

Tyler Rolette is ‘Employee of the Year’



Sac and Fox Nation Employee Committee Chairman Andy Warrior, left, is pictured with ‘Employee of the Year’ Black Hawk Health Center Physical Therapist Tyler Rolette.
(All Photos by Mike Brown)



Sac and Fox Nation Principal Chief is pictured with award recipient Katie Thompson, Sauk Language Dept. director.



Sac and Fox Nation Second Chief Don Abney is pictured with award recipient Tammy Hobbie, Physician Assistant at Black Hawk Health Center.

Pertaining to Membership Constitutional Amendment Approved by Tribal Voters

by Mike Brown

Sac and Fox Nation voters on January 4, 2020 approved an amendment to the Constitution of the Sac and Fox Nation in a Secretarial Election. The election was authorized by the United States Department of the Interior, Bureau of Indian Affairs (BIA), after the Sac and Fox Nation Business Committee approved and submitted Resolution Number SF-19-244, which requested the election.

The constitutional amendment pertains to membership of the tribe, and was ratified by a vote of 16 for, and 8 against. The approved amendment states:

“Persons born after the date of October 16, 1954, who possess one-eighth (1/8) or more Sac and Fox Indian blood, at least one of whose parents is a member of the Sac and Fox Nation, shall be entitled to membership with the Sac and Fox Nation, provided an application is submitted in writing to the Sac and Fox Nation, and provided that such person, if enrolled with another tribe, shall first file a conditional relinquishment with the other

tribe.”

Voting on a Constitutional amendment is different from a Tribal election. Only adult tribal members who were 18 years or older on the date of the Secretarial Election, and, registered with the U. S. Secretary of the Interior, were entitled to vote on the ratification or rejection of the proposed amendment. Registering and voting were done by mail, not in person.

The Secretarial Election Board was comprised of BIA officials Sherry Lovin and Andrea Phillips, and Sac and Fox tribal members Gwen Wilbrun and Peggy Big Eagle.

Prior to the election, board member Peggy Big Eagle said the amendment was needed because, in the membership article of the Sac and Fox Constitution, Article I, Section 5(e) it does not clearly state and require that an applicant have a parent on the roll. In the past, every applicant has been required to have a parent on the roll. But, unfortunately, there was an incident where an applicant was denied membership because no parent was on the roll. However, she won in tribal court, allowing the applicant to enroll.

The constitutional amendment became effective immediately. The election guidelines required at least thirty percent (30%) of the 43 registered voters cast their ballots for or against the proposed amendment.

OHS Sets Black History Month Exhibits

Hunter’s Home in Park Hill, Okla. near Tahlequah, will commemorate Black History Month in February with “Voices of Hunter’s Home: Enslaved People,” new exhibits on the enslaved people of Hunter’s Home that will bring their contributions to the forefront as never before.

Hunter’s Home is a division
(Continued on Page 3)

Annual Awards Presented During Christmas Dinner and Program

by Mike Brown

Black Hawk Health Center Physical Therapy Specialist Tyler Rolette was named ‘2019 Sac and Fox Nation Employee of the Year’ during the annual Christmas dinner and awards program held Dec. 23, 2019 in the Sac and Fox Nation Community Building. The event was coordinated by the Sac and Fox Nation Employee Committee, and also featured a catered baked potato bar lunch, participation games and numerous door prizes.

Presenting Rolette the ‘Employee of the Year’ award was Andy Warrior, who serves as chairman of the Employee Committee. Rolette was selected for the award through a nomination and employee voting process.

Elected officials with the Sac and Fox Nation Business Committee also announced and presented annual employee awards to selected individuals. Those awards and recipients include:

Principal Chief Justin F. Wood’s Award - Sauk Language Dept. Director Katie Thompson; Second Chief Don Abney’s Award - Black Hawk Health Center Physician Assistant Tammy Hobbie; Secretary Jacklyn King’s Award - Sac and Fox Tax Commission staff member, Alexandra Hornback; Treasurer Jared King’s Award - Sac and Fox Nation Police Chief Andy Selfridge; and, Business Committee Member Robert Williamson’s Award - Sac and Fox Nation Land and Cattle Manager Andy Warrior.

Chief Justin Freeland Wood’s Address to the Nation

I have received many calls over the past month dealing with our RAP Department and how it has been administered. And, I will be the first to admit; we have failed you. We have failed the tribal member with our lack of customer service.

These problems have been addressed and I anticipate a positive change in your experience with the RAP program. I would like to give a shout out to Audrey Lee for stepping up in a huge way to help fix these problems. Angela Warrior has also stepped up to take over RAP. She is a team player and I am excited to see her thrive in that role.

The vast majority of phone calls I receive have been positive, even in difficult circumstances. I believe it is important for all members of a team to be

on the same page. While we are four thousand individual citizens of the Sac and Fox Nation, when we act as four thousand individual people – small problems will divide us. Our voice is strong when we speak in unison.

Life is like a heartbeat. The Sac and Fox Nation has had amazing days, and we’ve had difficult days. We will see ups and downs, but as long as we stick together, regardless of our circumstances, we will overcome. I will continue to strive for greatness. I ask you to strive with me. We have seen a lot of positive change over the past six months. Let’s make our goal to encourage one another and offer constructive criticism and reproof when needed.

Please do not hesitate to call, visit or email. May God bless our great Sac and Fox Nation.



Sac and Fox Nation
Principal Chief
Justin Freeland Wood

Upcoming Events

Feb. 1 Sac and Fox Honor Guard Veteran Stamp Dance, 6 p.m. Community Bldg.	Feb. 13 Cooking Class 11 a.m., 1 p.m. Merle Boyd Wellness Center	Feb. 17 Sac and Fox Business Offices Closed for Chief’s Day
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Sac and Fox News

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Editorial statements, guest columns, and letters to the editor published in this newspaper contain the opinions of the writers. These opinions do not necessarily reflect the opinions of the Sac and Fox News staff or any elected official or department of tribal government or administration.

The Sac and Fox News reserves the right to refuse publication of letters to the editor. All editorials and letters to the editor become the property of the Sac and Fox News.

Submissions for publication must be signed by the author and include an address and contact phone number. They are limited to 300 words. The staff will not edit editorials or letters to the editor to fit the 300-word limit.

Deadline for the March issue is: Thursday, February 20 at 4:30 p.m.

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Address corrections & changes are accepted by The Business Committee at the address listed below.

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sacandfoxnation.com
click news

Obituaries

Tyler Day Kaulaity was br n January 16 1997 on his mother’s b rthday, in Lawton, Okla. and, departed his earthly life on Decemb r 28 2019 in Harrah, Okla. He was a proud memb r of the Sac & Fox Nation.

One thing everyone noticed about Ty-

Tyler Day Kaulaity

ler was that he lit up a room everywhere he went. He had an infectious laugh and was always seen smiling. Tyler would do anything for anybdy , and he embdi ed the spirit of the Christian he was. Tyler talked to everyone he met about the Lord and, studied the Word of God. Most of

all, he was a wonderful father to his two young daughters, and they were the light of his life.

Tyler is preceded in death b his maternal grandmother Billie Pennock, Uncle Jay Pennock, and his good friend Satchel Tucker. They are all reunited in Heaven.

He is survived b his mother, Crystal Tiger, of Oklahoma City; mother of his children, Murleen Smith, of Shawnee, Okla.; daughters, Serenity and Cecelia; as well as, many aunts, an uncle, and numerous friends that will all miss him dearly.

A memorial service was held January 8 2020 at First Indian Baptist Church in Shawnee, Okla.

Arthur Ray Wapskineh

Sac and Fox Nation trib l memb r Arthur Ray Wapskineh entered this life on June 26, 193 and departed this life on January 6 2020 in Shawnee, Okla. He was the son of the late Linda Mae Slick and Willard Willie Wapskineh.

Funeral services, under the direction of Walker Funeral Service of Shawnee,

Great Depression-Era Photo Exhibit Opens at Museum

From Feb uary 1 to May 8, 2020, the Chisholm Trail Museum in Kingfisher will host “Photographing the Plains: Farm Security Administration, 193 1945” a traveling exhib t from the Oklahoma History Center, curated b Curator of Exhib ts Jim Meeks.

This exhib t highlights a collection of b ack and white photographs taken b six Farm Security Administration (FSA) photographers who visited Oklahoma or photographed displaced Oklahomans looking for work during the Great Depression.

Roy Stryker was hired in 193 to head the Historical Section of the Resettlement Administration (RA) and estab ish a photo documentary project that would provide photographs to pub ic relations outlets, including newspapers and magazines. The FSA formed in 193 under the Department of Agriculture and continued the work of photographing rural conditions.

During the run of the project—from the early days of the RA (193), to the FSA (1937–42) and later as the Office of War Information (194245)—a— pproximately 1300 b ack-and-white negatives and 1,60 color transparencies were produced. Stryker initially hired Arthur Rothstein, Theo Jung, Ben Shahn, Walker Evans, Dorothea Lange, Carl Mydans, Russell Lee, Marion Post Wolcott, Jack Delano, John Vachon and John Collier Jr. He would also hire other photographers during his tenure, most notab y Gordon Parks, Esther Bub ey and Edwin and Louise Rosskam.

The photographs in this exhib t represent a sample b the six photographers, and date from 193 to 1943 Russell Lee visited the state and produced around 1,60 images, whereas Marion Post Wolcott captured a mere handful of images of Oklahomans working in the oil fields of Kansas.

The Chisholm Trail Museum and A. J. Seay Mansion are located at 65 Zellers Ave. in Kingfisher. For more information, please call 405 3 56

Business Committee Meeting Minutes are now accessible on the Website sacandfoxnation-nsn.gov and Facebook

A Sincere Thank You

The family of Gregory “Scott” Haney expresses gratitude for your kindness and support. We are forever grateful for all of you at the Sac and Fox Nation for helping us through a difficult time.

Your prayers carried us through critical moments during Scott’s hospitalization at Oklahoma Heart Hospital South.

May the Creator bless each of you.

Kewawiyamenepwa
The Haney Family



Arthur Ray Wapskineh



Tyler Day Kaulaity

TAI CHI

GET STARTED

Tuesday's | 11am-12pm

Sac & Fox Gymnasium
Stroud, Okla

Happy February Birthday Elders!

