

# SAC and FOX NEWS

Nemishâtenemo êhthâkiwiyâni



Phone: 918-968-3526 • 920963 S. Hwy. 99, Bldg. A • Stroud, OK 74079 • Vol. 41 • No. 4 • April 2019

## Eugenia Tyner-Dawson Receives NCAI 'Governmental Leadership Award'

*In Feb. 12 Washington, D.C. Ceremony*

Sac and Fox tribal member, Eugenia Tyner-Dawson, was awarded the 'Governmental Leadership Award' from the National Congress of American Indians (NCAI) in Washington, D.C. on February 12, 2019. She was among five distinguished champions of Indian Country honored at the 21st Annual Leadership Awards Ceremony held during NCAI's Executive Council Winter Session (ECWS).

Each year, NCAI bestows

the awards on individuals, groups, or organizations who have demonstrated exceptional leadership in service to tribal nations, communities, and sovereignty.

Founded in 1944, the National Congress of American Indians is the oldest, largest and most representative American Indian and Alaska Native organization in the country. NCAI

advocates on behalf of tribal governments and communities, promoting strong tribal-federal government-to-government policies, and promoting a better understanding among the general public regarding American Indian and Alaska Native governments, people and rights.

"Each of this year's award recipients has made a positive, indelible impact on Indian Country," said NCAI President Jefferson Keel. "We owe them a debt of gratitude for their immense contributions to tribal nations."

Each year, NCAI receives nominations for honorees in several award categories, including the Native American Leadership Award, Public Sector Leadership Award, Congressional Leadership Award, Government Leadership Award, and Special Recognition Award.

### Governmental Leadership Award

Eugenia Tyner-Dawson currently serves as Senior Policy Advisor for the Assistant Secretary-Indian Affairs in the U.S.

Department of the Interior.

A member of the Sac and Fox Nation and a descendant of the Absentee Shawnee Tribe of Oklahoma, she previously served in the Department of Justice (DOJ) as Executive Director for DOJ's Justice Programs Council on Native American Affairs, and also as Senior Advisor to the Assistant Attorney General for Tribal Affairs.

For 11 years, she worked with her own tribal nation, directing numerous tribal programs and volunteering as a deputy court clerk, and reserve police officer. She also served as the Acting Executive Director for the Department of Health and Human Services' Intradepartmental Council on Native American Affairs, and as Acting Deputy Director of the Indian Health Service.

In attendance at the awards ceremony representing the Sac and Fox Nation Business Committee were Treasurer Jared King, Secretary Jacklyn King and Policy Analyst Sarah Brown. On behalf of the Busi-

ness Committee, Treasurer King and Secretary King presented Tyner-Dawson a shawl during the program.

In addition, Sac and Fox Principal Chief Kay Rhoads submitted the following message: "As a proud member of the Sac and Fox Nation, Eugenia Tyner-Dawson has been an inspiration to her tribe and other Native people. She has provided years of service to tribal nations through her leadership, advocacy and compassion. Her service has never wavered from her desire to help Native people exercise their sovereign rights. We, as Sac and Fox people, are honored to have one of our tribal members recognized with this 2019 Governmental Leadership Award."

This year's other NCAI honorees include:

### Native American Leadership Award

Heather Kendall-Miller, an Alaska Native (Athabascan), has long served as senior staff attorney with the Native American Rights Fund in its Anchorage, Alaska office. In 2018, she received the Spirit of Excellence

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Sac and Fox tribal member Eugenia Tyner-Dawson is pictured at center with Sac and Fox Nation Secretary Jacklyn King and Sac and Fox Nation Treasurer Jared King during the National Congress of American Indians (NCAI) 21st Annual Leadership Awards Ceremony held in Washington D.C. (Photo courtesy of Sarah Brown.)



