

SAC and FOX NEWS

Nemishâtenemo êhthâkiwiyâni



Phone: 918-968-3526 • 920963 S. Hwy. 99, Bldg. A • Stroud, OK 74079 • Vol. 45 • No. 8 • August 2023

DOI Launches Interactive Map to Track \$7.3 Billion Invested

On July 6, the U. S. Department of the Interior launched a new interactive map to track the over \$7.3 billion invested so far from President Biden's Bipartisan Infrastructure Law in over 1,300 projects nationwide. The tool is the first of its kind from a cabinet agency.

In Over 1,300 'Investing in America' Projects

The launch of the map comes as Secretary Haaland made multiple stops on the Biden-Harris administration's ongoing 'Investing in America Tour' in Hawaii, Kansas, New York and

Vermont to highlight how the historic investments provided through President Biden's "Bidenomics" strategy, including the Bipartisan Infrastructure Law and Inflation Reduction

Act, will support local communities across the country.

"The Bipartisan Infrastructure Law is a historic down payment on ensuring that future generations have clean air, drinkable water, fertile soil, and an overall good quality of life that is currently threatened by the worsening climate crisis," said Secretary Deb Haaland. "The Interior Department is hard at work to deliver these critical investments from the President's Investing in America agenda into the hands of American communities as quick as we can, and we're making tremendous progress."

The Bipartisan Infrastructure Law contains \$28.1 billion for the Department's initiatives, including for combating legacy pollution, restoring critical habitats, addressing the drought crisis, assisting with wildland fire management, and helping communities prepare for extreme weather events.

The map will allow users to search projects, sorting by program area, state, Tribe and bureau or office, and highlights the immense investment made across the country in the first 18 months of implementation.

Since President Biden signed the law in November 2021, the Department has, among other milestones:

- Established a new Orphaned Well Program Office to ensure effective, accountable and effi-

cient implementation of the \$4.7 billion allocated from the law to clean up orphaned oil and gas wells on federal, state and Tribal lands;

- Unveiled a Restoration and Resilience Framework to guide the over \$2 billion in investments from the Bipartisan Infrastructure Law and Inflation Reduction Act to restore our nation's lands and waters;

- Launched a Voluntary Community Driven Relocation initiative, with over \$135 million in federal commitments to assist Tribal communities severely impacted by climate-related environmental threats;

- Provided pay increases for federal wildland firefighters and, in conjunction with the Department of Agriculture, established a joint firefighter behavioral health program to support firefighter health and wellbeing;

- Waived grant matching requirements for American Samoa, the Commonwealth of Northern Mariana Islands, Guam and the U.S. Virgin Islands to reduce financial burden for U.S. territories accessing this funding;

- Allocated more than \$1.7 billion to 236 water infrastructure projects and broken ground on 83 of them in Colorado River Basin states and on Tribal lands, furthering the Biden-Harris administration's all-of-government approach to enhance the resilience of the West to drought and climate change; and,

- Hired over 450 staff across bureaus and offices.



Sac and Fox artists pictured from left in the Sac and Fox Nation Cultural Center are: Harrison Spang, Juakin Hamilton, Dukkon Harris, Curator Tony Tiger, Janae Grass, Marilyn Spoon, Sylvia Brown and Katie Thompson. (Photo by Mike Brown)

'Tatakwi - Together' Art Exhibit Celebrates Sac And Fox Artists in Cultural Center Thru Aug. 4

by Mike Brown

A reception in the Sac and Fox Nation Cultural Center on July 6 welcomed Sac and Fox artists whose works are featured in 'Tatakwi-Together,' An Exhibition of Sac and Fox Art and Culture. Well-known Sac

and Fox artist Tony Tiger serves as curator for the exhibit that opened powwow weekend and will be displayed in the Cultural center during business hours through Aug. 4, 2023.

Artists with works included in the exhibit are: Harrison Spang,

Juakin Hamilton, Dukkon Harris, Tony Tiger, Janae Grass, (Continued on Page 2.)

Sac and Fox Nation Election Date

General Election: Saturday, August 26, 2023

Business Committee Positions Due Election are:
Principal Chief, Second Chief, and Committee Member

Find more General Election Information on **Page 5** of this edition.

ANNUAL GOVERNING COUNCIL

AUGUST 26, 2023

10:00 A.M.



SAC AND FOX NATION

SAC AND FOX RESERVATION

SAC AND FOX COMMUNITY BUILDING

355797 THAKIWAKI ROAD

STROUD, OK 74079



Pictured from left while attending the Sac and Fox Nation's hosting of a July 8 screening of 'Imagining the Indian' in the Community Bldg. are: Dr. Derek Jennings, Ben West and Yancey Burns. (Photo by Mike Brown)

'Imagining the Indian' Film Features the Fight Against Native American Mascoting

Over 150 were in attendance for the Sac and Fox Nation's hosting of a screening of the award winning film, 'Imagining The Indian' July 8, 2023, in the Nation's Community Building.

Panel discussion of the film topic featured: Ben West (Cheyenne), Co-Director/Co-Producer/Co-Writer; Yancey Burns, Co-Producer/Co-Writer; and, Dr. Derek Jennings (Quapaw/ Sac and Fox), Interviewee and Collaborator.

'Imagining The Indian' is a comprehensive examination of the movement to eradicate the words, images, and gestures that

many Native Americans and their allies find demeaning and offensive. The film takes a deep-dive into the issues through archival footage and interviews with those involved in the fight. The psychological research is clear, the use of Native American mascots is detrimental, not only to Native people, but to marginalized groups everywhere.

Ben West (Cheyenne) is a writer and filmmaker who has worked with companies such as Carsey-Werner Mandabach, Telenova Productions, Mandalay Pictures, and outlets such

as the Smithsonian Institution's National Museum of the American Indian. West was born and raised in Washington, D.C., and is a graduate of the Annenberg School of Communication at the University of Southern California. He has chosen to focus much of his life's work on Native Peoples.

Yancey Burns is a 2019 graduate of the George Washington University Documentary Film Center, he wrote and directed the award-winning documentary short, 'One Fall', which explores the return of independent (Continued on Page 2)

Sac and Fox News

The Sac & Fox News is the monthly publication of the Sac & Fox Nation, located on SH 99, six miles south of Stroud, OK.

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The Sac & Fox News is the official publication of the Sac and Fox Nation. Our mission is to meet all tribal members information needs concerning the Nation.

The Sac & Fox News is mailed free, one per address, to enrolled Sac and Fox tribal members. Paid subscriptions are available for \$12.00 annually.

Editorial statements, guest columns, and letters to the editor published in this newspaper contain the opinions of the writers. These opinions do not necessarily reflect the opinions of the Sac and Fox News staff or any elected official or department of tribal government or administration.

The Sac and Fox News reserves the right to refuse publication of letters to the editor. All editorials and letters to the editor become the property of the Sac and Fox News.

Submissions for publication must be signed by the author and include an address and contact phone number. They are limited to 300 words. The staff will not edit editorials or letters to the editor to fit the 300-word limit.

**Deadline for the September issue is:
Friday, August 18 at 4:30 p.m.**

Reprint permission is granted, with proper credit to the Sac and Fox News, unless other copyrights are shown. Articles and letters may be submitted to the newspaper either by mail or Fax to the address provided above, - or by e-mail: newspaper@sacandfoxnation-nsn.gov.

Address corrections and changes are accepted by the Business Committee at the address listed below.

Managing Editor
Mike Brown

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sacandfoxnation.com

## Obituaries

Shawnee, Okla. resident Crystal Dawn Tiger entered this earth on January 16, 1977 and arrived in the loving arms of her Lord and Savior Jesus Christ on July 13, 2023. Crystal was born to Billie Ruth Pennock and Bill Tiger, Sr.

Crystal spent her childhood years residing in Prague, Okla. with her mom and her big brother. Crystal had many friends in the Prague area that even after she moved away, never forgot her. She never forgot them either.

Into adulthood, Crystal was given the most wonderful birthday present, a son, Tyler Dai. It was truly the happiest day of her life. For hobbies, Crystal loved working on cars and was a very skilled mechanic. Crystal was a very proud member of the Sac & Fox Nation and was Thunder Clan. Crystal was honored to be full blood Native American and honored the traditions of her blood line.

Soon after her son's sudden passing, Crystal was guided to her Lord and Savior Jesus Christ. Crystal professed her love and belief that Jesus was her Savior and often shared her testimony with others and loved Bible study with family and friends. Crystal was baptized at The Church of Acts in Oklahoma City, Oklahoma.

Crystal had a heart of gold and would drop what she was doing to help out a friend or family member in need. She was truly everyone's best friend in some way. Her pride and joy was her son, Tyler Dai. Crystal has now been reunited in Heaven with her son, her mom, and her sister.

Preceding Crystal in death are her



## 'Imagining the Indian' Film

(Continued From Page 1)

District of Columbia. Prior to film-making, he was a practicing attorney, most recently with the Board of Ethics and Government Accountability, where he prosecuted ethical misconduct in the DC government.

He also owns and manages his family farm in Lincoln County, West Virginia, which produces 100% grass-fed Hereford beef. Burns holds a BS in Journalism from West Virginia University, a JD from the University of the District of Columbia David A. Clarke School of Law, and is currently pursuing an MA in Strategic Communication at the GWU School of Media and Public Affairs.

Dr. Derek Jennings (Quapaw/Sac and Fox) is an alum of Tulsa Union High School and fought to change their mascot from the "Redskins" to the "Redhawks." He is the Bezruchka Family Endowed Professor in the School of Public Health at the University of Washington.

## Art Exhibit

(Continued from Page 1)

Marilyn Spoon, Sylvia Brown and Katie Thompson.

Supporters of the exhibit include: Sac and Fox National Public Library, Chicago Blackhawks Foundation and National Cowboy and Western Heritage Museum.

## Crystal Dawn Tiger

beloved mother, Billie Ruth Pennock, her son, Tyler Dai Kaulality, her special cousin/sister, Shawn Lasley, along with numerous uncles and aunties that have went on to be with their ancestors.

Surviving Crystal in death are her hero and big brother, Billy Tiger Jr.; her father, Bill Tiger Sr.; and, her legacy that will live on many more generations through her two precious granddaughters, along with numerous uncles, aunties and those lifelong friends that she made along the journey of life.



Wake services were held July 16, 2023 at First Indian Baptist Church in Shawnee. Funeral services were held July 17, 2023 at First Indian Baptist Church with burial following at Wakolee Cemetery.



Crystal Dawn Tiger

## Happy August Birthday Elders!

- Beckman, Gale Charlene  
Blaisdale, Senecah Damian  
Blanchard, Larry Dean  
Bouzis, Michael John Jr.  
Brown, Charles David  
Brown, Tammy Jo  
Bruno, Monica Gean  
Clark, Carmon Roy  
Coker, Walter Larry  
Conallis, Tommy Jay  
Couteau, Donna Lynn  
Croley, Frankie Ben  
Donahoo, Paula Ann  
Duran, Sandra Kay  
Eldredge, Earl Lee  
Escobedo, Tina Louise  
Forget, Mary Philoemena  
Franklin, Kelly Ann  
Galloway, Arletta Mae  
Gibbs, Mary Toche  
Gokey, Franklin Charles Jr.  
Gregory, David Gene  
Gregory, James Kevin  
Griffith, Ellen S  
Gunter, Gloria Elaine  
Gutierrez, Daniel  
Haney, Brenda Colleen  
Hanger, Shari Lynn  
Harris, Randy Gene  
Henthorn, Matt Alex  
Horse, Alva Mae  
Ingham, Karen L  
James, Ronald E  
Johnson, Marilyn  
Johnson, Melanie Rene  
Jones, Donald Richard Jr.  
Jones, Jacqueline Ann  
Kern, Sherry Lee  
Kilgore, Anna  
Kimble, Beverly Sue  
Kowena, Kimberly Kay  
Lasley, Shalah Kay  
Lippi, Cora Jeanne  
Mack, Cara Lorene  
Manydeeds, Mary J  
Marez, Debra Gail  
Masquat, Richard Gene  
Masters, William Raymond


- McClung, Terri Mack  
Megehee, Rita A  
Miller, Kenneth Edmund Jr.  
Monday, Richard Lee  
Monday, Robert L  
Morgan, Ricky Martin  
Morris, Grover Keith  
Morris, Russell Thomas  
Mutter, Mary J  
Nordyke, David Keith  
Nullake , Georgia Faye  
Nullake, Stella M  
O'Brien, Johnny R  
Patten-Zerby, Nancy Louise  
Pennington, Cheryl Ann  
Pequano, Danielle Leigh  
Pittman, Tanja Annette  
Rhoads, Elizabeth Kay  
Rivas, Emma  
Roubidoux, Cynthia  
Roubidoux, Gwendolyn F.  
Roubidoux, James Howard Jr.  
Saunders, Russell E Sr.  
Schexnider, Herbert Lee Jr.  
Simmons, Judy F  
Smith, Brian Tug  
Smock, Sherry Leann  
Snow, Jerry Whistler  
Snow, Shelley Dawn  
Sorensen, Kellie Ann  
Stephens, Gregory Paul  
Stroebe, George F  
Sugar, Michael Anthony  
Thompson, Terri Ann  
Thurman, Marilyn Rose  
Tiger, Jack Allen  
Topping, Sandra Ann  
Tyner-Dawson, Eugenia  
Vanderploeg, Karen Sue  
Wakolee, David Boyd  
Walker, Henry Bentley Jr.  
Wallace, Carl Edward  
Wallace, Joseph Ray  
West, Olinda Jean  
White, Janet Gail  
Whitebead, Denice Lynn  
Wolf, Joyce Ann



**Shawnee  
Trophy  
Company**

A Sac and Fox Nation LLC

Trophies, Business Products, Personalized Gifts, and More

sales@shawnee-trophy.com

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Shawnee, Oklahoma 74801

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# Wa-Tha-Huk 5K Run & Black Hawk Health Fair Highlights



Runners who braved rainy weather conditions are shown at the starting line of the 2023 Wa-Tha-Huk 5K Run, hosted July 6 in Jim Thorpe Memorial Park by the Sac and Fox Nation Food Distribution Program. The event was scheduled for 7 a.m., but was delayed until 9 a.m. due to heavy thunderstorms. (All Photos by Mike Brown)



Sac and Fox Nation Food Distribution Program Director Sam Spang, center, gives instructions to 5K Run participants and other Food Program volunteers prior to the start of the rain-delayed 5K Run.



