

Lisa J. Billy Appointed to Serve as Secretary of Native American Affairs

Oklahoma Governor Kevin Stitt announced on Jan. 30 the appointment of Chickasaw Nation legislator and former Oklahoma House representative Lisa J. Billy to serve as the new Secretary of Native American Affairs.

Billy currently serves in the Chickasaw Nation Legislature, a seat she has held since 2016. She previously served in the

Chickasaw Nation Legislator and Former State Representative

Chickasaw Nation Legislature from 1996 to 2002. Billy also served in the Oklahoma House of Representatives from 2004 to 2016 representing District 42.

During her time in the Oklahoma Legislature, Billy held

various leadership roles including Floor Leader from 2014 to 2016, Deputy Whip from 2004 to 2008, and vice chair of the Republican Caucus from 2006 to 2008. She formed the Native American Caucus in the

Oklahoma Legislature in 2006 and has been recognized for her work on prison reformation policies.

“Lisa has been a consistent and faithful representative for the people of Oklahoma, from her time serving in the Oklahoma Legislature to her role today in the Chickasaw Nation Legislature,” said Gov. Stitt. “She will bring her hard-work ethic and wealth of experience to the table in order to serve as an advisor to my administration and help foster strong partnerships between our tribal governments and the State of Oklahoma.”



Lisa J. Billy



Sac and Fox Nation Principal Chief Kay Rhoads talks with movie producer Abraham Taylor and actor Martin Sensmeier, right, in the Sac and Fox Cultural Center during a

Feb. 5 visit to discuss the late world-famous athlete, Jim Thorpe. Sensmeier will portray Thorpe in ‘Bright Path,’ a movie by Picture Works Entertainment. (Photo by Mike Brown)

‘Bright Path’ Actor and Movie Producers Visit With Chief Rhoads and Others About Jim Thorpe

by Mike Brown

Martin Sensmeier, a 33-year-old actor who will portray the late Sac and Fox tribal member Jim Thorpe in an upcoming movie, was accompanied by a film production crew on Feb. 5 as he visited the Sac and Fox Nation capitol. Sensmeier discussed the history surrounding the world-famous athlete with Principal Chief Kay Rhoads, Treasurer Jared King and others in the Sac and Fox Nation Cul-

tural Center.

Sensmeier, who starred as Red Harvest in the 2016 feature film, ‘The Magnificent Seven,’ will portray the late Olympian athlete in ‘Bright Path: The Jim Thorpe Story,’ an upcoming movie by Pictureworks Entertainment. A release date for the Hollywood production has not been determined.

The actor was raised in a Tlingit coastal community in Southeast Alaska and, grew up

learning and participating in the traditions of his tribes. He is also an ambassador for The Native Wellness Institute, as well

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Tribal Treaties Being Digitalized For National Archives Web Page

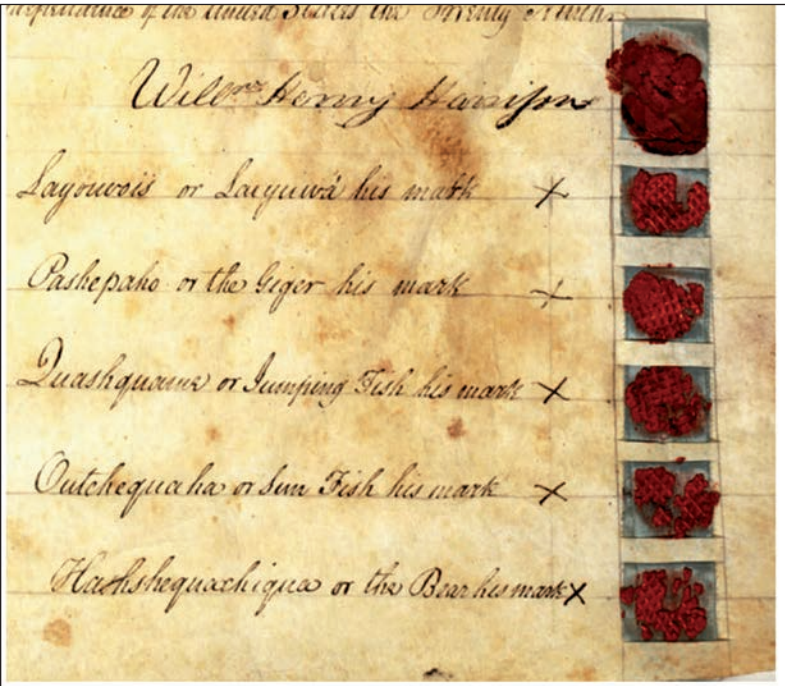
by Mike Brown

Members of the Sac and Fox Nation and others interested in learning more about tribal history can find an abundance of interesting information at the Sac and Fox National Public Li-

brary, and online at sacandfox-nation-nsn.gov.

The Sac and Fox National Public Library opened in 1987 as one of the first tribal libraries in the nation and the only tribal

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Signers of the 1804 Treaty include: William Henry Harrison, Layauvois, or Lalyurva, Pashepaho, or the Ciger, Quashquame, or Jumping Fish, Outchequaka, or Sun Fish, Hahshequarhiqua, or the Bear.

(Photo courtesy of Sandra Tharp)

AARP Accepting Nominations For 2019 Indian Elder Honors

AARP Oklahoma is accepting nominations for the 11th annual AARP Oklahoma Indian Elder Honors to celebrate 50 Native American elders who have positively impacted their community, family, tribe and nation. Since its inception in 2009, AARP Oklahoma has recognized 500 elders from all 39-federally recognized tribes and nations in Oklahoma.

“The AARP Oklahoma Indian Elder Honors recognizes the extraordinary contribution of Indian elders – many of whom are the unsung heroes of their communities,” AARP Oklahoma volunteer state president Joe Ann Vermillion said.

The 2018 Indian Elder Honorees from 28 Oklahoma tribes and nations included teachers, veterans, artists, tribal leaders and culture preservationists. AARP state director Sean Voskuhl said, “This event celebrates a lifetime of service from these distinguished elders who have positively impacted their

community, family, tribe and nation. Whether they are well-known or exhibit quiet devotion to family and community, this year’s AARP Oklahoma Indian Elder honorees represent what is best about Native American people- love of family, dedication to culture and respect for all people.”

This year’s Indian Elder Honors will be held October 1, 2019 in Oklahoma City. Nomination applications are online at <https://aarp.cvent.com/2019IndianElders>. Nominations may be submitted electronically or mailed to AARP Oklahoma, 126 N. Bryant, Edmond, OK, 73034.

Nominees must be an enrolled member of a federally-recognized Oklahoma tribe or nation, age 50+, and must be living. Nominees do not have to be AARP members. For more information, please contact Mashell Sourjohn at 405-715-4474 or msourjohn@aarp.org. The deadline for submitting nominations is April 30, 2019.

Black Hawk Health Center

‘Kick Butts Day’ Set for March 20, 2019

by Staff Writer,
Ed Abuyog, LCSW

Did You Know?

Everyone is aware that tobacco cessation has been a major health care priority, because of the health problem it causes. However, there are some new facts that you may not be aware of:

1. More than 480,000 people die each year from cigarette smoking or exposure to second

hand smoke;

2. 5.6 Million Kids today, (currently under the age of 18), will die from smoking unless smoking rates decline;
3. Over 16 Million people in the United States Suffer from an illness caused by smoking.

March 21, 2018 is designated as, “Kick Butts Day,” a national campaign for Tobacco-Free Kids.

What You Can Do:

- (1) Be aware. Smoking is not just a personal choice, it impacts everyone.
- (2) Consider. Look at these numbers, if you smoke consider quitting. If you have a loved one who smokes, help them with information to help quitting.
- (3) Act. Get help to quit smoking for yourself and for

(Continued on Page 2)



New Transportation, Veterans, Elders Building To Include Geo-Thermal Heating and Air System

Workers are shown drilling test wells at the location in Stroud where the new Sac and Fox Nation transportation, elders and veterans building will soon be constructed. Project consultant and inspector Cecil Bernard said the test wells are associated with an energy-efficient underground “geo-thermal” heating and cooling system planned for the complex. The project architect is finalizing plans and drawings to be submitted to the Sac and Fox Nation Business Committee and U. S. Dept of Transportation for approval, prior to the construction bidding process.

(Photo courtesy of Randle Carter)

Sac and Fox News

The Sac & Fox News is the monthly publication of the Sac & Fox Nation, located on SH 99, six miles south of Stroud, OK.

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Editorial statements, guest columns, and letters to the editor published in this newspaper contain the opinions of the writers. These opinions do not necessarily reflect the opinions of the Sac and Fox News staff or any elected official or department of tribal government or administration.

The Sac and Fox News reserves the right to refuse publication of letters to the editor. All editorials and letters to the editor become the property of the Sac and Fox News.

Submissions for publication must be signed by the author and include an address and contact phone number. They are limited to 300 words. The staff will not edit editorials or letters to the editor to fit the 300-word limit.

Deadline for the April issue is:
Wednesday, March 20, 2019 at 4:30 p.m.

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Address corrections & changes are accepted by The Business Committee at the address listed below.

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Mike Brown

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click news

Obituaries

Ashley Kay Ellis was born on May 17, 1986 in Oklahoma City, Oklahoma and departed this life on January 22, 2019 in Tulsa at the age of 32. Ashley was the daughter of Virgil Ray Ellis Sr. and Catherine Jean Reynolds. She was a Shawnee resident and was a beloved sister.

Ashley enjoyed to reading and spending time with her friends and family. She was often founded hanging out and watching television, and was an OU Sooners fan. She was caring, kind and had a special place in her heart for animals.

Ashley was preceded in death by her parents; grandparents, Edgar and Myrtle Ellis and grandmother, Maryann Koonz.

Ashley Kay Ellis

She is survived by brothers and sisters, Marion Stewart, Virgil Ray Ellis Jr, Jonathan Ellis, William Ellis, Amy Ellis, Justin Ellis and Cheyenne Scovel; aunt, Minnie Masquas and cousin, Calvin Rowe Jr. She is also survived by many nieces, nephews, aunts, uncles, relatives and friends.

Traditional Sac and Fox Funeral Services were held at the Sac and Fox Nation Community Building near Stroud, on Thursday, January 24, 2019. Burial followed on Friday morning, January 25, 2019 at the Sac and Fox Nation Cemetery. Services were under the direction of Parks Brothers Funeral Service of Prague.



Ashley Kay Ellis

Martin Boyd

Martin Boyd was born Nov. 14, 1945 and passed away on Feb. 11, 2019 in Stroud, Okla. He was the son of the late Lewis Buffalohorn and Cora Boyd Anderson.

Services were held Feb. 15, 2019 at the Sac and Fox Chapel, under the direction of Parks Brothers Funeral Services, Stroud, Okla.

New Hope in Fighting Deadly Brain Cancer

Glioblastoma is an aggressive form of brain cancer with no cure. Even with surgery and chemotherapy, patients typically live only 12-18 months after diagnosis. But, a new discovery from Oklahoma Medical Research Foundation scientist Rheal Towner, Ph.D., offers new hope in fighting this deadly cancer, which claimed the lives of Sens. John McCain and Ted Kennedy.

In pre-clinical experiments at OMRF, Towner discovered that a protein called ELTD1 is present in the most aggressive glioblastoma tumors. Towner then tested how the tumors would react to an antibody known to counteract the effects of ELTD1. He found that the compound slowed the process of angiogenesis, the growth of new blood vessels, which is key to tumors' ability to spread and kill.

"This drug seems just as promising, if not better than, what is currently considered the standard of care," said Towner. "Few therapies exist for treating glioblastoma, but this could provide a step in the right direction."

If proven effective in further trials, said Towner, "This could provide overall treatment with fewer side effects and better results than we see in current drugs." The new findings were published in the journal NeuroOncology. Towner will continue to look for ways to use the new treatment in combination with other drugs to boost their effectiveness and better target tumors.

"One problem with drug treatments for tumors is that it's hard to get the drug to the tumor site," he said. "If we can regulate that process with targeting ELTD1, we might be able to use it to deliver other drugs directly to the tumor and, hopefully, eliminate it."

If researchers succeed with this tumor-targeting method, Towner said they will begin testing it on other tumors associated with breast, pancreatic or other cancers.

Business Committee Meeting Minutes
are now accessible on the Website
sacandfoxnation-nsn.gov and Facebook

With Sincere Appreciation

The family of Landis McClellan wishes to extend heartfelt thanks to the people who helped with the Traditional Sac & Fox ways of burial as she wished.

Sincere gratitude from Bud, Colbert and Marsha and extended McClellan family and the Landis family.

Gaylon Randall Franklin Sr.

Gaylon Randall Franklin Sr. was born on June 9, 1938, the son of the late Herman and Doris Dudley Franklin. He departed this life February 5, 2019.

He is survived by his wife Lillie, of 66 years. He is also survived by his sons, Gaylon Jr. and family, and Steven and family; daughter, Loretta and family and many grandchildren and great-grandchildren. Other survivors include his brother, Keith and sisters, Jeannie, Carole, and Marcy Franklin and their families, and many nieces, nephews and friends.

Gaylon graduated from Chilocco Indian School in 1958. During his journey of life, he not only helped raise a family, he also served as Second Chief of the Sac and Fox Nation for many years. During this time as Second Chief, he had many achievements to change and to help better the Sac and Fox community.

Traditional services were held on February 7, 2019. Christian services were held February 7 at the Sac and Fox Nation Community Building with Thomas Morris Jr. officiating. Burial followed on

February 8, 2019 in Sac and Fox Cemetery under the direction of Brown's Family Funeral Home of McLoud, Okla.



Gaylon Randall Franklin Sr.

'Kick Butts Day'

(Continued From Page 1)

your loved ones.

We are here to help. For more information, contact the Behavioral Health Department. Educational and counsel-

ing services are available to assist those who need help to stop smoking. See your Health Care Provider at BHHC for a Referral to the Tobacco Incentive Program.

2019 Sac and Fox Nation Election

Opening Date to File for Office:

Wednesday, January 2, 2019

Closing Date to File for Office:

Thursday, March 28, 2019

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MARCH 17TH
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Treaties Being Digitalized for Archives

(Continued From Page 1)

public library in Oklahoma. The Sac and Fox Historical and Cultural Collection was established in 1989 as a part of the library. The archives collection was moved next door to the new Sac and Fox Cultural Center in 2013.

As stated on the tribal website, the Sac and Fox Nation Archives sustains the history of the Sac and Fox people through the collection and curation of historical manuscripts, personal papers, official reports, institutional records, photographs, and video and audio recordings. The Archives serves the Sac and Fox Nation through the safekeeping of these historical and cultural materials. It is an institution dedicated to the Sac and Fox community as a resource of learning and

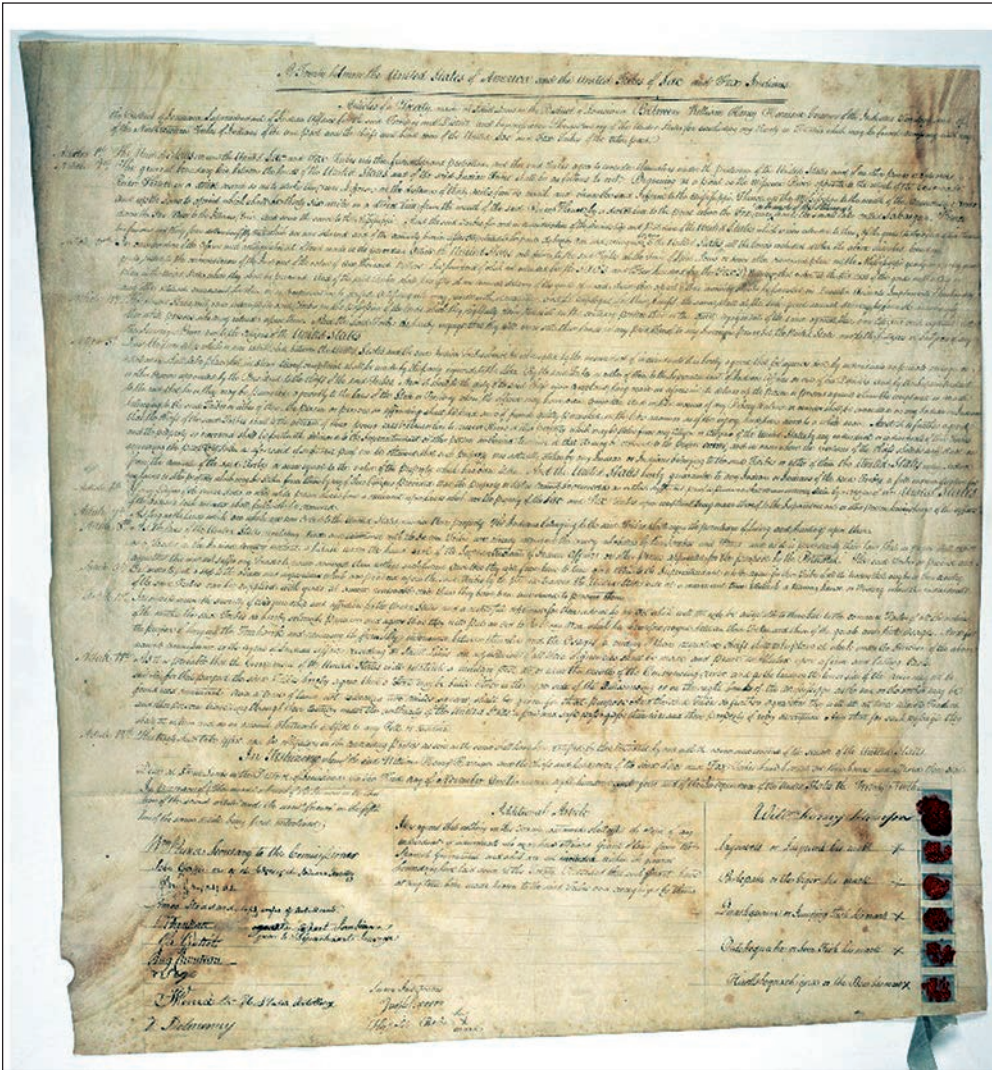
Business Committee Meeting Minutes are now accessible on the Website sacandfoxnation-nsn.gov and Facebook

memory and, as a preserver and defender of historical records.