Sac and Fox Nation Treasurer Jared King is pictured at the podium during the NCAI awards ceremony as he presented a shawl on behalf of the Sac and Fox Nation Business Committee to 'Governmental Leader-

ship Award' honoree Eugenia Tyner-Dawson. Also pictured are Tyner-Dawson's granddaughters Mayraya Dawn Brewer and Icle Marie Brewer and NCAI President Jefferson Keel. (Photo Provided)

## Black Hawk Health Center Hosts 'Heart Healthy' Conference



Black Hawk Health Center and Merle Boyd Wellness Center hosted a 'Heart Healthy' Conference on Feb. 21 in the Sac and Fox Community Bldg. Five health professionals spoke at the conference on topics including Nutrition for a Healthy Heart, Tai Chi movements for better balance and stress-release, a CPR demonstration for conducting in case of cardiac arrest and more. Speakers included: Black Hawk Dietitian Josh Nooner, Merle Boyd Center Fitness Specialist Anthony Ramirez, Lincoln County Health Dept. Educator Jennifer Nunn, Black Hawk Substance Abuse Counselor DeAnna Densman and Black Hawk Nurse Practitioner DeAnne Fortenberry. Those in attendance were also treated to a 'Heart Healthy,' nutritious lunch that included ground turkey burgers with whole wheat buns, baked sweet potato fries, avocados and pecan and spinach salad. Pictured after preparing the Heart Healthy lunch are: front row from left: DeAnna Densman, Josh Nooner and Nacole Parrick. Back row: Reashinda Barnes, Tonya Killman and Anthony Ramirez. (Photo by Mike Brown)

## Principal Chief Kay Rhoads Address To The Nation

Government agencies and tribes are trying to get caught up on various issues that were on hold from the government shut-down. Many grant programs were held in limbo to see if the deadline for submission was to be extended. Some agencies extended deadline or are working with the tribal governments to get grant applications corrected to meet the grant requirements. Many meetings had to be postponed and are now back on line to take care of program issues.

As co-chair of the National Department of Transportation Negotiated Rule Making Committee, we reconvened a meeting at the Grand Casino Hotel in Shawnee, March 18-20, 2019, to continue to write the regulations for Self-Governance to become a part of the Department

of Transportation (DOT).

The Committee has been working in cooperation with

the staff at DOT to get the rules published by the deadline of December 4, 2019. Congress granted an extension to the committee last July after the Tribal and DOT Committee members failed to conduct meaningful negotiations on several issues resulting in tribal representatives walking out of negotiations.

Because of the Government shut-down, two of the committees meeting were canceled and has now put the committee at a disadvantage to get the rule published by December 4, 2019. The committee has assigned a sub-drafters team to put together draft language for committee approval. The March meeting was a chance for the entire committee to come together and address some of the sticking points

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Elizabeth Kay Rhoads  
Principal Chief  
Sac and Fox Nation

## Upcoming Events

April 5

Sac and Fox Elders Taco Sale Shawnee Multi-Purpose Bldg.

April 10

Elders Meeting Sac and Fox Community Bldg, Stroud

April 20

Easter Egg Hunt 12 noon - 3 p.m. Sac an Fox Community Bldg.

April 23

Sac and Fox Library, Sauk Language Dept. Open House 11 - 3

## Sac and Fox News

The Sac & Fox News is the monthly publication of the Sac & Fox Nation, located on SH 99, six miles south of Stroud, OK.

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The Sac & Fox News is the official publication of the Sac and Fox Nation. Our mission is to meet all tribal members information needs concerning the Nation.

The Sac & Fox News is mailed free, one per address, to enrolled Sac and Fox tribal members. Paid subscriptions are available for \$12.00 annually.

Editorial statements, guest columns, and letters to the editor published in this newspaper contain the opinions of the writers. These opinions do not necessarily reflect the opinions of the Sac and Fox News staff or any elected official or department of tribal government or administration.

The Sac and Fox News reserves the right to refuse publication of letters to the editor. All editorials and letters to the editor become the property of the Sac and Fox News.

Submissions for publication must be signed by the author and include an address and contact phone number. They are limited to 300 words. The staff will not edit editorials or letters to the editor to fit the 300-word limit.

**Deadline for the May issue is:**  
Thursday, April 18, 2019 at 4:30 p.m.

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Address corrections & changes are accepted by The Business Committee at the address listed below.

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## Obituaries

### Gaylon Jackson Wakolee

Gaylon Jackson Wakolee, passed away peacefully and into the arms of Our Lord on Tuesday, March 12, 2019 following a lengthy illness.