Minnie Rock lle Masqs
\$ lvia A.W h ttaker Bu ler
Chr lotte Kay Aswell
Robert Jose Gu ierrezz
Patsy Ann Grant
Gre\$ ott Jd y
Howard Ray Barada
Leta M.G ibbs
Gloria Ann Hawkins
Anna Marie \$ tien
Cn tis Dawson Jones
Rbnda L ynn Hodg s
Ted Ray Delaware
\$ rry Lyn Robbins
Miche l Jon \$ hexnider
Kath Eileen Walker
Carletta Henth rn
Mary Jacq lyn Ch istensen
Linda Kay Rog rs
Freda Lavern West
Billy D. Ablin
Dawn \$ rri \$ aton
Vickie Jo Ebbe
Leth K ay Carter
Kari Lea Fish
Britt Ddl ey Franklin
Cynth a Joy \$ andlee
Earvin Deon Gibbs
Ch ryl Lynn McClellan
Connie Fay Gregr y
Nancy Ann Wh stler
Arlan Eg ne Manatowa
CraigR owe
Debra Jean Su sa
Franklin KeitlR iley
Terence Joh Alvarado
\$ even Edward Payne
Mary Elizabeth Hammett
Jackie Dean Keo
Roderick James Wakolee
Johni e Kay Murph
Harold Clod
Georg a Ann Wakole

Rowena Elaine Wakolee
Richr d Do\$ as Crain
Frankie Dale Wakolee
Johe lle Misch '
James Cory Conallis
Terry RalphB illiman
Robert W.D avis
Mark Gregr y \$ eph ns
Carlena Ha\$ er
Vance Darin Conallis
Mary Melissa Jennings
Jh iana Ann Qù ntana
\$ rri L.M cAllister
Nichl as Joh H ovsepien
Jeffery Alan Ponkilla
David Arlen Garcia
Gary Don Norman
Eg ne Floyd Wilson
\$ m a l Ho\$ ton Roane
Barbara Lee \$ ro\$ s
Tommie Ann Ford
Patricia Denise Lon\$ r n
Carla Jo Mann
Lou s Franklin Wh te
Lewis Marez
Alice Gay \$ eward
Allace Brennan Bu h elter
Kimberlee Rene \$ ahk e
DeborahL ynn Flores
Carl E.C onallis
Mn iel Renee Wh eler
Cozzett ElizabethC lr boneau
\$ r on Kaye Warren
Valerie Jean Baldwin
David Lou s Walker
\$ g id N.H ennrich
Cecelia Lois Wash ng on
\$ eph n Bryan Ellis
\$ l ly Ann Wakole
Mary Ann Bu ler
Cn tis Grant
Vera Mae Grant
Ch ryl Kay Clark



Okla. House Speaker Charles McCall Tours USDA Facility And Juvenile Center

The Sac and Fox Nation Business Committee hosted Speaker of the Oklahoma House of Representatives Charles McCall at the Nation’s capitol complex on Jan. 16. Following lunch, the group toured the Sac and Fox Nation Juvenile Detention Center and the Nation’s USDA Food Distribution Facility. Pictured from left are: Sac and Fox Nation Business Committee Member Robert Williamson, Second Chief Don Abney, Oklahoma House of Representatives Speaker Charles McCall, Sac and Fox Nation Principal Chief Justin F. Wood, Secretary Jacklyn King and Treasurer Jared King.

(Photo by Mike brown)

Black History Month Exhibits

(Continued from Page 1)

of the Oklahoma Historical Society, and is located at 19479 E. Murrell Home Road in Park Hill. During the month of February, visitors to the site will see exhibits featuring many of the people who lived and performed slave labor on the plantation, such as Susan, Ike, Nelson, Eliza and many others who made their lives here in the years before the Civil War. The exhibits will highlight the level of skill shown by the enslaved people of Hunter’s Home, as well as take a look at how they may have defined their work and lives.

Also in February, living history season continues at Hunter’s Home, with interpreters in period dress demonstrating 19th-century crafts and skills Thursday through Saturday from 10 a.m. to 4 p.m. Hunter’s Home regular hours of operation are Tuesday through Saturday, 10 a.m. to 4:30 p.m. For more information about these exhibits or other programs, please call 918-456-2751 or email hunterhome@okhistory.org.

Pictured from left in the side photo to are: Sac and Fox Nation USDA staff member J.J. Wilson, Sac and Fox Nation Secretary Jacklyn King, Principal Chief Justin F. Wood, Oklahoma House of Representatives Speaker Charles McCall, Sac and Fox Nation USDA Director Sam Spang and staff member Edlyn Marquez. “It was a pleasure hosting the Speaker of the House. Our crew was honored and proud to showcase our tribal facility and program, said Director Spang.

(Photo Provided)



Meet Sac and Fox Police Lt. Chip Smith



by Major Brandi Crisp

This month’s Sac and Fox Nation Police Dept. personnel spotlight is on Lieutenant Raymond “Chip” Smith. Lieutenant Smith is a 20 year veteran police officer and has been with the Sac and Fox Nation Police Department since March of 2017, with 17 years of experience in law enforcement gained prior to his time with us. He started his career with the department as a reserve police officer and was hired as a full time police officer in December of 2018. Lieutenant Smith is in charge of criminal investigations, probation, and SORNA (Sex Offender Registration and Notification Act). Lieutenant Smith is a certified CLEET Instructor and also assists with field training for new officers.

For questions related to investigations, sex offender registration, or probation please contact Lieutenant Smith at (918) 968-2031 ext. 2030.

FEBRUARY AT SAC & FOX CASINO

PLAY x PLAY
HAPPY HOUR

FRIDAYS
3PM - 8PM

EARN 2 POINTS FOR
\$20 FREEPLAY

SATURDAYS
7PM - 10PM

DRAWINGS FOR
\$200 CASH

UNCLAIMED DRAWINGS WILL PROGRESS TO
THE FINAL DRAWING OF THE MONTH!



4TH MONDAY EVERY MONTH
10AM - 8PM

GET \$10 IN FREEPLAY
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Must have Player's Club Card and
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Must have valid ID and Player's Club Card. See Player's Club/Cage for details.
Management reserves the right to revoke or alter any promotion or offer.

Sac and Fox Nation Education Department News

by Edwina Butler-Wolfe

Greetings!!

The Education Department has been very busy with the Spring 2020 Higher Education applications. We are working on getting all documents to the colleges, universities, and vocational schools in a timely matter. If there is a delay, more than likely we had to call applicants for missing documents to complete the application.

Education Specialist Jean Lynam, of the Sac and Fox Nation Education Department, does an outstanding job of processing everyone’s applications for higher education and also for the J.O.M. students that attend public schools in the jurisdictional service area.

We service the following public schools with our J.O.M. funding: Agra Public School, Chandler Public School, Cushing Public School, Davenport Public School, Grove Public School, Jim Thor-

pe Academy (Shawnee), Meeker Public School, North Rock Creek School, Oak Grove Elementary School (Cushing), Pleasant Grove Public School, Prague Public School, Ripley Public School, Shawnee Public School and Stroud Public School.

My plans are to visit each of the schools. We plan on being more involved in the schools with their Indian Parent Committee, and if a school does not have an active parent committee, we would like to help in forming one. I feel that every public school should have an active Indian Parent Committee so that the parents, grandparent or guardians of students know what is going on in their student’s school.

As I mentioned in the January Sac and Fox Newsletter, the Every Student Succeeds Act emphasizes that public schools are required to have a consultation with

Tribal Leaders of how federal dollars are spent in school. That is why there needs to be a strong active Indian Parent Committee in the public schools.

On January 7, 2020, I had scheduled a physical visit to the Prague Public School and met with Jennifer Smith, Principal and Stephanie Lee, High School Counselor. Not present was Mike Hedge, Federal Programs Administrator. The purpose of the meeting was to introduce myself as the Education Director of the Sac and Fox Nation, to get a better view of what they have in their curriculum in light of American Indian Studies, and what activities are offered for our American Indian Students that attend school there. Prague Public School has 261 American Indian Students with 7 being Sac and Fox Tribal members. We had a discussion of the Sac and Fox Education Department being present at the beginning of the school year to take J.O.M. applications. We are in hopes that there will be a better open communication of services for both school and tribe.

The education department is working with other departments here at the Nation to implement some activities in the near future. We will keep you informed as plans lay out.

We would like to introduce two of our Sac and Fox higher education students: Sarah Grace Osman is majoring in Plant Biology with Math minor. She is attending Oklahoma State University, Stillwater, Oklahoma. Sarah is in her second year at OSU; and, Michael Osman, majoring in Illustration at Arcadia University, Glenside, Pennsylvania. Michael is in his first year at Arcadia University.

It is nice to see and talk to our Sac and Fox students when they stop by the office. We are proud of Sarah and Michael for furthering their education, and also proud of all the students that are attending college and university. KEEP UP THE DEDICATION!!!

We have had samples of stoles made for the kindergarten and senior students’ graduation. We just need to make a decision of what color. If you should have any concerns or questions, please do not hesitate to call or come by the Sac and Fox Nation Education Department.

Thank you,
Edwina Butler-Wolfe
Director of Education
Sac and Fox Nation
918 968-3526, Ext: 2046
Cell Number: 405 328-0402



Pictured are Michael Osman and Sarah Grace Osman.
(Photo by Edwina Butler-Wolfe)

Black Hawk Health Center

Services We Offer at Behavioral Health

by Clinical Staff Writer,
Edwina Butler-Wolfe, LCSW

Did you know that the Behavioral Health Department is here to help. Whether one has difficulty coping with a loss, major life transition, addiction, trauma or just feeling stuck, we are here to help. If you or someone you love is experiencing difficulty managing stress, or developing new ways to cope, we are here to help.

We can offer:

- Individual Counseling & Psychotherapy;
- Marriage & Family Therapy;
- Psychiatric Medication Management;

- Crisis Intervention & Prevention;
- Aftercare Counseling & Follow Up care; and,
- Information & Referral Management.

What You Can Do:

Give us a call and see if we can help. We can explore different ways to help and assist you or your loved one. We can often advise you on how to help your loved one.

We are here to help. For more information, contact the Behavioral Health Department, educational and counseling services are available to assist in prevention and treatment.