Pictured from left are 5K Run Women's Division Winner Selena Wakolee, of Kansas, and 5K Run Men's Division Winner Cheyenne Deatherage, of Tecumseh, Okla. See more race results on Page 9.



Black Hawk Health Center Staff Member Lori Gregory is shown handing out caps and other items to those attending the 2023 Black Hawk Health Fair.



Black Hawk Health Center Exercise Specialist Anthony Ramirez announces door prize winning numbers during the 2023 Black Hawk Health Center Health Fair held July 6 in the Sac and Fox Nation Community Building.



Pictured is the Harold Hamm Diabetes Center booth at the 2023 Black Hawk Health Fair.



Pictured is the Iowa's booth at the 2023 Health Fair held in conjunction with the 58th Annual Sac and Fox Nation Powwow.



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Sac and Fox Nation Education Department News

by Edwina Butler-Wolfe

The Education Department is now accepting RAP Clothing/School Supply applications for Sac and Fox students entering Pre-K through 12th grade for the 2023-2024 school year. Applications must be signed by the school to verify student enrollment and, each student must fill out a RAP application.

Each student will be issued a VISA card with \$300.00 for clothing and \$100.00 for school supplies. FUNDS MUST BE USED FOR STUDENTS' CLOTHING AND SCHOOL SUPPLIES ONLY! We will be monitoring the VISA card usage to ensure that funds are spent appropriately. If we detect any misuse of the cards, we reserve the right to deactivate the card immediately.

When using the VISA card, the transaction must be made as a credit transaction, not as a debit transaction with a PIN number. We are not responsible for any theft, loss, or misuse of the VISA cards and it is the responsibility of the student and/or parent to keep track of the VISA card. A tax-exempt letter will be mailed with each VISA card to present to vendors. When the funds on the VISA card are exhausted, please destroy the card.

Update on Senate Bill 429, allowing students enrolled in certain schools or institutions to wear tribal regalia during graduation ceremonies: The bill was overridden by a large margin, and Governor Stitt's veto was overruled. It is now law as of July 1, 2023, providing a major victory for Oklahoma Indian country and schools in general. I had the pleasure to attend the SB 429 Celebration on Saturday, July 1, 2023, hosted by The Oklahoma Council for Indian Education and ACLU-OK (American Civil Liberties Union of Oklahoma). It was a truly inspiring event to mark this momentous occasion.

The Sac and Fox Education Department is proud to offer the Johnson O'Malley Program to students attending any of the following 12 public schools: Agra, Cushing, Chandler, Davenport, Grove, Meeker, North Rock Creek, Pleasant Grove (Shawnee), Prague, Ripley, Shawnee, and Stroud. If your child is enrolled in a federally recognized tribe or nation, they are eligible to enroll in the JOM Program. We are now enrolling students for the upcoming school year. We will be visiting various sites to enroll eligible students in the JOM Program.

The Sac and Fox Nation Education

Department is delighted to have received an invitation to attend a special event that will recognize Native Americans Nationwide by honoring the remarkable contributions of the Navajo Nation Code Talkers. We are excited to collaborate with the schools above for this event at Tinker AFB on November 3, 2023 from 10:00 am - 2:00 pm. We will be working closely with Title VI Advisers, counselors, and coordinators at each school to identify and select at least 5 students and their accompanying adult sponsors to join us. We will also be looking to charter transportation for our students and sponsors.

The Education Department would like to recognize a number of individuals for their volunteer work and help during our Fun Day on July 7, 2023. With the weather causing Fun Day to be delayed a couple of hours, it was a success. Like to thank the Sac and Fox Maintenance Director Greg Morris for his help with the Education Department utilizing the pool and with the lifeguards working extra hours on July 7.

Volunteers on site making sure everyone was supervised Ashley Brokeshoulder, Josh Gibson, Scott Marlow, Olivia Stacy, Pam Patterson, Kelsey Collins, and Lacey Carrol, who was taking pictures. Preparing lunch were volunteers Secretary Lana Butler and Treasurer Carla Wallace as the cooks and, sacking the lunch bags were Vicki Wilson and Sena

Yesslith. A big thank you to Justin Morris, Education Specialist for all his planning and working early hours to make sure everything was set up for July 7.

If you have any questions for the Education Department please let us know. Justin Morris, 918- 968-3526, ext: 2043 or Extension 2046, Edwina.

Thank you,  
Edwina Butler-Wolfe  
Education Director

Business Committee Meeting Minutes are accessible on the Website [sacandfoxnation-nsn.gov](http://sacandfoxnation-nsn.gov)



Like Us on Facebook!  
Sac and Fox Nation  
Sac and Fox Casino  
Sac and Fox Language Program  
Sac and Fox Dept. of Human Services  
Sac and Fox National Public Library



### Black Hawk Health Center Receives Delivery of Mobile Medical Unit

The recently-delivered Black Hawk Health Center Mobile Medical Unit was among the law enforcement and emergency medical fleet stationed at Jim Thorpe Memorial Park to serve visiting campers and others during the 58th Annual Sac and Fox Nation Powwow. (Photo by Mike Brown)

# N.A.S.W.G



2nd and 4th Wednesday of each month at Rolling Hills 2102 E Main Shawnee, ok 74801

Email: NASWG1@GMAIL.com

FB & FB Messenger: Native American Strong Women's Group

All Women Welcome

WE WILL EAT AT 6PM. TALKING CIRCLE WILL BEGIN AT 6:30PM TO 7:30PM



## Black Hawk Health Center

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918/968-9531



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- Podiatry
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- Dietician
- Community Health Services


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- 1-866-968-0068 Refill Line

### MISSION STATEMENT

Our mission at the Black Hawk Health Center is to provide excellent healthcare services which impact and improve the health and wellness of the members of the Sac and Fox Nation, other Indigenous Nations, and the surrounding communities.



INTEREST TO SERVE ON COMMITTEES, COMMISSIONS, AND BOARDS

The Sac and Fox Nation's Business Committee will appoint people to fill vacancies, as they occur on various Committees, Commissions and Boards. If you are a tribal member 18 years of age or older, and wish to serve, please complete the information below and return the completed form to the Tribal Secretary.

NAME: \_\_\_\_\_ ROLL NUMBER: \_\_\_\_\_

Address: \_\_\_\_\_ Telephone Number: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

E-mail: \_\_\_\_\_

I wish to be considered to serve on the following Committees, Commissions or Boards, as prioritized below:

Priority #1: \_\_\_\_\_

Priority #2: \_\_\_\_\_

Priority #3: \_\_\_\_\_

Submitted by: \_\_\_\_\_ Date: \_\_\_\_\_

Currently open positions include: •Tax Commission (3) •Health Board (5) and •SBEB (1)

**NOTE:** Gaming Commission, Housing Authority and Sauk Business Enterprise Board will require a resume.



# Sac and Fox Nation 2023 Election Dates to Remember

## SAC AND FOX NATION 2023 ELECTION

**FILED**  
DATE 12/19/2022  
SECRETARY  
SAC & FOX NATION  
*Lana J. Butler*

### NOTICE OF POSITIONS FOR ELECTION

The Sac and Fox Nation Election Board is declaring and officially posting the following positions that will be open for the 2023 election year.

| BUSINESS COMMITTEE POSITIONS |
|------------------------------|
| PRINCIPAL CHIEF              |
| SECOND CHIEF                 |
| COMMITTEE MEMBER             |

| GRIEVANCE COMMITTEE    |
|------------------------|
| GRIEVANCE COMMITTEE #1 |
| GRIEVANCE COMMITTEE #2 |

*Georgia F. Nullake* Vice Chair for  
Georgia F. Nullake, Chairman  
Sac and Fox Nation Election Board

12/18/2022  
Date

#### Sac and Fox Nation 2023 Election Dates to Remember

**Section 201. Election Days**

- (c) Any such Primary Election shall be held at least thirty (30) days prior to the regular General Election.  
**Primary Election: Saturday, June 3, 2023**

**Section 201. Election Days**

- (a) Regular General Elections of members of the Business Committee and Grievance Committee shall be held on the last Saturday in August of each election year. All other required Tribal elections shall be held upon call of the Business Committee.  
**General Election: Saturday, August 26, 2023**

**Section 208. Poll Watchers**

Each candidate may designate in writing one person, not a candidate, to watch the activities at the polls. Such designation shall be presented to Election Board Officials prior to the election. Such persons may not interfere in any way with the conduct of the election, but may observe only. Any poll watcher interfering with the election or attempting to electioneer, in any way, shall be rejected from the poll area by a Sergeant of Arms or law enforcement officer.

**PRIMARY ELECTION:**

Notification of Poll Watchers for the Primary Election must be in writing and received eight (8) days prior to the election, per Election Board Rules.  
**DEADLINE: Friday, May 26, 2023 by 5:00 p.m.**

**GENERAL ELECTION:**

Notification of Poll Watchers for the General Election must be in writing and received eight (8) days prior to the election, per Election Board Rules.  
**DEADLINE: Friday, August 18, 2023 by 5:00 p.m.**

All notifications must be sent to the Sac and Fox Nation Election Board, 920963 S. Hwy 99, Stroud, OK 74079 or emailed to SFNEB@sacandfoxnation-nsn.gov.

**Section 302. Voting List**

- (a) It shall be the duty of the Tribal Secretary to compile from the Tribal membership rolls a list of all persons who will be eligible voters on the date scheduled for the Primary Election and General Election and to present sufficient certified copies of this list as requested to the Election Board no later than sixty (60) days prior to the Primary Election and no later than sixty (60) days prior to the General Election. The said copies are to be returned to the Tribal Secretary.
- (b) One copy of the voting list shall be maintained in the Tribal Office and be open to public inspection during Regular business hours no later than sixty (60) days prior to the election.

**PRIMARY ELECTION:**

**Open to the public: Tuesday, April 4, 2023**

**GENERAL ELECTION:**

**Open to the public: Tuesday, June 27, 2023**

**Section 303. Challenges to Voting Lists**

- (a) At any time more than twenty (20) days before the Primary Election and General Election, any person may challenge the voting eligibility of any person whose name appears on said list or may apply to have their name added to said list by filing an application with the Election Board. The application shall clearly indicate the substance of the challenge, the specific names challenged, and the relief requested.

**PRIMARY ELECTION:**

**Deadline for Challenges: Friday, May 12, 2023, by 5:00 p.m.**

**GENERAL ELECTION:**

**Deadline for Challenges: Friday, August 4, 2023, by 5:00 p.m.**

**Section 402. Filing for Office**

To be eligible for election and have one's name placed upon the ballot Notice of Candidacy for an elective office must be filed with: The Tribal Secretary after depositing the candidate's non-refundable filing fee of two hundred dollars (\$200.00) (cashier's check only) with the Tribal Treasurer during regular business hours at the Tribal Office complex not later than sixty-five (65) calendar days prior to the date of the Primary Election and General Election. The Tribal Secretary shall notify the Chairman of the Election Board of all candidates who have filed for office.

**OPENING DATE TO FILE FOR OFFICE:**  
**Tuesday, January 3, 2023**

**PRIMARY ELECTION:**

**Closing date to file for Office: Thursday, March 30, 2023, by 5:00 p.m.**

**If No Primary Election is held, Closing Date for General Election: Thursday, June 22, 2023, by 5:00 p.m.**

**Section 403. Petition for Office**

A petition of ten (10) or more members of Council may submit a written notice with required filing fees of two-hundred (\$200.00) non-refundable (cashier's check only), no later than sixty-five (65) calendar days prior to the date of the Primary Election and/or General Election stating the name of the candidate, age, birth date, and proof of actual residence and domicile.

**PRIMARY ELECTION:**

**Deadline to Petition for Office: Thursday, March 30, 2023, by 5:00 p.m.**

**If No Primary Election is held, Closing Date for General Election: Thursday, June 22, 2023, by 5:00 p.m.**

**Section 406. Withdrawals**

Any candidate for office may withdraw by filing a written notice of withdrawal with the Election Board at any time within ten (10) days after the closing date of filing for office. Such notice shall contain the candidates name, the office filed for, a statement of withdrawal and shall be notarized or sworn to before a person authorized to administer oaths. (Required filing fee non-refundable)

**PRIMARY ELECTION:**

**Deadline to withdraw: Saturday, April 9, 2023, by 5:00 p.m.**

**GENERAL ELECTION:**

**Deadline to withdraw: Saturday, July 2, 2023, by 5:00 p.m.**

**Section 408. Contest of Candidate Eligibility**

Any candidate or eligible voter may challenge a candidate's legal qualifications to run for office by filing a written petition with the Election Board within three (3) business days of the closing of the filing period. Each petition shall state with particularity the reasons the candidate is not eligible to file for office. There is a one-hundred dollars (\$100.00) non-refundable cashier's check contest fee.