He was born on September 18, 1944 in Shawnee, Oklahoma to Glade and Rachel (née Dirt) Wakolee. Gaylon is also the grandson of Jackson and Esther (née Kakaque) Wakolee, and is a direct descendant of Chief Black Hawk through Grandma Esther's lineage.

Previously, he lived in the towns of Lawton, Catoosa and Tulsa before becoming a long-time resident of Agra, Okla. A member of the Sac and Fox Nation of Oklahoma, he is also a descendant of the Absentee Shawnee tribe.

Uncle Gaylon enjoyed watching college football, listening to talk radio, and watching Spanish telenovelas. He was an avid Oklahoma Sooners fan, and always had an opinion on what was happening in Indian Country. In his younger years, he loved to spend his time fishing at the nearby small lakes and ponds. Throughout his life, his favorite companions were his dogs, Joker and Zero.

He had a special place in his heart for Boys Town, which now serves as a group

home for troubled and traumatized youth.

Gaylon is preceded in death by his parents, his sisters Venoia Wakolee, Lowella "Jean" Pappan, and Virginia Fixico; and his brothers, DeLaine Wakolee and Dwayne "Jay" Wakolee.

He is survived by his half-siblings, Bernard Wakolee and Maxine "Carol" Wakolee; his niece, Jo Anna Fixico of Sapulpa; a nephew, Donald Fixico of Arizona; and his great-niece, Vanessa Holweg of Provo, Utah; and, several great-great nephews and friends.

Funeral services were held March 15, 2019 at the Sac and Fox Nation Chapel. Burial followed at Wakolee Cemetery in Shawnee, Okla.



Gaylon Jackson Wakolee

### Carla Gayle Parker

Sac and Fox tribal elder Carla Gayle Parker, 56, beloved mother, daughter, sister and friend, passed from this earth February 19, 2019. She was born February 14, 1963 in Oklahoma City, Oklahoma to Charles R. and Jackie (Couteau) Carter.

Her father preceded her in death. Carla was a generous and giving person. Her family was her greatest joy. She enjoyed gambling and loved her constant companion, Gizmo.

Survivors include her mother, Jackie Carter; her two children, Jason Scott Parker and Jillian Paige Parker; her two grandchildren, Bristi Dawn Parker and Riley Jai Parker; two sisters, Dianna McCaulla and Sandra Blalack; her brother, Charles R. Carter, Jr.; and several nieces, nephews and friends.

Services were Monday, February 25, 2019 at Mercer-Adams Chapel with interment in Bethany Cemetery.



Carla Gayle Parker

### With Sincere Thanks

Special thanks to Georgia in the Sac and Fox Nation Enrollment Dept. And, from our family to all tribal members, thank you for your prayers and kind words following the passing of tribal elder Carla Gayle Parker.

Sincerely, Jackie Carter, Rob Carter, Dianna McCaulla, and Sandra Blalack along with the Couteau Family.

### Louise 'Stubby' (Miles) McIlvaine

Louise 'Stubby' (Miles) McIlvaine, age 95 of Exton, Pa., passed away Sunday, Feb. 3, 2019 at the Neighborhood Hospice Center in West Chester, Pa. A memorial service was held Feb. 9, 2019 at St. James Episcopal Church in Downingtown, Pa.

She was the wife of the late William Robinson McIlvaine, Sr., who died in 1994. They shared 48 years of marriage together. Born in Shawnee, Okla., she was a daughter of the late Thomas Conley Miles and Odette Boyer Miles; and, the granddaughter of Dr. Thomas Miles and Marguerite Conley Miles, who gave Louise her Sac and Fox name, 'First Ray of Dawn.'

Louise graduated from West Chester High School in 1941, and from West Chester State Teachers College in 1945 with Secondary Education double majors in English and Biology. She attended Cornell University for a Masters in Biology. She taught in the West Chester Area School District for 32 years. In her retirement, she was an active volunteer

with the St. James Episcopal Church, Chester County Library, Woman's Club of Downingtown, Valley Garden Club and the Retired Teachers Association.