With Oklahoma’s Promise, the Oklahoma Higher Learning Access Program, 8th, 9th, and 10th grade students whose family income is \$50,000 or less can earn FREE COLLEGE TUITION

Apply online at www.okpromise.org or
Contact the Oklahoma State Regents for Higher Education by e-mail at okpromise@osrhe.edu or by phone at 1-8-858-1840 (225-9152 in OKC)
Get an application from your counselor

URGENT NOTICE TO VETERANS
Men and Women especially WW1, WW2 and Korean
The Sac and Fox National Public Library
is asking for your
DD 214’s for their records and
Memorial Monument Purposes
See Cathrine Walker 1-918-968-3526 Ext. 2022

EDUCATION DEPARTMENT NOTICE

Applications for College - Vocational and Adult Education
are on the Sac and Fox Nation Web site -
Click on Education for downloads.



Coming soon near you
Central Tribes of the Shawnee Area, Inc.
CTSA HEADSTART



We are proud to let you know we are opening a New Head Start in Stroud, OK

Applications are being taken at the Sac & Fox Education Dept.

Directions: Sac & Fox Education Dept. 5 ½ miles south of Stroud on 930 RD. Go past the clinic on top of the hill. It is located south of the gym.

For more information, please call the CTSA Main Office at (405)275-4870
Required Documentation:

1. Proof of income (at least 2 checks stubs/Income letter/TANF letter/Income tax form)
2. Proof of residence (Utility/phone bill, Housing lease—MUST show physical address)
3. CDIB card, SNAP, WIC or any assistance you are receiving
4. Shot records and Birth certificate and Source of Health Care (Tribal/IHS, Private Ins.)
5. If your child has a Documented Disability, we will need a copy of his/her IFSP or IEP.

Stroud CTSA Headstart
Yellow Earth Learning Center

MONTHLY TOBACCO CESSATION
SUPPORT GROUP

- Held the 1st Wednesday of every month
- 12-1 pm
- Learning Center Conference Room

Group sessions will be open to members of the Sac and Fox Community, tribal employees, and TIP Group Members.

Sessions will cover multiple areas of tobacco cessation including creating a quit plan, healthy behaviors, the truth about tobacco, changing behaviors, coping with cravings, and maintaining change.

Sessions will also include peer interaction and recovery support.

For more information, Please contact DeAnna in Behavioral Health.

YOU CAN STOP SMOKING NOW



OES Installs New Educational Signs at Veterans Lake

*by Jeremy Finch, rEnvironmen-
tal Services Director*

The Sac and Fox Nation Office of Environmental Services (OES) has installed three original, unique, educational signs at Veterans Lake. The signs are of the quality you would find at the best state and national parks and, cover topics such as Riparian Zones, Water Protection, and Climate Resilience.

The project was funded by a Bureau of Indian Affairs (BIA) Climate Resilience Grant. The initial goal of the project was completed under budget and, instead of returning the remaining funds to BIA, OES proposed that the funds be used to

Data Show 4.2% Decrease in Beef Exports

by Donald S otts
Ag ical tu al Commui cations & rvices
Oklahm a & ate University

Recently released data show a 4.2 percent year-over-year decrease in beef exports for the first 10 months of 2019, following three years of double-digit year-over-year growth in total beef exports.

“Beef exports were down 9 percent in October compared to last year, with 2019 beef exports to date declining in four of the top five U.S. beef export markets,” said Derrell Peel, Oklahoma State University Cooperative Extension livestock marketing specialist.

Total beef imports increased 2.7 percent year over year in October and were up 0.7 percent for the year, according to the U.S. Department of Agriculture. Beef exports to Japan, the largest U.S. beef export destination, decreased 23.5 percent in October and were down 10.6 percent year over year in 2019. The United States has been at a significant tariff disadvantage in Japan after withdrawing from the Trans-Pacific Partnership (TPP) agreement.

“The impacts of TPP, which took effect this year without the United States, have become increasingly apparent in recent months as beef exports to Japan have decreased year over year for the last eight months,” Peel said. Peel added the bilateral trade deal between the United States and Japan that is scheduled to begin in 2020 will hopefully erase most of the tariff disadvantage America currently faces and will stop the erosion of beef market share in Japan.

Japan represents 26.7 percent of U.S. beef exports for the year to date in 2019. South Korea is the second-largest beef export market and is up 7.4 percent for 2019 but declined 1.2 percent in October compared to one year ago. South Korea accounts for 22.8 percent of total U.S. beef exports thus far in 2019.

Mexico is the third-largest beef export market, as well as the third-largest source of U.S. beef imports. Beef exports to Mexico were down 11.5 percent in October and declined 3.5 percent for the year to date. Mexico accounts for 14.3 percent of beef exports thus far in 2019. Beef imports from Mexico were up 19.6 percent year over year in October and are up 14.1 percent for the year to date in 2019. Mexico currently accounts for 18.7 percent of U.S. beef imports.

Canada is the fourth-largest U.S. beef export market and is currently the largest beef import market. Beef exports to Canada decreased 4.5 percent in October compared to last year and were down 11.3 percent in 2019. Canada represents 8.8 percent of beef exports for 2019. Beef imports from Canada increased 8.9 percent in October and were up 8 percent year over year for the first 10 months of 2019. Beef imports from Canada are 27.7 percent of total beef imports for the year to date.

Hong Kong, the fifth-largest beef export market, is down 11.1 percent year over year in October and down 27.5 percent for 2019. Hong Kong represents 6.9 percent of total beef exports. Close behind Hong Kong is Taiwan where beef exports decreased 8.7 percent in October but are up 7.8 percent for the year to date.

“Taiwan is the sixth-largest beef export market for U.S. beef and accounts for 6.5 percent of year-to-date exports,” Peel said. Australia is the second-largest beef import source for the United States, with imports down 7.1 percent in October and up 4.1 percent for the year to date. Australia accounts for 23.1 percent of American beef imports in 2019. New Zealand is the fourth-largest beef import market for American product, with October imports down 37.9 percent and imports down 28.8 percent. Oklahoma is America’s second-leading producer of beef cows, according to USDA National Agricultural Statistics Service data.

improve outdoor education for Veterans
Lake.

Environmental Specialist Dale Miller was vital to the success of the project. Creating the signs was much more time consuming than expected, but we are extremely pleased and proud of how the project turned out. We encourage everyone to take a little time while visiting Veterans Lake and read each of the three

signs, as each is unique and covers different environmental and climate-related topics.

OES's goal is to continue to make improvements at Veterans Lake that will improve outdoor education and overall protection of the lake and, all of Sac and Fox Nation's natural resources.

There are two other BIA projects OES currently has open: the first is to make re-

pairs to the dam and the crossover pipe, and the second to clean up an oil spill behind the lake. Any unused funds will be used to make further improvements to the lake. As always, if you have any questions, comments or concerns, or would like to learn more about the services OES provides, please give us a call at 918-968-0046 or email: oes@sacand-foxnation-nsn.gov.



Pictured from left with one of three educational signs recently installed at Sac and Fox Nation Veterans Lake with funding from a BIA Climate Resilience Grant are Office of Environmental Services staff members: Dale Miller, Christian Wright, Jeremy Fincher and Daniel Wind. (Photo by Mike Brown)

FEBRUARY AT BLACK HAWK CASINO

PLAY & WIN

FRIDAYS • 2PM – 8PM

**PATRONS WHO EARN 1 POINT AT THE MACHINE WILL
RECEIVE AN AUTOMATIC \$20 FREEPLAY DOWNLOAD**



SIZZLIN'
SATURDAYS

6PM-10PM
EVERY 30 MINUTES

HOT SEAT DRAWINGS TO RECEIVE CASH OR PRIZE

**CAN ONLY WIN
ONE TIME PER SATURDAY**



4TH WEDNESDAY EVERY MONTH
10AM - 10PM

GET \$10 IN FREEPLAY & \$5 FOOD VOUCHER!

Must have Player's Club Card and Sac & Fox CDIB. Must be **50** and up.

CHICKEN FRIED STEAK SANDWICH WITH CHIPS

\$5⁰⁰

Pabst Blue Ribbon

\$2.00

A vibrant hurricane cocktail in a glass, featuring a mix of orange and red juices, garnished with a slice of orange and a cherry. The background is a soft-focus view of a tropical beach with palm trees and a blue sky.

HURRICANE

COCKTAIL

\$4.00



THEBLACKHAWKCASINO.COM
42008 WESTECH ROAD • SHAWNEE, OK
(405) 275-4700



SAUK LANGUAGE DEPARTMENT PHILOSOPHY

Indians are born speaking our languages. For some of us, they lie dormant within our bodies. They are looking for a way out. God gave us these beautiful languages. All of us hold them in a sacred manner within. There is no such thing as an Indian person who cannot speak Indian. Our language programs find these languages within our bodies. They bring them out through our mouths and deliver them to their rightful resting places within our hearts.

February Scramble

thiêo	_____
ênpewaât	_____
îhawatank	_____
neanenâtkpe	_____
anwtpwhikoiîâêi	_____
moîwhektas	_____
hskehowmêas	_____
eeîtwpetânin	_____
ktênie	_____
anâênawmêw	_____

February 2020 Word Match

Takwanîha	Candy
Tepânetîweni	There is a happy feeling
Meshotîwaki	Is fond of
Tepânêwa	February
Mênawânêwa	Love
Meshoshkêwa	Loves someone
Opitêhâkaniwiwi	Has a heart
Ketapânene	Is smitten
Otêhiwa	They fall in love with each other
Kêneti	I love you

SAUK LANGUAGE DEPARTMENT HAPPENINGS & NEWS

FEBRUARY 2020
Takwanîha
(Snow Crust Moon)

Kîhchâkiketepânetipena!
(Happy Valentine’s Day)

From the Sauk Language Department.

The new Sauk I and Sauk II online courses are now available for high school students who want to learn Sauk. If you are interested in taking these courses, please contact the Sauk Language Department to learn more.

The Sauk Language Department now has 3 FREE downloadable, stand-alone language apps for both Android and iPhones. Go to Google Play Store or iTunes to get yours today, and start learning Sauk.

Join us online!

Visit our website for Sauk words and to play games at www.talksauk.com!