**PRIMARY ELECTION:**

**Deadline to contest Candidate Eligibility: Tuesday, April 4, 2023, by 5:00 p.m.**

**GENERAL ELECTION:**

**If no Primary Election, deadline to contest Candidate Eligibility: Tuesday, June 27, 2023, by 5:00 p.m.**

**Section 602. Application for Absentee Ballot**

Qualified voters wishing to cast vote by absentee ballots shall notify the Election Board not sooner than ninety (90) days and not later than thirty (30) days prior to the election. Such notices must be in writing and must include the correct mailing address of the person making the request. Only one ballot per written request.

**PRIMARY ELECTION:**

**Requests will be accepted from Sunday, March 5, 2023, and cannot accept requests after Thursday, May 4, 2023, by 5:00 p.m.**

**GENERAL ELECTION:**

**Requests will be accepted from Sunday, May 28, 2023, and cannot accept requests after Thursday, July 27, 2023, by 5:00 p.m.**

**Section 706. The Tally**

The Election Board shall unlock the ballot box(es), shall remove the ballots one by one, and as each one is removed, the clerks shall read off the names of the candidates marked thereupon. At least two election officials shall view each ballot, and each counter shall keep a separate tally of the votes cast. Each candidate may select a watcher of their choice, not a candidate, to observe and keep a separate record of the tally of the ballots, and who shall not interfere with the tally process. After the tally is complete, all ballots, absentee ballots, voter registers, and ballot boxes shall be transported to the Sac and Fox Nation Tribal Court House.

**PRIMARY ELECTION:**

**Notification of Tally Watchers for the Primary Election must be in writing and received eight (8) days prior to the election, per Election Board Rules. DEADLINE: Friday, May 26, 2023, by 5:00 p.m.**

**GENERAL ELECTION:**

**Notification of Tally Watchers for the General Election must be in writing and received eight (8) days prior to the election, per Election Board Rules. DEADLINE: Friday, August 18, 2023, by 5:00 p.m.**

All notifications must be sent to the Sac and Fox Nation Election Board, 920963 S. Hwy 99, Stroud, OK 74079 or emailed to SFNEB@sacandfoxnation-nsn.gov.

**Section 710. Certification of Election**

The election shall be certified by the Election Board immediately after the ten (10) day period for filing an election contest expires, provided, that if an election contest petition is filed within the time period allowed, then no Certificate of Election shall be issued until after such election contest is finally decided.

**PRIMARY ELECTION:**

**If the tally is completed on Saturday, June 3, 2023  
CERTIFICATION is on Tuesday, June 13, 2023**

**If the tally is completed on Sunday, June 4, 2023  
CERTIFICATION is on Wednesday, June 14, 2023**

**GENERAL ELECTION:**

**If the tally is completed on Saturday, August 26, 2023  
CERTIFICATION is on Tuesday, September 5, 2023**

**If the tally is completed on Sunday, September 1, 2023  
CERTIFICATION is on Wednesday, September 6, 2023**

**Section 802. Contest Petition**

A candidate or qualified voter contesting a Tribal Election shall, within ten (10) days after completion of the tally of the election and declaration of the results, shall deposit a two hundred dollar (\$200.00) non-refundable cashier's check contest filing fee with the Tribal Treasurer, file with the Election Board a statement in writing setting forth their particular grounds for the contest. The statement shall be verified by affidavit of the contestor (s) that they believe the matters and things therein contained are true. After the statement is filed the Election Board shall set a time for a hearing of the contest, no later than ten (10) days after the date on which the statement of contest was filed. Written notice of such hearing shall be mailed or delivered to each candidate for the office contested. Any party to the election protest and the Election Board shall have the right to view the election ballots and records in the presence of the Court Clerk in the clerk's office. Any party to the protest or a Tribal member shall be entitled to receive a photocopy of said documents certified as true and correct copies by the Court Clerk upon payment to said clerk of the normal and customary charges.

Said certified copies shall be received as evidence by the Election Board in like manner as an original. Alternatively the Election Board, upon request of a party or on its own motion, may convene a hearing for any protested election at the Tribal Courthouse for the purpose of review of said election materials. After hearing the proofs and allegations of the contestants, the Election Board shall make their findings and shall have authority to pronounce their judgment either setting aside, or confirming the election.

**PRIMARY ELECTION:**

**If the tally is completed on Saturday, June 3, 2023  
THE CONTEST PETITION DEADLINE DATE: Tuesday, June 13, 2023, by 5:00 p.m.**

**If the tally is completed on Sunday, June 3, 2023  
THE CONTEST PETITION DEADLINE DATE: Wednesday, June 14, 2023, by 5:00 p.m.**

**GENERAL ELECTION:**

**If the tally is completed on Saturday, August 26, 2023  
THE CONTEST PETITION DEADLINE DATE: Tuesday, September 5, 2023, by 5:00 p.m.**

**If the tally is completed on Sunday, August 27, 2023  
THE CONTEST PETITION DEADLINE DATE: Wednesday, September 6, 2023, by 5:00 p.m.**

**Section 805. Request for Recount**

Since the Election Ordinance provides for automatic recount of ballots, any request for recount of ballots must list the reasons therefore in writing and be submitted to the Election Board Chairman, or the Chairman's designated representative within five (5) days after the election. Such request must be accompanied by a non-refundable cashier's check of two-hundred dollars (\$200.00) made payable to the Sac and Fox Nation. Said check

shall be forwarded to the Tribal Secretary-Treasurer to be credited against the cost of the recount. The Election Board shall meet and decide within ten (10) days of receipt of the notice whether or not the reasons listed in the request are sufficient to cause a recount of ballots.

**PRIMARY ELECTION:**

**The deadline date to request a recount: Thursday, June 8, 2023, by 5:00 p.m.**

**GENERAL ELECTION:**

**The deadline date to request a recount: Thursday, August 31, 2023, by 5:00 p.m.**

## PUBLIC NOTICE

A **REGULAR** CALLED MEETING OF  
THE SAC AND FOX NATION  
BUSINESS COMMITTEE TO BE HELD  
ON **AUGUST 17 AT 9:30 A.M.** IN THE  
CONFERENCE ROOM OF THE  
CULTURAL CENTER BUILDING,  
SAC AND FOX RESERVATION,  
STROUD, OKLAHOMA.



Business Committee Meeting Minutes

Please be advised that the following are official actions taken by the Business Committee in a Regular Business Committee meeting held on June 20, 2023. These actions are to be followed up by the appropriate departments.

1. **Resolution SF-23-152**, a resolution authorizing and approving an agreement between the Sac and Fox Nation and Rockin R Pro Rodeo/Rusty Morland. The funding source is identified as the Fiscal Year 2023 RAP Rodeo Committee Budget. Lana J. Butler-motion. Carla J. Wallace-2<sup>nd</sup>. VOTE: Angela-Yes, Lana-Yes, Carla-Yes, Robert-Yes. Motion carried.
2. Lana J. Butler motion to approve the Regular Business Committee Meeting minutes dated May 24, 2023. Carla J. Wallace-2<sup>nd</sup>. VOTE: Angela-Yes, Lana-Yes, Carla-Yes, Robert-Abstain. Motion carried.
3. **Resolution SF-23-153**, a resolution authorizing and approving the Black Hawk Health Center Code of Conduct. Lana J. Butler-motion. Carla J. Wallace-2<sup>nd</sup>. VOTE: Angela-Yes, Lana-Yes, Carla-Abstain, Robert-Abstain. Motion failed.
4. Lana J. Butler motion to reappoint Yannah Frazier to the Housing Commission. Robert E. Williamson-2<sup>nd</sup>. VOTE: Angela-Yes, Lana-Yes, Carla-Yes, Robert-Yes. Motion carried.
5. Carla J. Wallace motion to ratify the following motions:

a. **Resolution SF-23-148**, a resolution approving the American Rescue Plan Act (ARPA) Elders Budget Modification #1 in the total funding amount of Twenty-Seven Thousand Dollars (\$27,000.00). The funding source is identified as the American Rescue Plan Act (ARPA) Treasury Appropriations

b. Approval of Tribal Emergency Home Repair (T.E.H.R.) assistance for 3420 S. 132<sup>nd</sup> E Ave., Tulsa, OK 74134 in the amount of Four Thousand Seven Hundred Fourteen Dollars (\$4,714.00), Contract #2023-05-03.

c. Approval of Tribal Emergency Home Repair (T.E.H.R.) assistance for 1223 E. Pecan, Cushing, OK 74023 in the amount of Five Thousand Dollars (\$5,000.00), Contract #2023-05-04.

d. Approval of Tribal Emergency Water Repair (T.E.W.R.) assistance for 1223 E. Pecan, Cushing, OK 74023 in the amount of Five Thousand Dollars (\$5,000.00), Contract #2023-05-05.

e. Approval of Tribal Emergency Water Repair (T.E.W.R.) assistance for 507 S. 3<sup>rd</sup> Ave., Stroud, OK 74079 in the amount of One Hundred Forty-One Dollars (\$141.00), Contract #2023-05-06.

f. Approval of Tribal Emergency Water Repair (T.E.W.R.) assistance for 1223 E. Cherry St, Cushing, OK 74023 in the amount of One Thousand Three Hundred Twenty-Five Dollars (\$1,325.00 ), Contract #2023-05-07.

g. Approval of Tribal Emergency Water Repair (T.E.W.R.) assistance for 230 S. 5<sup>th</sup> Ave., Stroud, OK 74079 in the amount of Seven Thousand Six Hundred Forty Dollars and Ninety-Eight Cents (\$7,640.98), Contract #2023-05-08.

h. Approval of Tribal Emergency Water Repair (T.E.W.R.) assistance for 100 Cottontail Tail Drive, Shawnee, OK 74804 in the amount Two Thousand Five Hundred Dollars (\$2,500.00), Contract #2023-05-09.

i. Approval of Tribal Emergency Home Repair (T.E.H.R.) assistance for 1232 E. 4<sup>th</sup> St., Cushing, OK 74023 in the amount of Five Thousand Dollars (\$5,000.00), Contract #2023-06-02.

j. Approval of Tribal Emergency Water Repair (T.E.W.R.) assistance for 43684 Moccasin Trail, Meeker, OK 74855 in the amount of One Thousand One Hundred Eighty-Three Dollars (\$1,183.00), Contract #2023-06-03.