She is survived by her daughter, former Pennsylvania State Representative Barbara McIlvaine Smith of West Chester, Pa.; her daughter-in-law Tomi Yamamoto McIlvaine of Exton, Pa.; five grandchildren: Brian McIlvaine (Jenn), Shane McIlvaine, Dina McIlvaine, Kate Smith Young (John) and Matthew Smith (Carin); five great-grandchildren, her sister, Patricia Miles Dean of Exton, Pa.; and, many nieces and nephews.

She was preceded in death by her son, William Robinson 'Rob' McIlvaine, Jr.; her granddaughter, Elizabeth Downing Smith; and, her brother Thomas Miles.



### Camp T.U.R.F.

(Tomorrow's Undergraduates Realizing the Future)

Camp T.U.R.F. is a FREE two-week, residential science academy at Oklahoma State University, Stillwater. Students will interact with professors and explore a variety of careers in horticulture and landscaping, with hands-on activities at botanical gardens, field research stations, a turf grass research center, greenhouses, research laboratories and design laboratories, as well as, special OSU facilities such as the Insect Zoo.

Camp T.U.R.F. will be conducted from the evening of Sunday, June 2 to the evening of Friday, June 14, 2019. Accepted students (20 total) will be housed in residential suites on campus (with roommates). The academy is free for selected students. All expenses (food, lodging, transportation during the academy, materials and supplies, etc.) are covered through grants and donations.

Students must be Oklahoma residents entering their freshman or sophomore year of high school in the fall of 2019. Applications will be accepted beginning March 11, 2019. For more information, contact Dr. Shelley Mitchell, shelley.mitchell@okstate.edu. or 405-744-5755.

**SAC & FOX NATION ACTIVITY COMMITTEE PRESENTS**

**FOOD ~ EASTER GAMES ~ PRIZES**  
*Special appearance by the Easter meahweha*

**EASTER BONNET CONTEST (AGES 18 & OVER ONLY)**  
RULES:  
1.) Your bonnet MUST be worn.  
2.) One entry per adult.

**EASTER EGG HUNT**  
**APRIL 20th, 2019**

**EASTER EGG COMPETITION (AGES 17 & UNDER ONLY)**  
RULES:  
1.) Your egg MUST be boiled.  
2.) You can decorate just the egg or display it in a setting (no bigger than a shoe box).  
3.) You can use whatever materials you like. Paint, pens, paper shapes, pom-poms, glitter, etc.  
4.) One entry per child; make your name visible.  
We look forward to seeing your egg-cellent work!

**12:00PM - 3:00PM**  
**SAC & FOX COMMUNITY BUILDING**

PosterMyWall.com

## Chief Rhoads Address Cont. From Pg. 1

in the regulations that need further review.

The full committee will reconvene in June 2019 to finish up the regulations before sending the document to tribes for input and consultation. Once the tribes submit their comments it will then come back to committee to address the comments before modifying and then send to the Secretary of DOT for approval and then on Congress to become law. If the committee cannot complete the outlined process before the December deadline, DOT will ask for a 120 day extension to complete the document.

The Committee has worked very hard to make sure the tribes' voices are heard in the document. Protection of tribal sovereignty and program guidelines that help to support the local needs of the tribal communities are necessary parts that must be included in the regulations. The tribal representatives that have served on this committee have done a stellar job of expressing tribal concerns and it appears to be making a difference in what the final outcome will yield.

A recent visit to meet with BIA Area Director Jim Shock to seek additional funding was very productive. Accompanied by Debbie Wright, Self-Governance, we were able to outline some of various program needs. The programs discussed included the Juvenile Detention Center and that lack of funding needed for the facility maintenance, which has never been fully funded by the BIA.

The ICW and Social Service Programs are always underfunded, given the level of need for our tribal members. The number of cases being handled by ICW has increased substantially over the years, but funding continues to not meet the growing need of the program.

Social Services is also struggling to address the needs of our people. Energy programs to assist tribal members with heat and air conditioning is limited. Emergency funds are being supplemented by the RAP Program, but the Social Service Program never has enough money to assist all those who seek help.

The program has limited funding to aid people in getting equipment to begin new jobs, GED training, and some limited support for transportation. Priority for the Social Service and ICW has not been a priority for the BIA budgets for many years. Although they receive funding, the majority of funding goes to other programs within the BIA.

