along with new creek drainage pipes and safety striping with new signage. Pictured from left next to Commissioner Munson are; Asst. Sac and Fox Nation Transportation Director Randle Carter, Sac and Fox Nation Second Chief Audrey Rose Lee, Sac and Fox Nation Secretary Jacklyn King, and Sac and Fox Nation Business Committee Member Robert Williamson.



The group is pictured at the 24 ft. long Rose Allen Bridge, located north of Stroud, 1.75 miles east of Hwy. 99. As previously published in the Sac and Fox News, the bridge project totaled \$143,050.08, and the Parkland Rd. Project totaled \$486,769.235. (Photos by Mike Brown)





HEALTH FAIR

Thursday July 11th from 10 AM-1 PM HEALTH INFORMATION, DIABETES AND CANCER AWARENESS, HEALTH SCREENINGS, OBI BLOOD MOBILE, DOOR PRIZES, RAFFLE DRAWINGS, AND MUCH MORE!

Any questions please contact
Anthony Ramirez 918-968-9531, ext 3039; Anthony.Ramirez@ihs.gov

Located at the Sac and Fox Gymnasium by the Black Hawk Health Center. 356110 E 930 Rd.

7 miles south of Stroud, E 930 Road off highway 99

Title VI - Elders Meals June Menu

Monday - Thursday: Lunch is served from 11:30 a.m. to 12:30 p.m. Friday: Breakfast is served from 8:30 a.m. - 9:30 a.m.

Monday	Tuesday	Wednesday	Thursday	Friday
27	28	29	30	31
O3 Chicken fried Steak mashed potatoes Gravy broccoli side salad fruit	O4 Goulash Spinach Side salad fruit	O5 Soft tacos w/ fixings Refried beans Chips and salsa fruit	O6 Hot ham and cheese sandwich Chips Fruit	O7 Biscuit and gravy Sausage Boiled egg juice
10 Lasagna Garlic bread Green beans Side salad fruit	Bbq chicken Baked beans Potato salad Side salad fruit	Pork and hominy Fry bread Side salad fruit	13 Chili dogs Chips Potato salad fruit	Sausage egg and cheese croissant Hash brown juice
17 Salisbury steak Mashed potatoes Gravy Side salad fruit	Spaghetti with meat sauce green beans Garlic bread Side salad fruit	Cheese burgers w/fixings French tries Fruit	BBQ sandwich Coleslaw Chips Pickle spear fruit	French toast sausage Boiled egg Juice Milk
Chicken strips Mashed potatoes gravy Corn rolls Side salad fruit	pork chops Mashed potatoes gravy Steamed broccoli Side salad fruit	26 Corn soup Fry bread Side salad Fruit	27 Chicken fried steak sandwich w/fixings Chips Fruit	Sausage biscuit Hash brown Boiled egg juice

MONTHLY TOBACCO CESSATION SUPPORT GROUP

- Held the 1st Wednesday of every month
- 12-1 pm
- Learning Center Conference Room

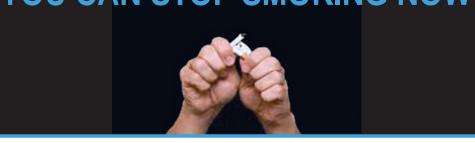
Group sessions will be open to members of the Sac and Fox Community, tribal employees, and TIP Group Members.

Sessions will cover multiple areas of tobacco cessation including creating a quit plan, healthy behaviors, the truth about tobacco, changing behaviors, coping with cravings, and maintaining change.

Sessions will also include peer interaction and recovery support.

For more information, Please contact DeAnna in Behavioral Health.