k. Approval of the Elders ARPA Lawn Care Services Program Guidelines and Forms. Lana J. Butler-2<sup>nd</sup>. VOTE: Angela-Yes, Lana-Yes, Carla-Yes, Robert-Yes. Motion carried.
6. **Resolution SF-23-154**, a resolution approving the Fiscal Year 2023 Revenue Allocation Plan Veteran’s Honor Guard Budget in the total amount of Forty-Nine Thousand Two Hundred Eighty-Seven Dollars (\$49,287.00). The funding source is identified as the Fiscal Year 2023 Governing Council approved Resolution SF/GC-23-05. Robert E. Williamson-motion. Carla J. Wallace-2<sup>nd</sup>. VOTE: Angela-Yes, Lana-Yes, Carla-Yes, Robert-Yes. Motion carried.
7. **Resolution SF-23-155**, a resolution approving the Fiscal Year 2023 Tribal Court Supplemental Budget Modification #1 in the total amount of Eighty-Seven Thousand Nine Hundred Seven Dollars (\$87,907.00). The funding source is identified as fees and fines collected by the Sac and Fox Nation District and Supreme Courts from prior years. Carla J. Wallace-motion. Lana J. Butler-2<sup>nd</sup>. VOTE: Angela-Yes, Lana-Yes, Carla-Yes, Robert-Yes. Motion carried.
8. **Resolution SF-23-156**, a resolution approving the American Rescue Plan Act Low Income Household Water Assistance Program Budget Modification #2 in the total amount of Sixty Thousand Dollars (\$60,000.00). The funding source is identified as the Department of Health and Human Services, Administration for Children and Families, ARPA Low Income Household Water Assistance Program Grant #21PLOKLWCG. Carla J. Wallace-motion. Robert E. Williamson-2<sup>nd</sup>. VOTE: Angela-Yes, Lana-Yes, Carla-Yes, Robert-Yes. Motion carried.
9. **Resolution SF-23-157**, a resolution approving the Department of the Interior CARES Act Indian Child Welfare Budget in the total funding amount of One Hundred Ten Thousand Four Hundred Twenty-One Dollars (\$110,421.00). The funding source is identified as the Fiscal Year 2020 US Department of the Interior Funding Agreement, one-time distribution of CARES Act Funds. Robert E. Williamson-motion. Carla J. Wallace-2<sup>nd</sup>. VOTE: Angela-Yes, Lana-Yes, Carla-Yes, Robert-Yes. Motion carried.
10. **Resolution SF-23-158**, a resolution approving the Chicago Blackhawks Foundation Fall Grant Budget Modification #1 for the total amount of Twenty-Five Thousand Dollars (\$25,000.00). The funding source is identified as the Chicago Blackhawks Foundation. Robert E. Williamson-motion. Lana J. Butler-2<sup>nd</sup>. VOTE: Angela-Yes, Lana-Yes, Carla-Abstain, Robert-Yes. Motion carried.
11. **Resolution SF-23-159**, a resolution approving the Fiscal Year 2023 Department of Interior Compact Maintenance Budget Modification #2 in the total amount of Thirty-Six Thousand Dollars (\$36,000.00). The funding source is identified as the Fiscal Year 2023 Department of Interior Compact funding agreement. Lana J. Butler-motion. Carla J. Wallace-2<sup>nd</sup>. VOTE: Angela-Yes, Lana-Yes, Carla-Yes, Robert-Yes. Motion carried.
12. **Resolution SF-23-160**, a resolution authorizing and approving an agreement between the Sac and Fox Nation and Tony Tiger. The funding source is identified as the Blackhawk Library Donation Budget, not to exceed Three Thousand Dollars (\$3,000.00). Lana J. Butler-motion. Robert E. Williamson-2<sup>nd</sup>. VOTE: Angela-Yes, Lana-Yes, Carla-Yes, Robert-Yes. Motion carried.
13. **Resolution SF-23-161**, a resolution approving the Native Employment Works (NEW) Program Budget in the total amount of Seventeen Thousand Three Hundred Fifty-Four Dollars (\$17,354.00). The funding source is identified as the Department of Health and Human Services, Administration for Children and Families, Grant Numbers #G-21PLOKNEWP, and G-22PLOKNEWP. Robert E. Williamson-motion. Lana J. Butler-2<sup>nd</sup>. VOTE: Angela-Yes, Lana-Yes, Carla-Yes, Robert-Yes. Motion carried.
14. Lana J. Butler motion to approve the Service Agreement #2022-07-01a between the Sac and Fox Nation and Miller EMS for the 58<sup>th</sup> Annual Pow-Wow Event. Robert E. Williamson-2<sup>nd</sup>. VOTE: Angela-Yes, Lana-Yes, Carla-Yes, Robert-Yes. Motion carried.
15. Lana J. Butler motion to approve the contract for educational services between Stroud Public Schools I-054 and Sac and Fox Nation Juvenile Facility, Contract #2019-10-01d (Renewal). Robert E. Williamson-2<sup>nd</sup>. VOTE: Angela-Yes, Lana-Yes, Carla-Yes, Robert-Yes. Motion carried.
16. Lana J. Butler motion to approve the Chandler Area Chamber of Commerce Annual Business Membership Dues in the amount of Five Hundred Dollars (\$500.00). Carla J. Wallace-2<sup>nd</sup>. VOTE: Angela-Yes, Lana-Yes, Carla-Yes, Robert-Yes. Motion carried.
17. **Resolution SF-23-162**, a resolution approving the USDA/FDPIR Chicago Blackhawks Foundation Spring Grant Budget for the total amount of One Thousand Five Hundred Fifty Dollars (\$1,550.00). Lana J. Butler-motion. Robert E. Williamson-2<sup>nd</sup>. VOTE: Angela-Yes, Lana-Yes, Carla-Abstain, Robert-Yes. Motion carried.
18. Lana J. Butler motion to approve the Screening Contract. Carla J. Wallace-2<sup>nd</sup>. VOTE: Angela-Yes, Lana-Yes, Carla-Yes, Robert-Yes. Motion carried.
19. **Resolution SF-23-151**, a resolution approving the Fiscal Year 2023 Historic Preservation Budget Modification #1 in the total amount of One Hundred Twenty Thousand One Hundred Eighty Dollars (\$120,180.00). Robert E. Williamson-motion. Lana J. Butler-2<sup>nd</sup>. VOTE: Angela-Yes, Lana-Yes, Carla-Yes, Robert-Yes. Motion carried.

Business Committee Meeting Minutes

20. Carla J. Wallace motion to approve the following Charitable Donations: Community Market \$1,000.00, Murrow Indian Children’s Home \$2,000.00, and Hustle Tribe Athletics \$1,000.00 for a total amount of Four Thousand Dollars (\$4,000.00) and the following Government/Local Donations: Meeker Cheer \$2,500.00 and OKCPS Native American Student Services \$1,500.00 for a total amount of Four Thousand Dollars (\$4,000.00). Lana J. Butler-2<sup>nd</sup>. VOTE: Angela-Yes, Lana-Yes, Carla-Yes, Robert-Yes. Motion carried.

August Word Search

V D G G A Y I U  
T I L Q W K P H Z R K L  
D A W E K E W Ô N A W Â H S  
W Q B M P L Z X Q S I F  
N G F D F L O Z W B Z B W W  
T P L I U G V O U E T L P A  
R O O A H D H L V P L J Z M N R  
M P R H G O M I D U H X G E I W  
V B H J X U R A S L D Z R H H X  
E W W F P E K O N Ê Y Â W A K I W I K F  
H P Y Ê N E T Î W E K Ê W A A V H X A F  
Z V S A W Ê K E W H T O N E N F R B M O  
Q J K Z I K A N A K I H T O K S Ê T  
K D I I W N A P Â T Ê Y P H W U  
M B Z I W N E P Î N L T Y A  
I B O W S U S Y  
A J F M M L N P  
V Ê W Ê W E K Ê W A R U K P  
V Y T Ê W Ê H I K A N A  
J S L Z H O Q H

August 2023 Word List

|                |                          |
|----------------|--------------------------|
| Nîpenwi        | August                   |
| Nenoswekewa    | Dances the Buffalo Dance |
| Shâwanôwekewa  | Dances the Shawnee Dance |
| Êwêwekewa      | Dances the Swan Dance    |
| Pyênetîwekêwa  | Dances the Victory Dance |
| Pyêtâpanwi     | Dawn comes               |
| Kosikanaki     | Dice                     |
| Wanihkamêwa    | Passes the time          |
| Têwêhikana     | Drum                     |
| Pekonêyâwakiwi | Ground is dusty          |

2ND ANNUAL  
ALGONQUIAN LANGUAGE  
AND CULTURAL  
CONVENTION  
FIRST AMERICANS MUSEUM (FAM)  
SATURDAY, SEPTEMBER 30  
SAVE THE DATE  
MORE INFO TBA

SAC & FOX NATION  
BLACK HAWK TRIBE OF INDIANA  
FAM First Americans Museum OKLAHOMA  
SAC & FOX NATION  
BLACK HAWK TRIBE OF INDIANA  
FAM First Americans Museum OKLAHOMA  
SAC & FOX NATION  
BLACK HAWK TRIBE OF INDIANA  
FAM First Americans Museum OKLAHOMA

Activity Committee Announcement

The Sac & Fox Nation Activity Committee is comprised of tribal member volunteers who have the desire to promote activities within our tribe. The Activity Committee is open to all Sac & Fox Nation tribal members as well as non-tribal members.

Beginning in June the Activity Committee will hold a regular meeting the first Tuesday of every month at 6:30 pm in the Shawnee Multi-Purpose Building. Meetings are open to the public. The Activity Committee encourages membership, ideas, suggestions and/or concerns of the organization and hosting events.



# SAUK LANGUAGE DEPARTMENT PHILOSOPHY

Indians are born speaking our languages. For some of us, they lie dormant within our bodies. They are looking for a way out. God gave us these beautiful languages. All of us hold them in a sacred manner within. There is no such thing as an Indian person who cannot speak Indian.

Our language programs find these languages within our bodies. They bring them out through our mouths and deliver them to their rightful resting places within our hearts.

## August Scramble

- wewkêêwaĕ
- êamhanwiwak
- eyînwêêakptew
- oanwwhneeêtk
- paikênâokiyeww
- apêpwintyâ
- aaktinkokih
- êêiawthakn
- ipennwî
- hwaêwwnâseakô

## August 2023 Word Match

- Nîpenwi
- Nenoswekewa
- Shâwanôwekewa
- Êwêwekewa
- Pyênetîwekêwa
- Pyêtâpanwi
- Kosikanaki
- Wanihkamêwa
- Têwêhikana
- Pekonêyâwakiwi
- Dice
- Drum
- Dawn comes
- August
- Dances the Shawnee Dance
- Dances the Swan Dance
- Ground is dusty
- Dances the Buffalo Dance
- Dances the Victory Dance
- Passes the time

## SAUK LANGUAGE DEPARTMENT HAPPENINGS & NEWS

AUGUST 2023

Nîpenwi  
(Ripening Moon)

From the Sauk Language Department.

The Sauk I and II online courses are now available for high school students who want to learn Sauk. If you are interested in taking these courses, please contact the Sauk Language Department to learn more.

Also, the Sauk Language Department has three (3) downloadable, stand-alone language apps for both Android and iPhones. Go to Google Play Store or iTunes to get yours today and start learning Sauk.

Join us online or visit our website for Sauk words and to play games at

[www.talksauk.com](http://www.talksauk.com)



Suggestions and comments from tribal members are always welcome on programs you have attended, or would like to see scheduled.  
Call 918-968-3526 or 800-259-3970, or email at:

[Katie.Thompson@sacandfoxnation-nsn.gov](mailto:Katie.Thompson@sacandfoxnation-nsn.gov)

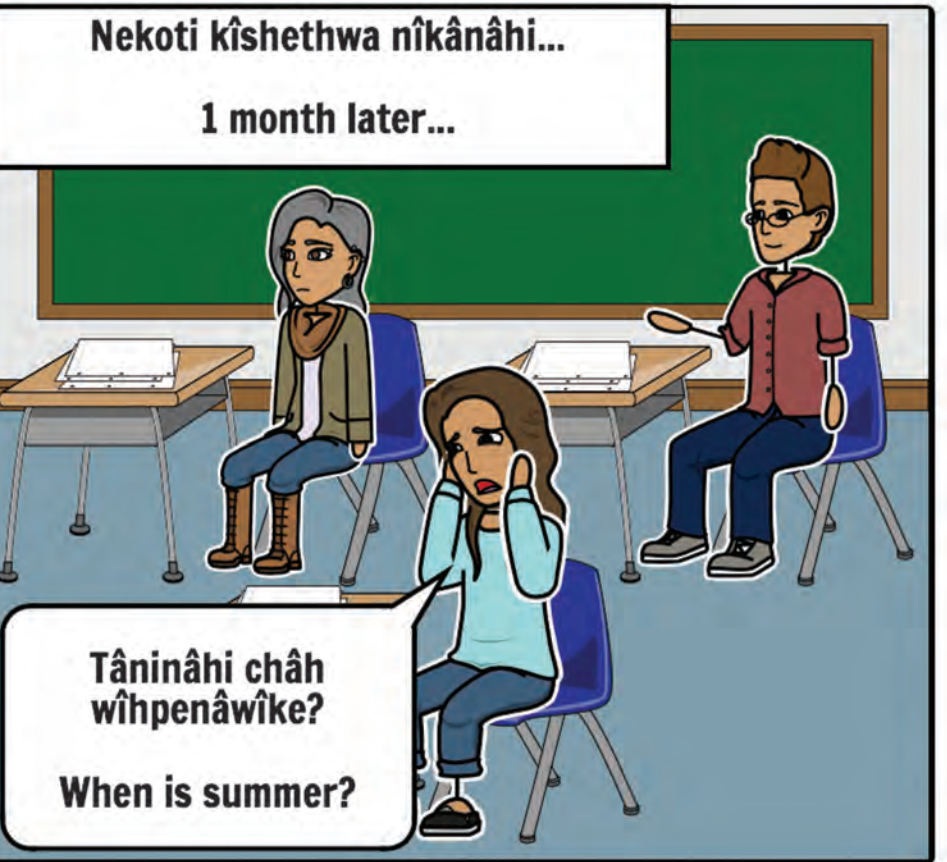


# Talk Sauk.

## August 2023 Quotes

- You have to look deeper, way below the anger, the hurt, the hate, the jealousy, the self-pity, way down deeper where the dreams lie. Find your dream. It's the pursuit of the dream that heals you.
- Billy Mills, Oglala Lakota (1938-)
- When you know who you are; when your mission is clear and you burn with the inner fire of unbreakable will; no cold can touch your heart; no deluge can dampen your purpose. You know that you are alive.
- Chief Seattle, Duwamish (1780-1866)
- Between individuals, as between nations, peace means respect for the rights of others.
- Benito Juarez, Zapoteca (1806-1872)