Another program identified to the Area Director was the tribal court and their need to update their record-keeping systems. Court staffing was discussed as an issue due to the increasing demands of our court system.

Our education program has seen a steady increase in college enrollment and more funding is needed to assist our youth in pursuing an education. The number of graduates is increasing annually. The past semester, we had nine

(9) students complete their bachelor's degree. It is encouraging to see so many of our tribal members seeking a college education but as expressed to Mr. Shock, additional funding is needed.

We also presented the desire to upgrade our tribal land and make improvements so it can become more useful. We told him about our land and cattle program and the intent to grow a cattle herd, while making our tribal lands usable by thinning the cedar trees, doing controlled burns, building fences and working ground for crop possibilities. We did receive some funding earlier in the year from BIA to remove some cedars, but we pointed out that the Nation has used some of their own funds to make improvements.

Upon our return from our Anadarko visit, we received a call from Mr. Shock stating the BIA was sending the Sac and Fox Nation, a one-time award of \$26,000 to use for the land improvement program. This funding is coming from the Southern Plains Regional Office to address our request for additional financial help.

Unfortunately, the other areas did not have surplus dollars but, our requests are now being forwarded to the Central Office in Washington, D.C. for a second round of funding. No guarantees, but if you don't ask, you are not considered in the decision.

Several road projects are being targeted over the next few months. An access road behind the clinic and connecting the road by the Juvenile Detention Center is being designed to provide alternative access to the people working and visiting the clinic, education, CTSA, Merle Boyd Center and gymnasium. This will also provide better access to the clinic that will be undergoing expansion to expand services in the areas of dental, optometry, and expanded physical therapy space.

Work in all the areas is underway and, with the beginning of a new season, it is a welcomed sight to see the new growth coming to our landscape and, also the growth to the various programs operated by the Sac and Fox Nation.

## Elders Making Plans For May 11 Annual Mother's Day Dance

The Sac and Fox Nation Elders Committee announces a new slate of officers. Those include: Chair - Stella Nullake; Vice Chair - Melissa Denny; Treasurer - Elizabeth Wolfstongue; Secretary - Robin Tiger; and, Committee Member - Pat Ward.

The committee is making preparations for the annual Mother's Day Dance set for May 11, 2019. A taco sale is set for April 5 at the Shawnee Multi-Purpose Bldg., and an Elders Committee business meeting is set for April 10 at the Sac and Fox Community Bldg.



Black Hawk Health Center Dietitian Josh Nooner demonstrates the large amounts of processed sugar in soft drinks during a 'Heart Healthy' conference held Feb. 21 in the Sac and Fox Community Bldg. (Photo by Mike Brown)



Merle Boyd Wellness Center Fitness Specialist Anthony Ramirez conducts chair Tai Chi movements for promoting balance and stress release at the 'Heart Healthy' conference held Feb. 21. (Photo by Mike Brown)

## Happy April Birthday Elders!

Colleen Lisa Decker  
Barbara Thomas McIlvaine Smith  
Sherry Lynn Teague  
Eva Jordan  
Jessie Lee Walker  
Carol Ann Holmes  
Francis Leroy Grant  
Ruby Mae Vandever  
Lisa Leaellen Longshore  
Sheila Ann Huyghe  
Elizabeth Ahkeahbo  
Gordon Mark Ponkilla  
Margaret Lee McIntosh  
Sharon Lee Ebbinga  
Sheryl Jane Rowe  
Donn Whistler  
Debra Yvonne Reim  
Tina Jean Blackburn  
Marvin Warren Thurman  
Gregory Wayne Berryhill  
Wanda Yvonne Brown  
Annabell Wiseman  
Joseph Todd Jones  
Larry Wayne Grass  
William Wayne Sarber  
Raymond Lee Harris  
Aaron Fryor Wilson  
Leva Marlene Ellis  
Charles Dewayne Lasley  
William Scott McCoy  
Earnest L. Hocker  
Rose Marie Bean  
Shari Lynn Andersen  
Terry Kent Raines  
Phillip Joseph Manatowa  
Yonda Joyce Bryce  
Galle Rae Adkins