The Archives acquires, organizes, describes, protects, preserves, and makes accessible this wide variety of materials to help perpetuate the culture and history of the Sac and Fox community and to assist in building self-knowledge, identity, and purpose for the Sac and Fox people.

To accomplish this mission, the library staff works cooperatively with the Sac and Fox National government and its other departments, as well as other libraries and museums, to plan and provide resources and programs for the enrichment of the lives of its patrons.

“The National Archives is in the process of digitizing all of the ratified treaties, with a goal of having all of them done by 2020. Presently, ten of the Sac and Fox treaties have been made available. The Library and Archives, working with the Internet Technology (IT) Department, will soon have these available on the website with printed transcript. Photos and biographies of the leaders that signed these important documents will be included. The project promises to be very rewarding,” said Sac and Fox National Public Library Director Sandra Tharp.



Pictured is a digital copy of the 1804 treaty. It was the first treaty where the Sauk and Fox Tribes became one. The digital image is now available on the Sac and Fox Archives Web Page. (Photo Courtesy of Sandra Tharp)



Our History, Your Future

Bacone College was begun in 1880 as Indian University - but not as an "Ivory tower" escape from the world. Instead, Bacone was founded to inspire students to rise above injustices of their day. For nearly 140 years, Bacone has equipped students to do more than enter the world - Bacone wants to help you transform your world. Today, our students and graduates lead this Mission into our 21st Century. Join us and become a Warrior!



Areas of Study

- Accounting
- Art
- Fine Arts
- American Indian Studies
- Business Administration
- Business Management
- Criminal Justice
- Christian Ministry
- Family Counseling
- American Indian Ministry
- Elementary Education
- Exercise Science
- Family Studies (Social Work/Education)
- Finance
- Liberal Arts (Communications /English/History/Interdisciplinary Studies)
- Radiography
- Sports Management

Student Clubs and Organizations

- Alpha Chi
- U.N.I.T.Y.
- International Club
- Baptist Collegiate Ministry
- Student Government Association
- Native American Student Association
- Black Student Society
- Sigma Nu Alpha Gamma

Athletic Programs

- Women's and Men's Basketball
- Women's and Men's Cross Country
- Baseball
- Women's Soccer
- Softball

Admission Requirements

2.0 GPA	College Transfer students
18 ACT or 860 SAT	32 hours with 2.0 GPA
Ranked top 50% of graduating class	

Kaila Harjo, M.S. Interim VP of Student Affairs, Admissions/Recruitment-Director
918-360-7771 | harjok@bacone.edu | www.bacone.edu
2299 Old Bacone Rd Muskogee, OK 74403

Bright Path: The Jim Thorpe Story

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as the Boys & Girls Clubs of America. His first feature film was the sci-fi thriller, ‘Encounter.’ Sensmeier joined the cast in the 2018 season of the HBO television series, ‘Westworld,’ in the recurring role of Wanahton.

Accompanying the actor on his visit to the area were movie producers from Utah, Abraham Taylor and Joshua Aker and photographer and videographer David Wilson. While in the area, the actor and production crew also visited the historic Jim Thorpe Home in Yale, Okla. and other pertinent locations.

The movie synopsis as set forth by Pictureworks Entertainment states: “A young Native American struggles to hold onto his identity in the face of a nation that attempts to strip him of his culture. Spurred on by the last words his father ever spoke to him: “Son, you’re an Indian. I want you to show other races what an Indian can do.” Jim Thorpe transcends every obstacle to become a beacon of hope for his people and ‘The World’s Greatest Athlete.’”

Happy March Birthday Elders!

- Connie Yevette Ellis
Timothy Schexnider
Henry Owen Hunter
Mary Lynne Deweese
Kenneth Wayne Edmonson
Emily S.C onner
Isabelle Edgin
Saginaw Grant
Marilyn Renee Franklin
Brian Scott Ramseyer
Tracy Zay Lauderdale
Elizabeth A. Manatowa-Mastel
William Dale Allen
David Daniel Harris
Dorris Kay Ashlock
William Kyle Tyner
Mary Elizabeth Meadows
Patricia Donahue
Jessica Dawn Patterson
Virginia Marez
Sandra Kay Rolette
Tressia Annette Cain
Jay Von Conallis
Beatrice Irene Smith
Melanie Diane Jones
Leslie Dean Gibbs
Isaac Benjamin Littleton
Frankie Theresa Whaley
Robert A. Musgrove
Sharen E.M erchberger
Tammy Dawn Arellano
Charles Marvin Rumbaugh
Geraldine Louise Riska
Denise Jane Murie
Stacy Ann Root
Austin Grant
Clifford Ray Blanchard
Jackson Ellis
Syrous Javad Meheen
Marie Lynn Neilsen
James David Stehe ns
Larry Francis Morgan
Gary Kevin Riley
Kelly Denyce Riska
Louis James Gokey
Linda Sue Orona
Emerson E.F alls
Patricia Frances Carson
Jimmie Carol Tiger
- Eugene Henry Masters
Tony Ray Brice
Martha Ann Burnside
James Reuben Pawp
Patricia Nell Yarholar
Stepe n Anthony Pettitt
Christy Mae Blackbear
Darrell Victor McClellan
Veronica Lynn Wallace
Lela J.L op z
Raymond Evans Walker
Barbara Marie Johnson
David Harris
Billy Thurman Wakole
Deborah Grace Tahkofp r
Terry David Riska
Gail Lynn Depe
Patsy Diann Simp on
Samuel William Kanes
Mary Ann Crook
Mark Steven Poitras
Charlet Renee Sauls
Alwanda M.R oss
John Terry Blankenship
Charles Robert Carter
Barbara Sue Hawkins-Ramos
Kai Joseph Giffin
Rosemary Maurer
Cleda Mageline Curley
Marcelle Judy Maker
Robert Eugene Kahbeah
Terri Elaine Klein
Temp e Shane Meadows
Pauline Louise White
Cynthia Armstrong
Michelle Louise Bouzis
Susan Eileen Safford
Joseph B ass
Debra Lynn Cross-Chandler
Melanie Kay Roberts
Robert F.D elaware
John Wallace
Georgia Ann Noble
John Brantley Johnson
Clifton Bruce Judy
Marcy Ann Chavez
Lou Ann Garcia
Louis E.O rtega

MARCH AT BLACKHAWK CASINO



TRIPLE-PLAY

SATURDAYS
7PM – 11PM
EVERY 30 MINUTES



ST. PATTY'S DAY
HOT SEATS

MARCH 17TH
2PM – 7PM
EVERY 30 MINUTES



REUBEN SANDWICH
-WITH CHIPS-



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EDUCATION NEWS FOR MARCH

By Barbara Ramos, Education Director Sac and Fox Nation

I enjoy reading quotes as they are great motivators. This quote is by the late Princess Diana: “Carry out a random act of kindness, with no expectation of a reward, safe in the knowledge that one day someone might do the same for you.” In today’s fast-paced world, each of us need to take a little time to read something that may inspire us.

The Education Department received a total of 57 RAP college applications and 36 Dept. of Interior (DOI) college applications for the 2019 spring semester. During this semester, there were 44 full-time RAP students, with 6 being part-time and, there were 13 incomplete RAP applications. Twenty-four (24) of the DOI applicants received funding, ten (10) submitted incomplete DOI applications, and three (3) students were not funded due to the lack of funds.

This is the first time since I have been the Education Director that we were unable to fund all of the DOI applicants, but our DOI budget is very limited. Seven (7) students will graduate this spring with either an Associate or a Bachelors degree.

The Education Program has done very well since its inception and, the past two years we have seen an increase in our

numbers. However, our funding is limited so the numbers of students we will be able to serve will remain around 6 unless we get additional funding. It is exciting to see how many individuals are interested in obtaining a higher education and we hope that we will be able to help them reach their goals.

Last month, I wrote about how some schools discriminate and mistreat Native American students, which is in violation of federal civil rights laws. The following is according to the National Indian Education Association in their January 22, 2019 NIEA updates: “Early this year, it was announced that federal authorities would launch a discrimination investigation against Wolf Point School Districts.

“On January 4, 2019 the U.S. Department of Education Office of Civil Rights announced that it will investigate claims that the Wolf Point School Districts is in violation of federal civil rights laws regarding discrimination and mistreatment of Native American students.

The DOE will investigate allegations that Wolf Point School District staff:

- Subject Native students to more severe discipline than their white peers (Native students are twice as likely to receive an in-or out-of-school suspension

as white students in the same school);

- Warehouse Native students with disabilities in an unstructured, understaffed “alternative program,” where students have gone without instruction for weeks at a time;
- Fail to provide basic accommodations for Native students with disabilities, and;
- Ignore racial harassment in classrooms.”

According to a Wolf Point parent, grandparent and tribal member –“Education should be a source of hope and opportunity.” Yet, instead of providing a safe learning environment, the Wolf Point School District adds to the long history of educational abuses of our tribal members.”

This type of abuse of Native students is unacceptable and should not be allowed to continue and, I am proud to see that the discrimination and mistreatment of Native students is finally being investigated. I will follow up as to what the outcome of this investigation brings forth in the near future.

MENTORSHIP for STUDENTS

A mentor is one who advises another, especially officially or professionally. A mentor is a person who gives recommendations to someone about a decision or course of action.

With that being stated, according to the National Education Association, “students who meet regularly with a mentor are 52 percent less likely to skip school than their peers without a mentor, which is based on a report called The Mentoring Effect. These students are more likely to be enrolled in college. (NIEA Updates, January 22, 2019).

Therefore, it is important for educators and individuals to invest in our students. “Kids will invest more when they feel they’re being invested in. I understood that there was power in showing children my regard.” (Michelle Obama).

Each year, the Center for Native American Youth (CNAY) honors five (5) inspirational Champions for Change. These are students who get involved in leading initiatives and advocating on issues that affect Native communities. These five students are addressing issues such as Indian child welfare, Native youth engaged in policy change, decolonizing Western education, language preservation and cross-cultural programming. CNAY will celebrate its 7th cohort of Champions for Change and, the 2019 Honorary Champions of Change are Rep. Deb Haaland and Rep. Sharice Davids. These are the first two Native American women to serve in Congress.

SCHOLARSHIPS NOW AVAILABLE
2018 NABI Scholarship fund has donated over \$250,000 in financial aid to Native American college students from all over North America since 2003. A fund created to support NABI alumni with the hopes of seeing a higher presence of Native Americans earning college degrees. The Foundation will extend \$0,000 to the top Male and Female recipients this year. Scholarship Deadline: June 1, 2019

For further details, please contact the NABI Foundation website: <http://nabifoundation.org/nabihome/nabi-college-scholarship-fund/>. Telephone # 480-446 7052. NABI Foundation, P.O. Box 2566P, Phoenix, AZ 85002

WELLS FARGO SCHOLARSHIPS/ UNDERGRADUATES: Deadline is June 1, 2019. This scholarship will fund undergraduate American Indian

and Alaska Native students who are degree-seeking college freshmen, sophomores, juniors and seniors who hold a current GPA of 2.7 or higher with up to \$,000 for one year of study in any chosen major at an accredited institution in the United States.

Must be an enrolled member of a federally-recognized American Indian tribe or Alaska Native group or a state recognized tribe in the U.S. OR provide documentation of ancestry to possession of one-fourth degree Indian blood of a state or federally recognized tribe. <http://www.aigcs.org/scholarships-fellowships/undergraduate-students>.

TEACH: Teacher Education Assistance for College and Higher Education provides grants of up to \$,000 per year to students who agree to teach for four years at an elementary school, secondary school or educational service agency that serves students from low-income families. <https://studentaid.ed.gov/sa/sites/default/files/teach-grant.pdf>.

HERSHEY COMPANY TRIBAL SCHOLARSHIP – Deadline: May 31, 2019. U.S. Citizenship/Enrollment in an accredited tribal college or university, registered as a member of a federal or state recognized tribe, or descendant of at least one grandparent or parent who is an enrolled tribal member. (Alaska Natives may also use Native Corporation membership). Submission of a completed on-line application.

Extra Eligibility for the Hershey Company Tribal Scholarship: Be a freshman, sophomore, Junior or Senior in college; Minimum 3.0 GPA/majoring in math, technology, science, engineering and/ or business. Recipients are strongly encouraged to apply for a Hershey Company’s Internship Program. Scholarship Amount: \$,250.

<https://www.scholarships.com/financial-aid/college-scholarships/scholarships-by-grade-level/graduate-scholarships/career-specific-scholarships/hershey-company-tribal-scholarship-for-tribal-colleges/>.

2019 NAJA-Facebook scholarship application due April 30th. The Native American Journalist Association is committed to increasing the representation of Indigenous journalist in mainstream media. NAJA supports and empowers members through annual scholarship opportunities for Native American, Alaska Native, Native Hawaiian and First Nations students.

NAJA will select five (5) students for one-time awards of \$0,000 each for the NAJA-Facebook Journalism Project Scholarship for Indigenous students pursuing journalism and media degrees at a higher learning institution.

To be eligible, applicants must be enrolled juniors, seniors, or graduate students at an accredited university in the United States pursuing a degree in digital media/journalism/communications with a commitment to Indigenous storytelling as demonstrated by completed coursework, clip/work samples and a letter of recommendation from a professor or internship supervisor familiar with their work and attesting to career commitment

I encourage any Native American student to apply for these scholarships. Also, Jean Lynam and I have a MEGA List of Scholarships for/Class of 2019-2020. If you have any questions, please contact: Barbara Ramos, Director of Education at (918) 98- 3526 Ext. 2046 or e-mail: Barbara.ramos@sacandfoxnation-nsn.gov.

Free ‘Prospective Teacher Academy’ Set March 8 at University of Central Oklahoma

High school juniors and graduating seniors in Oklahoma who will be attending the University of Central Oklahoma (UCO) in Edmond, or a community college, are invited to attend a free ‘Prospective Teacher Academy’ set for Friday, March 8, 2019. The academy is sponsored by the Oklahoma State Regents for

Higher Education in an effort to identify and assist students interested in teaching as a career.

The academy will be held in the University of Central Oklahoma Education Building, Room 101 at 100 N. University in Edmond, Okla.

“Students have used this as a college visitation day, and we will sign off or provide documentation. A family member is welcome to attend with the student. We believe in creating supportive networks,” said Susan C. Scott, Ed.D., who serves as professor of Educational Sciences, Foundations and Research at UCO. “Seating is limited, and details will be sent to you once you have registered,” she added.

To register Online, go to: <http://sites.uco.edu/ceps/tes/Prospective-Teachers-Academy/index.asp>.

Job Openings!!

Central Tribes of the Shawnee Area, Inc. Head Start is hiring for various positions in Stroud and in Shawnee:

- Head Start Teacher
- Early Head Start Teacher
- Child Care Teacher
- Center Supervisor/lead teacher
- CCDF Director
- Finance Manager

Please contact CTSA Human Resources for an application at: 405-275-4870, or ericw@ctsahheadstart.org

Business Committee Meeting Minutes are now accessible on the Website sacandfoxnation-nsn.gov and Facebook

PLEASE JOIN US FOR OUR

Open House

HOSTED BY THE SAC AND FOX NATIONAL PUBLIC LIBRARY, SAUK LANGUAGE DEPARTMENT, AND CULTURAL CENTER


TUESDAY, APRIL 23
11:00-3:00
@ THE LIBRARY & CULTURAL CENTER

- Snacks and refreshments will be provided
- Language materials available
- Library handouts available



Oklahoma Tobacco Helpline

1 800 QUIT NOW



Coming soon near you
Central Tribes of the Shawnee Area, Inc.
CTSA HEADSTART
We are proud to let you know we are opening a New Head Start in Stroud, OK

Applications are being taken at the Sac & Fox Education Dept.

Directions: Sac & Fox Education Dept. 5 ½ miles south of Stroud on 930 RD. Go past the clinic on top of the hill. It is located south of the gym.

For more information, please call the CTSA Main Office at (405)275-4870

Required Documentation:

1. Proof of income (at least 2 checks stubs/Income letter/TANF letter/Income tax form)
2. Proof of residence (Utility/phone bill, Housing lease—MUST show physical address)
3. CDIB card, SNAP, WIC or any assistance you are receiving
4. Shot records and Birth certificate and Source of Health Care (Tribal/IHS, Private Ins.)
5. If your child has a Documented Disability, we will need a copy of his/her IFSP or IEP.