YOU CAN STOP SMOKING NOW



Sac and Fox Nation Office of Environmental Services IS LOOKING FOR CANDIDATES FOR Free Private Well Water Testing Yes (X) No (X) Sac and Fox Nation Member: Sac and Fox Nation Trust Land: Sac and Fox Nation Name: 920883 South Hwy 99 Stroud, OK 74079 Address: **Location Directions** mail, phone, or fax: (If Rural): Phone: 918-968-0046 Phone: E-mail: By submission of this form the applicant is assuming authority and giving authorization to the SFN OES representative to complete this sampling including entry and access to residence, well, and sample site. The SFN OES and/or its representative are not liable or responsible for Note* any remediation needs or damages incurred performing these tasks Please understand that the U.S. Signed: Environmental Protection Agency only regulates public water If your drinking water does not come from a public water system, you alone are responsible for systems; EPA does not have the authority to regulate private wells. assuring that it is safe. The Office of Environmental Services understand that testing your own water can be difficult and expensive. The SFN OES has obtained the funds from an EPA grant Sac and Fox Nation's Office of to assist with this cost. It is with pleasure that OES offers this service, free of charge, as a Environmental Services also does courtesy to you! not have the authority to regulate private wells What is OES testing for? Testing for a few of the most common contaminants is highly recommended. Even if you Sac and Fox Nation's Office of have a safe, pure water supply, testing should be performed at least once a year to ensure that Environmental Services is not your water is safe to drink The Office of Environmental Services will be testing your well for the following con responsible for, nor capable of, remediating wells. -pH -Alkalinity -Chloride -Fluoride -Nitrate+Nitrite -Manganese -Arsenic -E. coli (signs of bad bacteria) -TDS (Total Dissolved Solids) -Turbidity (Cloudy) *Funding is available for a limited number of households. Your water sample will be analyzed at Accurate Environmental Laboratory, a laboratory which is certified by the State of Oklahoma to test drinking water. Please allow a minimum of So contact OES today to 15 work days to receive test results. The Office of Environmental Services will mail the schedule sampling! results and any reccomendations to you.

Business Committee Meeting Minutes

Please be advised that the following are official actions taken by the Business Committee in a Recessed Regular Business Committee meeting held on May 2, 2019. These actions are to be followed up by the appropriate departments.

- 1) Resolution SF-19-135, a resolution approving the Fiscal Year 2019 Revenue Allocation Plan Cemetery Projects/Maintenance Budget in the total amount of One Hundred Fifty Thousand Dollars (\$150,000.00). The funding source is identified as the Fiscal Year 2019 Governing Council approved Resolution SF/GC-19-03. Audrey R. Lee-motion. Robert E. Williamson-2nd. VOTE: Kay-Yes, Audrey-Yes, Jacklyn-Yes, Jared-Abstain, Robert-Yes. Motion carried.
- Audrey R. Lee motion to approve updated job description for the Temporary Seasonal Landscaper/Laborer position for Tribal Cemeteries with the Maintenance Department. Robert E. Williamson-2nd. VOTE: Audrey-Yes, Jacklyn-Yes, Jared-Yes, Robert-Yes, Kay-Yes. Motion carried.
- Resolution SF-19-136, a resolution amending SF-07-133 authorizing and approving the Black Hawk Health Center revised Quality Management and Improvement Plan. Audrey R. Lee-motion. Jacklyn K. King-2nd. VOTE: Jacklyn-Yes, Jared-Yes, Robert-Yes, Kay-Yes, Audrey-Yes. Motion carried.
- Resolution SF-19-137, a resolution authorizing and approving the Black Hawk Health Center Policy and Procedure, Employee Health. Audrey R. Lee-motion. Jacklyn K. King-2nd. VOTE: Jared-Yes, Robert-Yes, Kay-Yes, Audrey-Yes, Jacklyn-Yes. Motion carried.
- Resolution SF-19-138, a resolution amending SF-08-09 authorizing and approving the Black Hawk Health Center Policy: Medical Nutrition Therapy Program. Audrey R. Lee-motion. Robert E. Williamson-2nd. VOTE: Robert-Yes, Kay-Yes, Audrey-Yes, Jacklyn-Yes, Jared-Yes. Motion carried.
- 6) Robert E. Williamson motion to approve and grant authority to the Land and Cattle Manager with prior notification, including follow up documentation, be provided to the Business Committee for the sell and purchase of cattle. Audrey R. Lee-2nd. VOTE: Kay-Yes, Audrey-Yes, Jacklyn-Yes, Jared-Yes, Robert-Yes. Motion carried.
- Audrey R. Lee motion to approve Laboratory Director Agreement Contract Renewal #2017-06-04a. Robert E. Williamson-2nd. VOTE: Audrey-Yes, Jacklyn-Yes, Jared-Yes, Robert-Yes, Kay-Yes. Motion carried.
- 8) Jacklyn K. King motion to approve the Sac and Fox Nation Detention Services Agreement Contract Renwal #2013-02-04d between the Sac and Fox Nation and the Kickapoo Tribe. Jared A. King-2nd. VOTE: Jacklyn-Yes, Jared-Yes, Robert-Yes, Kay-Yes, Audrey-Yes. Motion carried.
- Audrey R. Lee motion to approve the Tribal Emergency Home Repair Request Contract #2019-04-01. Robert E. Williamson-2nd. VOTE: Jared-Yes, Robert-Yes, Kay-Yes, Audrey-Yes, Jacklyn-Yes. Motion carried.
- Audrey R. Lee motion to contact by letter, named members of the Sac and Fox Rodeo Committee, thanking them for their service, removing them from current positons, and inviting them to reapply. Jacklyn K. King-2nd. VOTE: Robert-Yes, Kay-Yes, Audrey-Yes, Jacklyn-Yes, Jared-Yes. Motion carried.
- Audrey R. Lee motion to send a letter of support to The American Indian Center of The Great Plains in regards to the placement of a Jim Thorpe patch on the Kansas City Chief Jersey. Jared A. King-2nd. VOTE: Kay-Yes, Audrey-Yes, Jacklyn-Yes, Jared-Yes, Robert-Yes. Motion carried.
- 12) Robert E Williamson motion to approve the following requests to be paid from the RAP Government Donation line item: Cushing Early Bird Head Start \$4,800.00, Agra Public Schools \$650.00, in the total amount of \$5,450.00. Jacklyn K. King-2nd. VOTE: Audrey-Yes, Jacklyn-Yes, Jared-Yes, Robert-Yes, Kay-Yes. Motion carried.