We always welcome suggestions and/or comments from tribal members on programs you have attended, or would like to see scheduled.
Call 918-968-3526 or 800-259-3970, or email at:
Katie.Thompson@sacandfoxnation-nsn.gov



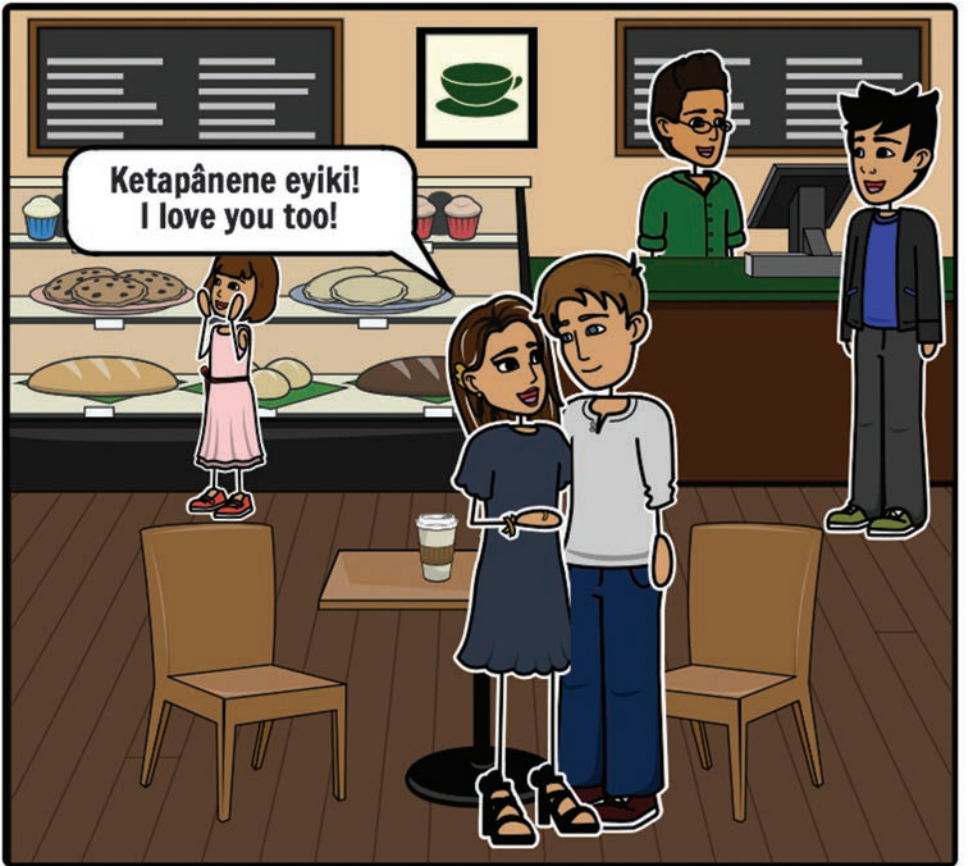
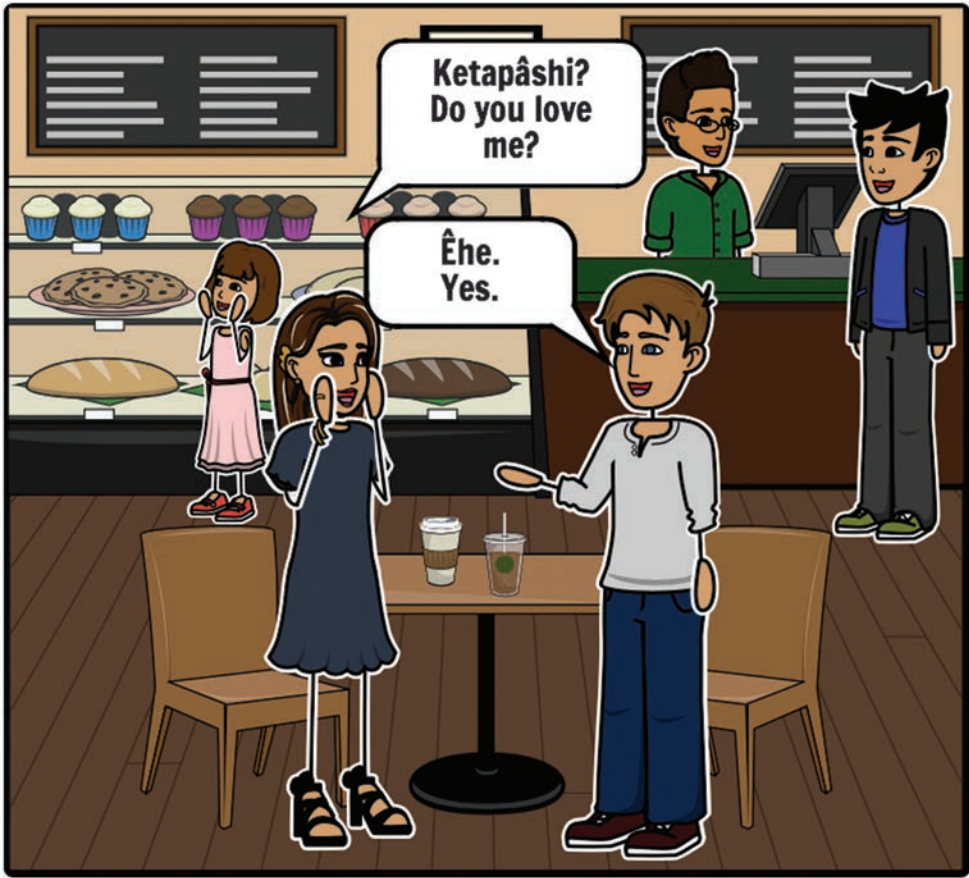
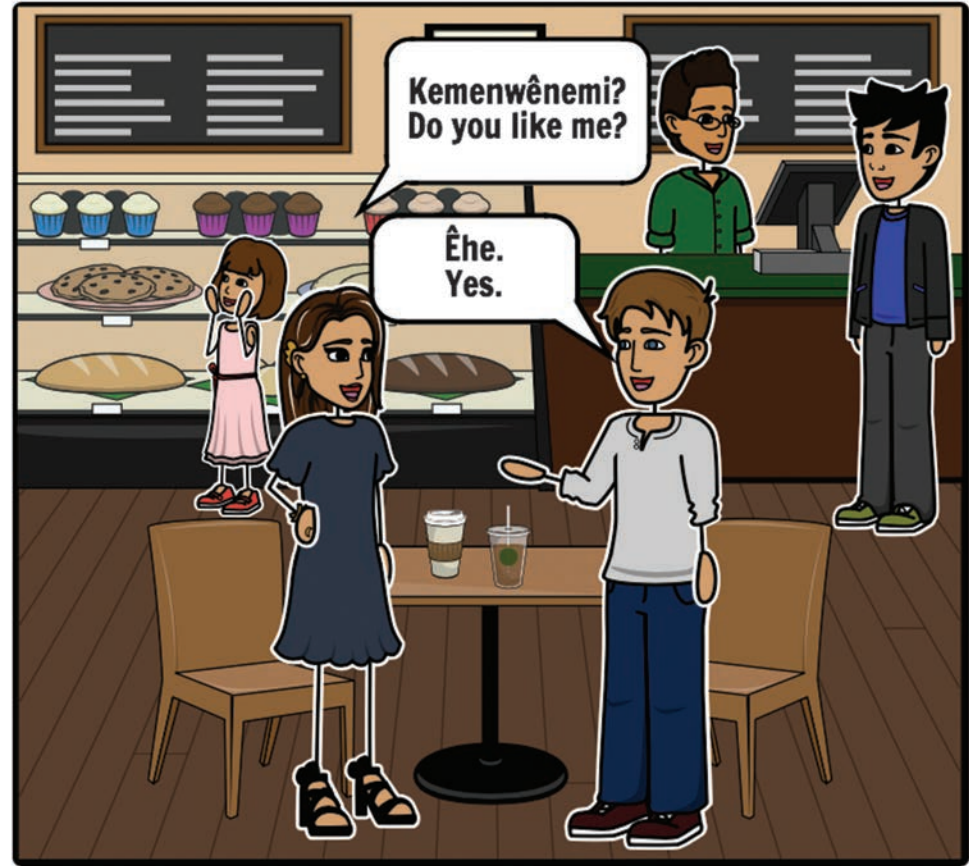
February 2020 Quotes

The Great Spirit is in all things, he is in the air we breathe. The Great Spirit is our Father, but the Earth is our Mother. She nourishes us that which we put in the ground she returns to us.
Big Thunder, Wabanaki Algonquin

Our land is everything to us. I will tell you one of the things we remember on our land. We remember that our Grandfathers paid for it with their lives.
John Wooden Legs, Cheyenne

In our every deliberation, we must consider the impact of our decisions on the next seven generations.
Iroquois Maxim (c. 1700-1800)

February Comic





Secretary’s Award

Sac and Fox Nation Secretary Jacklyn King, left, presents her annual Secretary’s Employee Award to Sac and Fox Tax Commission staff member, Rexanna Hornbeak. The award was presented during the Nation’s annual Christmas dinner and program held Dec. 23, 2019 in the Sac and Fox Nation Community Building. (Photo by Mike Brown)



Committee Member’s Award

Sac and Fox Nation Business Committee Member Robert Williamson, left, is pictured with award recipient, Land and Cattle Manager Andy Warrior, during the Dec. 23 Christmas dinner and awards program held at the Sac and Fox Nation Community Building. (Photo by Mike Brown)



Treasurer’s Award

Sac and Fox Nation Treasurer Jared King, left, presents his annual Treasurer’s Employee Award to Sac and Fox Nation Police Chief Andy Selfridge. The award was presented during the Nation’s Employee’s Committee Christmas dinner and program held Dec. 23, 2019 in the Sac and Fox Nation Community Building. (Photo by Mike Brown)

Employees Join in Reindeer Games



Sac and Fox Nation staff members Josh Nooner and Sarah Brown compete in a movie trivia game during the annual Christmas dinner and awards program. Other Reindeer Games held during the event included a balloon popping relay, Christmas Tree tipping contest, and a Pass The Banana team competition. (Photo by Mike Brown)

Business Committee Meeting Minutes
are now accessible on the Website and Facebook
sacandfoxnation-nsn.gov

February Word Search

I	J	U	M			T	M	K	D											
R	O	I	V	O	A		G	K	H	L	R	I								
X	R	L	T	O	K	Y	R		Q	A	V	I	M	Z	T	X				
X	T	A	K	W	A	N	I	H	A		P	J	A	N	K	E	S	E	A	J
F	I	W	I	W	A	N	A	K	A	H	E	T	I	P	O	S	L	N	S	E
L	U	G	R	F	K	E	T	A	P	A	N	E	N	E	K	H	Z	E	M	Y
K	Q	L	Z	K	Y	Q	H	D	A	T	Q	D	O	E	M	O	I	K	N	H
R	G	H	H	U	A	O	S	B	C	Y	S	I	G	A	E	T	M	S	Z	V
R	A	G	Q	M	S	D	B	J	G	B	E	N	R	T	N	I	A	W	U	A
A	W	E	K	H	S	O	H	S	E	M	E	O	V	A	W	Z	Q	C		
O	U	C	B	P	Z	D	I	Q	U	E	W	B	J	W	A	P	A	Z		
T	X	N	R	R	Z	C	B	P	Q	I	W	L	A	K	I	I				
N	H	B	V	Y	P	X	A	A	G	T	D	N	N	I	A	D				
J	I	S	M	J	V	R	W	U	E	L	N	E	P	F						
O	K	S	Y	B	D	E	U	N	M	L	W	B								
M	Q	N	U	W	N	J	A	N	C	A										
V	B	L	L	A	C	P	A	I												
Z	N	E	P	M	E	O														
Z	K	E	K	T																
Y	T	X																		
I																				

February 2020 Word List

Takwaniha	February
Tepanetiweni	Love
Meshotiwiki	They fall in love with each other
Tepanewa	Is fond of
Menawanewa	Loves someone
Meshoshkewa	Is smitten
Opitihakaniwiwi	There is a happy feeling
Ketapanene	I love you
Otehiwa	Has a heart
Keneti	Candy

NOTICE!