Stroud CTSA Headstart
Yellow Earth Learning Center

Oklahoma Forestry Services Releases 2018 Wildfire Statistics

Oklahoma Forestry Services (OFS) has released its Calendar Year 2018 wild-fire statistics as it prepares for the dry, windy weather so common now through spring green-up. It reports that 2018 was another busy year for wildfire suppression, responding to and assisting on a total of 1,086 fires that burned approximately 466,864 acres.

While it is the state’s lead wild land firefighting agency, Oklahoma Forestry Services works alongside local fire de-

partments and inter-agency partners to achieve efficient and effective wildfire suppression. Wildfires can occur during any month of the year in Oklahoma. However, fire activity is typically the heaviest during the months of January through April when live wild land fuels across the state are dormant.

March experienced 436 wildfires, the highest number in a single month in 2018. April saw the most acres burned (367,458) during the year. April also

hosted the most challenging single day, April 12th, with numerous large and devastating fires occurring. Some of the exceptional fires include the Rhea Fire in Dewey County, the 34 Complex Fire in Woodward County and the Shaw Fire in Roger Mills County.

“As we prepare our firefighting resources for response in 2019, we encourage homeowners to prepare and protect their homes for possible wildfires,” said State Forester and Director of Oklahoma Forestry Services Mark Goeller. “Every-one can take proactive steps to protect

their property by simply removing ex-cessive vegetation and other flammable materials from around their home.”

Homeowners are also encouraged to assess their property by looking at construction materials, landscaping, access for emergency personnel to property and maintenance of a defensible space around their home.

Those living in or near heavily vege-tated areas are especially encouraged to take precautions for wildfires. For more information visit <http://www.forestry.ok.gov/firewise-for-you>.

Okla. Quail Surveys Show Statewide Lower Than Average Population Index

The 2018 Quail Roadside Surveys across all of Oklahoma show a statewide population index of observed birds that is 54 percent lower than the average index over the previous 10 years.

One major factor in the overall drop is likely the effects of a severe drought for most of the year in the southwestern region of the state, an area that traditionally sees quail numbers closer to the long-term average. Quail in the south-west probably lost any opportunity to re-produce during spring and early summer.

However, the surveys show some en-couraging results for the south-central region, where this year’s quail index is higher than the average index from the previous 10 years. And the northwestern and northeastern regions showed quail numbers stable as compared to 2017, so hunters should find conditions in those areas similar to what they encountered last year.

Wade Free, assistant director of the Oklahoma Department of Wildlife Conservation and an avid quail hunter, said bird hunters in western Oklahoma should find some birds. “Some counties in west-ern Oklahoma are as good or better than last year.”

The actual number of quail on the ground could easily be higher than the surveys indicate, due to poor conditions for observing in most regions. Wet conditions in most regions since June created unseasonably thick vegetation, which makes seeing quail much harder for sur-veyors.

Alan Peoples, chief of wildlife for the Wildlife Department, said hunters should find similar conditions as last year in the northwest and west.

“We think that we had a not-so-good early hatch, but we are pretty sure we had a late hatch. A lot of times, those late-hatch birds — those August and Septem-ber hatched birds — are the difference between an OK season and a total bust.”

During the August and October sur-veys, observers note the growth status of birds they see. In August, 4.3 percent of observed quail were half grown, 50.4 percent were three-fourths grown; and 45.3 percent were full grown. None of the birds seen during August were one-fourth grown.


In the October survey, 4.3 percent were half grown, 40.2 percent were three-fourths grown, and 55.5 percent were full grown.


Quail populations are historically cyc-lical; bird numbers often boom for sev-eral years then decline. A more-accurate assessment of the health of quail popula-tions is not based on year-to-year com-parisons, but rather on longer-term av-erages that better account for the natural boom-bust cycles, biologists said.

“Quail are like fruit; it’s an annual crop. It will all depend on the weather and the habitat,” Peoples said. The take-away from the 2018 quail surveys for hunters is that harvest success will be af-fected by where they choose to hunt.

“It will definitely be worth going out. We’ve got a lot of public areas to go quail hunting on,” he said. “You don’t feed that dog year round just to leave it in the pen. The dog wants to go! Finding the quail is a bonus.”

Biologists will get a better idea of the real population numbers after hearing reports from quail hunters this winter. Quail hunting season in Oklahoma ran from Nov. 10 to Feb. 15, 2019.





2019 Nutrition Services Schedule

Cooking Classes

All classes will be held in the Sac and Fox Chapel unless otherwise posted. Class times are 11am-12pm and 12pm-1pm, both classes cover the same information.

January: Thursday, January 10th
February: Thursday, February 21st – Community Building
March: Thursday, March 14th
April: Thursday, April 11th
May: Thursday, May 9th
June: Thursday, June 6th
July: Friday, July 19th
August: Thursday, August 8th
September: Thursday, September 12th
October: Thursday, October 10th
November: Thursday, November 14th
December: Thursday, December 12th

Grocery Store Tours

Tour will provide tips over successfully navigating the grocery store, healthy food ideas, reading and understanding food labels, and buying groceries on a budget.
Tours will be limited to first 10 registrants.

Williams, Stroud: Thursday, March 7th
Anthony’s Foods, Prague: Thursday, June 27th
WalMart, Cushing: Thursday, September 5th
FireLake, Shawnee: Thursday, December 5th

Please RSVP by using the sign-up sheets that are located at the front desks of both the Black Hawk Health Center and the Merle W. Boyd Center. You can also RSVP by emailing josh.nooner@ihs.gov or calling 918-968-9531 x3042.

JOSH NOONER, MS, RD/LD

918-968-9531 X3042



Like Us on Facebook!
Sac and Fox Nation
Sac and Fox Casino
Sac and Fox Language Program
Sac and Fox Dept. of Human Services
Sac and Fox National Public Library

Why the ‘nsn.gov’ Designation?

From time to time, a question has been asked as to why the Sac and Fox Nation uses such a special exclusive (and longer) native sov-ereign nation dot gov Internet des-ignation and name:

The “nsn dot gov” (nsn.gov) des-ignation carries with it more signif-icant levels of legitimacy, trust, and authority than a commercial, “dot com” domain name.

“NSN DOT GOV” confirms that it is an official government web-site that has been certified, veri-fied, and recognized by the United States Government.

Of course, commercial sub-en-tities and public political subdi-visions of tribal government may also use a commercial dot com des-ignation for commercial-oriented purposes.

Truman Carter

SAC AND FOX NATION

2019 PRIMARY ELECTION

REQUEST FOR ABSENTEE BALLOT

THE ELECTION BOARD MUST RECEIVE THIS FORM BY DEADLINE DATE OF
May 2, 2019

(FOR YOUR CONVENIENCE, THIS FORM MAY BE DUPLICATED)

NAME (Please Print): _____
(First) (Middle) (Maiden) (Last)

ADDRESS: _____ CITY: _____ STATE: _____ ZIP: _____

ROLL #: _____ DATE OF BIRTH: _____

SIGNATURE: _____ DATE: _____

All requests must be returned by mail (only) to the address below

SAC AND FOX NATION ELECTION BOARD
P.O. BOX 240
STROUD, OKLAHOMA 74079

PLEASE fill out EACH BLANK completely and return by deadline date.

ELECTION BOARD USE ONLY

PRIMARY REQUEST

RECEIVED: _____ APPROVED: _____ MAILED BALLOT: _____

DISAPPROVED: _____ REASON: _____

ELECTION BOARD

Chairman	Vice-Chairman	Secretary	Assistant Secretary
Member	Member	Member	Member
Member	Member	Member	Member

(Approved: 2010 SFNEB MINUTES-May 17, 2010 / Revised: March 8, 2011)

SAUK LANGUAGE DEPARTMENT
PHILOSOPHY

Indians are born speaking our languages. For some of us, they lie dormant within our bodies. They are looking for a way out. God gave us these beautiful languages. All of us hold them in a sacred manner within. There is no such thing as an Indian person who cannot speak Indian.

Our language programs find these languages within our bodies. They bring them out through our mouths and deliver them to their rightful resting places within our hearts.



March 2019 Quotes

When you know who you are; when your mission is clear and you burn with the fire of unbreakable will; no cold can touch your heart; no deluge can dampen your purpose. You know you are alive.
Chief Seattle, Duwamish (1780-1866)

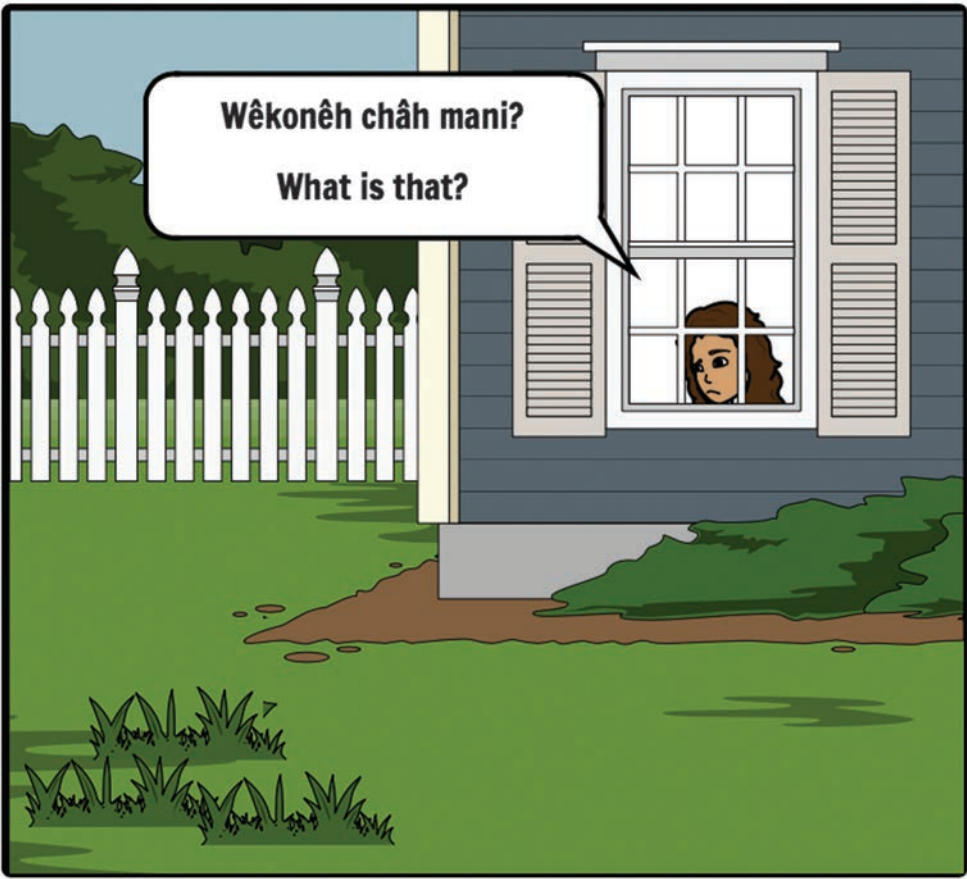
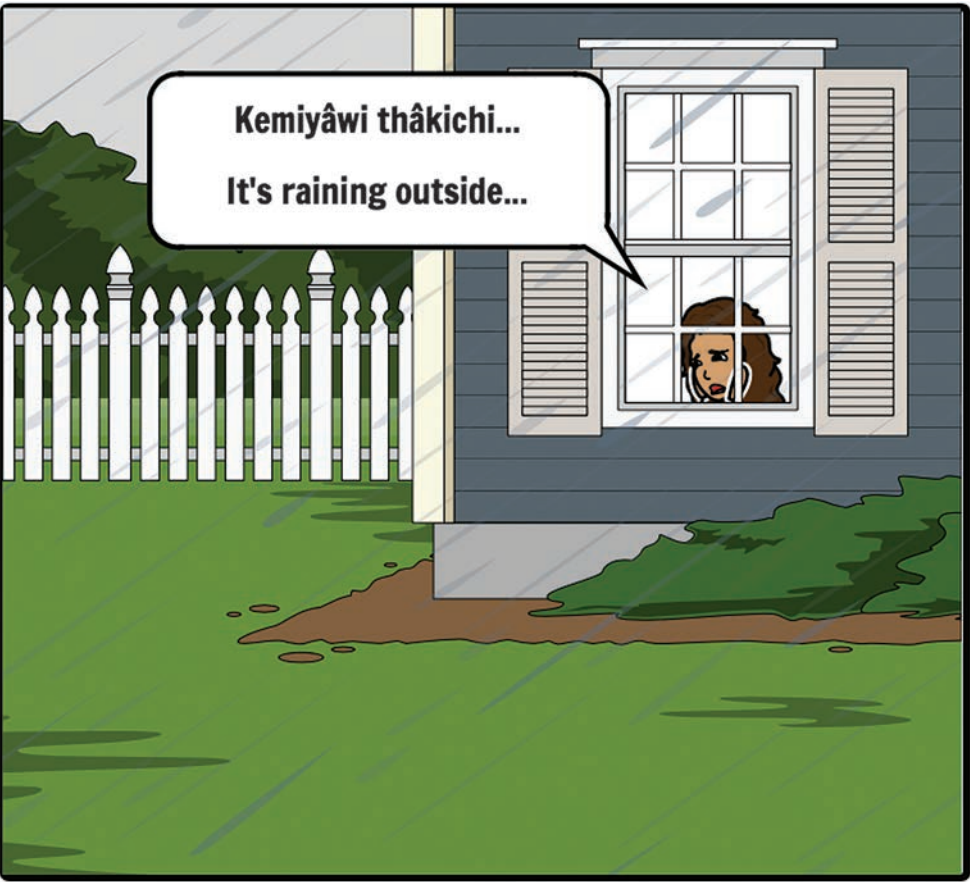
One does not sell the land people walk on.
Crazy Horse, Oglala Lakota (1840-1844)

It does not require many words to speak the truth.
Chief Joseph, Nez Perce (1840-1904)

March Scramble

aâhinwsni	_____
iatnemâwwain	_____
iakpkîhshwâk	_____
whpîokphâa	_____
omwainteât	_____
kewntêhchehpikiiâch	_____
mâwipikynoâe	_____
aiewmnmkôhî	_____
iowten	_____
htpinaakihwâs	_____

March Comic



March 2019 Word Match

Pâpohkwîha	It blows from
Menôhkamîmi	Uprooted by the wind
Aniwânematwi	The wind blows from
Inâshinwa	Blows in on the wind and lands
Otânematwi	Tree that squeaks in the wind
Otenwi	It blows hard
Pakisâshinwa	Rain water
Kashkîpâhkwi	Spring
Kechichêpihkâsenwi	March
Kemiyânâpowi	Blown by the wind

SAUK LANGUAGE DEPARTMENT HAPPENINGS & NEWS

March 2019
Pâpôhkwîha
(Half and Half Moon)

Happy St. Patrick's Day
Pîthehkâko Ashkipakyâwi Shehkitâkanani!
(Wear Y'all's Green Clothes.)

From the Sauk Language Department.

The new Sauk I and Sauk II online courses are now available for high school students who want to learn Sauk. If you are interested in taking these courses, please contact the Sauk Language Department to learn more.

The Sauk Language Department now has 3 FREE downloadable, stand-alone language apps for both Android and iPhones. Go to Google Play Store or iTunes to get yours today and start learning Sauk.

Kishkôha Tank Tops available (Small through 2XL) are \$15.00
Kishkôha T-Shirts available (Youth small through 3X) are \$20.00
Oskasha Tank Tops available (small through 2XL) are \$15.00
Oskasha T-Shirts available (Youth medium through 2XL) \$20.00
Pemitêtêwi T-Shirts are \$10.00 (Small through 4X).

Join us online or visit our website for Sauk words and to play games at
www.talksauk.com!

Suggestions and comments from tribal members are always welcome on programs you have attended, or would like to see scheduled.
Call 918-968-3526 or 800-259-3970, or email at:
Katie.Thompson@sacandfoxnation-nsn.gov

March 2019 Word List

Pâpohkwîha	March
Menôhkamîmi	Spring
Aniwânematwi	It blows hard
Inâshinwa	blown by the wind
Otânematwi	It blows from
Otenwi	The wind blows from
Pakisâshinwa	Blows in on the wind and lands
Kashkîpâhkwi	Tree that squeaks in the wind
Kechichêpihkâsenwi	Uprooted by the wind
Kemiyânâpowi	Rain water

OMRF Says Stomach Bugs Making the Rounds Are Not the Influenza Virus

Stomach bugs are making the rounds in the Sooner State this winter, bringing with them nausea, vomiting, diarrhea, abdominal cramping and general misery. Many refer to this type of illness as “stomach flu,” but is it really the flu?

“No,” said Oklahoma Medical Research Foundation immunologist Hal Scofield, M.D. “Although some may call it stomach ‘flu,’ it actually has nothing to do with the influenza virus.”

More accurately called gastroenteritis, contagious stomach illness is most often caused by two viruses, rotavirus or norovirus. Diarrhea and vomiting, the most common symptoms, typically last for about 24 hours. Influenza, on the other hand, affects the respiratory system. “Flu causes cough, sore throat and runny nose, as well as severe body aches and fever, often over 101 degrees,” said OMRF immunologist Eliza Chakravarty, M.D. “The stomach flu has none of those except maybe a fever, but it will be low-grade.”