ADJOURNMENT: 12:38 p.m.

NOTICE CAMP CLEAN-UP

In preparation for Pow-Wow, there will be two Camp Clean-Up Days: May 13 and June 17

Please have trash ready for pickup by the roadway and larger items please mark with an X so we know to go into the camp for disposal. If you have limbs around your camp please pick them up so we can mow around the campsite.



Conservation Roots Are Strengthening In Oklahoma Soil

by Bryan Painter Oklahm a Conservation Commission Public Information Officer

The recently released 2017 US. Census of Agriculture detailed in part that less and less of Oklahoma's soil is whisked away by its powerful winds. A good anchor will do that.

"The Oklahoma Conservation Commission (OCC) and local Districts felt sure the actual findings of the Census would show that the roots of conservation in Oklahoma are strengthening. The report did that and so much more," said Trey Lam, executive director of the Oklahoma Conservation Commission.

"The hundreds of field days, demonstration farms and educational events created even more change in no till and cover crop adoption rates than we expected. Oklahoma farmers and ranchers 'get it.' By adopting a system that protects and restores the productivity of our soil they can improve their bottom line and leave their land in better shape for generations to come."

Anticipating the release of the Ag Census information was reminiscent of report card day back in school. Oklahoma farmers and ranchers in cooperation with the Conservation Partnership had put in the time and hard work to increase Soil Health practices. The Ag Census is the report card on whether all that work paid dividends.

Lam, along with others such as Natural Resources Conservation Service (NRCS) State Conservationist Gary O'Neill, are excited to share that report card.

The 2017 US. Census of Agriculture, released by the United States Department of Agriculture's (USDA) National Agricultural Statistics Service (NASS), showed that in Oklahoma, compared to 2012, there was a 24 percent increase in the number of farms using cover crops, a 51 percent increase in acres using cover crops, and a 29 percent decrease in intensive tillage practices. On a national scale, the report shows that Oklahoma is seventh in the nation for the largest decrease in cropland acreage using conventional tillage practices.