Update on RAP applications: There are a few changes set out as follows: Hardship applications will have a W-9 attached that needs to be filled out and turned in with the application. Tribal Energy applications will need the bill to be attached to the application. Emergency Appliance applications need to include three (3) quotes and the quotes can come from Lowe’s. T.E.H.R. (Tribal Emergency Housing Repair) applications need to include three (3) estimates from a contractor, copy of your house deed and an electric bill attached to the application.

FNS HANDBOOK 501 EXHIBIT M				
FOOD DISTRIBUTION PROGRAM ON INDIAN RESERVATIONS (FDPİR) FY 2019 NET MONTHLY INCOME STANDARDS (Effective October 1, 2018 to September 30, 2019)				
The net monthly income standard for each household size is the sum of the applicable Supplemental Nutrition Assistance Program (SNAP) net monthly income standard and the applicable SNAP standard deduction.				
48 Contiguous United States:		Use this Amount		
Household Size	SNAP Net Monthly Income Standard		SNAP Standard Deduction	FDPİR Net Monthly Income Standard
1	\$1,012	+	\$164	= \$1,176
2	\$1,372	+	\$164	= \$1,536
3	\$1,732	+	\$164	= \$1,896
4	\$2,092	+	\$174	= \$2,266
5	\$2,452	+	\$204	= \$2,656
6	\$2,812	+	\$234	= \$3,046
7	\$3,172	+	\$234	= \$3,406
8	\$3,532	+	\$234	= \$3,766
each additional member				\$360
Alaska:				
Use this Amount				
Household Size	SNAP Net Monthly Income Standard		SNAP Standard Deduction	FDPİR Net Monthly Income Standard
1	\$1,265	+	\$281	= \$1,546
2	\$1,715	+	\$281	= \$1,996
3	\$2,165	+	\$281	= \$2,446
4	\$2,615	+	\$281	= \$2,896
5	\$3,065	+	\$281	= \$3,346
6	\$3,515	+	\$292	= \$3,807
7	\$3,965	+	\$292	= \$4,257
8	\$4,415	+	\$292	= \$4,707
each additional member				\$450

FNS HANDBOOK 501 EXHIBIT M	
FY 2019 FDPİR Income Deductions (see 7 CFR 253.6(e)) Effective October 1, 2018 to September 30, 2019	
Earned Income Deduction	Households with earned income are allowed a deduction of 20 percent of their earned income.
Dependent Care Deduction	Households that qualify for the dependent care deduction are allowed a deduction of actual dependent care costs paid monthly to a non-household member.
Child Support Deduction	Households that incur the cost of legally required child support to or for a non-household member are allowed a deduction for the amount of monthly child support paid.
Medical Expense Deduction	Households that incur monthly medical expenses by any household member who is elderly or disabled are allowed a deduction in the amount of out-of-pocket medical expenses paid in excess of \$35 per month. Allowable medical expenses are provided at 7 CFR 273.9(d)(3).
Home Care Meal-Related Deduction	Households who furnish the majority of meals for a home care attendant are allowed an income deduction equal to the maximum SNAP benefit for a one-person household. The home care meal-related deduction amounts are as follows: 48 Contiguous U.S. States = \$192 Alaska by Area Designations <ul style="list-style-type: none">Urban = \$232Rural 1= \$295Rural 2 = \$360 See 7 CFR 272.7(b) for area designations in Alaska.
Standard Shelter/Utility Expense Deduction	Households that incur at least one monthly shelter or utility expense are allowed a standard income deduction (see chart below). Allowable shelter/utility expenses are provided at 7 CFR 273.9(d)(6)(ii).

FNS HANDBOOK 501 EXHIBIT M		
FY 2019 FDPİR Standard Shelter/Utility Expense Deductions Effective October 1, 2018 to September 30, 2019		
Baseline by Region*		
Region	States Currently with FDPİR Programs	Shelter/Utility Deduction
Northeast/Midwest	Michigan, Minnesota, New York, Wisconsin	\$400
Southeast/Southwest	Mississippi, New Mexico, North Carolina, Oklahoma, Texas	\$350
Mountain Plains	Colorado, Kansas, Montana, Nebraska, North Dakota, South Dakota, Utah, Wyoming	\$450
West	Alaska, Arizona, California, Idaho, Nevada, Oregon, Washington	\$400
*If the geographic boundaries of an Indian reservation extend to more than one region per the identified regional groupings above, then a qualifying household has the option to receive the appropriate shelter/utility expense deduction amount for the State in which the household resides or the State in which the State agency’s central administrative office is located.		

**Oklahoma Tobacco Helpline**

1 800 QUIT NOW

HELP WANTED!

SAC & FOX NATION EMPLOYMENT OPPORTUNITIES

THE FOLLOWING IS A LIST OF JOB VACANCIES WITH

THE SAC & FOX NATION:

- Self-Governance Director
- Resident Advisor (Juvenile Detention Center)
- Human Resources Director
- Human Services Director
- Land and Cattle Laborer
- Assistant Cook (Part-time)
- Economic Development Director
- Meal Delivery Driver (Part-time)
- ICW Specialist

Applicants must successfully pass an OSBI/National background check and drug screen. Preference in hiring is given to qualified Native Americans. Applicants claiming Indian Preference must provide a copy of their CDIB. For more information and to learn how to apply please visit our website at: www.sacandfoxnation.com

or contact Human Resources, Sac and Fox Nation, 920963 S. Hwy. 99, Bldg. A Stroud, OK 74079 or by phone (918) 968-3526

Business Committee Meeting Minutes	
Please be advised that the following are official actions taken by the Business Committee in a Special Business Committee meeting held on December 20, 2019. These actions are to be followed up by the appropriate departments.	
1)	Resolution SF-20-74 , a resolution forming Shawnee Trophy, A Limited Liability Company wholly owned by the Nation. Don W. Abney-motion. Jared A. King-2nd. VOTE: Justin-Yes, Don-Yes, Jacklyn-Yes, Jared-Yes, Robert-Absent. Motion carried.
2)	Resolution SF-20-75 , a resolution approving the Title VI Part-A, Elders Program Budget Modification #1 in the total funding amount of One Hundred Seventy-Six Thousand Three Hundred Thirty-Eight Dollars (\$176,338.00). Jared A. King-motion. Robert E. Williamson-2nd. VOTE: Don-Yes, Jacklyn-Yes, Jared-Yes, Robert-Yes, Justin-Yes. Motion carried.
3)	Robert E. Williamson motion to approve Meal Delivery driver funding from period of December 4, 2019 through December 16, 2019 in the amount of Eight Hundred Fifty-three Dollars and Seventy-three Cents (\$853.73). The funding source is General Operations-Public Relations line item. Don W. Abney-2nd. VOTE: Jacklyn-No, Jared-Yes, Robert-Yes, Don-Yes, Justin-No. Motion carried.
4)	Jacklyn K. King motion to approve Business Purchase Agreement for Shawnee Trophy, A Limited Liability Company. Don W. Abney-2nd. VOTE: Jared-Yes, Robert-Yes, Justin-Yes, Don-Yes, Jacklyn-Yes. Motion carried.
5)	Jared A. King motion to approve a building Lease Agreement located at 211 East Main Street in Shawnee, Oklahoma. Don W. Abney-2nd. VOTE: Robert-Yes, Justin-Yes, Don-Yes, Jacklyn-Yes, Jared-Yes. Motion carried.
6)	Robert E. Williamson motion to terminate lease agreement with Kip & Nanny’s Smoke Shop located at 1415 North Kickapoo Avenue in Shawnee, Oklahoma effective December 31, 2019. Don W. Abney-2nd. VOTE: Justin-Yes, Don-Yes, Jacklyn-Yes, Jared-Yes, Robert-Yes. Motion carried.
7)	Jacklyn K. King motion for a \$1,200 lease beginning January 1, 2020 for three months, due every first day of the month thereafter located at 1415 North Kickapoo Avenue in Shawnee, Oklahoma. Robert E. Williamson-2nd. VOTE: Don-Yes, Jacklyn-Yes, Jared-Yes, Robert-Yes, Justin-Yes. Motion carried.