Gastroenteritis is generally not as serious as influenza, which kills tens of thousands in the U.S. each year, said Scofield. “A stomach virus may make you feel worse at the beginning, but it’s over fairly quickly and is considerably less lethal than the flu.”

Still, that doesn’t mean gastroenteritis isn’t dangerous, warned Scofield. The biggest risk is dehydration as a result of diarrhea and vomiting, coupled with the inability to keep down any fluids. “Dehydration is dangerous and can set in very quickly, especially in infants and young children,” said Scofield. “Babies can’t tell you how thirsty they are, so parents need to be on alert, because dehydration

can turn deadly in severe cases.”

Doctors suggest parents look for signs in infants like a sunken soft spot on the top of the head, crying with no tears, dry mouth, no wet diapers for six hours and unusual sleepiness or lack of responsiveness. Scofield has spent considerable time studying medical history, but he’s not sure when or how gastroenteritis picked up the “flu” label. “Maybe because it comes around the same time of year as the flu?”

Whatever you call them, stomach bugs are worth avoiding. “Wash your hands and stay away from those who are sick if you can,” Scofield said. “Because if you come down with a stomach virus, the only cure is to ride it out.”

March Word Search

A W N I H S Â N I T B
I W T A M E N Â T O
I K J K A G O D Z
N W I R A H R A N
Y N D M S Î X U T
H E L E H W C Q
S H Z N K K T
C B T K Ô Î H B
I M Â E H P O
K M K Â P P H T
I H I A H Â I R
W I Y M K P N
P T P Â Î W C
A A Ê N W I
R K M H Â I D
W I E C P N
Y Z T N I O
H Â H W E H
Â W C I L
S I E N A
I H N K V
W I A P
N N U
G E W R
K T A
D O
P F
C P
B
C

Business Committee Meeting
Minutes are now
accessible on the Website
sacandfoxnation-nsn.gov
and Facebook

Why the ‘nsn.gov’ Designation?

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The “nsn dot gov” (nsn.gov) designation carries with it more significant levels of legitimacy, trust, and authority than a commercial, “dot com” domain name.

“NSN DOT GOV” confirms that it is an official government website that has been certified, verified, and recognized by the United States Government.

Of course, commercial sub-entities and public political subdivisions of tribal government may also use a commercial dot com designation for commercial-oriented purposes.

Truman Carter

SAC & FOX NATION ACTIVITY COMMITTEE PRESENTS

FOOD ~ EASTER GAMES ~ PRIZES

Special appearance by the Easter meshweha



EASTER EGG HUNT

APRIL 20th, 2019


EASTER EGG COMPETITION (AGES 17 & UNDER ONLY)

RULES:
1.) Your egg MUST be boiled.
2.) You can decorate just the egg or display it in a setting (no bigger than a shoe box).
3.) You can use whatever materials you like. Paint, pens, paper shapes, pom-poms, glitter, etc.
4.) One entry per child; make your name visible.
We look forward to seeing your egg-cellent work!

12:00PM - 3:00PM


SAC & FOX COMMUNITY BUILDING

PosterMyWall.com



MARCH 2019

Black Hawk Health Center Activities



Monday	Tuesday	Wednesday	Thursday	Friday
				1 Exercise Room open 8AM-4:30PM 11:15 Circuit Training 12:15 Circuit Training
4 Exercise Room open 8AM-4:30PM 11:15 Circuit Training 12:15 Circuit Training 5:30 Tai Chi in Shawnee	5 Exercise Room open 8AM-4:30PM 11 AM Tai Chi 12:15 Circuit Training	6 Exercise Room open 8AM-4:30PM 11 AM Tai Chi 12:15 Circuit Training	7 Exercise Room open 8AM-4:30PM 11:15 Exercise DVD 12:15 Circuit Training	8 Exercise Room open 8AM-4:30PM 11:15 Circuit Training 12:15 Circuit Training
11 Exercise Room open 8AM-4:30PM 11:15 Circuit Training 12:15 Circuit Training 5:30 Tai Chi in Shawnee	12 Exercise Room open 8AM-4:30PM 11 AM Tai Chi 12:15 Circuit Training	13 Exercise Room open 8AM-4:30PM 11 AM Tai Chi 12:15 Circuit Training	14 Exercise Room open 8AM-4:30PM Cooking class @ SFN Chapel 11 & 12 11:15 Exercise DVD 12:15 Circuit Training	15 Exercise Room open 8AM-4:30PM 11:15 Circuit Training 12:15 Circuit Training
18 Exercise Room open 8AM-4:30PM 11:15 Circuit Training 12:15 Circuit Training 5:30 Tai Chi in Shawnee	19 Exercise Room open 8AM-4:30PM 11 AM Tai Chi 12:15 Circuit Training	20 Exercise Room open 8AM-4:30PM 11 AM Tai Chi 12:15 Circuit Training	21 Exercise Room open 8AM-12PM closed 12-4:30PM	22 Exercise Room open 8AM-4:30PM 11:15 Circuit Training 12:15 Circuit Training
25 Exercise Room open 8AM-4:30PM 11:15 Circuit Training 12:15 Circuit Training 5:30 Tai Chi in Shawnee	26 Exercise Room open 8AM-4:30PM 11 AM Tai Chi 12:15 Circuit Training	27 Exercise Room open 8AM-4:30PM 11 AM Tai Chi 12:15 Circuit Training	28 Exercise Room open 8AM-4:30PM 11:15 Exercise DVD 12:15 Circuit Training	29 Exercise Room open 8AM-4:30PM 11:15 Circuit Training 12:15 Circuit Training

35 Lucky Teens to be Selected For Annual Wildlife Youth Camp

A week full of fun outdoor activities, conservation education and camaraderie is in store for up to 35 lucky teens selected to attend the 21st annual Wildlife Youth Camp. Applications are now being accepted for this summer’s once-in-a-lifetime event.

“Campers will get a better understanding of wildlife and fisheries management and conservation law enforcement, while at the same time learning some fun outdoor activities,” said game warden Captain Wade Farrar, youth camp coordinator. “If you are interested in hunting, fishing or a career with the Wildlife Department, then this camp is for you.”


The camp will be June 23-28 at the University of Oklahoma Biological Station at Lake Texoma. Game wardens, wildlife and fisheries professionals and dedicated hunters and anglers will be conducting the camp and supervising activities.

Activities will include archery, wildlife identification, rifle/shotgun shooting, fishing, ropes course, self-defense, wildlife law enforcement scenarios, wildlife and fisheries management education, and deer/turkey/waterfowl law enforcement techniques. And, thanks to the support of generous sponsors, including the Oklahoma Department of Wildlife Conservation, it’s all free for the campers.

Applicants must be Oklahoma residents who will be 14 to 16 years old as of June 23, 2019. Prospective campers must fill out an application form and write a 75-word essay describing why they want to attend the camp, why they should be selected, and what they expect to learn. Also, they must furnish a letter of recommendation from someone other than a family member, and a recent photograph showing the applicant participating in an outdoor-related event or activity.

The application form is available at wildlifedepartment.com. The page also includes additional information about the camp and photos from previous years. Applications must be submitted by 4:30 p.m. on April 12, 2019.

New RAP Application Forms Provided Here



SAC AND FOX NATION RAP ASSISTANCE APPLICATION

DENTAL

FAX:918-968-4207
PH: 918-968-3526
EXT: 2000 & 2001
RAP APP
Form#2011-01
BC Approved on 7/6/2018

NAME _____ PHONE # (_____)

ADDRESS _____

CITY _____ STATE _____ ZIP CODE _____

BIRTHDATE ____ / ____ / ____ SOCIAL SECURITY # xxx-xxx-(_____) SFN ROLL # _____

Sac and Fox Nation tribal membership will be verified by the Sac and Fox Nation RAP Department

Please List Statement of Need: _____

****NOTE****

You must receive an award letter **PRIOR** to receiving any Health services requested above. If you receive services prior to an award letter being issued, you are responsible for the charges.


CLIENT’S STATEMENT OF RIGHTS AND RESPONSIBILITIES

I hereby authorize the Sac and Fox Nation RAP Department to make any necessary inquiries relating to my account’s which the RAP Department may be considering making payment on my behalf. I understand that I have the right to a hearing of any action of the Sac and Fox Nation, which I consider improper, and also any unreasonable delay in decision. (Request for fair hearings may be made in writing to the Business Committee of the Sac and Fox Nation, 920883 S. Hwy. 99 Bldg. A, Stroud, OK 74079) I understand that any person who knowingly, willfully and fraudulently provides false information for the purpose of obtaining benefits which he/she is otherwise ineligible to receive; may be subject to prosecution to the fullest extent to the appropriate Tribal statutes.

DATE _____ SIGNATURE OF APPLICANT OR GUARDIAN _____ GUARDIAN FOR _____

PERSON ASSISTING WITH APPLICATION _____ RELATIONSHIP TO APPLICANT _____

DATE _____ RAP SPECIALIST I _____



SAC AND FOX NATION RAP ASSISTANCE APPLICATION

DENTURES

FAX:918-968-4207
PH: 918-968-3526
EXT: 2000 & 2001
RAP APP
Form#2011-01
BC Approved on 7/6/18

NAME _____ PHONE # (_____)

ADDRESS _____

CITY _____ STATE _____ ZIP CODE _____

BIRTHDATE ____ / ____ / ____ SOCIAL SECURITY # xxx-xxx-(_____) SFN ROLL # _____

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DATE _____ SIGNATURE OF APPLICANT OR GUARDIAN _____ GUARDIAN FOR _____

PERSON ASSISTING WITH APPLICATION _____ RELATIONSHIP TO APPLICANT _____

DATE _____ RAP SPECIALIST I _____

BACONE COLLEGE

2019 SPRING POWWOW

PUBLIC WELCOME

NO FOOD VENDORS

2019 HEAD STAFF:

MC: ARCHIE MASON & RG HARRIS

ARENA DIRECTOR: SAM HOWELL

HEAD SINGER: ANTHONY MONDESSEY

HOST GOULD: COMANCHE LITTLE PONIES

HEAD MAN: GALEN SPRINGER

HEAD LADY: SHOWSHANNA JACK

DRUM JUDGE: DJ LITTLECOOK

COLOR GUARD: MUSCOGEE (CREEK) NATION HONOR GUARD

SPECIALS

HEAD MAN SPECIAL: GOLDEN AGE(S)-> WINNER TAKE ALL \$300

2 CONSOLATION PRIZES \$50 ea

TWO-STEP SPONSORED BY WILLIAM BARRY \$150

MEN’S LULU

WOMEN’S WAR CRY

TINY TOTS SPONSORED BY THE BARNESKY FAMILY

SCHEDULE OF EVENTS:

GOULD DANCE 2PM-5PM

SUPPER BREAK 5PM-6PM

GRAND ENTRY 6PM

HONORED ALUM: ENOCH KELLY HANEY

MARCH 23, 2019

PALMER CENTER GYM @ BACONE COLLEGE

CONTACT INFO: KAILA HARJO 918-360-7771

VENDOR CONTACT: BARRY BELINDO 580-682-1213 OR MINDI KEE 580-401-3909 KEEM@BACONE.EDU

VENDOR FEE: \$50 AND RAFFLE ITEM DONATION

DANCE COMPETITION MENS CATEGORIES

STRAIGHT SPONSORED BY KYLE & MARION TAYLOR 1ST \$350, 2ND \$250, 3RD \$150

FANCY 1ST \$350, 2ND \$250, 3RD \$150

TRADITIONAL/GRASS 1ST \$350, 2ND \$250, 3RD \$150

WOMEN’S CATEGORIES

CLOTH 1ST \$350, 2ND \$250, 3RD \$150

BUCKSKIN SPONSORED BY DR. JUAN CLARK 1ST \$350, 2ND \$250, 3RD \$150

JINGLE/FANCY 1ST \$350, 2ND \$250, 3RD \$150

PRIZE MONEY \$5,000

DRUM CONTEST 1ST- \$2500 2ND- \$1500 3RD- \$1000

MARCH 2019

SAC AND FOX NATION FOOD DISTRIBUTION PROGRAM

STROUD WAREHOUSE
918-968-3030 • 1-800-256-3398

SHAWNEE OFFICE
405-395-0063 • 1-886-622-2310

MON	TUE	WED	THU	FRI
				1 ELDERS ONLY
4 ELDERS ONLY	5 LATE NIGHT SHAWNEE 12 pm - 6 pm	6 SHIPMENT	7 ELDERS ONLY	8 LITTLE AXE TAILGATE 10 am - 12 pm
11	12	13 STROUD & SHAWNEE HOME DELIVERIES	14	15 PERKINS TAILGATE 10 am - 1 pm
18 LATE NIGHT STROUD 8 am - 6 pm	19 LATE NIGHT SHAWNEE 12 pm - 6 pm	20 SHIPMENT	21	22 SHAWNEE HOME DELIVERIES
25	26	27 SHAWNEE HOME DELIVERIES	28 CLOSED FOR INVENTORY	29 CLOSED FOR INVENTORY


HOURS

MONDAY - FRIDAY

CERTIFICATION	8:00 am - 4:30 pm
STORE	8:30 am - 2:30 pm
STORE AM INVENTORY	8:00 am - 8:30 am
STORE PM INVENTORY	2:30 pm - 4:30 pm

HOME DELIVERIES ARE FOR HOMEBOUND AND/OR DISABLED ELDERS. CALL OUR STROUD OFFICE TO SEE IF YOU QUALIFY.

This institution is an equal opportunity provider.



Oklahoma Tobacco Helpline

1

800

QUIT

NOW

‘Carbon Offsets’ Help Balance Out Greenhouse Gases In the Environment

by Leilana McKindra
OSU Agriculture
Communications Specialist

Agriculture, including beef production, is a known contributor of greenhouse gases, which hurt the environment. But, what if environmentally conscious families who like and want to keep beef on the dinner menu could have their meat and eat it, too?

Yes, that option is on the table, according to new research by Oklahoma State University experts Bailey Norwood and Lance Gagelman. In research published online in “The Rangeland Journal,” they showed an average household willing to spend just \$0 annually on “carbon offsets” can achieve a carbon footprint similar to a vegetarian and continue eating conventionally raised beef.

Carbon offsets, or activities such as planting trees, help balance out the emission of carbon dioxide or other greenhouse gases into the environment. Consumers can purchase carbon credits. One credit equals 1 metric ton of carbon emission. For context, consider a typical domestic flight is the equivalent of 1.4 metric tons.

“For many people, the sacrifice of \$20 a year is much smaller than the sacrifice of giving up meat,” Norwood said. “This highlights the effectiveness of carbon offsets. The activities they engage in to reduce carbon emissions seem much more effective than dietary changes.”

In the study, the agricultural economics researchers looked at how households could reduce their carbon footprint by changing their diets and explored how households that want to continue eating beef could produce the same carbon footprint as vegetarians. More specifically, the research duo examined the effects of replacing regular beef with grass fed beef, replacing beef with chicken or poultry or adopting a vegetarian diet.

In addition to discovering households could continue eating beef and use carbon offsets to balance out their carbon footprint, researchers also found replacing beef with chicken or poultry, or switching to a vegetarian diet, could decrease a family’s carbon footprint. But, replacing regular beef with grass fed beef most likely would increase a household’s carbon footprint.

Surprised by the results, Norwood said he thought the cost of using carbon offsets to achieve the footprint of a vegetarian would be much higher given the amount of attention beef draws as a carbon emitter.

“It turns out that in the grand scheme of things, although beef does emit more carbon than other meats and food, it doesn’t emit that much more, and there are relatively inexpensive ways of sequestering carbon,” he said. Meat has become increasingly controversial in recent years since diets including it tend to carry a higher carbon footprint compared to vegetarian diets. Because ruminant animals, including cattle, produce methane as part of their digestion process, beef has drawn intense scrutiny as a significant contributor to greenhouse gases.

The ongoing debate has spurred global efforts like Meatless Mondays and documentaries such as Cowspiracy, which encourage people to reduce meat in their diets for environmental and health reasons. Two aspects make this recent research unique. The experts used a simpler model to estimate carbon footprints and injected more economics into the model. It is an approach the research duo believes makes it easier for others to confirm the outcomes.

“The simplicity of this model is appealing because it is so easy for other people to verify our results and see what happens if you change some of the assumptions,” Norwood said. “Most estimates of carbon footprints are a black box, meaning you cannot verify the numbers or tweak them.”

As for takeaways, these latest research findings mean beef lovers can spend a minimal amount on carbon offsets and continue to enjoy the meat as a menu selection, Norwood said. The results also open the door to the beef industry possibly taxing itself and using those proceeds to purchase carbon offsets that would make it more environmentally friendly.

“Although this study concentrates on beef, I think it highlights the fact that people can mitigate their impact on the climate without changing their lifestyles much,” Norwood said. “This is true for both our eating habits and our transportation methods.”



Honor Guard Veterans’ Winter Stomp Dance Held

Native American dancers are shown above taking part in the Sac and Fox Nation Honor Guard Veteran Winer Stomp Dance held Feb. 2 in the Sac and Fox Community Bldg. The event also included supper, raffles, cake walk and door prizes. At right, Sac and Fox Nation Honor Guard Princess Taliah Switch assists Paul and Joyce Wolf with door prizes and drawing prizes. See more photos on Page 13.