O'Neill said, "Reduced tillage and cover crops are two of the primary principles of Soil Health systems. These data trends show that Oklahoma farmers and ranchers are recognizing the benefits from implementing Soil Health Systems on their lands."

Jimmy Emmons of Leedey, along with wife Ginger, received Oklahoma's first Leopold Conservation Award in 2018. The award recognizes extraordinary achievement in voluntary conservation by American ranchers, farmers and foresters. Jimmy Emmons also waited anxiously for the release of the report.

"I was expecting the no till and cover cropping numbers to be up, but not that much," he said. "Less tillage is a wonderful number. The report is so exciting because it shows all the hard work we have done promoting no till and covers is working."

The Census of Agriculture is a complete count of US. farms and ranches and the people who operate them. Even small plots of land - whether rural or urban - growing fruit, vegetables or some food animals count if \$,000 or more of such products were raised and sold, or normally would have been sold, during the Census year. The Census of Agriculture, taken only once every five years, looks at land use and ownership, operator characteristics, production practices, income and expenditures.

The Census of Agriculture provides the only source of uniform, comprehensive, and impartial agriculture data for every county in the nation. Through the Census of Agriculture, producers can show the nation the value and importance of agriculture and can influence decisions that will shape the future of US a griculture.

"I definitely think this shows that Oklahoma has embraced conservation and is a true partner with a lot of the organizations around the state that are putting conservation on the ground within the Ag community," said Troy Marshall, the Oklahoma State Statistician for USDA NASS. Most report cards leave a little room to build on. While statistics improved in cropland with reduced till practices and in cropland with intensive till practices, there was a decrease in cropland with no-till practices.

Lam believes the root system of conservation in Oklahoma will only continue to strengthen. "The pace of change should only increase from this point forward," Lam said. "The momentum created over the last few years by NRCS and OCC programs make the future bright for natural resource conservation in our state."

SAC AND FOX NATION 2019 GENERAL ELECTION

REQUEST FOR ABSENTEE BALLOT

THE ELECTION BOARD MUST RECEIVE THIS FORM BY DEADLINE DATE OF THURSDAY, AUGUST 1, 2019

(FOR YOUR CONVENIENCE, THIS FORM MAY BE DUPLICATED)

NAME (Please Print):_	40.00			S
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A	ll requests must be	returned by	mail to the add	ress below:
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P	STROPLEASE fill out EACH	P.O. BOX OUD, OKLA	X 240 HOMA 74079	3
P	PLEASE fill out EACH	P.O. BOX OUD, OKLA BLANK com	X 240 HOMA 74079 pletely and return by ED USE ONLY	3
RECEIVED:	PLEASE fill out EACH ELE	P.O. BOY OUD, OKLA BLANK comp CTION BOAR GENERAL R	X 240 HOMA 74079 pletely and return by ED USE ONLY	/ deadline date.
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Member

Member

2018-2019

Member

Member

Sac & Fox Nation Tribal Royalty
Honor Dance
Saturday, June 15th
@ Community Building

Miss Janae Grass

Jr. Miss Leilani Walker-Pizano



Little Miss Quincie Barse-Presson

Member

Member

Head Staff:
MC - Francis Grant
Head Singer - Gene Logan
Head Gourd Dancer - Russell Morris
AD - Elijah LaDeaux

Member

Member

(Approved: 2010 SFNEB MINUTES-May 17, 2010 / Revised: March 8, 2011)

Schedule: Gourd Dance @ 2:30 Supper @ 5:30 Social Dancing @ 6:30

Special Invitation: All Past/Previous SFN Tribal Royalty &

2018-2019 SFN Sr. Man & Sr. Woman of the Year: Don & Mary Abney & All Past/Previous SFN Sr. Man & Sr. Woman of the Year

Committee/Vendor Contact Info.: (918) 290-9822 or (405) 919-0819

SFN Activity Committee Not Responsible for Accidents or Theft

Organizing Household Records Will Reduce Stress Following Tornado, Other Disasters

by Sissy R.O steen, PD .C FP® Associate Professor and

State Sp cialist Resource Management Tornadoes are a fact of life in Oklahoma. They make us aware that everything we own could be gone in an instant. Documenting personal property and safeguarding important records are vital steps for disaster recovery. Having a plan in place will reduce the stress of a very difficult time if it happens to you.