## August Comic





| FNS HANDBOOK 501<br>EXHIBIT M                                                                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                                                                                       |                 |                         |                                     |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------|-------------------------|-------------------------------------|
| FOOD DISTRIBUTION PROGRAM ON INDIAN RESERVATIONS (FDPPIR)                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                       |                 |                         |                                     |
| FY 2023 NET MONTHLY INCOME STANDARDS                                                                                                                                                                          |                                                                                                                                                                                                                                                                                                                                                                                                                                       |                 |                         |                                     |
| Effective October 1, 2022 to September 30, 2023                                                                                                                                                               |                                                                                                                                                                                                                                                                                                                                                                                                                                       |                 |                         |                                     |
| The net monthly income standard for each household size is the sum of the applicable Supplemental Nutrition Assistance Program (SNAP) net monthly income standard and the applicable SNAP standard deduction. |                                                                                                                                                                                                                                                                                                                                                                                                                                       |                 |                         |                                     |
| 48 Contiguous United States:                                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                       | Use this Amount |                         |                                     |
| Household Size                                                                                                                                                                                                | SNAP Net Monthly Income Standards                                                                                                                                                                                                                                                                                                                                                                                                     |                 | SNAP Standard Deduction | FDPPIR Net Monthly Income Standards |
| 1                                                                                                                                                                                                             | \$1,133                                                                                                                                                                                                                                                                                                                                                                                                                               | +               | \$193                   | = \$1,326                           |
| 2                                                                                                                                                                                                             | \$1,526                                                                                                                                                                                                                                                                                                                                                                                                                               | +               | \$193                   | = \$1,719                           |
| 3                                                                                                                                                                                                             | \$1,920                                                                                                                                                                                                                                                                                                                                                                                                                               | +               | \$193                   | = \$2,113                           |
| 4                                                                                                                                                                                                             | \$2,313                                                                                                                                                                                                                                                                                                                                                                                                                               | +               | \$193                   | = \$2,506                           |
| 5                                                                                                                                                                                                             | \$2,706                                                                                                                                                                                                                                                                                                                                                                                                                               | +               | \$225                   | = \$2,931                           |
| 6                                                                                                                                                                                                             | \$3,100                                                                                                                                                                                                                                                                                                                                                                                                                               | +               | \$258                   | = \$3,358                           |
| 7                                                                                                                                                                                                             | \$3,493                                                                                                                                                                                                                                                                                                                                                                                                                               | +               | \$258                   | = \$3,751                           |
| 8                                                                                                                                                                                                             | \$3,886                                                                                                                                                                                                                                                                                                                                                                                                                               | +               | \$258                   | = \$4,144                           |
| Each additional member                                                                                                                                                                                        |                                                                                                                                                                                                                                                                                                                                                                                                                                       |                 |                         | \$394                               |
| Alaska:                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                                                                                                                       |                 |                         |                                     |
| Use this Amount                                                                                                                                                                                               |                                                                                                                                                                                                                                                                                                                                                                                                                                       |                 |                         |                                     |
| Household Size                                                                                                                                                                                                | SNAP Net Monthly Income Standards                                                                                                                                                                                                                                                                                                                                                                                                     |                 | SNAP Standard Deduction | FDPPIR Net Monthly Income Standards |
| 1                                                                                                                                                                                                             | \$1,416                                                                                                                                                                                                                                                                                                                                                                                                                               | +               | \$330                   | = \$1,746                           |
| 2                                                                                                                                                                                                             | \$1,908                                                                                                                                                                                                                                                                                                                                                                                                                               | +               | \$330                   | = \$2,238                           |
| 3                                                                                                                                                                                                             | \$2,400                                                                                                                                                                                                                                                                                                                                                                                                                               | +               | \$330                   | = \$2,730                           |
| 4                                                                                                                                                                                                             | \$2,891                                                                                                                                                                                                                                                                                                                                                                                                                               | +               | \$330                   | = \$3,221                           |
| 5                                                                                                                                                                                                             | \$3,383                                                                                                                                                                                                                                                                                                                                                                                                                               | +               | \$330                   | = \$3,713                           |
| 6                                                                                                                                                                                                             | \$3,875                                                                                                                                                                                                                                                                                                                                                                                                                               | +               | \$330                   | = \$4,205                           |
| 7                                                                                                                                                                                                             | \$4,366                                                                                                                                                                                                                                                                                                                                                                                                                               | +               | \$330                   | = \$4,696                           |
| 8                                                                                                                                                                                                             | \$4,858                                                                                                                                                                                                                                                                                                                                                                                                                               | +               | \$330                   | = \$5,188                           |
| Each additional member                                                                                                                                                                                        |                                                                                                                                                                                                                                                                                                                                                                                                                                       |                 |                         | \$492                               |
| FNS HANDBOOK 501<br>EXHIBIT M                                                                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                                                                                       |                 |                         |                                     |
| FY 2023 FDPPIR Income Deductions (see 7 CFR 253.6(e))                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                                                                                                                       |                 |                         |                                     |
| Effective October 1, 2022 to September 30, 2023                                                                                                                                                               |                                                                                                                                                                                                                                                                                                                                                                                                                                       |                 |                         |                                     |
| Earned Income Deduction                                                                                                                                                                                       | Households with earned income are allowed a deduction of 20 percent of their earned income.                                                                                                                                                                                                                                                                                                                                           |                 |                         |                                     |
| Dependent Care Deduction                                                                                                                                                                                      | Households that qualify for the dependent care deduction are allowed a deduction of actual dependent care costs paid monthly to a non-household member.                                                                                                                                                                                                                                                                               |                 |                         |                                     |
| Child Support Deduction                                                                                                                                                                                       | Households that incur the cost of legally required child support to or for a non-household member are allowed a deduction for the amount of monthly child support paid.                                                                                                                                                                                                                                                               |                 |                         |                                     |
| Medical Expense Deduction                                                                                                                                                                                     | Households that incur monthly medical expenses by any household member who is elderly or disabled are allowed a deduction in the amount of out-of-pocket medical expenses paid in excess of \$35 per month. Allowable medical expenses are provided at 7 CFR 273.9(d)(3).                                                                                                                                                             |                 |                         |                                     |
| Home Care Meal-Related Deduction                                                                                                                                                                              | Households who furnish the majority of meals for a home care attendant are allowed an income deduction equal to the maximum SNAP benefit for a one-person household. The home care meal-related deduction amounts are as follows:<br><br>48 Contiguous U.S. States = \$281<br><br>Alaska by Area Designations<br>• Urban = \$351<br>• Rural 1 = \$448<br>• Rural 2 = \$545<br><br>See 7 CFR 272.7(b) for area designations in Alaska. |                 |                         |                                     |
| Standard Shelter/Utility Expense Deduction                                                                                                                                                                    | Households that incur at least one monthly shelter or utility expense are allowed a standard income deduction (see chart below). Allowable shelter/utility expenses are provided at 7 CFR 273.9(d)(6)(ii).                                                                                                                                                                                                                            |                 |                         |                                     |

| FNS HANDBOOK 501<br>EXHIBIT M                                                                                                                                                                                                                                                                                                                                                     |                                                                          |                           |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------|---------------------------|
| FY 2023 FDPPIR Standard Shelter/Utility Expense Deductions                                                                                                                                                                                                                                                                                                                        |                                                                          |                           |
| Effective October 1, 2022 to September 30, 2023                                                                                                                                                                                                                                                                                                                                   |                                                                          |                           |
| Baseline by Region*                                                                                                                                                                                                                                                                                                                                                               |                                                                          |                           |
| Region                                                                                                                                                                                                                                                                                                                                                                            | States Currently with FDPPIR Programs                                    | Shelter/Utility Deduction |
| Northeast/Midwest                                                                                                                                                                                                                                                                                                                                                                 | Michigan, Minnesota, New York, Wisconsin                                 | \$500                     |
| Southeast/Southwest                                                                                                                                                                                                                                                                                                                                                               | Arizona, Mississippi, New Mexico, North Carolina, Oklahoma, Texas, Utah  | \$400                     |
| Mountain Plains                                                                                                                                                                                                                                                                                                                                                                   | Colorado, Kansas, Montana, Nebraska, North Dakota, South Dakota, Wyoming | \$550                     |
| West                                                                                                                                                                                                                                                                                                                                                                              | Alaska, California, Idaho, Nevada, Oregon, Washington                    | \$450                     |
| *If the geographic boundaries of an Indian reservation extend to more than one region per the identified regional groupings above, then a qualifying household has the option to receive the appropriate shelter/utility expense deduction amount for the State in which the household resides or the State in which the State agency's central administrative office is located. |                                                                          |                           |



## Kids and Grandkids Are G-R-E-A-T!!

We want to feature the scholastic, academic and athletic awards or achievements of your child or grandchild of the Sac and Fox Nation!

Send all pertinent information, such as name of student, town, school and grade attending, explanation of award or achievement, and names of parents and/or grandparents, along with a current photo of the student to:

newspaper@sacandfoxnation-nsn.gov  
or: Sac and Fox News, 920963 S. Hwy. 99  
Stroud, OK 74079

## August 2023

### SAC AND FOX NATION FOOD DISTRIBUTION PROGRAM

**STROUD WAREHOUSE**  
918-968-3030 • 1-800-256-3398

**SHAWNEE OFFICE**  
405-395-0063 • 1-886-622-2310

| MON                                             | TUE          | WED                              | THU                 | FRI                                           |
|-------------------------------------------------|--------------|----------------------------------|---------------------|-----------------------------------------------|
|                                                 | 1<br>Walk-In | 2<br>Elder's Day<br><br>Shipment | 3<br>Elder's Day    | 4<br>Elder's Day<br>Stroud HD &<br>Shawnee HD |
| 7<br>Late Night Shawnee<br>8AM-6PM              | 8            | 9                                | 10                  | 11<br>Stroud HD &<br>Shawnee HD               |
| 14                                              | 15           | 16                               | 17                  | 18                                            |
| 21<br>Late Night Shawnee &<br>Stroud<br>8AM-6PM | 22           | 23                               | 24                  | 25<br><br>Shawnee HD                          |
| 28                                              | 29           | 30<br>Inventory Day              | 31<br>Inventory Day |                                               |

ALL FOOD DISTRIBUTIONS  
ARE BY APPOINTMENT ONLY! THANK YOU!!

HOURS (Monday-Friday)

Certification 8 am - 5 pm  
Distribution 8 am - 3 pm  
Store AM Inventory 8 am - 8:30 am  
Store PM Inventory 3 pm - 5 pm

HOME DELIVERIES ARE FOR  
HOMEBOUND AND/OR DISABLED  
ELDERS. CALL OUR  
STROUD OFFICE  
TO SEE IF YOU QUALIFY.  
*This institution is  
an equal opportunity provider.*



Free help

Oklahoma Tobacco Helpline

**1 800 QUIT NOW**

784-8669 OKhelpline.com

## CALLING ALL 2021-2024 OKLAHOMA TRIBAL PRINCESSES

Oklahoma Native Royalty/Our Native Traditions is back and will publish November 2023.

**Qualifications:** Must be Tribal, Veterans, NASA Princesses in Oklahoma.

Contact: Christina Walker  
Shawnee News-Star  
cmwalker@cherryroad.com  
For More Information:  
Call (405)617-3088 or (405)214-3955





## Sac and Fox Nation Food Distribution Program





**OVER 100  
ITEMS!!!**

If at least 1 in your household has a CDIB, you reside within our 5 tribe Service Area, & you meet USDA Income Guidelines...

**YOU MAY QUALIFY!!!**

**CALL TODAY!!! 1-800-256-3398**

This institution is an equal opportunity provider.

Our Service Area includes Lincoln, Pottawatomie, Payne, Logan, Oklahoma, & Cleveland Counties.







Elders Advisory Committee Report

by Peggy Big Eagle

Like everybody else, the Elders Advisory Committee got rained out of the arena for the whole powwow. That means our concession stand did very little business on Thursday, and it wasn't worth opening after that.

So, with lots of unused inventory it looks like we will be eating Frito chili pies at our meetings for a while! We also have a freezer full of hot dogs, but we donated the buns to the food distribution program before they got stale. John Deere was heard trying to convince Jennifer Wood, our fry bread cook, into wrapping hot dogs in fry bread dough. She didn't look interested.


Our regular monthly meeting in July was at the Shawnee Multipurpose Building where 27 members attended. One highlight of the meeting was installing

Stella Nullake as Committee Member by acclamation to fill an unexpired term. We appreciate Renee Buckley's past service in that position.

Thomas Reuben provided the birthday cake for the month, and Melissa Denny thanked us all for celebrating her birthday on the Fourth of July.

An officer's meeting was scheduled for July 25 to prepare the 2024 budget which is due July 26, and all interested EAC members were urged to attend. We appreciate all the help we receive at budget time and throughout the year from Vicki Jackson.

Our next meeting will be August 9 at 10:00 a.m. at the Elders and Veterans Building in Stroud. Members are welcome to bring potluck, but we will have enough Frito chili pies for everyone.





**Skye Leann Griggs Jim**  
Missing and Murdered Indigenous Persons

**\$5,000 REWARD**  
\* FOR INFORMATION LEADING TO AN ARREST AND CONVICTION

The Sac and Fox Nation is offering a \$5,000 reward for any information leading to an arrest and conviction of individual(s) responsible in the death of Skye Griggs Jim on January 9th, 2021 in Shawnee, Oklahoma.

**IF YOU HAVE ANY INFORMATION PLEASE CONTACT THE SAC AND FOX NATION POLICE DEPARTMENT AT (918) 968-2031**





**Brandon James Kaseca**  
Missing and Murdered Indigenous Persons

**\$5,000 REWARD**  
\* FOR INFORMATION LEADING TO AN ARREST AND CONVICTION

The Sac and Fox Nation is offering a \$5,000 reward for any information leading to an arrest and conviction of individual(s) responsible in the shooting death of Brandon Kaseca on January 30th, 2022 in Shawnee, Oklahoma.