Photos by Mike Brown)



ATTENTION TRIBAL MEMBERS Committee/Boards/Commissions Openings



● GRIEVANCE COMMITTEE

Hears complaints of misconduct in office by members of the Business Committee and performs other duties as assigned by tribal law. Must be a member of the Sac and Fox Nation, and at least twenty one (21) years of age and reside in the State of Oklahoma. Terms of office are four (4) years and staggered. Three-member committee. Chairman, Vice-Chairman, Secretary.

Vacancy: Position #1, Position #2, and Position #3

● SAUK BUSINESS ENTERPRISES BOARD

Purpose is to provide sources of revenue, remedy the underemployment rate of tribal members, attract diversified business enterprises and expand the Nation’s land base and economic development potential. The board is composed of a Chairman, Vice-Chairman, and Member. The term of office shall be for three (3) years, and staggered. A board member may be a member or non-member of the Sac and Fox Nation and shall be at least twenty-one (21) years of age and legally capable of entering into a binding contract. Must be able to pass background check for Gaming License.

Vacancy: Position #3

● HOUSING AUTHORITY BOARD OF COMMISSIONERS

Purpose is to remedy unsafe and unsanitary housing conditions; alleviate the acute shortage of decent, safe and sanitary dwellings for persons of low income; provide employment opportunities through the construction and improvement, of low income dwellings. May be a member or a non-member of the Sac and Fox Nation and at least twenty-one (21) years of age. Five member board: Chairman, Vice Chairman, Secretary, Treasurer; chosen by board members. Terms of office are four (4) years and staggered. (Per Sac and Fox Housing Authority Act of 1993)

Vacancy: Position #1, Position #2, and Position #3

Please submit Interest to Serve forms with Resume to:
Secretary, Jacklyn K. King
Business Committee
Sac and Fox Nation
920883 S. Hwy 99, Bldg. A
Stroud, Ok 74079
secretary@sacandfoxnation-nsn.gov

Business Committee Meeting Minutes

Please be advised that the following are official actions taken by the Business Committee in a Special Business Committee Meeting held on January 23, 2019. These actions are to be followed up by the appropriate departments.

- 1) Audrey R. Lee motion to approve the Black Hawk Health Center temporary driveway improvement bid of J & J Dozer in the amount of \$11,000.00. Jacklyn K. King-2nd. VOTE: Kay-Yes, Audrey-Yes, Jacklyn-Yes, Jared-Yes, Robert-Yes. Motion carried.
- 2) Jacklyn K. King motion to direct Tribal Transportation Program to explore bids for lighting of the Sac and Fox Nation’s water tower. Audrey R. Lee-2nd. VOTE: Audrey-Yes, Jacklyn-Yes, Jared-Yes, Robert-Yes, Kay-Yes. Motion carried.
- 3) Audrey R. Lee motion to approve with corrections the Regular Business Committee meeting minutes dated January 9, 2019. Robert E. Williamson-2nd. VOTE: Jacklyn-Yes, Jared-Yes, Robert-Yes, Kay-Yes, Audrey-Yes. Motion carried.
- 4) **Resolution SF-19-77** a resolution adding one (1) person to the Membership Roll of the Sac and Fox Nation in accordance with the Constitution and Laws of the Sac and Fox Nation. Robert E. Williamson-motion. Audrey R. Lee-2nd. VOTE: Jared-Yes, Robert-Yes, Kay-Yes, Audrey-Yes, Jacklyn-Yes. Motion carried.
- 6) Jacklyn K. King motion to deny purchase of request for sale of land, Allotment SF-219-A. Audrey R. Lee-2nd. VOTE: Robert-Yes, Kay-Yes, Audrey-Yes, Jacklyn-Yes, Jared-Yes. Motion carried.
- 7) Robert E. Williamson motion to deny purchase of request for sale of land, Allotment SF-217-B. Audrey R. Lee-2nd. VOTE: Kay-Yes, Audrey-Yes, Jacklyn-Yes, Jared-Yes, Robert-Yes. Motion carried.
- 8) **Resolution SF-19-78** a resolution approving the Fiscal Year 2019 Low Income Home Energy Assistance Program budget modification #1 in the total amount of one hundred fifty thousand nine hundred eighteen dollars (\$150,918.00). The funding sources are identified as the 10% allowable carryover from the Department of Health and Human Services, Administration for Children and Families, Low Income Home Energy Assistance Programs Grant #G-18J0OKLIEA and the new Grant #G-19PLOKIEA. Audrey R. Lee-motion. Robert E. Williamson-2nd. VOTE: Audrey-Yes, Jacklyn-Yes, Jared-Yes, Robert-Yes, Kay-Yes. Motion carried.
- 9) **Resolution SF-19-79** a resolution approving the Calendar Year 2019 Special Diabetes Program for Indians budget in the total amount of five hundred twenty thousand five hundred ninety-nine dollars (\$520,599.00). The funding source is identified as Department of Health and Human Services, Indian Health Services, Special Diabetes Grant #H1D4HS0027-22-00. Audrey R. Lee-motion. Jared A. King-2nd. VOTE: Jacklyn-Yes, Jared-Yes, Robert-Absent, Kay-Yes, Audrey-Yes. Motion carried.
- 10) Jacklyn K. King motion to approve Juvenile Detention Service Agreement renewal #2012-11-22d with the Kickapoo Tribe in Kansas. Audrey R. Lee-2nd. VOTE: Jared-Yes, Robert-Yes, Kay-Yes, Audrey-Yes, Jacklyn-Yes. Motion carried.
- 11) Audrey R. Lee motion to approve request for permission to apply for Institute of Museum and Library Services (IMLS) Accelerating Promising Practices for Small Libraries (APP) up to \$50,000, no match. Robert E. Williamson-2nd. VOTE: Robert-No, Kay-No, Audrey-No, Jacklyn-No, Jared-No. Motion failed.
- 12) Jacklyn K. King motion to approve request for permission to apply for Network of National Library of Medicine (NNLM) funding: Express Outreach Award up to \$10,000.00. Audrey R. Lee-2nd. VOTE: Kay-No, Audrey-No, Jacklyn-No, Jared-No, Robert-No. Motion failed.
- 13) Jacklyn K. King motion to approve request for permission to apply for Dollar General Literacy Foundation Adult Literacy Grant up to \$15,000 for GED Program, in kind match required. Audrey R. Lee-2nd. VOTE: Audrey-No, Jacklyn-No, Jared-No, Robert-No, Kay-No. Motion failed.
- 14) Jacklyn K. King motion to approve Community Partnership Agreement with Central Tribes of the Shawnee Area, Inc. (CTSA) for providing meeting space for training sessions only. Audrey R. Lee-2nd. VOTE: Jacklyn-Yes, Jared-Yes, Robert-Yes, Kay-Yes, Audrey-Yes. Motion carried.
- 15) Audrey R. Lee motion to approve 2019 Cushing Chamber of Commerce Membership Dues in the amount of two hundred fifty-five dollars (\$255.00). Robert E. Williamson-2nd. VOTE: Jared-Yes, Robert-Yes, Kay-Yes, Audrey-Yes, Jacklyn-Yes. Motion carried.
- 16) Jacklyn K. King motion to approve 2019 Davenport Chamber of Commerce Membership Dues in the amount of two hundred fifty dollars (\$250.00). Audrey R. Lee-2nd. VOTE: Robert-Yes, Kay-Yes, Audrey-Yes, Jacklyn-Yes, Jared-Yes. Motion carried.
- 17) Audrey R. Lee motion to approve 2019 Stroud Chamber of Commerce Annual Banquet Corporate Sponsorship in the amount of two hundred twenty-five dollars (\$225.00). Jacklyn K. King-2nd. VOTE: Kay-Yes, Audrey-Yes, Jacklyn-Yes, Jared-Yes, Robert-Yes. Motion carried.
- 18) Jacklyn K. King motion to approve advertising placement in the Oklahoma Journal Record. Robert E. Williamson-2nd. VOTE: Audrey-Absent, Jacklyn-No, Jared-No, Robert-No, Kay-No. Motion failed.
- 19) Jacklyn K. King motion to authorize Tribal Transportation Program and Property and Procurement to seek bids for Highway 99 fencing project. Robert E. Williamson-2nd. VOTE: Jacklyn-Yes, Jared-Yes, Robert-Yes, Kay-Yes, Audrey-Absent. Motion carried.
- 20) Jacklyn K. King motion to approve Tribal Emergency Home Repair Program contract #2019-01-01 in the amount of four thousand one hundred dollars (\$4,100.00). Robert E. Williamson-2nd. VOTE: Jared-Yes, Robert-Yes, Kay-Yes, Audrey-Absent, Jacklyn-Yes. Motion carried.
- 21) Robert E. Williamson motion to approve Tribal Emergency Home Repair Program contract #2019-01-02 in the amount of four thousand five hundred fifty-seven dollars (\$4,557.00). Audrey R. Lee-2nd. VOTE: Robert-Yes, Kay-Yes, Audrey-Yes, Jacklyn-Yes, Jared-Yes. Motion carried.
- 22) Audrey R. Lee motion to approve Tribal Emergency Home Repair Program contract #2019-01-03 in the amount of five thousand dollars (\$5,000.00). Jacklyn K. King-2nd. VOTE: Kay-Yes, Audrey-Yes, Jacklyn-Yes, Jared-Yes, Robert-Yes. Motion carried.
- 23) Robert E. Williamson motion to approve the following requests to be paid from the RAP Charitable Donations Line Item: Sam Noble Museum \$1,000.00, Village of Hanover \$1,000.00 in the total amount of \$2,000.00. Jacklyn K. King-2nd. VOTE: Audrey-Yes, Jacklyn-Yes, Jared-Yes, Robert-Yes, Kay-Yes. Motion carried.
- 24) Jacklyn K. King motion to approve the following requests to be paid from the RAP Government Donations Line Item: Riverside Indian School \$1,000.00, Quapaw Public Schools \$250.00, Shawnee Public Schools \$1,000.00 in the total amount of \$2,250.00. Audrey R. Lee-2nd. VOTE: Jacklyn-Yes, Jared-Yes, Robert-Yes, Kay-Yes, Audrey-Yes. Motion carried.

ADJOURNMENT:
Meeting adjourned at 5:20 p.m.

ATTENTION TRIBAL MEMBERS

A member of the Tax Commission Staff

Will now be at:

The Shawnee Multi-Purpose Center

Twice a Month


The Tax Commission Representative

Will be there on:

The First (1st) and Third (3rd) Thursdays

We will be able to better serve tribal members living in the Shawnee area with motor vehicle registration and, any other service that we can assist you with.

New RAP Application Form Provided Here



SAC AND FOX NATION

RAP ASSISTANCE APPLICATION

FAX: 918-968-4207

PH: 918-968-3526

EXT: 2000 & 2001

RAP APP

Form#2011-01

BC Approved on 7/6/18

VISION

NAME _____ PHONE # (_____)

ADDRESS _____

CITY _____ STATE _____ ZIP CODE _____

BIRTHDATE ____ / ____ / ____ SOCIAL SECURITY # xxx-xxx-(_____) SFN ROLL # _____

Sac and Fox Nation tribal membership will be verified by the Sac and Fox Nation RAP Department

Please List Statement of Need: _____

NOTE

You must receive an award letter **PRIOR** to receiving any Health services requested above. If you receive services prior to an award letter being issued, you are responsible for the charges.

CLIENT'S STATEMENT OF RIGHTS AND RESPONSIBILITIES

I hereby authorize the Sac and Fox Nation RAP Department to make any necessary inquiries relating to my account's which the RAP Department may be considering making payment on my behalf. I understand that I have the right to a hearing of any action of the Sac and Fox Nation, which I consider improper, and also any unreasonable delay in decision. (Request for fair hearings may be made in writing to the Business Committee of the Sac and Fox Nation, 920883 S. Hwy. 99 Bldg. A, Stroud, OK 74079) I understand that any person who knowingly, willfully and fraudulently provides false information for the purpose of obtaining benefits which he/she is otherwise ineligible to receive; may be subject to prosecution to the fullest extent to the appropriate Tribal statutes.


DATE _____ SIGNATURE OF APPLICANT OR GUARDIAN _____ GUARDIAN FOR _____

PERSON ASSISTING WITH APPLICATION _____ RELATIONSHIP TO APPLICANT _____

DATE _____ RAP SPECIALIST _____

Buy a Bag of Gently-Used Books!!

Only \$3.00




At Sac and Fox National Public Library

OES PUBLIC NOTICE

OES has a


RECYCLE DROP OFF TRAILER

in it's parking lot most of the year



Office of Environmental Services

Rural Water Well Testing, Grant Writing, Policy Analysis, Regulatory Compliance, and Environmental, Habitat, and Solid Waste Assessments



We are seeking input from Sac and Fox Nation Tribal Members so we may address their concerns over Indoor/Outdoor Air (Environment) Quality (IAQ) , Surface Water (Lakes-Streams-Rivers) and limited Private SFN Members Well Testing, and Solid Waste Assessments and Recycling. If you have any concerns about any one or all of the programs previously stated, please see below for the contact and contact information. All personal information provided is confidential. Thank You.

For concerns of Indoor/Outdoor Air (Environment) Quality-Contact:

Vacant due to no Federal/Tribal Funding Environmental Specialist-Air Quality

Phone: 918-968-0046

Fax: 918-968-0049

Email: N/A

For concerns with Environmental: Policies, Regulatory Compliance, Grants, Illegal Dumpsites, Hazmat Spills and other Assessments-Contact:

Jeremy Fincher/Environmental Director

Phone: 918-968-0046

Fax: 918-968-0049

Email: Jeremy.Fincher@sacandfoxnation-nsn.gov

For concerns of Surface or Ground Water and other Assessments-Contact:

Dale Miller/ Environmental Specialist-Water Quality

Phone: 918-968-0046

Fax: 918-968-0049

Email: Dale.Miller@sacandfoxnation-nsn.gov

For concerns with Solid Waste Management, Recycling, and other Assessments-Contact:

Phone: 918-968-0046

Fax: 918-968-0049

Barn ‘Quilts’ are Brightening Up the Rural Countryside

by Trisha Gedon
Agricultural Communications Services
Oklahoma State University

There’s nothing better than snuggling under a warm quilt to read a good book or take a nap on a cool afternoon. However, not all quilts are good for relaxing on the couch. While a barn “quilt” won’t keep you warm in the cool weather, it certainly has the ability to brighten up the rural countryside.

Barn quilts, obviously, aren’t quilts at all – rather they are paintings of quilt blocks. Originally, the barn quilts were painted directly on the surface of the barn. Today, however, they’re quilt block designs painted on wood and hung on barns. A full-size barn quilt is 8 feet by 8 feet, so coupled with bright colors, they easily are visible on the barns. Although extremely popular in the eastern part of the country, barn quilts are just starting to make a showing in Oklahoma.

Barn quilts originated in the late 1980s when Donna Sue Groves, along with her mother, Maxine, bought a farm in Adams County, Ohio. The property had a small, rather plain tobacco barn on it, and Groves got the idea to have a quilt block painted on it to honor her mother, who was a master quilter. It also was a way to show pride in their Appalachian heritage. After talking with friends and neighbors, Groves realized the project had wide appeal and could be beneficial to the community. The Adams County trail was completed in 2003 and features 20 quilt patterns found on a typical sampler.

Lynda Latta, Oklahoma State University Cooperative Extension county director in Ellis County, said she became interested in barn quilts while traveling to a national family and consumer sciences meeting in West Virginia a few years ago. “This is where I first learned about barn quilts and discovered a barn quilt trail. They were majestic on the wonderful old barns,” Latta said. “Seeing them inspired me to bring barn quilts to Oklahoma. Even though we are limited on large, historic barns, these barn quilts can be placed on any outbuilding and the same beauty is still there.”

After returning home, Latta said she dove into learning about barn quilt trails and did research for barn quilts in Oklahoma. Unfortunately, she said she found no information for the state, but did learn Suzi Parron was the first person to document barn quilts in a book. And, as luck

Quilt Block Designs Painted on Wood And Hung on Barns

would have it, Parron was teaching a workshop in Oklahoma City. Latta encouraged some coworkers to attend the workshop, and from there, an idea was born.

“That’s when I realized we must get Oklahoma on the barn quilt map. With help from OSU Cooperative Extension educators in Woodward and Dewey counties, and retired educator Recia Garcia, we hit the ground running.”

Latta, along with Woodward County OSU Cooperative Extension educator Rhonda DeVor, traveled to Kansas to visit a trail and learn from groups and individuals how to get started organizing a trail. A barn quilt trail is a collection of quilt blocks mounted on location that make a driving or walking tour possible. Then they started teaching painting classes and got the first trail started. They arranged for Parron to come to Northwest Oklahoma in October last year for a three-day event and share her expertise.

“Suzi was very impressed with how far we’d come in such a short time,” Latta said. “In the last year I’ve taught workshops in the northwest part of the state. People from Kansas, Texas and New Mexico have attended. I’ve also done workshops at State 4-H Roundup, school enrichment with third and fourth graders, county 4-H workshops, as well as two days of workshops with Suzi Parron. In all I’d estimate more than 575 people have attended and learned about the art and fun of painting barn quilts. I’ve got more workshops planned, too.”