Carl Wayne Anderson  
Edith Lucille Harjo  
Michael Harry Deer  
Leo Elmer Gokey  
Ruby Irene Harris  
Pamela Dale Frazier  
Patrick Wood Hernandez  
Rudy Keo  
George Mitchell Marez  
Annette Miles  
Scott Eugene Harshberger  
Wallace H. Allen  
David Allan Edmonson  
Ronnie Eugene Wano  
Jimmy Kent Waller  
Beverly Sue Gibson  
Ralph Maurice Hamblin  
Harriett Oresa Rice  
Katherine Margaret Wilson  
John Grass  
Ramona Nadine Rico  
Robin Denise Tiger  
Donald Chad Monday  
Shelly Ann Barron  
Patricia Ann Wakolee  
Dorene Katherine Keo  
Robert V. Hocker  
Rose Marie Thompson  
Tommy Ray Moore  
Dianna Sue McCaulla  
Wallace Buster McClellan  
Dean Ray Tartsah  
Charles A. Poitras  
Deborah Kay Givens  
Naomi Denise McCoy-Shognosh  
Ricky Wayne Hocker  
Alma Faye Northrup

## APRIL AT BLACKHAWK CASINO

**RIDE TO RICHES**  
- GIVEAWAY -

**SATURDAY**  
APRIL 27TH • 10PM  
EARN ENTRIES TO WIN A POLARIS SLINGSHOT

**THURSDAY SLOTS TOURNAMENT**

**THURSDAYS**  
6:00PM - 7:30PM  
5 POINTS = 1 PLAY IN OUR WEEKLY SLOT TOURNAMENT  
CHANCE TO WIN CASH OR FREEPLAY  
REGISTRATION IS 5:45PM

**\$5 CHICKEN SALAD SANDWICH**



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## EDUCATION NEWS FOR APRIL

By Barbara Ramos, Education Director Sac and Fox Nation

The following quote is by Dr. Wayne Dyer: "When you have the choice to be right or to be kind, always choose to be kind." As we go through life, we all have to make choices and based upon this quote it is better to be kind. I know that there are many of us who choose to be right; however, is being right always advantageous? Your ideas and thoughts as to what is right and wrong is just that: your idea and it does not mean that it is right for everyone. Keep an open mind to what is going on around you, kindness is the best choice.

It is so inspiring to know that more than 100 Native Americans ran in major races in 2018, with 69 of them being Native women. Recognition has been given to American Indian Graduate Center (The Center for Native American Scholarships) for having at least five AIGC alumnae. Deb Haaland, New Mexico, is now a U.S. Representative and she stated, "We want our elected officials to look more like the communities they serve."

She goes on to state, "I hope that more Native students will look at public service as they move through their education. When we have elected officials that look like the community they serve they're going to be more adept at understanding what the issues are for their community members."

After many years of attending various colleges, I finally managed to choose and commit myself to an area of study I found that I enjoyed. I obtained a Bachelor of Science degree in Community Health Education with a minor in Management through the help of the (Bureau of Indian Affairs (BIA) and the Sac and Fox Nation, who funded my education. My education has provided me the opportunity to use my knowledge and skills to help my tribe, the Sac and Fox Nation.

I recall what I had written in my college entrance essay: "That I someday want to return to work for my Tribe as a payback for what they did for me." I owned my own hairstyling businesses in Norman and Moore during the time I attended college, and when I completed my college degree, I began working for the Sac and Fox Nation as Program Assistant to the Director of Health.

I gave up furthering my education in obtaining a degree in Public Health through the University of Oklahoma and took a position with the Indian Health Service. Working with IHS provided me the opportunity to work with different tribes, as I managed both the Business Office and the Contract Health Program. After briefly leaving IHS, I had the opportunity to work for Blue Cross/ Blue Shield as a provider relations representative. This position provided me knowledge of health insurance and hospital services.

I returned to work for the Sac and Fox Nation as the contract health services director and went on to serve as the health director for the Black Hawk Health Clinic (BHHC) at the time the BHHC was built in its current location. I returned to work with Indian Health Services in Yuma, Arizona before I began to work on a Master's Degree in Special Education. During that time, I worked as a Special Education Teacher in Yuma, Arizona for both the high school and junior high. After the death of my husband, Victor Ramos, I returned to Oklahoma to be with members of my family. Eventually, I became the Sac and Fox Nation's director of education.