Business Committee Meeting Minutes	
Please be advised that the following are official actions taken by the Business Committee in a Special Business Committee Meeting held on December 30, 2019. These actions are to be followed up by the appropriate departments.	
1)	Resolution SF-20-76 , a resolution authorizing Jared A. King, Treasurer, to act on behalf of Shawnee Trophy, a Sac and Fox Nation Limited Liability Company, to sign and execute loan instruments with First United Bank and Trust. Jacklyn K. King-motion. Don W. Abney-2 nd . VOTE: Justin-Yes, Don-Yes, Jacklyn-Yes, Jared-Yes, Robert-Absent. Motion carried.
2)	Don W. Abney motion to approve the first payment in the amount of fifteen thousand dollars (\$15,000.00) from Treasury payable to the Seller for the purchase of the business Shawnee Trophy per the Business Purchase Agreement approved and signed on December 19, 2019. Jared A. King -2 nd . VOTE: Don-Yes, Jacklyn-Yes, Jared-Yes, Robert-Absent, Justin-Yes. Motion carried.
Business Committee Meeting Minutes	
Please be advised that the following are official actions taken by the Business Committee in a Special Business Committee Meeting held on January 7, 2020. These actions are to be followed up by the appropriate departments.	
1)	Resolution SF-20-76-A , a resolution amending Resolution SF-20-76 authorizing Jared A. King, Treasurer, to act on behalf of Shawnee Trophy, a Sac and Fox Nation Limited Liability Company, to sign and execute loan instruments with First United Bank and Trust and to clarify the need to open and establish a bank account. Jacklyn K. King-motion. Jared A. King-2 nd . VOTE: Justin-Absent, Don-Yes, Jacklyn-Yes, Jared-Yes, Robert-Absent. Motion carried.
2)	Resolution SF-20-77 , a resolution authorizing and approving the transfer of funds in the total amount of thirty-eight thousand dollars (\$38,000.00) to Shawnee Trophy, a Sac and Fox Nation Limited Liability Company Wholly Owned by the Nation as startup funds for operation. The funding source is identified as Treasury Appropriations. Jared A. King-motion. Jacklyn K. King-2 nd . VOTE: Don-Yes, Jacklyn-Yes, Jared-Yes, Robert-Absent, Justin-Absent. Motion carried.

February 2020

**SAC AND FOX NATION
FOOD DISTRIBUTION
PROGRAM**
STROUD WAREHOUSE
918-968-3030 • 1-800-256-3398
SHAWNEE OFFICE
405-395-0063 • 1-886-622-2310

MON	TUE	WED	THU	FRI
3 ELDERS ONLY	4	5 ELDERS ONLY	6 STROUD HD	7 ELDERS ONLY
10 LATE NIGHT SHAWNEE 12 pm - 6 pm	11 STROUD HD SHAWNEE HD	12	13	14 LITTLE AXE TAILGATE 10 am - 12 pm
17 CHIEF'S DAY CLOSED FOR HOLIDAY	18 SHAWNEE HD	19	20 SHAWNEE HD	21 PERKINS TAILGATE 10 am - 1 pm
24 LATE NIGHT STROUD 8 am - 6 pm SHAWNEE 12 pm - 6 pm	25	26	27 CLOSED FOR INVENTORY	28 CLOSED FOR INVENTORY

HOURS		HOME DELIVERIES ARE FOR HOMEBOUND AND/OR DISABLED ELDERS. CALL OUR STROUD OFFICE TO SEE IF YOU QUALIFY.
MONDAY - FRIDAY		
CERTIFICATION	8:00 am - 4:30 pm	
STORE	8:30 am - 2:30 pm	
STORE AM INVENTORY	8:00 am - 8:30 am	
STORE PM INVENTORY	2:30 pm - 4:30 pm	This institution is an equal opportunity provider.

ENBRIDGE Grant to Establish Pollination Plots for Monarch Butterflies

by Mike Brown

The Sac and Fox Nation will use a \$10,000 grant from Enbridge Energy to establish pollination plots to serve as part of a migration route for the monarch butterfly and other key insects. The grant was presented to tribal officials by Enbridge Senior Community Engagement Advisor Brent Rush and other Enbridge representatives on Jan 15 in the Sac and Fox Nation Learning Center. The presentation was made during a meeting of the North Central Oklahoma Chapter of the Indian Chamber of Commerce.

The grant funds will be used to develop and create a decorative layout of islands of pollination plots that will serve as part of a migration route for the monarch butterfly. The pollination plots will also serve as a hands-on classroom to educate tribal members and the general public about the importance of the role that monarch butterflies and other insect pollinators have in assisting in the pollination of 80% of the world's flowering plants.

The declining monarch population parallels other declining pollinator populations, which in turn, impacts human food systems. Providing habitat, like milkweed, for monarchs is essential in maintaining a balanced food web within the ecosystems that are critical in sustaining humans. The location of the pollination plots is to be on Sac and Fox land that in years passed was littered with oil

industry pipe and other debris. The project will include acquiring greenhouse structure for seed collection and storage, site clean-up and ground preparation; establishing walking paths, a gazebo, a Bermuda grass area and parking area.

An event is being planned for coming months to explain the project and its overall purpose to area tribal and community organizations.

On 3.5-acre Plot in Heart of Tribal Headquarters



Tips Offered to Help Keep Heating Bills Under Control

by Trish Gedon

Agicultural Communications & Services
Oklahoma State University

Temperatures in Oklahoma often can sink below freezing. While keeping your home warm is a priority, so is keeping down the cost of your utility bill. Gina Peek, Oklahoma State University Cooperative Extension housing and consumer specialist, said there are free things homeowners and renters can do to help keep heating costs from going through the roof.

“Heating bills can really put a strain on your wallet during the winter months, so it’s important to take advantage of some cost-saving tips,” Peek said. “You should see a change in your heating bill after implementing these tips.”

The easiest thing that you can do is to turn the thermostat down when you go to work or leave the home for extended periods of time. You do not want to pay for heat that you are not home to enjoy. Also, turn down the heat a few degrees when you go to bed.

“When you return home, set the thermostat to the lowest, comfortable setting. For every degree you lower the thermostat, consumers can save about 3 percent on heating costs. Also, instead of turning up the heat if you get chilly, dress for the weather. Wear warm clothes, including a sweater and socks, around the house and add an extra blanket to your bed,” Peek said. “To help keep your heat set where it should be, make sure you lower it when you leave for work and raise it up a bit when you return home.”


Sunlight, even in the winter, is a way to add natural, free warmth to your home. Open your blinds and curtains to let the sun stream through the windows, particularly on south-facing walls. As the sun sets, close them to help keep trap that warmth inside. Peek said make certain that heat is not escaping from your home.

“Be sure doors and windows are closed tight. Check to make sure your fireplace isn’t letting air enter and escape your home. Obviously, a roaring fire in the fireplace creates a space of warmth and comfort in your home, but it also can be a source of air leaks. When not in use, keep the damper closed to help prevent cold air from coming in and warm air from escaping,” she said. “If your fireplace has doors, keep them closed when there isn’t a fire burning. You should definitely see some extra money in your pocket throughout the winter season.”

Brent Rush, who serves as senior community engagement advisor for Enbridge, is pictured third from left presenting a \$10,000 grant to Sac and Fox Nation Business Committee Member Robert Williamson on Jan. 15. The grant funds will be used to improve a 3.5 acre tract in the heart of tribal headquarters for a series of pollination plots to serve as part of a migration route for the monarch butterfly and other key insects. Others pictured from left are Enbridge representative Dalton Alford, Sac and Fox Nation Second Chief Don Abney, Principal Chief Justin F. Wood and Enbridge representative Mike Robinson. (Photo by Mike Brown)



Monday's | 5:30-6:30pm
Sac & Fox Multipurpose Building
215 N Harrison Ave Shawnee



BLACK HAWK HEALTH CENTER

PRESCRIPTION MAILING PROGRAM

ELIGIBILITY CRITERIA:

Must meet one of the following Eligibility Criteria:

1. Sac and Fox Tribal Members age 55 and over AND eligible for the Black Hawk Health Center (BHHC) Transportation Program or
2. Sac and Fox Tribal Members age 55 and over WITH Active Oklahoma Medicaid.

**for more information on eligibility please contact the BHHC Patient Benefits Coordinator at (918) 968-9531*

ENROLLMENT INSTRUCTIONS:

1. Complete and sign the PRESCRIPTION MAILING ELIGIBILITY FORM (PME Form).
2. Return the PME Form to BHHC at the address listed on the Form.
3. Must submit front and back copy of insurance card(s), if applicable.

**If you have any questions about eligibility or need assistance, please contact the BHHC Patient Benefits Coordinator at (918) 968-9531.*

NOTICE: PRESCRIPTION MAILING LIMITATIONS:

Patients must have an active health record at BHHC.

The Pharmacy will not fill prescriptions written by an out of state provider.

The Pharmacy will not mail outside the State of Oklahoma.

The Pharmacy will not mail new or first time prescriptions.

No mailing of controlled substances, refrigerated products, liquids, or medications with special handling requirements.

Prescriptions for mailing must be requested through the BHHC Pharmacy Refill Line and require a 7-day advance notice.

The Pharmacy will only mail to the address listed in the health record of the patient. **It is the patient's responsibility to keep their address up to date.**



Like Us on Facebook!
Sac and Fox Nation
Sac and Fox Casino
Sac and Fox Language Program
Sac and Fox Dept. of Human Services
Sac and Fox National Public Library



Thorpe to Serve on Sac and Fox Nation Gaming Commission

Anita Thorpe was administered an oath office on Dec. 18 by Sac and Fox Nation Second Chief Don Abney to serve as a member of the Sac and Fox Nation Gaming Commission. (Photo courtesy of Pamela Patterson)

**Oklahoma Tobacco Helpline**

1 800 QUIT NOW



Jackson To Serve on Sauk Business Enterprise Board

Jackie Jackson, left, was administered an oath of office on Dec. 17 by Sac and Fox Nation Secretary Jacklyn King to serve as a member of the Sauk Business Enterprise Board. (Photo courtesy of Pamela Patterson)

February is American Heart Month

by Black Hawk Health Center
Dietitian Josh Nooner

Heart disease is the leading cause of death for both American men and women. So it's good news that February is National Heart Month, since it inspires us to examine one of the most pressing health concerns in the United States and to make positive changes to our lifestyles. Follow

the steps below to participate in American heart month and to reduce your risk for heart conditions.

1. Get moving! It's never been easier to start exercising. Our digital world is overflowing with all sorts of apps and information to help you find an exercise regimen that works for you, and to stick with it.

2. Cook up a tasty, heart-healthy meal. There's plenty of good and healthy recipes out there. Why not whip one up? Maybe a chicken and bean tostada with avocado. Yum!

3. Wear red. Go red. Glow red. The American Heart Association also encourages people to participate in, "National Wear Red Day for Women," on the first Friday in February. According to the American Heart Association, it is a national public awareness day urging women, and people from all walks of life, to "go red" and "glow red" in bringing attention to heart disease.

Apply Now for Free 'Teen Leadership in Philanthropy' Class

The Oklahoma Medical Research Foundation (OMRF) is seeking applications for its eighth annual 'Teen Leaders in Philanthropy' class. Applications are due March 13.

High schoolers entering their sophomore, junior and senior years are eligible to apply for the program, which helps students gain a deeper understanding of the nonprofit sector. Through group activities and panel discussions with community leaders, students will develop hands-on leadership skills, learn about different types of giving and how they can best implement these skills in their communities.