**IF YOU HAVE ANY INFORMATION PLEASE CONTACT THE SAC AND FOX NATION POLICE DEPARTMENT AT (918) 968-2031**



## Ways to Love Our Elders

**LISTEN** • Hug them • Be **PROUD** of them • Tell them you **LOVE** them • Take them out to eat • Open the door • Steady them so they won't fall • Brush their hair • Have them teach you **TRADITIONS** • Spend time with them • Make them a cup of tea • Cook their favorite food • Take them to a movie • Take them out for a meal • Sing together • Dance • Sweep the floor • Wash their clothes • Take out the trash • Be **PATIENT**, let them take their time • Clean their yard • Talk with them • Spend your own money on them • Make sure they are dressed warmly for the weather • Bring children to **VISIT** • Play games together • Pray with them • **RESPECT** their spiritual beliefs • Give birthday gifts • Remember them on holidays • Tell them the latest news (gossip) • Shake their hands • Make their bed • **HELP** them get dressed for the day • Clean out the stove • Check their windows & doors • Fix the fence or gate • Feed the dogs & horses • Make fry bread • **RESPECT** their history • Ask about their childhood • Ask them to tell you a story • Tell a story • Talk about what you did today • Read the newspaper • Be **KIND & RESPECTFUL** • Include them in your family plans so they won't be alone • Let grandma relax at gatherings instead of cooking • Tell a good **JOKE** • Clean their jewelry • Make jewelry, do bead work, weave or sew • Check to see if they are okay • Chop & haul wood • Offer to pay their utility bill • Buy some groceries, potatoes or flour • Play their favorite song • Wash the vehicle • Take **CARE** of their medications • Let them keep & enjoy their gifts • Bring them your favorite food • Treat grandma like a lady, open doors for her & let her go first • Give their change back, when they ask you to buy something for them • Give a cheerful greeting, say "Hello. Goodnight, I **LOVE** you." • **LEARN** to make traditional foods • Offer to interpret forms • Give them pictures of yourself • Let them be by themselves if they want • Make sure they have a first aid kit • Make sure their house is a safe place to be • **HELP** with farm work • Return belongings after



you use them • opinions • Sit a flashlight with color if they want it flea market or garage lunch when they are watch their diet, less sugar, elders in the nursing homes

**LEARN** Native words • **HELP** them find the restrooms at a restaurant or store • Go for a walk together • Take them to senior centers, special events, fairs, tribal meetings, & pow wows • Weed the garden • Buy them Kleenex, Vicks, eye drops, or Ben Gay • **LEARN** from their teachings • Clean their eyeglasses • **HELP** them remember things, appointments, purse, scarf, or hat • Take them to **VISIT** friends & relatives • Invite them to your class to demonstrate cultural skills • Look at pictures • **HELP** write letters to family or friends • **PRaise & ENCOURAGE** their skills, weaving, jewelry making, cooking, & butchering • Let them know they are **VALUED**.

Special thanks to Four Directions Health Communications, Northern Nazario Medical Center for allowing us to run their idea.

"This (unpublished) work was completed for the National Center on Elder Abuse and is supported in part by a grant (No. 01-99010001) from the Administration on Aging, U.S. Department of Health and Human Services (DHHS). Grants carrying out projects under government sponsorship are encouraged to inform fully their findings and conclusions. Therefore, points of view or opinions do not necessarily represent official Administration on Aging or DHHS policy."





Free help

Oklahoma Tobacco Helpline

**1 800**



**QUIT NOW**

784-8669

OKhelpline.com

## Sac and Fox Nation PRINCIPAL CHIEF

# Randle Carter



### A Proven and Experienced Leader Who's Driven to Serve our Nation

Randle Carter is dedicated to serving the Tribe by improving the lives of ALL Sac and Fox people. A vote for Randle is a vote for your family's future and the continued success of The Sac and Fox Nation.


**GENERAL ELECTION: AUGUST 26TH, 2023**


**Your Vote is Respectfully Requested!**

Your years of support and kindnesses have allowed me to dedicate my public, private and professional life to serving the needs of the Sac and Fox people. And because of your support, and the help of many others, I have developed a positive record of accomplishments for the tribe.

If you elect me as your Principal Chief, I will make every effort to restore the Sac and Fox Nation as a leading tribe of people in Indian Country.


Respectfully,





# ELECT Randle Carter


Working Hard & Working Smart to Ensure the Success & Prosperity of The Sac and Fox Nation



Paid for with private funds of Randle Carter

## A Legal Outreach Event

presented by



### Sac & Fox Wills Clinic

Hosted by the Sac & Fox Tribal Court


### Sac & Fox Tribal Courthouse

356159 East 926 Road  
Stroud, Oklahoma 74079

**August 10, 2023**

**9a - 3p**


To make an appointment, contact OILS at 1-800-658-1497



OILS will be available to provide answers to legal questions and take applications for legal services.

OILS cannot provide advice if you currently have an attorney. We cannot provide advice for criminal matters involving the state district courts. OILS must follow federal poverty guidelines to provide services.

masking encouraged



**Men's Best Time:** Cheyenne Deatherage – Winner of Beaded Medallion

**Women's Best Time:** Selena Wakole – Winner of Beaded Medallion

| Men's 5k Results       |       | Women's 5k Results     |       |
|------------------------|-------|------------------------|-------|
| <b>13-17 years old</b> |       | <b>13-17 years old</b> |       |
| 1. Joshua Weller       | 24:49 | 1. Selena Wakolee      | 27:41 |
| 2. Woodrow Carroll     | 34:40 | 2. Elyana Pulido       | 34:59 |
| 3. n/a                 |       | 3. n/a                 |       |
| <b>18-54 years old</b> |       | <b>18-54 years old</b> |       |
| 1. Cheyenne Deatherage | 21:44 | 1. Amy Enis            | 28:38 |
| 2. Tristan Bynum       | 21:47 | 2. Lila Walker         | 34:58 |
| 3. Quentin Grass       | 22:47 | 3. n/a                 |       |
| <b>55 &amp; up</b>     |       | <b>55 &amp; up</b>     |       |
| 1. Michael Simpson     | 24:11 | 1. Mary Narcomey       | 42:21 |
| 2. n/a                 |       | 2. n/a                 |       |
| 3. n/a                 |       | 3. n/a                 |       |

**1k Run – 12 & under: 43 runners total**

**Sauk Walk: 284 walkers total**



# WE ARE HIRING

## JOB OPENINGS

- SUBSTANCE ABUSE COUNSELOR
- Juvenile Detention Shift Manager
- Juvenile Detention Maintenance Supervisor
- Pool Manager
- Lifeguard(s)
- Landscapers and Laborers
- HIM Manager
- Self-Governance Director
- Seasonal Landscapers for Tribal Cemeteries
- Behavioral Health Admin Assistant
- Compliance Officer (Gaming)
- Meal Delivery Driver
- Environmental Technician
- Human Resources Director
- Accounts Payable Technician
- Land and Cattle Manager
- APS Program Coordinator
- Clinical Applications Coordinator
- Substance Abuse Counselor
- Transportation Coordinator
- Family Practice Physician
- Surveillance Observer (Gaming)
- Resident Advisor(s) \*NEW SALARIES\*
- Self-Governance Coordinator

**APPLICATION SUBMISSION :**  
SEND APPLICATIONS AND RESUMES TO  
HUMAN RESOURCES VIA EMAIL OR  
HARD COPY

**EMAIL**  
coby.davis@sacandfoxnation-nsn.gov

**ADDRESS**  
920963 S HWY 99 BLDG A STROUD, OK  
74079

**SAC AND FOX NATION**  
920963 S. Hwy. 99, Building A • Stroud, OK 74079 • (918) 968-1141 • FAX (918) 968-1142

### NAME CHANGE AND/OR CHANGE OF ADDRESS FORM

NAME

PRINT CURRENT FULL NAME (First, Middle & Last)

ROLL NUMBER

SIGNATURE

DATE

A COPY OF THE LEGAL DOCUMENT CHANGING YOUR NAME AND A COPY OF YOUR NEW SOCIAL SECURITY CARD MUST BE ATTACHED.

PLEASE LIST PREVIOUS NAME (PRINT)

DATE OF BIRTH

MAILING ADDRESS

OLD

NEW

ADDRESS

ADDRESS

CITY

STATE

ZIP

CITY

STATE

ZIP

STREET ADDRESS (IF DIFFERENT THAN MAILING ADDRESS)

OLD

NEW

STREET ADDRESS

STREET ADDRESS

CITY

STATE

ZIP

CITY

STATE

ZIP

CHANGE OF ADDRESS FOR MINORS REQUIRE A W-9 FORM BE COMPLETED FOR THE BANK.  
PLEASE REQUEST A FORM FOR EACH CHILD FROM THE ENROLLMENT DEPARTMENT, 918-968-3526 ext. 1040 or 1041.

TO BE COMPLETED BY THE ENROLLMENT DEPARTMENT

Date Electronic File Was Updated

Date Sac and Fox News Was Notified

Staff Initials

**Free help**

**Oklahoma Tobacco Helpline**  
**1 800 QUIT NOW**  
**784-8669 OKhelpline.com**



## NOTICE

A W-9 form is not needed for Per Capita Payments unless you have a name change, new address, you are a newly-enrolled tribal member or, if required, for RAP applications.

↓ W-9 FORM MUST BE CUT ON DOTTED LINE BEFORE MAILING ↓

### Sac and Fox Nation Telephone Extensions

**Main Number: 918-968-3526**

- Chief - 1004
- Second Chief - 1008
- Treasurer - 1006
- Secretary - 1007
- Committee Member - 1005
- BC Front Desk - 1009
- Tax - 1043-1045
- Accounting - 1030-1036
- Property and Procurement - 1020-1039-1022
- Maintenance - 2062
- BHHC - 918-968-9531
- ICW - 1711
- Court - 2039
- Library - 2020-2021
- Language - 1075
- JUVI - 4000
- USDA - 2077 (WIC 2079)-2080-2081-2082 (Warehouse USDA 2089)
- Education - 2046
- IT - 2041
- Police - 2033
- Self-Governance - 1080
- Capitol Security - 1090
- Realty - 1052
- Enrollment - 1040-1041
- RAP - 2000 - 2001
- Social Services - 2010-2011
- OES - 2091-2092-2094
- Veterans - 1065
- Newspaper - 1060
- Tribal Administrator - 1010
- NAGPRA/Historic Preservation - 1070
- ARPA - 1819

**W-9**  
(Rev. October 2018)  
Department of the Treasury  
Internal Revenue Service

**Request for Taxpayer Identification Number and Certification**  
Go to [www.irs.gov/FormW9](http://www.irs.gov/FormW9) for instructions and the latest information.

Give Form to the requester. Do not send to the IRS.

1 Name (as shown on your income tax return). Name is required on this line; do not leave this line blank.

2 Business name/disregarded entity name, if different from above

3 Check appropriate box for federal tax classification of the person whose name is entered on line 1. Check only **one** of the following seven boxes.  
☐ Individual/sole proprietor or single-member LLC  
☐ C Corporation  
☐ S Corporation  
☐ Partnership  
☐ Trust/estate  
☐ Limited liability company. Enter the tax classification (C=C corporation, S=S corporation, P=Partnership) **▶**  
**Note:** Check the appropriate box in the line above for the tax classification of the single-member owner. Do not check LLC if the LLC is classified as a single-member LLC that is disregarded from the owner unless the owner of the LLC is another LLC that is **not** disregarded from the owner for U.S. federal tax purposes. Otherwise, a single-member LLC that is disregarded from the owner should check the appropriate box for the tax classification of its owner.  
☐ Other (see instructions) **▶**

4 Exemptions (codes apply only to certain entities, not individuals; see instructions on page 3).  
Exempt payee code (if any) **▶**  
Exemption from FATCA reporting code (if any) **▶**  
(Applies to accounts maintained outside the U.S.)

5 Address (number, street, and apt. or suite no.) See instructions.

6 City, state, and ZIP code

7 List account number(s) here (optional)

Requester's name and address (optional)  
**SAC AND FOX NATION**  
920883 S. HIGHWAY 99 BLDG. "A"  
STROUD, OKLAHOMA, 74079

**Part I Taxpayer Identification Number (TIN)**  
Enter your TIN in the appropriate box. The TIN provided must match the name given on line 1 to avoid backup withholding. For individuals, this is generally your social security number (SSN). However, for a resident alien, sole proprietor, or disregarded entity, see the instructions for Part I, later. For other entities, it is your employer identification number (EIN). If you do not have a number, see *How to get a TIN*, later.  
**Note:** If the account is in more than one name, see the instructions for line 1. Also see *What Name and Number To Give the Requester* for guidelines on whose number to enter.

Social security number

or

Employer identification number

**Part II Certification**  
Under penalties of perjury, I certify that:  
1. The number shown on this form is my correct taxpayer identification number (or I am waiting for a number to be issued to me); and  
2. I am not subject to backup withholding because: (a) I am exempt from backup withholding, or (b) I have not been notified by the Internal Revenue Service (IRS) that I am subject to backup withholding as a result of a failure to report all interest or dividends, or (c) the IRS has notified me that I am no longer subject to backup withholding; and  
3. I am a U.S. citizen or other U.S. person (defined below); and  
4. The FATCA code(s) entered on this form (if any) indicating that I am exempt from FATCA reporting is correct.  
**Certification instructions.** You must cross out item 2 above if you have been notified by the IRS that you are currently subject to backup withholding because you have failed to report all interest and dividends on your tax return. For real estate transactions, item 2 does not apply. For mortgage interest paid, acquisition or abandonment of secured property, cancellation of debt, contributions to an individual retirement arrangement (IRA), and generally, payments other than interest and dividends, you are not required to sign the certification, but you must provide your correct TIN. See the instructions for Part II, later.