The Oklahoma Quilt Trail does not limit quilt designs to a specific pattern. Latta said people who want to participate are encouraged to paint different quilt blocks using traditional geometric designs. However, some states do require the barn quilt blocks be made from an original quilt owned by the family.

There are thousands of existing patterns available and sometimes a pattern is chosen for its name. For example, the pattern may be corn and beans or hens and chicks to signify what is grown on that particular farm. In some cases, a quilt block is a tribute to a lost loved one; a floral pattern could depict the land owner’s love of gardening; a design in a

red, white and blue motif could demonstrate patriotism; or the family’s initials can be incorporated in the center of the block to create a unique barn quilt.

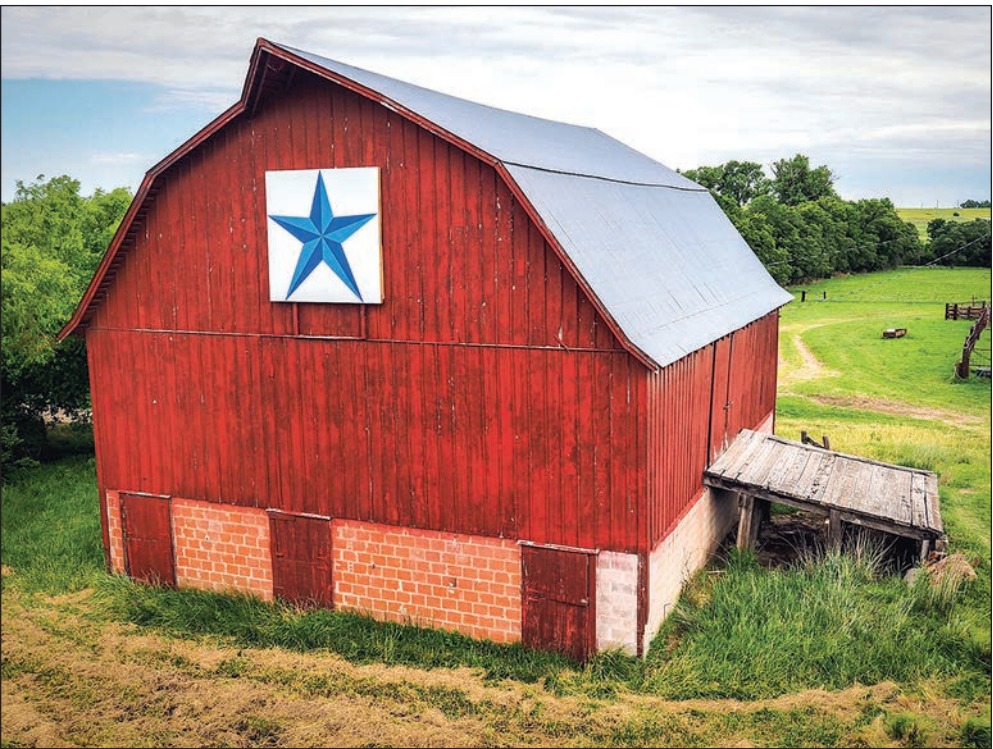
“I’m so excited about this project, and as an Extension educator I have been able to educate numerous groups and individuals about barn quilts,” Latta said.

Currently, a website is being developed that will feature a map of the quilt trails available in Oklahoma. There also

is a Facebook page for the quilt trail project.

“It’s my passion to see Oklahoma showcase our history of quilting and become a destination for travelers. There are research-based evaluations showing the economic impact of barn quilt trails and that’s my plan for the future of this project,” Latta said. “I want to pull visitors into our small towns to experience the trails, eat in our restaurants and shop in our local businesses. This could definitely be a boost for our state.”

For more information about upcoming painting workshops, contact Latta at 580-885-7775 or lynda.latta@okstate.edu.



Not only can barn quilts add some color to the rural countryside, they also can boost the economy in areas where there are barn quilt trails.
(OSU Ag Communications Services Photo)



Thousands of existing patterns are available.
(OSU Ag Communications Services Photo)



‘Leaf Stories’ In Words and Colors by Youth and Family

All Beautiful at
Sac and Fox National Public Library

Come Visit Them!

We appreciate the Sac and Fox Nation
Maintenance Dept. for our wonderful
tree to hang our Leaf Stories on!
Leaves Must Have Branches!

MONTHLY TOBACCO CESSATION SUPPORT GROUP

- Held the 1st Wednesday of every month
- 12-1 pm
- Learning Center Conference Room

Group sessions will be open to members of the Sac and Fox Community, tribal employees, and TIP Group Members.

Sessions will cover multiple areas of tobacco cessation including creating a quit plan, healthy behaviors, the truth about tobacco, changing behaviors, coping with cravings, and maintaining change.

Sessions will also include peer interaction and recovery support.

For more information, Please contact DeAnna in Behavioral Health.

YOU CAN STOP SMOKING NOW



Business Committee Meeting Minutes

are now accessible on the Website and Facebook

sacandfoxnation-nsn.gov

Foster and Adoptive Homes Needed

You can make a Difference.

Contact the Indian Child Welfare
department to

learn how you can make a

Difference



For more information, please contact:
Karen Hamilton or Nethia Wallace
Shawnee Multi-Purpose Building
405-275-1262

2018 PER CAPITA PAYMENT INFORMATION

- Individual must be enrolled by September 30, 2018 to be eligible for the 2018 per capita payment.
 - Tribal members will need to submit a W9 to the Finance Department for the upcoming 2018 Per Capita Payment.
 - Once a W-9 form is received, it will be updated into our system and all payments due will be made at a time of disbursement.
 - If an individual is a NEW tribal member, or has had a NAME CHANGE, a copy of Social Security card is needed for our records.
 - There is NO deadline on submitting a W9. All checks will be mailed, no exceptions.
 - The IRS 1099 form will be mailed by January 31, 2019.
- NEW MINORS . . . PLEASE SEND COPY OF SOCIAL SECURITY CARD SO WE CAN GET TRUST ACCOUNTS ESTABLISHED

W-9 Form

It is critical that the W-9 Form be completed correctly and thoroughly for each individual tribal member. Be sure to fill out your NAME, MAILING ADDRESS, SOCIAL SECURITY NUMBER, and then SIGN and DATE your form.

Required Legal Documents

If you have had a name change due to marriage, divorce, adoption, etc., it is important the Finance Department has a copy of your social security card. All other legal documents should be sent to the Enrollment Department so their records can be updated. Any guardianship or Power of Attorney documents need to be on file with the Finance Department.

Minors

Parents or guardians are responsible for providing a W-9 for minor children; not doing so could result in the minor's payment not being deposited into the minor's trust fund account in a timely manner.

Contact information - Finance Department

For identity security purposes, a W-9 form will not be accepted by e-mail. Completed forms may be hand delivered, mailed, or faxed.

Contact information:

Sac and Fox Nation
Finance Department
920963 S. Hwy 99, Bldg. A
Stroud, Oklahoma 74079

Direct fax: 918-968-4528

If you have any questions, please contact the Finance Department staff by phone at 918-968-3526 or 800-259-3970 ext. 1033, 1038 or 1027.

Tax Liability Notification

What are the withholding requirements for distributions that are made per a Revenue Allocation Plan (RAP)? The first step is to identify the source of funds used for the distribution. Unless the source of funds is specifically exempt from taxation, the amounts that make up the distributions to tribal members are taxable.


Which funds get reported on Form 1099-Misc? Distributions could be derived from many sources, including the profits from a tribal business other than a Class II or Class III gaming operation, interest income on investments, or rental payments from tribal lands. All these payments require a tribe to prepare a Form 1099-MISC

When does a person receive a Form 1099-Misc, Statement for Recipients of Miscellaneous Income? If a person receives **\$600 or more in 1 calendar year** from the same source, that amount must be reported on a Form 1099, and that Form 1099-Misc. must be provided to the individual.

It is only the amount distributed from NET GAMING REVENUE that is subject to withholding. The Internal Revenue Code provides that "Every person, including an Indian tribe, making a payment to a member of an Indian tribe from the net revenues of any Class II or Class III gaming activity conducted or licensed by such tribe, shall deduct and withhold from such payment a tax in an amount equal to such payment's proportionate share of the annualized tax." The amount to withhold is provided in Withholding Tables found in IRS Publication 15-A, Employer's Supplemental Tax Guide.

If the Indian tribe anticipates making a distribution of any kind, the Indian tribe needs the tribal members' Social Security number before the distribution is made. If an Indian tribe does not know a tribal member's Social Security number at the time of distribution, the distribution is subject to "backup withholding" (at 28% in 2009). (Source: Internal Revenue Service (IRS) Indian Tribal Governments Frequently Asked Questions, Last Reviewed or Updated: April 22, 2013)

Per capita payments could affect any Tribal, Federal, State, and/or Local benefits you may receive or programs in which you participate. The Sac and Fox Nation encourage you to check with your tax accountant or benefit specialist.



SAC AND FOX NATION
920963 S. Hwy. 99, Building A • Stroud, OK 74079 • (918) 968-1141 • FAX (918) 968-1142

**NAME CHANGE
AND/OR
CHANGE OF ADDRESS FORM**

NAME

PRINT CURRENT FULL NAME (First, Middle & Last)

ROLL NUMBER

SIGNATURE

DATE

A COPY OF THE LEGAL DOCUMENT CHANGING YOUR NAME AND A COPY OF YOUR NEW SOCIAL SECURITY CARD MUST BE ATTACHED.

PLEASE LIST PREVIOUS NAME (PRINT)

DATE OF BIRTH

MAILING ADDRESS

OLDNEW

ADDRESS

ADDRESS

CITYSTATEZIP

CITYSTATEZIP

STREET ADDRESS (IF DIFFERENT THAN MAILING ADDRESS)

OLDNEW

STREET ADDRESS

STREET ADDRESS

CITYSTATEZIP

CITYSTATEZIP

CHANGE OF ADDRESS FOR MINORS REQUIRE A W-9 FORM BE COMPLETED FOR THE BANK. PLEASE REQUEST A FORM FOR EACH CHILD FROM THE ENROLLMENT DEPARTMENT, 918-968-3526 ext. 1040 or 1041.

TO BE COMPLETED BY THE ENROLLMENT DEPARTMENT

Date Electronic File Was Updated

Date Sac and Fox News Was Notified

Staff Initials

NOTICE

Why does a W-9 needed to be submitted yearly?

If a tribal member receives income that is taxable, a 1099 must be issued for Tax Purposes. The W-9 also serves as a yearly address update.

Can the allotted minor payment be refused in order to have the entire per capita payment be deposited in trust? Yes, but in order to do so we must still receive a W-9 for the same reasons stated above. We would also need a written statement to that effect to be included with the W-9.

↓ W-9 FORM MUST BE CUT ON DOTTED LINE BEFORE MAILING ↓

W-9
Form (Rev. November 2017)
Department of the Treasury
Internal Revenue Service

Request for Taxpayer Identification Number and Certification
Go to www.irs.gov/FormW9 for instructions and the latest information.

Give Form to the requester. Do not send to the IRS.

1 Name (as shown on your income tax return). Name is required on this line; do not leave this line blank.

2 Business name/disregarded entity name, if different from above

3 Check appropriate box for federal tax classification of the person whose name is entered on line 1. Check only one of the following seven boxes.
☐ Individual/sole proprietor or single-member LLC
☐ Limited liability company. Enter the tax classification (C=C corporation, S=S corporation, P=Partnership) ▶
Note: Check the appropriate box in the line above for the tax classification of the single-member owner. Do not check LLC if the LLC is classified as a single-member LLC that is disregarded from the owner unless the owner of the LLC is another LLC that is not disregarded from the owner for U.S. federal tax purposes. Otherwise, a single-member LLC that is disregarded from the owner should check the appropriate box for the tax classification of its owner.
☐ Other (see instructions) ▶

4 Exemptions (codes apply only to certain entities, not individuals; see instructions on page 3):
Exempt payee code (if any) _____
Exemption from FATCA reporting code (if any) _____
(Applies to accounts maintained outside the U.S.)

5 Address (number, street, and apt. or suite no.) See instructions.

6 City, state, and ZIP code

7 List account number(s) here (optional)

Requester's name and address (optional)
SAC AND FOX NATION
920883 S. HIGHWAY 99 BLDG. "A"
STROUD, OKLAHOMA, 74079

Part I Taxpayer Identification Number (TIN)
Enter your TIN in the appropriate box. The TIN provided must match the name given on line 1 to avoid backup withholding. For individuals, this is generally your social security number (SSN). However, for a resident alien, sole proprietor, or disregarded entity, see the instructions for Part I, later. For other entities, it is your employer identification number (EIN). If you do not have a number, see *How to get a TIN*, later.
Note: If the account is in more than one name, see the instructions for line 1. Also see *What Name and Number To Give the Requester* for guidelines on whose number to enter.

Social security number

or
Employer identification number

Part II Certification
Under penalties of perjury, I certify that:
1. The number shown on this form is my correct taxpayer identification number (or I am waiting for a number to be issued to me); and
2. I am not subject to backup withholding because: (a) I am exempt from backup withholding, or (b) I have not been notified by the Internal Revenue Service (IRS) that I am subject to backup withholding as a result of a failure to report all interest or dividends, or (c) the IRS has notified me that I am no longer subject to backup withholding; and
3. I am a U.S. citizen or other U.S. person (defined below); and
4. The FATCA code(s) entered on this form (if any) indicating that I am exempt from FATCA reporting is correct.
Certification instructions. You must cross out item 2 above if you have been notified by the IRS that you are currently subject to backup withholding because you have failed to report all interest and dividends on your tax return. For real estate transactions, item 2 does not apply. For mortgage interest paid, acquisition or abandonment of secured property, cancellation of debt, contributions to an individual retirement arrangement (IRA), and generally, payments other than interest and dividends, you are not required to sign the certification, but you must provide your correct TIN. See the instructions for Part II, later.

Sign Here

Signature of U.S. person

Date

General Instructions
Section references are to the Internal Revenue Code unless otherwise noted.
Future developments. For the latest information about developments related to Form W-9 and its instructions, such as legislation enacted after they were published, go to www.irs.gov/FormW9.
Purpose of Form
An individual or entity (Form W-9 requester) who is required to file an information return with the IRS must obtain your correct taxpayer identification number (TIN) which may be your social security number (SSN), individual taxpayer identification number (ITIN), adoption taxpayer identification number (ATIN), or employer identification number (EIN), to report on an information return the amount paid to you, or other amount reportable on an information return. Examples of information returns include, but are not limited to, the following.
• Form 1099-DIV (dividends, including those from stocks or mutual funds)
• Form 1099-MISC (various types of income, prizes, awards, or gross proceeds)
• Form 1099-B (stock or mutual fund sales and certain other transactions by brokers)
• Form 1099-S (proceeds from real estate transactions)
• Form 1099-K (merchant card and third party network transactions)
• Form 1098 (home mortgage interest), 1098-E (student loan interest), 1098-T (tuition)
• Form 1099-C (canceled debt)
• Form 1099-A (acquisition or abandonment of secured property)
Use Form W-9 only if you are a U.S. person (including a resident alien), to provide your correct TIN.
If you do not return Form W-9 to the requester with a TIN, you might be subject to backup withholding. See What is backup withholding, later.

Cat. No. 10231X

Form **W-9** (Rev. 11-2017)

Family Members of Lupus Patients Wanted for OMRF Prevention Study

Oklahoma Medical Research Foundation scientists need volunteers for the first-ever lupus prevention study. Family members of lupus patients are especially encouraged to participate.

The clinical trial, known as the SMILE trial, seeks to identify individuals at high risk for developing lupus and treat them with an immune-modifying medication before they ever transition into the disease. The goal is to delay the onset of lupus, lessen its symptoms and potentially prevent it altogether.

Lupus is caused when the immune system becomes unbalanced, leading to the development of autoantibodies and chronic inflammation that damage the body's organs and tissues. According to the Lupus Foundation of America, an estimated 1.5 million people in the U.S. are living with lupus.

The disease also disproportionately affects healthy relatives of lupus patients. For this reason, a team of researchers looked at relatives of patients over an eight-year period to see if they could discover a way to identify those at high risk before the disease ever begins.

Once a person has a lupus diagnosis, many times the damage has already started, said Judith James, M.D., Ph.D., OMRF Vice President of Clinical Affairs and chair of OMRF's Arthritis and Clinical Immunology Research Program. "For some time, our lab has been interested in understanding the first things that go wrong in the body that lead to lupus. Now we want to find ways to identify people at high risk so we can offer help before the damage starts."

By studying relatives of lupus patients, James discovered that 89 percent of family members stayed healthy, while 11 percent developed the disease. Of those who transitioned to lupus, all displayed autoantibodies—inflammatory proteins that the body mistakenly unleashes against its own cells and tissues.

For the trial, James and her team test participants for these specific autoantibodies in the blood and place them on a test medication. The trial is actively recruiting new participants who are at risk for developing lupus. In order to qualify, an individual must have a positive ANA test and at least one other lupus symptom. Symptoms of lupus include skin rashes, joint pain, joint swelling, anemia, extreme fatigue, mouth sores or sunlight sensitivity.