The program is free for students, and all expenses are covered by OMRF. Students selected as teen leaders will learn the fundamentals of development, board structure, networking, fundraising and using social media. They will work collectively on a special event to cap off the program activities in the spring.

Applicants must demonstrate good academic standing and attend school in Oklahoma. Group sessions will begin in September and continue throughout the 2020-21 school year. For more information, visit omrf.org/teen-leaders.

Business Committee Meeting
Minutes are now
accessible on the Website
sacandfoxnation-nsn.gov
and Facebook



2020 Nutrition Services Schedule



Cooking Classes

Cooking demonstrations showcase low-carbohydrate and low-sodium budget friendly recipes. All classes are held in the Merle Boyd Center unless otherwise posted. Class times are 11-12pm and 12-1pm, both cover the same information.

January: Thursday, January 9th
February: Thursday, February 13th
March: Thursday, March 12th
April: Thursday, April 9th
May: Thursday, May 14th
June: Thursday, June 4th

July: Thursday, July 2nd
August: Thursday, August 13th
September: Thursday, September 10th
October: Thursday, October 8th
November: Thursday, November 12th
December: Thursday, December 10th

Grocery Store Tours

Tours provide tips for successfully navigating the grocery store, reading and understanding nutrition labels, healthy shopping on a budget, and nutritious recipe ideas. Tours are available for individuals and small groups **by request only**.

Dietitian Appointments

Receive personalized counseling from a nutrition expert! Learn ways to improve your diet in order to help with the following:

- Lowering blood sugar
- Lowering blood pressure
- Improving cholesterol/triglycerides
- Managing food allergies/IBS
- Decreasing inflammation/joint pain
- Increased energy levels
- Improved sleep
- Weight loss or gain
- Improved mental health
- Eating healthy on a budget

To RSVP for cooking classes, grocery store tours, or individual appointments, please email josh.nooner@ihs.gov or call 918-968-9531 x3042.



Title VI - Elders Meals

February Menu

Monday - Thursday: Lunch is served from 11:30 a.m. to 12:30 p.m.

Friday: Breakfast is served from 8:30 a.m. - 9:30 a.m.

Monday	Tuesday	Wednesday	Thursday	Friday
03 Spaghetti w/ Meat sauce Garlic bread Green beans Side salad Vanilla Pudding	04 Goulash Garlic bread Spinach Side salad fruit	05 Chicken fried steak sandwich With veggies chips fruit	06 Grilled Cheese Tomato Soup Side salad Fruit	07 Ham egg and cheese croissant Hash brown juice
10 Chicken strips Mashed potatoes gravy Corn rolls Side salad fruit	11 Beef stroganoff mixed veggies Salad fruit	12 Corn soup Fry bread Side salad Fruit	13 Sloppy joes Potato wedges fruit	14 Cherry rolls Sausage Boiled egg juice
17 Chiefs Day	18 Chicken and dumplings Corn bead Side salad fruit	19 Barbeque chicken sandwich Coleslaw Chips cookie	20 Baked potato Bar w/fixings Side salad fruit	21 Sausage biscuit Hash brown Boiled egg juice
24 Salisbury steak Mashed potatoes Gravy corn Side salad fruit	25 Chili dogs Chips Potato salad fruit	26 Indian Taco With veggies fruit	27 Tator tot casserole Mixed vegetables Side salad fruit	28 Pancakes Sausage Boiled egg Juice

ATTENTION TRIBAL MEMBERS

Committee/Boards/Commissions

Openings

Rodeo Committee

Plans, Coordinates, Schedules, Monitors and
Executes Activities Associated with the Nation's
Rodeo.

Gaming Commission

Purpose is regulatory, not managerial. Will Conduct
oversight to ensure compliance with tribal, federal, and if
applicable state laws and regulations. Monitors
compliance with the internal controls of the gaming
operation and in tracking revenues ect. Shall be and act
independently from the Business Committee and
Governing Council, in all matters within the purview.

Indian Education Committee- JOM

Promotes the welfare of Indian children and youth in home,
school, community and Tribe; raise the standards of school
achievement of Indian Children; and bring into closer
relationship the home and the school so that the parents and
the teachers may cooperate intelligently in the education of
Indian children and youth.
Must be parent or legal guardian of eligible JOM student.

SAC & FOX
NATION

Please submit Interest to Serve to:

Secretary, Jacklyn K. King
Business Committee
Sac and Fox Nation
920963 S Hwy 99
Stroud, OK 74079
secretary@sacandfoxnation-nsn.gov

Sauk Business Enterprises
Board

To provide sources of revenue, remedy
the underemployment rate of Tribal
Members, attract diversified business
enterprises and expand the Nation's
land base and economic development
potential.
Must be 21 years of age and legally
capable of entering into a binding
contract. (Business Committee requests
a resume to be submitted.)



Water Tower Lighting System Installed;
Spotlights Seal for Highway Passersby

Project Manager Truman Carter recently announced the completed installa-
tion of a lighting system for the Sac and Fox Nation water storage tower. The
lighting system is comprised of two 400-watt, 30-degree angle beam (over
64,000 lumen) lights mounted on steel street racks. One of the angle beams
is visible in the foreground. A 20-amp breaker and a 120-volt photo cell control
the dusk-to-dawn lighting. The beams are directed to highlight the tribal
seal near the top of the tower, making it visible at night from Hwy. 99/377.
(Photo by Mike Brown)

Kids and Grandkids
Are G-R-E-A-T!!

We want to feature the scholastic, academic and
athletic awards or achievements of your child or
grandchild of the Sac and Fox Nation!
Send all pertinent information, such as name of
student, town, school and grade attending,
explanation of award or achievement, and names of
parents and/or grandparents, along with a current
photo of the student to:
newspaper@sacandfoxnation-nsn.gov
or: Sac and Fox News, 920963 S. Hwy. 99
Stroud, OK 74079

SAC & FOX
OKLAHOMA

SAC AND FOX NATION
920963 S. Hwy. 99, Building A • Stroud, OK 74079 • (918) 968-1141 • FAX (918) 968-1142

NAME CHANGE
AND/OR
CHANGE OF ADDRESS FORM

NAME

PRINT CURRENT FULL NAME (First, Middle & Last)

ROLL NUMBER

SIGNATURE

DATE

A COPY OF THE LEGAL DOCUMENT CHANGING YOUR NAME AND A COPY OF YOUR NEW
SOCIAL SECURITY CARD MUST BE ATTACHED.

PLEASE LIST PREVIOUS NAME (PRINT)

DATE OF BIRTH

MAILING ADDRESS

OLDNEW

ADDRESS

ADDRESS

CITYSTATEZIP

CITYSTATEZIP

STREET ADDRESS (IF DIFFERENT THAN MAILING ADDRESS)

OLDNEW

STREET ADDRESS

STREET ADDRESS

CITYSTATEZIP

CITYSTATEZIP

CHANGE OF ADDRESS FOR MINORS REQUIRE A W-9 FORM BE COMPLETED FOR THE BANK.
PLEASE REQUEST A FORM FOR EACH CHILD FROM THE ENROLLMENT DEPARTMENT, 918-968-
3526 ext. 1040 or 1041.

TO BE COMPLETED BY THE ENROLLMENT DEPARTMENT

Date Electronic File Was Updated

Date Sac and Fox News Was Notified

Staff Initials

Sac and Fox Nation
Food Distribution Program

CALL TODAY
TO SEE IF YOU
QUALIFY!!!

STROUD OFFICE
(800) 256-3398

SHAWNEE OFFICE
(866) 622-2310

If at least one member of your
household is Native American. you
reside within our service area, and you
meet our income guidelines...
You May Qualify. Call Today!!!

Our Service Area includes all or part of Lincoln, Pottawatomie, Payne, Logan, Oklahoma & Cleveland Counties.

QR CODE

ABSENTEE SHAWNEE TRIBE

CITIZEN

SAC & FOX
NATION

SEAL OF THE SHAWNEE TRIBE

SEAL OF THE SHAWNEE TRIBE

Oklahoma Tobacco Helpline

1 800 QUIT NOW



Teams are pictured during ‘pass the banana’ relay competition during the annual Christmas dinner and awards program. (Photo by Mike Brown)



Relay contestants race to sit and pop balloons during the annual Christmas dinner and awards program. (Photo by Mike Brown)

Business Committee Meeting Minutes

Please be advised that the following are official actions taken by the Business Committee in a Regular Business Committee Meeting held on January 15, 2020. These actions are to be followed up by the appropriate departments.