Sign Here

Signature of U.S. person **▶ X**

Date **▶ X**

**General Instructions**  
Section references are to the Internal Revenue Code unless otherwise noted.  
**Future developments.** For the latest information about developments related to Form W-9 and its instructions, such as legislation enacted after they were published, go to [www.irs.gov/FormW9](http://www.irs.gov/FormW9).  
**Purpose of Form**  
An individual or entity (Form W-9 requester) who is required to file an information return with the IRS must obtain your correct taxpayer identification number (TIN) which may be your social security number (SSN), individual taxpayer identification number (ITIN), adoption taxpayer identification number (ATIN), or employer identification number (EIN), to report on an information return the amount paid to you, or other amount reportable on an information return. Examples of information returns include, but are not limited to, the following.  
• Form 1099-INT (interest earned or paid)  
• Form 1099-DIV (dividends, including those from stocks or mutual funds)  
• Form 1099-MISC (various types of income, prizes, awards, or gross proceeds)  
• Form 1099-B (stock or mutual fund sales and certain other transactions by brokers)  
• Form 1099-S (proceeds from real estate transactions)  
• Form 1099-K (merchant card and third party network transactions)  
• Form 1098 (home mortgage interest), 1098-E (student loan interest), 1098-T (tuition)  
• Form 1099-C (canceled debt)  
• Form 1099-A (acquisition or abandonment of secured property)  
Use Form W-9 only if you are a U.S. person (including a resident alien), to provide your correct TIN.  
*If you do not return Form W-9 to the requester with a TIN, you might be subject to backup withholding. See What is backup withholding, later.*

Cat. No. 10231X

Form **W-9** (Rev. 10-2018)



# Traditional Night at the 2023 Sac and Fox Nation Powwow

The 58th Annual Sac and Fox Nation Powwow opened with Traditional Night activities at the Stroud Public Schools 66 Coliseum. The Stroud school district welcomes powwow activities to be held in the facility when weather conditions interfere with powwow activities planned outdoors at Jim Thorpe Memorial Park, 6 miles south of Stroud. Several activities during powwow were affected by heavy rains over the four-day event. At right, Sac and Fox military veteran Arlo Griggs leads Grand Entry for Traditional Night at the Coliseum.



During the Traditional Night program, the Sac and Fox Nation's Activity Committee announced and recognized David Roubidoux as 2023-2024 Senior Man of the Year, and Nancy Nullake as 2023-2023 Senior Woman of the Year. Standing from left behind the honorees are Activity Committee members: Carrie R. LaDeaux, treasurer; Ashley Pacheco, member; Angela Warrior, member; Courtney Cozad, vice-chairwoman; Zachary Butler, chairman; and, Colleen Butler, secretary.



R. G. Harris, seated, and Juakin Hamilton, standing at center, served as masters of ceremonies for the 58th Annual Sac and Fox Nation Powwow held July 6-9, 2023. (All Photos by Mike Brown)



Pictured are the host drum for the 58th Annual Sac and Fox Nation Powwow, the Northern Cree Singers from Alberta, Canada.



The Center Drums are pictured presenting an Honor Song in recognition of Senior Man of the Year David Roubidoux, Senior Woman of the Year Nancy Nullake, and new tribal princesses introduced during the program.



Crowned and introduced at the powwow from left are 2023-2024 tribal royalty: Little Miss Sac and Fox Nation Mahlea Warrior, Junior Miss Sac and Fox Nation Anessa Janae Hamon and Miss Sac and Fox Nation Breanna Pamela Butler.



Dancers are pictured during Grand Entry at the Stroud Route 66 Coliseum.



## 2023 Sac and Fox Nation IPRA Rodeo Snapshots




The 2023 Sac and Fox International Pro Rodeo Association (IPRA) was well attended June 30 and July 1 at the Sac and Fox Rodeo Arena. Opening ceremonies included Grand Entry led by Miss Teen Rodeo USA Ashley Polson, shown above carrying the American Flag. (All Photos by Mike Brown)



Events at the Sac and Fox IPRA Championship Rodeo included bareback riding, shown above, and steer wrestling, breakaway, tie down, calf scramble, saddle bronc, team roping, barrel racing, bull riding and mutton bustin'.



Pictured from left while enjoying the IPRA Rodeo are Sac and Fox tribal members Rona Kay Goodeagle and Carrie LaDeaux.



Sac and Fox Title VI

Senior  
Water  
Aerobics

with  
**Anthony Ramirez**

Every Tuesday and Thursday  
FROM 11AM - 12PM  
at Sac and Fox Nation Pool

**MORE INFORMATION PLEASE CALL CARRIE LADEAUX:**

**(918) 968-3526**  
**ext. 2012**

Made with PosterMyWall.com

## Sac and Fox Education Dept. 'Fun Day' Highlights



When a rainstorm altered plans for the 2023 Education Dept. 'Fun Day' activities on July 7, Tribal Secretary Lana Butler and Tribal Treasurer Carla Wallace braved the weather conditions to assist with the grilling of 400 hotdogs.



Education Dept. Director Edwina Butler-Wolfe, Josh Gibson and Education Specialist Justin Morris are shown from left distributing free sack lunches to families at the pool pavilion during 'Fun Day'. Lunches included grilled hot-dogs, chips, cookies, water and sports drinks. (All Photos by Mike Brown)



After a morning rainstorm moved through the area, families are shown enjoying lunch at the swimming pool pavilion.



A variety of inflatable bounce houses were available for children to enjoy during the Education Dept.'s 'Fun Day' festivities.

|                                                                                                    |                           |                       |
|----------------------------------------------------------------------------------------------------|---------------------------|-----------------------|
| <br>Free help | Oklahoma Tobacco Helpline |                       |
|                                                                                                    | <b>1 800</b>              | <b>QUIT NOW</b>       |
|                                                                                                    | <b>784-8669</b>           | <b>OKhelpline.com</b> |



# 2023 Sac and Fox Nation Powwow Highlights



U. S. Military Veterans carry the American Flag, the Sac and Fox Nation Flag and others during Friday night Grand Entry for the 58th Annual Sac and Fox Nation Powwow. (All Photos by Mike Brown)



Sac and Fox Historian Juquin Hamilton is shown serving as master of ceremonies during Grand Entry at the Stroud Route 66 Coliseum.



Native American dancers of all ages from across the U. S. and Canada registered for competitions in various categories during the Sac and Fox Powwow. The 2023 powwow was held nightly in the Stroud Route 66 Coliseum due to heavy rains and muddy conditions at Jim Thorpe Memorial Park.



Avis Bear, right, and Avea Bass, of Tama, Iowa, were among those who traveled great distances to attend the 2023 Sac and Fox Powwow. They are shown preparing to take part in Grand Entry.



Shown from left offering powwow programs and commemorative t-shirts during the powwow are: Seinna Carter, Tara Carter and Letha Carter.



Young dancers from near and far took part in nightly Grand Entry during the 58th annual event.



Ladies are shown during Grand Entry at the Stroud Route 66 Coliseum.

**Business Committee Meeting Minutes  
are accessible on the Website  
[sacandfoxnation-nsn.gov](http://sacandfoxnation-nsn.gov)**



2023 Sac and Fox Powwow Dance Contest Winners



Teen Girls Cloth winners Kathleen Headman, Anessa Blackbear, Daelena Tsonetokoy, Amari Funmaker.



Teen Girls Fancy/Jingle winners Aria Bates, Nazhoni Tsosie, Leilani Shawnee, Tatiana Barsindebar.



Women's Golden Age Northern winner Anna Mae Pushetonequa.



Women's Golden Age Southern winners Melanie Motah, Tonette Ponkilla, Carolyn Littleaxe-Sadongei, Amy Noear.

Photos of the 2023 Sac and Fox Powwow Dance Contest Winners are Provided by the Sac and Fox Nation Powwow Committee. Contestants are shown in random order.

Dr. Frances Arpan To Serve as Haskell President

Dr. Francis Arpan, a citizen of the Yankton Sioux Tribe, will serve as the new president of Haskell Indian Nations University. Founded in 1884, Haskell is a national center for Indian education, research, and cultural preservation located in Lawrence, Kansas.

“The Haskell National Board of Regents is very excited to welcome Dr. Arpan as our new Haskell Indian Nations University president,” said Brittany Hall, president of the Haskell Indian Nations Board of Regents.

Arpan joined the faculty at Haskell in May 2022 as the vice president of academics. He previously served as the dean of academics at Sisseton Wahpeton College. He also gained professorial experience at the University of South Dakota, South Dakota State University, Aims Community College, and Southern New Hampshire University.

“Dr. Arpan comes to Haskell with a record of success in elevating the quality of higher education,” said Tony Dearman, director of the Bureau of Indian Education. “We look forward to Dr. Arpan’s leadership as he champions the university’s future as it shapes the next generation of American Indian leadership.”

Arpan plans to focus his vision for Haskell Indian Nations University on expanding opportunities for Tribal students across the country and creating a student-centered environment where all can develop professionally and personally to bring about an exciting and transformative learning environment.

“My career in higher education is rooted in a foundation of increasing resources and opportunities for all. What excites me the most about the position of president at Haskell Indian Nations University is the opportunity to continue working with Native students as they strive to attain their greatest capabilities and potential,” said Dr. Arpan.

“Higher education and educational attainment directly affect individuals’ life opportunities. As an academic and now Haskell president, I am excited to broaden our university’s role in actively working with Indigenous communities,” Arpan added.

RAP Department Application Form



SAC AND FOX NATION  
RAP ASSISTANCE APPLICATION  
HARDSHIP

FAX: 918-968-4207  
PH: 918-968-3526  
EXT: 2001  
EMAIL: [sfnrap@sacandfoxnation-nsn.gov](mailto:sfnrap@sacandfoxnation-nsn.gov)  
ADDRESS: 920963 S. Hwy 99  
Stroud, OK 74079  
RAP APP  
Form#2011-01  
BC Approved on  
10/06/2020

NAME \_\_\_\_\_ PHONE# (\_\_\_\_) \_\_\_\_\_  
ADDRESS \_\_\_\_\_  
CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP CODE \_\_\_\_\_  
BIRTHDATE \_\_\_\_/\_\_\_\_/\_\_\_\_ SOCIAL SECURITY# xxx-xx-(\_\_\_\_) SFN ROLL# \_\_\_\_\_

**Sac and Fox Nation tribal membership will be verified by the Sac and Fox Nation RAP Department**

Please List Statement of Need: \_\_\_\_\_  
\_\_\_\_\_

**Please Provide the Following:**  
Completed W-9 form and proof of residency.

CLIENT’S STATEMENT OF RIGHTS AND RESPONSIBILITIES

**I hereby authorize the Sac and Fox Nation RAP Department to make any necessary inquiries relating to my account’s which the RAP Department may be considering making payment on my behalf.** I understand that I have the right to a hearing of any action of the Sac and Fox Nation, which I consider improper, and also any unreasonable delay in decision. (Request for fair hearings may be made in writing to the Business Committee of the Sac and Fox Nation, 920963 S. Hwy. 99 Stroud, OK 74079) I understand that any person who knowingly, willfully and fraudulently provides false information for the purpose of obtaining benefits which he/she is otherwise ineligible to receive; may be subject to prosecution to the fullest extent to the appropriate Tribal statutes.

DATE \_\_\_\_\_ SIGNATURE OF APPLICANT OR GUARDIAN \_\_\_\_\_ GUARDIAN FOR \_\_\_\_\_  
PERSON ASSISTING WITH APPLICATION \_\_\_\_\_ RELATIONSHIP TO APPLICANT \_\_\_\_\_  
DATE \_\_\_\_\_ RAP SPECIALIST \_\_\_\_\_



# Carbon Monoxide Safety Tips

A Message From the Sac and Fox Nation Office of Environmental Services

## Prevent Carbon Monoxide Poisoning on Your Boat:

Gasoline-powered engines on boats, including on-board generators, produce carbon monoxide (CO), a colorless and odorless gas that can poison or kill someone who breathes too much of it.

### How CO Can Build Up In a Boat:

Larger boats, such as houseboats, sometimes have generators that vent toward the rear of the boat. This venting poses a danger of CO poisoning to people on the rear swim deck or water platform. On larger boats CO builds up above the water near the water platform. CO that builds up in the air space beneath the stern deck or on and near the swim deck can kill someone in seconds.

Traveling at slow speeds or idling in the water can cause CO to build up in a boat's cabin, cockpit, bridge, and aft deck, or in an open area. Wind from the aft section of the boat can increase this buildup of CO.

Back drafting can cause CO to build up inside the cabin, cockpit, and bridge when a boat is operated at a high bow angle, is improperly or heavily loaded, or has an opening that draws in exhaust.

### Symptoms of CO Poisoning:

The most common symptoms of CO poisoning are headache, dizziness, weakness, nausea, vomiting, chest pain, and confusion. High levels of CO inhalation

can cause death. CO poisoning can also cause you to pass out and fall into the water and drown. A person who is sleeping or intoxicated can die from CO poisoning before ever having symptoms.

### How to Prevent CO Poisoning on Boats:

Install and maintain a working CO detector listed by Underwriters' Laboratories (UL) as appropriate for marine use inside the boat. Properly install and maintain all fuel-burning engines and appliances. Educate all passengers about the signs and symptoms of CO poisoning.

Swim and play away from areas where engines vent their exhaust. Watch children closely when they play on rear swim decks or water platforms.

Never block exhaust outlets. Blocking outlets can cause CO to build up in the cabin and cockpit areas—even when hatches, windows, portholes, and doors are closed. Dock, beach, or anchor at least 20 feet away from the nearest boat that is running a generator or engine. Exhaust from a nearby vessel can send CO into the cabin and cockpit of a boat.

If you think a person on your boat has CO poisoning move him or her to fresh air right away and contact the nearest emergency services.