To participate in the trial or receive more information, please call (405) 271-7221. Participants will be compensated \$50 per visit for their time and effort.

"This work holds a great deal of hope," said OMRF President Stephen Prescott, M.D. "It is a trial of enormous importance that could prove life-changing for everyone involved."



Chebon Kernell Jr. of the Miccosukee Band of the Seminole Nation is pictured at center while serving as Master of Ceremonies for the Sac and Fox Nation Honor Guard Veterans' Winter Stomp Dance held Feb. 2 in the Sac and Fox Community Bldg. Also pictured from left are Sac and Fox Honor Guard Veterans Bud McClellan and Curtis Wakolee. (Photo by Mike Brown)



JOIN THE 2020 CENSUS TEAM



APPLY ONLINE!
2020census.gov/jobs

The U.S. Census Bureau is an Equal Opportunity Employer.



Attendees are pictured registering for door prizes at the Sac and Fox Nation Honor Guard Veterans' Winter Stop Dance on Feb. 2. (Photo by Mike Brown)

Come check us out: Family Literacy Bags



Themes:

- Nature
- Bears
- Counting
- Sesame Street
- Disney
- Colors
- Animals
- Sports
- Stars


Each bag may be checked out for up to one or two weeks and includes: Various picture books, DVD, hands on activities including but not limited to a baking or Jello project, memory and/or matching games, puzzles, arts and crafts. (Simple fun)

More themes are in the works – these were selected based on our present cake molds. Your suggestions are always welcomed and encouraged.

Sac and Fox Nation National Public Library 918-968-3526

ATTENTION HOUSING AUTHORITY OF THE SAC AND FOX NATION APPLICANTS

Application Updates:
Applicants shall update their applications and supporting documents and maintain current contact information on file on an annual basis. This is the responsibility of the Applicant and not the HASFN. Applicants who have not updated their application within one (1) year of the original application date will be removed from the waiting list and will have to re-apply to be placed back on the waiting list. These Applicants will receive a new approval date. Inactive applications and supporting documents will be discarded after three (3) years.



Sac and Fox Nation Office of Environmental Services IS LOOKING FOR CANDIDATES FOR Free Private Well Water Testing

Please mail, email, or return form to address below.

Sac and Fox Nation
Office of Environmental Services
920883 South Hwy 99
Stroud, OK 74079

You may also contact OES via email, phone, or fax:

Phone: 918-968-0046
Fax: 918-968-0049

Dale Miller
Water Quality Specialist
dale.miller@sacandfoxnation-nsn.gov

Note*
Please understand that the U.S. Environmental Protection Agency only regulates public water systems; EPA does not have the authority to regulate private wells.

Sac and Fox Nation's Office of Environmental Services also does not have the authority to regulate private wells.

Sac and Fox Nation's Office of Environmental Services is not responsible for, nor capable of, remediating wells.

***Funding is available for a limited number of households.**
So contact OES today to schedule sampling!

Testing is limited to Sac & Fox Nation members, or on Trust Lands only.

Yes (X) No (X)

Sac and Fox Nation Member: _____

Sac and Fox Nation Trust Land: _____

Name: _____

Address: _____

Location Directions (If Rural): _____

Phone: _____

E-mail: _____

By submission of this form the applicant is assuming authority and giving authorization to the SFN OES representative to complete this sampling including entry and access to residence, well, and sample site. The SFN OES and/or its representative are not liable or responsible for any remediation needs or damages incurred performing these tasks.

Signed: _____

If your drinking water does not come from a public water system, you alone are responsible for assuring that it is safe. The Office of Environmental Services understand that testing your own water can be difficult and expensive. The SFN OES has obtained the funds from an EPA grant to assist with this cost. It is with pleasure that OES offers this service, free of charge, as a courtesy to you!

What is OES testing for?
Testing for a few of the most common contaminants is highly recommended. Even if you have a safe, pure water supply, testing should be performed at least once a year to ensure that your water is safe to drink.

The Office of Environmental Services will be testing your well for the following contaminants:

-pH	-Alkalinity	-Chloride	-Fluoride	-Nitrate+Nitrite	-Iron
-Sulfate	-Arsenic	-Manganese	-Total Coliform	-Conductivity	
-E. coli (signs of bad bacteria)	-TDS (Total Dissolved Solids)	-Turbidity (Cloudy)			

Your water sample will be analyzed at Accurate Environmental Laboratory, a laboratory which is certified by the State of Oklahoma to test drinking water. Please allow a minimum of 15 work days to receive test results. The Office of Environmental Services will mail the results and any recommendations to you.

Sac and Fox Nation Food Distribution Program

←→

CALL TODAY TO SEE IF YOU QUALIFY!!!



STROUD OFFICE (800) 256-3398


SHAWNEE OFFICE (866) 622-2310

If at least one member of your household is Native American, you reside within our service area, and you meet our income guidelines... You May Qualify. Call Today!!!



In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, religion, political beliefs, or disability. To file a complaint of discrimination, write USDA, Director, Office of Rejudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.





Promoting the love of reading –
with the help of McDonalds

Please feel free to copy the Library Reading Log and filled ones may be delivered or emailed to the library for credit. For every 10 books that your child reads or you read with your child, your child will receive the choice of a McDonald’s coupon for one ice cream cone or a small French fry. The coupons are good at any McDonalds. If you have any questions, please feel free to call the Library at 918-968-3526. Thank you and have fun reading.

Name

Age

Grade



Sac and Fox National Public Library

Reading Log




Read ten books – receive a McDonalds ice cream cone or a small fry.

Book Title	Number of Pages	Main Topic	Adult Signature
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			
9.			
10.			

Sac and Fox Nation National Public Library


Attn: Adult Learners



The library is excited to be working with the Education Department to offer educational and literacy opportunities for adult learners, with special thanks to the Business Committee.

If you are age 16 and above and thinking about getting a GED certificate/High School equivalency, building skills or other literacy needs, please call the Library or Education Department: 918-968-3526

The library has materials and people ready to help right now, with computer skills, resume writing, job and career resources.



The Sac and Fox National Public Library has used paperbacks (and a few hardbacks) for sale. Paperbacks are three for \$1, or 35 cents each. Hardbacks are \$1 each.

HELP WANTED!

SAC & FOX NATION

EMPLOYMENT OPPORTUNITES

THE FOLLOWING IS A LIST OF JOB VACANCIES WITH

THE SAC & FOX NATION:

Chief of Staff

Family Practice Physician

Compliance Officer (BHHC)

Realty Director (Stroud)

Grant Writer/Planner (Stroud)

Surveillance Observer (Shawnee)

Self-Governance Director

ICW Specialist (Shawnee)

Security Officer (Part Time - Night Shift)

Transportation Driver (BHHC)

Resident Advisor

Applicants must successfully pass an OSBI/National background check and drug screen. Preference in hiring is given to qualified Native Americans. Applicants claiming Indian Preference must provide a copy of their CDIB. For more information and to learn how to apply please visit our website at: www.sacandfoxnation.com or contact Human Resources, Sac and Fox Nation, 920963 S Hwy 99, Bldg. A Stroud, OK 74079 or by phone (918) 968-3526

FNS HANDBOOK 501

EXHIBIT M

FOOD DISTRIBUTION PROGRAM ON INDIAN RESERVATIONS (FDPİR)
FY 2019 NET MONTHLY INCOME STANDARDS
(Effective October 1, 2018 to September 30, 2019)

The net monthly income standard for each household size is the sum of the applicable Supplemental Nutrition Assistance Program (SNAP) net monthly income standard and the applicable SNAP standard deduction.

48 Contiguous United States:

Use this Amount

Household Size	SNAP Net Monthly Income Standard		SNAP Standard Deduction		FDPİR Net Monthly Income Standard
1	\$1,012	+	\$164	=	\$1,176
2	\$1,372	+	\$164	=	\$1,536
3	\$1,732	+	\$164	=	\$1,896
4	\$2,092	+	\$174	=	\$2,266
5	\$2,452	+	\$204	=	\$2,656
6	\$2,812	+	\$234	=	\$3,046
7	\$3,172	+	\$234	=	\$3,406
8	\$3,532	+	\$234	=	\$3,766
each additional member					\$360

Alaska:

Use this Amount

Household Size	SNAP Net Monthly Income Standard		SNAP Standard Deduction		FDPİR Net Monthly Income Standard
1	\$1,265	+	\$281	=	\$1,546
2	\$1,715	+	\$281	=	\$1,996
3	\$2,165	+	\$281	=	\$2,446
4	\$2,615	+	\$281	=	\$2,896
5	\$3,065	+	\$281	=	\$3,346
6	\$3,515	+	\$292	=	\$3,807
7	\$3,965	+	\$292	=	\$4,257
8	\$4,415	+	\$292	=	\$4,707
each additional member					\$450

FNS HANDBOOK 501

EXHIBIT M

FY 2019 FDPİR Income Deductions (see 7 CFR 253.6(e))
Effective October 1, 2018 to September 30, 2019

Earned Income Deduction	Households with earned income are allowed a deduction of 20 percent of their earned income.
Dependent Care Deduction	Households that qualify for the dependent care deduction are allowed a deduction of actual dependent care costs paid monthly to a non-household member.
Child Support Deduction	Households that incur the cost of legally required child support to or for a non-household member are allowed a deduction for the amount of monthly child support paid.
Medical Expense Deduction	Households that incur monthly medical expenses by any household member who is elderly or disabled are allowed a deduction in the amount of out-of-pocket medical expenses paid in excess of \$35 per month. Allowable medical expenses are provided at 7 CFR 273.9(d)(3).
Home Care Meal-Related Deduction	Households who furnish the majority of meals for a home care attendant are allowed an income deduction equal to the maximum SNAP benefit for a one-person household. The home care meal-related deduction amounts are as follows: 48 Contiguous U.S. States = \$192 Alaska by Area Designations <ul style="list-style-type: none">Urban = \$232Rural 1= \$295Rural 2 = \$360 See 7 CFR 272.7(b) for area designations in Alaska.
Standard Shelter/Utility Expense Deduction	Households that incur at least one monthly shelter or utility expense are allowed a standard income deduction (see chart below). Allowable shelter/utility expenses are provided at 7 CFR 273.9(d)(6)(ii).


FNS HANDBOOK 501

EXHIBIT M


FY 2019 FDPİR Standard Shelter/Utility Expense Deductions
Effective October 1, 2018 to September 30, 2019

Region	States Currently with FDPİR Programs	Shelter/Utility Deduction
Northeast/Midwest	Michigan, Minnesota, New York, Wisconsin	\$400
Southeast/Southwest	Mississippi, New Mexico, North Carolina, Oklahoma, Texas	\$350
Mountain Plains	Colorado, Kansas, Montana, Nebraska, North Dakota, South Dakota, Utah, Wyoming	\$450
West	Alaska, Arizona, California, Idaho, Nevada, Oregon, Washington	\$400

*If the geographic boundaries of an Indian reservation extend to more than one region per the identified regional groupings above, then a qualifying household has the option to receive the appropriate shelter/utility expense deduction amount for the State in which the household resides or the State in which the State agency’s central administrative office is located.



INTEREST TO SERVE
ON COMMITTEES,
COMMISSIONS, AND BOARDS



The Sac and Fox Nation’s Business Committee will be appointing people to fill vacancies, as they occur, on various Committees, Commissions, and Boards. If you are a tribal member 18 years of age or older, and wish to serve, please complete the information form below and return the completed form and *a resume to the Tribal Secretary*

NAME: _____ Roll Number: _____

Address _____ Telephone: _____

CITY: _____ State: _____ Zip Code: _____

I wish to be considered to serve on the following Committees, Commissions, or Boards, as prioritized below:


Priority #1: _____

Priority #2: _____

Priority #3: _____

Submitted by: _____ Date: _____

New RAP Assistance Application Forms Provided Here



SAC AND FOX NATION

RAP ASSISTANCE APPLICATION

EMERGENCY APPLIANCE

FAX:918-968-4207

PH: 918-968-3526

EXT: 2000 & 2001

RAP APP

Form#2011-01

BC Approved on 7/6/18

NAME_____PHONE # (with area code)_____

ADDRESS_____

CITY_____STATE_____ZIP CODE_____

D.O.B._____-_____-_____-SOCIAL SECURITY # (Last 4 digits)_____SFN ROLL #_____

Sac and Fox Nation tribal membership will be verified by the Sac and Fox Nation RAP Department

Please List Statement of Need:_____

Please Provide the Following:

(3) Estimates from Lowes Home Improvement with a manager’s signature and the Tribal member’s name clearly stated.

CLIENT’S STATEMENT OF RIGHTS AND RESPONSIBILITIES

I hereby authorize the Sac and Fox Nation RAP Department to make any necessary inquiries relating to my account’s which the RAP Department may be considering making payment on my behalf. I understand that I have the right to a hearing of any action of the Sac and Fox Nation, which I consider improper, and also any unreasonable delay in decision. (Request for fair hearings may be made in writing to the Business Committee of the Sac and Fox Nation, 920883 S. Hwy. 99 Bldg. A, Stroud, OK 74079) I understand that any person who knowingly, willfully and fraudulently provides false information for the purpose of obtaining benefits which he/she is otherwise ineligible to receive, may be subject to prosecution to the fullest extent to the appropriate Tribal statutes.

DATE_____SIGNATURE OF APPLICANT OR GUARDIAN_____GUARDIAN FOR_____

PERSON ASSISTING WITH APPLICATION_____RELATIONSHIP TO APPLICANT_____

DATE_____RAP SPECIALIST I_____



SAC AND FOX NATION

RAP ASSISTANCE APPLICATION

ELDERS/HANDICAPPED LAWN PROGRAM

FAX:918-968-4207

PH: 918-968-3526

EXT: 2000 & 2001

RAP Application

Form#2011-01

BC Approved on 7/6/18

NAME_____PHONE # (with area code)_____

ADDRESS_____

CITY_____STATE_____ZIP CODE_____

D.O.B._____-_____-_____-SOCIAL SECURITY # (Last 4 digits)_____SFN ROLL #_____

Sac and Fox Nation tribal membership will be verified by the Sac and Fox Nation RAP Department

Please List Statement of Need: FISCAL YEAR _____ LAWN MOWING SEASON _____


CLIENT’S STATEMENT OF RIGHTS AND RESPONSIBILITIES

I hereby authorize the Sac and Fox Nation RAP Department to make any necessary inquiries relating to my account’s which the RAP Department may be considering making payment on my behalf. I understand that I have the right to a hearing of any action of the Sac and Fox Nation, which I consider improper, and also any unreasonable delay in decision. (Request for fair hearings may be made in writing to the Business Committee of the Sac and Fox Nation, 920883 S. Hwy. 99 Bldg. A, Stroud, OK 74079) I understand that any person who knowingly, willfully and fraudulently provides false information for the purpose of obtaining benefits which he/she is otherwise ineligible to receive, may be subject to prosecution to the fullest extent to the appropriate Tribal statutes.

DATE_____SIGNATURE OF APPLICANT OR GUARDIAN_____GUARDIAN FOR_____

PERSON ASSISTING WITH APPLICATION_____RELATIONSHIP TO APPLICANT_____

DATE_____RAP SPECIALIST_____



SAC AND FOX NATION

RAP ASSISTANCE APPLICATION

HARDSHIP

FAX:918-968-4207

PH: 918-968-3526

EXT: 2000 & 2001

RAP Application

Form#2011-01

BC Approved on 7/6/18

NAME_____PHONE # (with area code)_____

ADDRESS_____

CITY_____STATE_____ZIP CODE_____

D.O.B._____-_____-_____-SOCIAL SECURITY # (Last 4 digits)_____SFN ROLL #_____

Sac and Fox Nation tribal membership will be verified by the Sac and Fox Nation RAP Department

Please List Statement of Need:_____

Please Provide the Following:

The bill you are requesting assistance with & proof of residence if the bill is not in your name.


CLIENT’S STATEMENT OF RIGHTS AND RESPONSIBILITIES

I hereby authorize the Sac and Fox Nation RAP Department to make any necessary inquiries relating to my account’s which the RAP Department may be considering making payment on my behalf. I understand that I have the right to a hearing of any action of the Sac and Fox Nation, which I consider improper, and also any unreasonable delay in decision. (Request for fair hearings may be made in writing to the Business Committee of the Sac and Fox Nation, 920883 S. Hwy. 99 Bldg. A, Stroud, OK 74079) I understand that any person who knowingly, willfully and fraudulently provides false information for the purpose of obtaining benefits which he/she is otherwise ineligible to receive, may be subject to prosecution to the fullest extent to the appropriate Tribal statutes.

DATE_____SIGNATURE OF APPLICANT OR GUARDIAN_____GUARDIAN FOR_____

PERSON ASSISTING WITH APPLICATION_____RELATIONSHIP TO APPLICANT_____

DATE_____RAP SPECIALIST_____



SAC AND FOX NATION

RAP ASSISTANCE APPLICATION

ORTHODONTIC

FAX:918-968-4207

PH: 918-968-3526

EXT: 2000 & 2001

RAP APP

Form#2011-01

BC Approved on 7/6/18

NAME_____PHONE # (_____)_____

ADDRESS_____

CITY_____STATE_____ZIP CODE_____

BIRTHDATE_____/_____/_____-SOCIAL SECURITY # xxx-xxx-(_____)SFN ROLL #_____

Sac and Fox Nation tribal membership will be verified by the Sac and Fox Nation RAP Department

Please List Statement of Need:_____

NOTE

You must receive an award letter PRIOR to receiving any Health services requested above. If you receive services prior to an award letter being issued, you are responsible for the charges.