- 1) Jacklyn K. King motion to approve with corrections the Regular Business Committee meeting minutes dated December 10, 2019. Don W. Abney-2nd. VOTE: Justin-Yes, Don-Yes, Jacklyn-Yes, Jared-Yes, Robert-Yes. Motion carried.
- 2) Jared A. King motion to approve the Special Business Committee meeting minutes dated December 20, 2019. Robert E. Williamson-2nd. VOTE: Don-Yes, Jacklyn-Yes, Jared-Yes, Robert-Yes, Justin-Yes. Motion carried.
- 3) Jared A. King motion to approve the Special Business Committee meeting minutes dated December 30, 2019. Don W. Abney-2nd. VOTE: Jacklyn-Yes, Jared-Yes, Robert-Yes, Justin-Yes, Don-Yes. Motion carried.
- 4) Jacklyn K. King motion to approve the Special Business Committee meeting minutes dated January 7, 2020. Don W. Abney-2nd. VOTE: Jared-Yes, Robert-Yes, Justin-Yes, Don-Yes, Jacklyn-Yes. Motion carried.
- 5) **Resolution SF-20-78**, a resolution adding seven (7) persons to the membership roll of the Sac and Fox Nation in accordance with the Constitution and Laws of the Sac and Fox Nation. Jacklyn K. King-motion. Robert E. Williamson-2nd. VOTE: Robert-Yes, Justin-Yes, Don-Yes, Jacklyn-Yes, Jared-Yes. Motion carried.
- 6) **Resolution SF-20-79**, a resolution acknowledging receipt of the conditional relinquishment of a Tribal Member from the membership of the Sac and Fox Nation. Robert E. Williamson-motion. Don W. Abney-2nd. VOTE: Justin-No, Don-Yes, Jacklyn-Yes, Jared-Yes, Robert-Yes. Motion carried.
- 7) **Resolution SF-20-80**, a resolution authorizing and approving the Detention Service Agreements between the Sac and Fox Nation Juvenile Detention Center and Blaine, Cleveland Counties of Oklahoma contract numbers #2019-12-02 and #2019-12-03. Robert E. Williamson-motion. Don W. Abney-2nd. VOTE: Don-Yes, Jacklyn-Yes, Jared-Yes, Robert-Yes, Justin-Yes. Motion carried.
- 8) **Resolution SF-20-81**, a resolution to approving the Fiscal Year 2020 Department of the Interior Land and Cattle budget modification #1 in the total funding amount of eighty-five thousand dollars (\$85,000.00). The funding sources are identified as Fiscal Years 2018, 2019 one-time funding from the Southern Plains Regional Office (SPRO), Bureau of Indian Affairs (BIA), Department of Interior (DOI) Office of Self Governance to supplement tribal land improvements projects. Robert E. Williamson-motion. Don W. Abney-2nd. VOTE: Jacklyn-Yes, Jared-Yes, Robert-Yes, Justin-Yes, Don-Yes. Motion carried.
- 9) **Resolution SF-20-82**, a resolution approving the Fiscal Year 2020 Department of Interior Compact Johnson O’Malley budget modification #1 in the total funding amount of one hundred twenty-four thousand dollars (\$124,000.00). The funding source is identified as the Department of Interior Compact Multi-Year Funding Agreement FY 2018-2021. Jacklyn K. King-motion. Robert E. Williamson-2nd. VOTE: Jared-Yes, Robert-Yes, Justin-Yes, Don-Yes, Jacklyn-Yes. Motion carried.
- 10) **Resolution SF-20-83**, a resolution approving the Fiscal Year 2020 Department of Interior Compact Higher Education budget modification #1 in the total funding amount of one hundred fifteen thousand dollars (\$115,000.00). The funding source is identified as the Department of Interior Compact Multi-Year Funding Agreement FY 2018-2021. Jared A. King-motion. Robert E. Williamson-2nd. VOTE: Robert-Yes, Justin-Yes, Don-Yes, Jacklyn-Yes, Jared-Yes. Motion carried.
- 11) **Resolution SF-20-84**, a resolution approving the Fiscal Year 2020 Department of the Interior Bureau of Indian Affairs Tribal Resilience Program budget in the total funding amount of fifty-two thousand seven hundred eleven dollars (\$52,711.00). The funding source is identified as US Department of the Interior, Bureau of Indian Affairs, and the Office of Trust Services #A18AP00209. Jared A. King-motion. Robert E. Williamson-2nd. VOTE: Justin-Yes, Don-Yes, Jacklyn-Yes, Jared-Yes, Robert-Yes. Motion carried.
- 12) **Resolution SF-20-85**, a resolution approving the Fiscal Year 2020 Indian Health Services Compact budget modification #1 in the total amount of fifteen million seven hundred thirty-six thousand six hundred twenty-six dollars (\$15,736,626.00). The funding sources are identified as the Fiscal Year 2020 Indian Health Services Compact Funding Agreement with prior year’s carryover. Jared A. King-motion. Don W. Abney-2nd. VOTE: Don-Yes, Jacklyn-Yes, Jared-Yes, Robert-Yes, Justin-Yes. Motion carried.
- 13) **Resolution SF-20-86**, a resolution approving the Fiscal Year 2020 Revenue Allocation Plan Veteran’s Honor Guard budget in the total amount of twenty thousand dollars (\$20,000.00). The funding source is identified as the Fiscal Year 2020 Governing Council approved Resolution SF/GC-20-05. Robert E. Williamson-motion. Don W. Abney-2nd. VOTE: Jacklyn-Yes, Jared-Yes, Robert-Yes, Justin-Yes, Don-Yes. Motion carried.
- 14) **Resolution SF-20-87**, a resolution approving the Fiscal Year 2019 Veteran’s Honor Guard budget in the total amount of three thousand seven hundred fifteen dollars (\$3,715.00). The funding source is identified as the Veteran’s share of insurance proceeds from the Stroud building. Robert E. Williamson-motion. Jacklyn K. King-2nd. VOTE: Jared-Yes, Robert-Yes, Justin-Yes, Don-Yes, Jacklyn-Yes. Motion carried.
- 15) **Resolution SF-20-88**, a resolution approving and authorizing the submission of an application to the United States Environmental Protection Agency (US EPA) protecting Tribal Air Quality Clean Air Act under the State and Tribal Air Grants Section 103 Grant Opportunity. Don W. Abney-motion. Robert E. Williamson-2nd. VOTE: Robert-Yes, Justin-Yes, Don-Yes, Jacklyn-Yes, Jared-Yes. Motion carried.
- 16) **Resolution SF-20-89**, a resolution approving and authorizing the submission of an application to the United States Environmental Protection Agency (US EPA) Region 6 Fiscal Year 2020 Indian Environmental General Assistance Program announcement and Clean Water Act Section 106 Tribal Water Pollution Control Program Cooperatives Agreement, Performance Partnership Grant (PPG). Robert E. Williamson-motion. Jared A. King-2nd. VOTE: Justin-Yes, Don-Yes, Jacklyn-Yes, Jared-Yes, Robert-Yes. Motion carried.
- 17) **Resolution SF-20-90**, a resolution approving and authorizing the submission of an application to the United States Department of Interior Bureau of Indian Affairs Tribal Resilience Program


Business Committee Meeting Minutes

- Category 2 Adaptation Planning Grant. Robert E. Williamson-motion. Jared A. King-2nd. VOTE: Don-Yes, Jacklyn-Yes, Jared-Yes, Robert-Yes, Justin-Yes. Motion carried.
- 18) **Resolution SF-20-91**, a resolution authorizing and approving the Black Hawk Health Center Secure Access and Photo ID Badge Policy and Procedures. Jared A. King-motion. Don W. Abney-2nd. VOTE: Jacklyn-Yes, Jared-Yes, Robert-Yes, Justin-Yes, Don-Yes. Motion carried.
 - 19) **Resolution SF-20-92**, a resolution authorizing and approving the Black Hawk Health Center Health Insurance Portability and Accountability Act (HIPAA) Policy and Procedures. Jacklyn K. King-motion. Don W. Abney-2nd. VOTE: Jared-Yes, Robert-Yes, Justin-Yes, Don-Yes, Jacklyn-Yes. Motion carried.
 - 20) **Resolution SF-20-93**, a resolution naming Tyler Rolette, “Sac and Fox Nation Employee of the Year” for Fiscal Year 2020. Robert E. Williamson-motion. Don W. Abney-2nd. VOTE: Robert-Yes, Justin-Yes, Don-Yes, Jacklyn-Yes, Jared-Yes. Motion carried.
 - 21) Jacklyn K. King motion to approve the Tribal Emergency Home Repair (TEHR) applications for the following residences: Third St., Kendrick, OK in the amount of \$4,995.00, Oak St., Cushing, OK in the amount of \$5,000.00, Dewey St., Shawnee, OK in the amount of \$5,000.00, Park Ave. Stroud, OK in the amount of \$5,000.00, and Fourth Ave. Stroud, OK in the amount of \$1,000.00. Don W. Abney-2nd. VOTE: Justin-Yes, Don-Yes, Jacklyn-Yes, Jared-Yes, Robert-Yes. Motion carried.
 - 22) Jacklyn K. King motion to approve the Fiscal Year 2020 job description and organization chart update for the Food Distribution program. Robert E. Williamson-2nd. VOTE: Don-Yes, Jacklyn-Yes, Jared-Yes, Robert-Yes, Justin-Yes. Motion carried.
 - 23) Robert E. Williamson motion to approve the Black Hawk Health Center organizational chart and job descriptions update. Jared A. King-2nd. VOTE: Jacklyn-Yes, Jared-Yes, Robert-Yes, Justin-Yes, Don-Yes. Motion carried.
 - 24) Jacklyn K. King motion to approve a tribal flag request for the Denver Indian Center. Jared A. King-2nd. VOTE: Jared-Yes, Robert-Yes, Justin-Yes, Don-Yes, Jacklyn-Yes. Motion carried.
 - 25) Jacklyn K. King motion to approve the renewal membership for the Prague Historical Museum for the year starting January 1 through December 31, 2020. Don W. Abney-2nd. VOTE: Robert-Yes, Justin-Yes, Don-Yes, Jacklyn-Yes, Jared-Yes. Motion carried.
 - 26) Jacklyn K. King motion to approve the Indirect Cost Proposal for Fiscal Year 2020 with Falmouth Institute, renewal contract #2011-0-02h. Don W. Abney-2nd. VOTE: Justin-Yes, Don-Yes, Jacklyn-Yes, Jared-Yes, Robert-Yes. Motion carried.
 - 27) **Resolution SF-20-94**, a resolution of the Business Committee of the Sac and Fox Nation to authorize business transactions and/or indebtedness by Shawnee Trophy, a Sac and Fox Nation Limited Liability Company with First United Bank and Trust Company and a limited waiver of sovereign immunity. Don W. Abney-motion. Jacklyn K. King-2nd. VOTE: Jared-Yes, Robert-Absent, Justin-Yes, Don-Yes, Jacklyn-Yes. Motion carried.
 - 28) Jacklyn K. King motion to approve the following requests to be paid from the Revenue Allocation Plan (RAP) Government donations line item: Cushing Chamber of Commerce \$250.00, Ripley Public Schools \$500.00, Cushing High School \$500.00, Shawnee High School Band \$1,000.00 in the total amount of \$2,250.00. Robert E. Williamson-2nd. VOTE: Don-Yes, Jacklyn-Yes, Jared-Yes, Robert-Yes, Justin-Yes. Motion carried.
 - 29) Jacklyn K. King motion to approve the following requests to be paid from the Revenue Allocation Plan (RAP) Charitable donations line item: Legendary Elite Basketball program \$500.00, Big Brothers Big Sisters of Oklahoma \$500.00, Lyric Theatre of Oklahoma \$1,000.00, Oklahomma Tushka Basketball \$800.00 in the total amount of \$2,800.00. Don W. Abney-2nd. VOTE: Jacklyn-Yes, Jared-Yes, Robert-Yes, Justin-Yes, Don-Yes. Motion carried.

Foster and Adoptive Homes Needed

You can make a Difference.

Contact the Indian Child Welfare department to learn how you can make a Difference



For more information, please contact:
Karen Hamilton or Nethia Wallace
Shawnee Multi-Purpose Building
405-275-1262