## Alexander Travels From Washington State to Attend First Sac & Fox Powwow

Tribal elder and former Sac and Fox Nation official Mary McCormick reports making acquaintance with a tribal member who traveled from Kirkland, Washington to attend the 2023 Sac and Fox Nation Powwow for the first time.

Erin Alexander was a guest at the McCormick Family camp in Jim Thorpe Memorial Park. Over the course of the four-day powwow, she was taken on a tour of notable Sac and Fox locations in the area, including the birthplace of the late Jim Thorpe.

"I appreciate Erin and others who travel great distances to attend our powwow," said Ms. McCormick.



A Message From Black Hawk Health Center Behavioral Health Dept.

Have you heard about 988?

How does 988 work?

988 is a direct, three-digit lifeline that connects you with trained behavioral health professionals that can get all Oklahomans the help they need.

Step 1: Call the Lifeline

It all starts when you call 988. You'll be connected to a mental health professional to talk you through what's going on and get the resources you need for either yourself or your loved one. About 90% of the time, things can get sorted out with just a phone call. But if you need more help, we got you.

Step 2: Connect with a Mobile Crisis Team

If you or your loved one need more help after your initial phone call, the 988 call center will send a mobile crisis team to assess things and intervene if necessary. About 7 in 10 crises can be resolved at this touch point.

Step 3: Get Transportation

Some people need more in-depth care.

## Deep Fork Wildlife Refuge Well Remediation Receives Funding

The Department of the Interior on June 8 announced a \$63.8 million investment through President Biden's Investing in America agenda to put people to work plugging and remediating orphaned oil and gas well sites located in national parks, national forests, national wildlife refuges, and on other public lands and waters. Methane pollution from many of these unplugged wells is a serious safety hazard and is a significant driver of climate change, with methane being more than 25 times as potent as carbon dioxide at trapping heat in the atmosphere.

This year's funding to five federal bureaus at the Departments of the Interior and Agriculture is part of an overall his-

toric \$16 billion investment from President Biden's Bipartisan Infrastructure Law to address legacy pollution across the nation that will create good-paying union jobs, catalyze economic growth and revitalization, improve public safety, and reduce harmful methane leaks.

"Decades of drilling have left behind thousands of non-producing wells that now threaten the health and wellbeing of our communities, our lands, and our waters," said Secretary Deb Haaland. "Through President Biden's Investing in America agenda, we are investing in the nation's future by addressing legacy pollution on public lands. This funding will put Americans to work in good-paying jobs, while also fueling collaboration across a broad coalition of stakeholders and engaging communities to work toward sustainable stewardship of the nation's treasured lands and waters."

In Oklahoma, the Deep Fork National Wildlife Refuge is designated for the remediation of 45 orphaned well projects.

The allocation is part of a total of \$250 million provided through the Bipartisan Infrastructure Law to clean up orphaned well sites on federal public lands. This year's funding nearly doubles the investment in reclamation efforts during the program's first year, expanding existing projects and undertaking new initiatives from the Gulf of Mexico to the Arctic Circle.

In addition to these projects led by federal bureaus, \$560 million in initial grants was awarded to states last year to address orphaned oil and gas wells on state and private lands as part of this historic economic and environmental investment.

## OHS Director Appointed to Rt. 66 Commission

Trait Thompson, executive director of the Oklahoma Historical Society, was appointed to the Route 66 Centennial Commission by President Joe Biden. Congress established the Commission to study and make recommendations on how to celebrate the centennial anniversary of Route 66 in 2026.

"I would like to thank Senator Mitch McConnell for nominating me to the federal Route 66 Centennial Commission and President Joe Biden for appointing me. It is an honor to represent Oklahoma on this distinguished panel," said Thompson.

Route 66 was established on November 11, 1926, by the American Association of State Highway Officials. The new highway was 2,400 miles long and wound through eight states, including Oklahoma. It was not completely paved until 12 years after its designation.

With the establishment of the interstate highway system, Route 66 lost much of its traffic and was decommissioned as a federal highway on June 27, 1985. Oklahoma still has more than 400 drivable miles of Route 66 today. The Oklahoma Route 66 Museum in Clinton offers visitors a personal journey through the history of the nation's most revered highway.



Like Us on Facebook!  
Sac and Fox Nation  
Sac and Fox Casino  
Sac and Fox Language Program  
Sac and Fox Dept. of Human Services  
Sac and Fox National Public Library



**GREETINGS**

I hope my words find you in sound mind, body, and spirit. The Sac and Fox Nation balances relentless attempts to decline our existence. We've experienced scrutinizing attention regarding our gaming compact, tobacco tax compact (SB 26x vetoed by Oklahoma Governor), tribal tags (HB 1005x vetoed by Oklahoma Governor), Sovereignty (ICW victorious Supreme Court conclusion), land (McGirt vs. Oklahoma), and which was recently stated by the Oklahoma Governor as "the Indian stuff." As we struggle to develop a cohesive environment with non-tribal persons, we must first begin by strengthening the allegiance within our tribe. *We are stronger together!*

**NATION STATUS**

The Sac and Fox Nation tribal business is a life in need of dedicated attention and a vision for the future. As your elected tribal leader, it will be a priority to foster due diligence on the status of our Nation. Financial transparency develops trust and will secure a solid foundation.

**STEWARDSHIP**

It is a necessity for stewardship due diligence from income resources such as but not limited to gaming revenues (RAP, programs, per cap), 6% from gaming revenue, federal funding for programs, tribal taxes, gaming taxes (paid monthly from gaming revenue), gaming commission revenues (licensing, fees, fines, prize claims), land leases, and oil leases. Giving special attention to funds received during the Covid-19 pandemic Coronavirus Relief Funds (CARES funds \$24,197,685.71), First American Rescue Plan Allocation (ARPA funds \$20,444,306.94), IHS funds (Biden Administration and Clinic Expansion \$2 million), Broadband Infrastructure Deployment (\$35,807,04.13). The

total additional funds accrued during the Covid-19 pandemic *exceeded \$80 million.*

**ECONOMIC GROWTH AND DEVELOPMENT**

After diligent attention to the status of our Nation, we can begin focusing on a prosperous future with an emphasis on business development. Tailoring federal grants and RAP programs to tribal membership needs. The core of our tribal strength will reside in accountability, financial stability, sound grant management, and business management.

**CONCLUSION**

We, the tribal members, are the future our ancestors prayed for many years ago. Our tribe has overcome attempted genocide and remains resilient; we are survivors. I come before you with respect for all that has gone before us and the people that have nurtured us to appreciate and cultivate our tribe.

I am a motivated, determined servant leader, and confident that I'm the candidate that will lead our tribe to a prosperous future. Let's begin investing in ourselves by taking this journey together to breathe life into the Sac and Fox Nation.

Cast your ballot in person during the General Election on August 26, 2023, or submit your Absentee Ballot. As a tribal member of the Sac and Fox Nation, it is your inherent right to vote and voice your opinion on how the tribe operates and functions. *Every vote counts!*

Respectfully,  
LAVONDA "Bombi" YOUNGMAN  
Na-Noh-Me-Kah-Week, Wolf Clan





Community Connect  
AUGUST 2023

A Monthly Insight into Community Health at Black Hawk Health Center

In This Issue:

Helping Students Thrive

BHHC Moblie Medical Unit

Dietician's corner

HANDWASHING

Prevent the spread of germs. Teach your child the five handwashing steps—wet, lather, scrub, rinse, and dry—and the key times to wash hands, such as after using the bathroom or before eating

Back-to-School 2023

Helping Students Thrive

The Community Health Department would like to extend our support to students as they return to school. We must work together to provide critical support to help them thrive and become healthy, resilient young adults. The Center for Disease Control and Prevention (CDC) encourages parents, teachers, and other supportive individuals to help children and teens stay healthy whether they are just starting kindergarten or heading off to high school. A way to encourage children and teen to stay healthy is by maintaining connection with kids at school and home; this is referred to as “Adolescent connectedness”. CDC defines “Adolescent connectedness” as a children’s sense of belonging, of being cared for and supported by parents, teachers, and other supportive individuals. The amount of connectedness a child or teen feels has a direct impact on their lives that extend well into adulthood. The CDC reports teens with high levels of connectedness are less likely to experience adverse health outcomes in adulthood, including:

- Getting a sexually transmitted disease.
- Misusing prescription drugs or engaging in illicit drug use.
- Having been the victim of physical violence.

Visit CDC’s website to learn more about what schools, parents, and providers can do to promote adolescent connectedness, prevent suicide, and youth violence to reduce negative health outcomes.

Dietician’s Corner

Josh Nooner  
918-968-9531  
x3042



- Ingredients
- 1/2 cup rolled oats, (also called old-fashioned oats)
  - 1/2 cup Rice Krispies
  - 1/2 cup creamy peanut butter
  - 1/4 cup honey
  - 1/4 cup mini chocolate chips
  - 1/4 cup mini cherry chips
  - 2 tbsp. protein powder
  - 1 tbsp. chopped dried cherries
  - 2 tsp chia seeds
  - 1/2 tsp vanilla extract

Chocolate Cherry Protein Balls Energy Bites

Chocolate Cherry Energy Balls are little protein bites like a granola bar in a ball form. They are perfect for a grab-and-go breakfast or as an easy snack.

Instructions

Put all of the ingredients in a bowl and stir to combine.

Use a one-tablespoon size cookie dough scoop to get even sized balls of dough and then roll them into balls compacting the dough so that everything sticks together.

Place in the fridge or freezer to set and harden. Move the chocolate cherry protein balls into a container. Cover and store in the fridge.

BHHC Moblie Medical Unit

The Community Health Nurses (CHN) was present during the 58th Annual Sac and Fox Nation PowWow providing first aid service to those in need. CHN would like to Thank the Sac and Fox Nation Police Department for all their assistance during this time.







Junior Boys Fancy/Grass winners Pacer Yellowfish, Kyonn Demarce, Kellen Sawney, Lerris Keahna-Cable.



Junior Boys Straight winners Touch Cloud Watan, Rambo Dunbar, Reignen Yellowfish, Heston Echohawk.

# 2023 Sac and Fox Nation Powwow Dance Contest Winners



Junior Boys Traditional winners Orion Cervantes, Sky Wildcat, Nico Banks, Sabian Shawnee.



Junior Girls Buckskin winners Nahmi Wetselline and Jacklynn Bighorse.



Junior Girls Cloth winners Emarie Standsback, Wastatse Hammer, Lamiyah Moore, Mahlea Warrior.



Junior Girls Fancy/Jingle winners Raylee Primeaux, Audriana Barcindebar, Ivy Williams, Ember Primeaux.



Junior Men's Fancy winners Billy Pewo Jr., Ryland Moore, Sonny Moore, Graycloud Lieb.



Junior Men's Grass winners Joel Wood, Wesley Littlecook, Wolf Leitka, T. J. Tanyan.



Junior Men's Straight winners Cory Chasenah, Anthony Kemble Sr., Joseph Pratt, Keetha Buffalohead.



Junior Men's Traditional winners Tom Calderon, Ho-ke-Ma Harlan, Kyle Sine, Nolan Shawnee.



Junior Women Buckskin winners J'Shen Tsosie, Nuka Nivy Yarholar, Jewel Horinek, Catherine Howell.



Junior Women Fancy winners Aki Bates, Shelby Snyder, Rose Goodeagle, Nicole Ponkilla.



Junior Women's Cloth winners Toahani Williams, Charlsie Callshim, Blake Cunningham, Bethany Jo Dupont.



Junior Women's Jingle winners - Keilyn Factor, Erin Roberts, Shaydee Pretends Eagle, Janae Grass.

Photos of the 2023 Sac and Fox Powwow Dance Contest Winners are Provided by the Sac and Fox Nation Powwow Committee. Contestants are shown in random order.



2023  
Sac and Fox  
Nation  
Powwow  
Dance Contest  
Winners



Senior Men's Fancy winners Marcus Thompson, J. R. Lonelodge, Sly Isaac.



Senior Men's Traditional winners Johnson Taylor, Aaron Hedgepeth, John Arkeketa, Louie Sage.



Senior Women's Fancy winners Katy Isenock, Beatrice Fingernail, Yolanda Whiteman Valenquela.



Teen Boys Straight winners Blain Hipp, William Hamilton, Antwine Hamilton, Darian Bemo.



Men's Golden Age Northern winners Lorenzo Beard, John Butler, Pete Moore Jr., Wayne Pushetonequa.



Senior Men's Grass winners B. C. Daugherty, Derek Howell, D. J. Yarholar.



Senior Women's Buckskin winners Raylene Echohawk, Telly Leib, Erin Chibitty, Crystal Lightfoot.



Senior Women's Jingle winners Regina Youngbear, Jennifer Youngbear, Donnie Grace Pewo, Starr Roubideau.



Teen Boys Traditional winners Leland Hamilton-Youngbird, Newton Kemble, Andrian Redbird, Alison Funmaker.



Men's Golden Age Southern winners Darrell Wildcat, Terry Tsothigh, Henry Hunter, Randy Moore.



Senior Men's Straight winners Otto Hamilton, Patrick Moore Jr., Eddy Harris, Eagleboy Whiteshield.



Senior Women's Cloth winners Nico Ross, Laura Sage, Ursula Hill.



Teen Boys Fancy winners Alec Kent, Jacoby Shawnee, Jude Yarholar, Chaske Hill.



Teen Girls Buckskin winners Anais Bullcoming, Naomi Yarholar, Ann Marie Cometsenah.jpg