Although earning my college degree was an ongoing process, I never gave up on obtaining a college degree. I was a single mom, owned my own business and worked long hours as a hairstylist but, at the ripe old age of 39 I finally earned my Bachelor of Science Degree. I was working on a Master's Degree at the age of 60 and I was a better and more accomplished student during that period of my life. So, anyone can do what is important to them. My point is this: If you want something bad enough you will find a way to accomplish achieving your goal.

My education and work experience has opened the door for me to provide assistance to other young men and women who seek to earn a college degree. I love what I do and it is with great pride that I see so many of our Sac and Fox tribal members attending college and graduating.

My hope is that one day our tribal members who received assistance through our RAP and DOI Education grants will eventually come back to the Sac and Fox Nation to utilize their knowledge and skills to serve the needs of our tribal members.

That is one reason I mentioned earlier in the article, Deb Haaland, who spoke about how we want "our elected officials to look more like the communities they serve." She further stated that "I hope that more Native students will look at public services as they move through their education. When we have elected official that look like the community they serve, they're going to be more adept at understanding what the issues are within their community."

If you live the struggle you know what other people are going through. So, when you get into public office you can be the voice for the people who look just like you. The one thing that stands out is that elected officials have an EDUCATION, because it is through education that we accomplish so much more to ensure that our Native people have a voice.

Tatewin Means, Lakota, who made a bid for South Dakota's attorney general, said, "I knew the odds were against me because of South Dakota's dynamics, racial dynamics and history, and the political climate. But I ultimately realized if I'm a part of breaking down some of those barriers (in running for office) then I'm OK with that."

According to Kim Baca, "The candidates that ran for offices wanted to not only serve their communities but, to also educate the rest of the world about Native people and their sovereign rights." Others stated it was to help protect tribal interest for future generations through creating or changing laws.

For those students who wish to pursue a career in public service, the two things that are most important are LEADERSHIP SKILLS and KNOWLEDGE OF MANAGEMENT. These two areas, LEADERSHIP and MANAGEMENT, will lend VOICE to how we are heard and how we can help our COMMUNITY.

People in LEADERSHIP positions must recognize the fact that cultural change is imperative in order to support information sharing, collaboration and adaptability. Leaders must be able to recognize the need for change and make it happen. A good leader will develop a vision for the future and be able to communicate that vision into what the organization can become. A leader must be able to provide the motivation and guidance to get the organization to that point and then continue to make changes to ensure continued growth.

MANAGEMENT is responsible for directing and coordinating other parts of the organization. Management is responsible for providing direction, strategy goals and policies for the organization. There are different levels of management and at each level there is a specific function for which they are responsible such as mediating between top management and the technical core. The technical core is charged with implementing rules and ensures that information is passed to all levels in the hierarchy.

As you can see, there is a DIFFERENCE between LEADERSHIP and MANAGEMENT and it is important that we have people who have the knowledge and skills to be in these positions.

American Indian Graduate Center (AIGC) introduced the #MakingTheGrad campaign to highlight the impressive achievements of the AIGC Scholars in academic excellence and community engagement. Each month, the committee selects one graduate and one under-

graduate student receiving AIGC/AIGCS funding. Students of the Month awardees are showcased in AIGC's website and social media platforms, and also receive a certificate and a \$50 Visa gift card.

Although I would like to acknowledge all of the scholars, I am going to focus on those scholars who are involved in LEADERSHIP Programs: Dakota Thompson, Graduate, Tribe: Cherokee Nation, School: University of Oklahoma, Degree: E.D.D., Educational Leadership Colin Ben, Graduate, Tribe: Navajo Nation, School: University of Utah, Degree: Ph.D, Educational Leadership and Policy; and, Shandiin Herrera, Undergraduate, Tribe: Navajo Nation, School: Duke University, Major: Public Policy, Cultural Anthropology minor.