Even if you are fortunate enough to avoid disasters, being organized will help manage the activities of daily life with much more ease. You will not have to search for the bank statement or utility bill that is due next week. The thought of going through stacks of papers accumulated over a long period of time can be overwhelming.

Just remember, a journey of a thousand miles begins with a single step. Relax and take comfort in knowing that getting organized is a process that can be broken into manageable steps. First create a space to work. Many people do not have the luxury of a separate room to serve as a home office. The goal is to find a location in your home that works for you. Some people like a qi et spot, such as the corner of the master bedroom. Others like their home office to be in the center of activity, such as in the kitchen or the family room.

Documenting, Safeguarding Personal Property

ble, desk or some other flat work space; Good lighting; Comfortable chair; Office supplies (file folders, envelopes, stamps, paper, paper clips, stapler, tape, pens and pencils, blank computer DVDs or flash drive); Access to electrical outlets; File box, drawer(s) or cabinet; Telephone; Wastebasket; and, Shredder.

A shredder is very important! Please invest in a shredder if you do not have one. Identity theft is a significant problem in today's society. It is critical to completely destroy all unnecessary documents with any personal information. It is not necessary to put your computer and printer in your home office space. If the whole family shares the computer and printer, it may be better to put these items in another location. This way, other family members do not have to worry about disturbing your records.

Decide which family member will be in charge of the home office. In some families, one member naturally emerges as the one who is good at managing the bills; in others, couples divide up tasks. It is also important to inform someone outside of your household (a close relative, friend or neighbor) where records are kept.

Now that you set up your home office, Once you find a location, here is a the next step is to identify and invento-

is a list of some of the papers to collect: Adoption papers; Advisors and contacts list; Baptism and other religious activities records; Birth certificates; Business ownership papers; Citizenship and naturalization papers; Credit card information; Credit report; Death certificates; Divorce papers; Education records; Employment history/payroll stubs; and, Financial accounts/investment records/ pension plans.

Also, Funeral and burial plans and records; Household property inventory; Income and expense records; Insurance policies; Marriage certificates; Medical records and family medical history; Memberships and subscriptions; Military records; Net worth statements; Passports; Powers of attorney; Property appraisals, deeds and titles; Safe deposit box inventory; Social security cards and numbers; Tax records; Utility records; Veterinary records; Warranties, guarantees and owner manuals; and, Wills and trusts

An easy way to create a household inventory is to use a digital camera to take pictures or a video of your belongings. Store these in a computer file, along with descriptions (including serial numbers, purchase date, original cost and estimated current value) with each of the pictures. If a video of everything is recorded, you

Do not just keep this file on your hard drive; store it on a DVD, external hard drive, cloud storage system or flash drive. Put the flash drive in a safe place that is easily accessible if you need to evacuate. Print out the inventory list and keep a copy of it off-site, such as in a safe deposit box.

Some records are accessed more often than others. You may freqe ntly use credit card, utility bill, bank statement and insurance files. Keep these files close at hand. Some records are extremely hard to replace such as birth and death certificates, business ownership papers, citizenship and naturalization papers, marriage records, wills and trusts and property deeds. These records should be placed in a safe deposit box.

Be careful what you put in your wallet. Only carry those items that you need to keep with you at all times, such as your driver's license, one or two credit cards used most often, health and dental insurance cards and special medical information. Keep a photocopy of these items in your home office just in case your purse or wallet is stolen. Finally, have a plan in place for transporting your records in case you need to evacuate. Invest in an expandable file folder or carrying case in which you can place your files and computer drives and leave as qi ckly as possible. Since external hard drives have become so inexpensive, consider getting