CLIENT’S STATEMENT OF RIGHTS AND RESPONSIBILITIES

I hereby authorize the Sac and Fox Nation RAP Department to make any necessary inquiries relating to my account’s which the RAP Department may be considering making payment on my behalf. I understand that I have the right to a hearing of any action of the Sac and Fox Nation, which I consider improper, and also any unreasonable delay in decision. (Request for fair hearings may be made in writing to the Business Committee of the Sac and Fox Nation, 920883 S. Hwy. 99 Bldg. A, Stroud, OK 74079) I understand that any person who knowingly, willfully and fraudulently provides false information for the purpose of obtaining benefits which he/she is otherwise ineligible to receive, may be subject to prosecution to the fullest extent to the appropriate Tribal statutes.

DATE_____SIGNATURE OF APPLICANT OR GUARDIAN_____GUARDIAN FOR_____

PERSON ASSISTING WITH APPLICATION_____RELATIONSHIP TO APPLICANT_____

DATE_____RAP SPECIALIST_____



SAC AND FOX NATION

RAP ASSISTANCE APPLICATION

HEARING AIDS

FAX:918-968-4207

PH: 918-968-3526

EXT: 2000 & 2001

RAP APP

Form#2011-01

BC Approved on 7/6/18

NAME_____PHONE # (_____)_____

ADDRESS_____

CITY_____STATE_____ZIP CODE_____

BIRTHDATE_____/_____/_____-SOCIAL SECURITY # xxx-xxx-(_____)SFN ROLL #_____

Sac and Fox Nation tribal membership will be verified by the Sac and Fox Nation RAP Department

Please List Statement of Need:_____

NOTE

You must receive an award letter PRIOR to receiving any Health services requested above. If you receive services prior to an award letter being issued, you are responsible for the charges.


CLIENT’S STATEMENT OF RIGHTS AND RESPONSIBILITIES

I hereby authorize the Sac and Fox Nation RAP Department to make any necessary inquiries relating to my account’s which the RAP Department may be considering making payment on my behalf. I understand that I have the right to a hearing of any action of the Sac and Fox Nation, which I consider improper, and also any unreasonable delay in decision. (Request for fair hearings may be made in writing to the Business Committee of the Sac and Fox Nation, 920883 S. Hwy. 99 Bldg. A, Stroud, OK 74079) I understand that any person who knowingly, willfully and fraudulently provides false information for the purpose of obtaining benefits which he/she is otherwise ineligible to receive, may be subject to prosecution to the fullest extent to the appropriate Tribal statutes.

DATE_____SIGNATURE OF APPLICANT OR GUARDIAN_____GUARDIAN FOR_____

PERSON ASSISTING WITH APPLICATION_____RELATIONSHIP TO APPLICANT_____

DATE_____RAP SPECIALIST_____



SAC AND FOX NATION

RAP ASSISTANCE APPLICATION

TRIBAL ENERGY

FAX:918-968-4207

PH: 918-968-3526

EXT: 2000 & 2001

RAP Application

Form#2011-01

BC Approved on 7/6/18

NAME_____PHONE # (with area code)_____

ADDRESS_____

CITY_____STATE_____ZIP CODE_____

D.O.B._____-_____-_____-SOCIAL SECURITY # (Last 4 digits)_____SFN ROLL #_____

Sac and Fox Nation tribal membership will be verified by the Sac and Fox Nation RAP Department

Please List Statement of Need:_____

Please Provide the Following:

The bill you are requesting assistance with & proof of residence if the bill is not in your name.

CLIENT’S STATEMENT OF RIGHTS AND RESPONSIBILITIES

I hereby authorize the Sac and Fox Nation RAP Department to make any necessary inquiries relating to my account’s which the RAP Department may be considering making payment on my behalf. I understand that I have the right to a hearing of any action of the Sac and Fox Nation, which I consider improper, and also any unreasonable delay in decision. (Request for fair hearings may be made in writing to the Business Committee of the Sac and Fox Nation, 920883 S. Hwy. 99 Bldg. A, Stroud, OK 74079) I understand that any person who knowingly, willfully and fraudulently provides false information for the purpose of obtaining benefits which he/she is otherwise ineligible to receive, may be subject to prosecution to the fullest extent to the appropriate Tribal statutes.

DATE_____SIGNATURE OF APPLICANT OR GUARDIAN_____GUARDIAN FOR_____

PERSON ASSISTING WITH APPLICATION_____RELATIONSHIP TO APPLICANT_____

DATE_____RAP SPECIALIST_____



Oklahoma Tobacco Helpline

1

800

QUIT

NOW

Business Committee Meeting Minutes

are now accessible on the Website and Facebook

sacandfoxnation-nsn.gov

Sac and Fox Nation 2019 Election Dates to Remember

SAC AND FOX NATION
2019 ELECTION

FILED
DATE 12-5-2018
SECRETARY
SAC & FOX NATION
Judylyn K. King

NOTICE OF POSITIONS FOR
ELECTION

The Sac and Fox Nation Election Board is declaring and officially posting the following positions that will be open for the 2019 election year.

BUSINESS COMMITTEE POSITIONS
PRINCIPAL CHIEF
SECOND CHIEF
COMMITTEE MEMBER

GRIEVANCE COMMITTEE
GRIEVANCE COMMITTEE #1
GRIEVANCE COMMITTEE #2
GRIEVANCE COMMITTEE #3

Georgia F. Nullake, Chairman
Sac and Fox Nation Election Board

December 3, 2018
Date

Sac and Fox Nation
2019 Election Dates to Remember
(Approved: December 3, 2018)

FILED
DATE 12-5-2018
SECRETARY
SAC & FOX NATION
Judylyn K. King

Section 201. Election Days
(c) Any such Primary Election shall be held at least thirty (30) days prior to the regular General Election.
Primary Election: Saturday, June 1, 2019

Section 201. Election Days
(a) Regular General Elections of members of the Business Committee and Grievance Committee shall be held on the last Saturday in August of each election year. All other required Tribal elections shall be held upon call of the Business Committee.
General Election: Saturday, August 31, 2019

Section 208. Poll Watchers
Each candidate may designate in writing one person, not a candidate, to watch the activities at the polls. Such designation shall be presented to Election Board Officials prior to the election. Such persons may not interfere in any way with the conduct of the election, but may observe only. Any poll watcher interfering with the election or attempting to electioneer, in any way, shall be rejected from the poll area by a Sergeant of Arms or law enforcement officer.

PRIMARY ELECTION:
Notification of Poll Watchers for the Primary Election must be in writing and received by mail eight (8) days prior to the election, per Election Board Rules.
DEADLINE: Friday, May 24, 2019 by 4:30 p.m. (No emails or faxes will be accepted)

GENERAL ELECTION:
Notification of Poll Watchers for the General Election must be in writing and received by mail eight (8) days prior to the election, per Election Board Rules.
DEADLINE: Friday, August 23, 2019 by 4:30 p.m. (No emails or faxes will be accepted)

All notifications must be sent to the Sac and Fox Nation Election Board, 920883 S. Hwy 99, Bldg. A, Stroud, OK 74079

Section 302. Voting List
(a) It shall be the duty of the Tribal Secretary to compile from the Tribal membership rolls a list of all persons who will be eligible voters on the date scheduled for the Primary Election and General Election and to present sufficient certified copies of this list as requested to the Election Board no later than sixty (60) days prior to the Primary Election and no later than sixty (60) days prior to the General Election. The said copies are to be returned to the Tribal Secretary.
(b) One copy of the voting list shall be maintained in the Tribal Office and be open to public inspection during Regular business hours no later than sixty (60) days prior to the election.

PRIMARY ELECTION:
Open to the public: Tuesday, April 2, 2019

GENERAL ELECTION:
Open to the public: Tuesday, July 2, 2019

Section 303. Challenges to Voting Lists
(a) At any time more than twenty (20) days before the Primary Election and General Election, any person may challenge the voting eligibility of any person whose name appears on said list, or may apply to have their name added to said list by filing an application with the Election Board. The application shall clearly indicate the substance of the challenge, the specific names challenged, and the relief requested.

PRIMARY ELECTION:
Deadline for Challenges: Friday, May 10, 2019 by 4:30 p.m.

GENERAL ELECTION:
Deadline for Challenges: Friday, August 9, 2019 by 4:30 p.m.

Section 402. Filing for Office
To be eligible for election and have one's name placed upon the ballot Notice of Candidacy for an elective office must be filed with: The Tribal Secretary after depositing the candidate's non-refundable filing fee of two hundred dollars (\$200.00) (cashier's check only) with the Tribal Treasurer during regular business hours at the Tribal Office complex not later than sixty-five (65) calendar days prior to the date of the Primary Election and General Election. The Tribal Secretary shall notify the Chairman of the Election Board of all candidates who have filed for office.

OPENING DATE TO FILE FOR OFFICE:
Wednesday, January 2, 2019

PRIMARY ELECTION:
Closing date to file for Office: Thursday, March 28, 2019 by 4:30 p.m.

If No Primary Election is held, Closing Date for General Election: Thursday, June 27, 2019 by 4:30 p.m.

Section 403. Petition for Office
A petition of ten (10) or more members of Council may submit a written notice with required filing fees of two-hundred (\$200.00) non-refundable (cashier's check only), no later than sixty-five (65) calendar days prior to the date of the Primary Election and/or General Election stating the name of the candidate, age, birth date, and proof of actual residence and domicile.

PRIMARY ELECTION:
Deadline to Petition for Office: Thursday, March 28, 2019 by 4:30 p.m.

If No Primary Election is held, Closing Date for General Election: Thursday, June 27, 2019 by 4:30 p.m.

Section 406. Withdrawals
Any candidate for office may withdraw by filing a written notice of withdrawal with the Election Board at any time within ten (10) days after the closing date of filing for office. Such notice shall contain the candidates name, the office filed for, a statement of withdrawal and shall be notarized or sworn to before a person authorized to administer oaths. (Required filing fee non-refundable)

PRIMARY ELECTION:
Deadline to withdraw: Monday, April 8, 2019 by 4:30 p.m.

GENERAL ELECTION:
Deadline to withdraw: Friday, July 5, 2019 by 4:30 p.m.

Section 408. Contest of Candidate Eligibility
Any candidate or eligible voter may challenge a candidate's legal qualifications to run for office by filing a written petition with the Election Board within three (3) business days of the closing of the filing period. Each petition shall state with particularity the reasons the candidate is not eligible to file for office. There is a one-hundred dollars (\$100.00) non-refundable cashier's check contest fee.

PRIMARY ELECTION:
Deadline to contest Candidate Eligibility: Tuesday, April 2, 2019 by 4:30 p.m.

GENERAL ELECTION:
If no Primary Election, deadline to contest Candidate Eligibility: Tuesday, July 2, 2019 by 4:30 p.m.

Section 602. Application for Absentee Ballot
Qualified voters wishing to cast vote by absentee ballots shall notify the Election Board not sooner than ninety (90) days and not later than thirty (30) days prior to the election. Such notices must be in writing and must include the correct mailing address of the person making the request. Only one ballot per written request.

PRIMARY ELECTION:
Requests will be accepted from Friday, March 1, 2019 and cannot accept requests after Thursday, May 2, 2019 by 4:30 p.m.

GENERAL ELECTION:
Requests will be accepted from Thursday, May 2, 2019 and cannot accept requests after Thursday, August 1, 2019 by 4:30 p.m.

Section 706. The Tally
The Election Board shall unlock the ballot box(es), shall remove the ballots one by one, and as each one is removed, the clerks shall read off the names of the candidates marked thereupon. At least two election officials shall view each ballot, and each counter shall keep a separate tally of the votes cast. Each candidate may select a watcher of their choice, not a candidate, to observe and keep a separate record of the tally of the ballots, and who shall not interfere with the tally process. After the tally is complete, all ballots, absentee ballots, voter registers, and ballot boxes shall be transported to the Sac and Fox Nation Tribal Court House.

PRIMARY ELECTION:
Notification of Tally Watchers for the Primary Election must be in writing and received by mail eight (8) days prior to the election, per Election Board Rules. DEADLINE: Friday, May 24, 2019 by 4:30 p.m.

GENERAL ELECTION:
Notification of Tally Watchers for the General Election must be in writing and received by mail eight (8) days prior to the election, per Election Board Rules. DEADLINE: Friday, August 23, 2019 by 4:30 p.m.

All notifications must be sent to the Sac and Fox Nation Election Board, 920883 S. Hwy 99, Bldg. A, Stroud, OK 74079

Section 710. Certification of Election
The election shall be certified by the Election Board immediately after the ten (10) day period for filing an election contest expires, provided, that if an election contest petition is filed within the time period allowed, then no Certificate of Election shall be issued until after such election contest is finally decided.

PRIMARY ELECTION:
If the tally is completed on Saturday, June 1, 2019
CERTIFICATION is on Tuesday, June 11, 2019

If the tally is completed on Sunday, June 2, 2019
CERTIFICATION is on Wednesday, June 12, 2019

GENERAL ELECTION:
If the tally is completed on Saturday, August 31, 2019
CERTIFICATION is on Tuesday, September 10, 2019

If the tally is completed on Sunday, September 1, 2019
CERTIFICATION is on Wednesday, September 11, 2019

Section 802. Contest Petition
A candidate or qualified voter contesting a Tribal Election shall, within ten (10) days after completion of the tally of the election and declaration of the results, shall deposit a two hundred dollar (\$200.00) non-refundable cashier's check contest filing fee with the Tribal Treasurer, file with the Election Board a statement in writing setting forth their particular grounds for the contest. The statement shall be verified by affidavit of the contestor (s) that they believe the matters and things therein contained are true. After the statement is filed the Election Board shall set a time for a hearing of the contest, no later than ten (10) days after the date on which the statement of contest was filed. Written notice of such hearing shall be mailed or delivered to each candidate for the office contested. Any party to the election protest and the Election Board shall have the right to view the election ballots and records in the presence of the Court Clerk in the clerk's office. Any party to the protest or a Tribal member shall be entitled to receive a photocopy of said documents certified as true and correct copies by the Court Clerk upon payment to said clerk of the normal and customary charges.

Said certified copies shall be received as evidence by the Election Board in like manner as an original. Alternatively the Election Board, upon request of a party or on its own motion, may convene a hearing for any protested election at the Tribal Courthouse for the purpose of review of said election materials. After hearing the proofs and allegations of the contestants, the Election Board shall make their findings and shall have authority to pronounce their judgment either setting aside, or confirming the election.

PRIMARY ELECTION:
If the tally is completed on Saturday, June 1, 2019
THE CONTEST PETITION DEADLINE DATE: Tuesday, June 11, 2019 by 4:30 p.m.

If the tally is completed on Sunday, June 2, 2019
THE CONTEST PETITION DEADLINE DATE: Wednesday, June 12, 2019 by 4:30 p.m.

GENERAL ELECTION:
If the tally is completed on Saturday, August 31, 2019
THE CONTEST PETITION DEADLINE DATE: Tuesday, September 10, 2019 by 4:30 p.m.

If the tally is completed on Sunday, September 1, 2019
THE CONTEST PETITION DEADLINE DATE: Wednesday, September 11, 2019 by 4:30 p.m.

Section 805. Request for Recount
Since the Election Ordinance provides for automatic recount of ballots, any request for recount of ballots must list the reasons therefore in writing and be submitted to the Election Board Chairman, or the Chairman's designated representative within five (5) days after the election. Such request must be accompanied by a non-refundable cashier's check of two-hundred dollars (\$200.00) made payable to the Sac and Fox Nation. Said check shall be forwarded to the Tribal Secretary-Treasurer to be credited against the cost of the recount. The Election Board shall meet and decide within ten (10) days of receipt of the notice whether or not the reasons listed in the request are sufficient to cause a recount of ballots.

PRIMARY ELECTION:
The deadline date to request a recount: Thursday, June 6, 2019 by 4:30 p.m.

GENERAL ELECTION:
The deadline date to request a recount: Thursday, September 5, 2019 by 4:30 p.m.

You're getting a new Medicare card!
Cards will be mailed between April 2018 – April 2019

You asked, and we listened. You're getting a new Medicare card! Between April 2018 and April 2019, we'll be removing Social Security numbers from Medicare cards and mailing each person a new card. This will help keep your information more secure and help protect your identity.

You'll get a new Medicare Number that's unique to you, and it will only be used for your Medicare coverage. The new card won't change your coverage or benefits. You'll get more information from Medicare when your new card is mailed.

Here's how you can get ready:

- Make sure your mailing address is up to date. If your address needs to be corrected, contact Social Security at ssa.gov/myaccount or 1-800-772-1213. TTY users can call 1-800-325-0778.
- Beware of anyone who contacts you about your new Medicare card. We'll never ask you to give us personal or private information to get your new Medicare Number and card.
- Understand that mailing everyone a new card will take some time. Your card might arrive at a different time than your friend's or neighbor's.