Also, Jade Herman, Graduate, Tribe: Rosebud Sioux Tribe, School: Creighton University, Degree: Ph.D., Interdisciplinary Leadership Bonnie Lemon, Graduate, Tribe: Comanche Nation, School: Southeastern Oklahoma State University,

Field: Native American Leadership

The Education Department will begin accepting both DOI and RAP applications for the fall 2019 semester – June 30th is the deadline date for fall applications. I have received several calls from first time students requesting information on the application forms and the deadline date. Competition for college funding is growing as we have more and more students realizing that they need to have some type of higher education in order to compete for jobs in a global economy.

The Education Program has done very well since its inception and the past two years we have seen an increase in our numbers.

However, our funding is limited, so the numbers of students we will be able to serve will remain around 60 unless we get additional funding. It is exciting to see how many individuals are interested in obtaining a higher education and we hope that we will be able to help them reach their goals.



Shown is an architect's rendering of the new 8,780 sq. ft. Head Start facility under construction at 1535 N. McKinley Ave. in Shawnee.

## New \$2.8 Million CTSA Head Start Facility Being Constructed in Shawnee

by Mike Brown

Following a Feb. 14 groundbreaking, the expedited construction of a new \$2.8 million, 8,780 sq. ft. facility for the Central Tribes of the Shawnee Area, Inc. (CTSA) Head Start program is underway in Shawnee, Okla. at 1535 N. McKinley Ave.

The Head Start program serves children from newborn to age 5 from low-income and homeless families. Homeless is defined as a family without its own home and is living with family or friends. The program also serves children with disabilities. The previous facility that housed the program had to be demolished due to mold and irreparable damages.

Originally, plans included converting storage buildings into classrooms that are situated on the property. However, CTSA Head Start Executive Director

Sherry Marsh applied and received a federal grant, which made possible the new permanent facility that is now under construction.

The new facility is designed by Integrated Architecture, and is being built by DBG Construction, LLC of Oklahoma City with an August target of completion in time for the 2019-2020 school year. It will include seven classrooms, office space and a commercial kitchen. The main entrance area will serve as a dining area, but will also be used as a "dancing circle" for Native American students. The facility will also include a safety vestibule at its entrance, and parents or guardians will be required to sign-in before entering.

CTSA includes the Sac and Fox Nation, the Kickapoo Tribe, and the Absentee Shawnee.

**With Oklahoma's Promise, the Oklahoma Higher Learning Access Program, 8th, 9th, and 10th grade students whose family income is \$50,000 or less can earn FREE COLLEGE TUITION**

Apply online at [www.okpromise.org](http://www.okpromise.org) or

Contact the Oklahoma State Regents for Higher Education by e-mail at [okpromise@osrhe.edu](mailto:okpromise@osrhe.edu) or by phone at 1-8-858-1840 (225-9152 in OKC)

Get an application from your counselor



Coming soon near you

**Central Tribes of the Shawnee Area, Inc.**

**CTSA HEADSTART**

We are proud to let you know we are opening a New Head Start in Stroud, OK



**Applications are being taken at the Sac & Fox Education Dept.**

Directions: Sac & Fox Education Dept. 5 ½ miles south of Stroud on 930 RD. Go past the clinic on top of the hill. It is located south of the gym.

For more information, please call the CTSA Main Office at (405)275-4870

**Required Documentation:**

1. Proof of income (at least 2 checks stubs/Income letter/TANF letter/Income tax form)
2. Proof of residence (Utility/phone bill, Housing lease—MUST show physical address)
3. CDIB card, SNAP, WIC or any assistance you are receiving
4. Shot records and Birth certificate and Source of Health Care (Tribal/IHS, Private Ins.)
5. If your child has a Documented Disability, we will need a copy of his/her IFSP or IEP.

**Stroud CTSA Headstart  
Yellow Earth Learning Center**

## EDUCATION DEPARTMENT NOTICE

Applications for College - Vocational and Adult Education  
are on the Sac and Fox Nation Web site -  
Click on Education for downloads.

## Eugenia Tyner-Dawson Honored by NCAI for Her Service to Tribal Nations

(Continued From Page 1)

Award from the American Bar Association's Commission on Racial and Ethnic Diversity in the Profession.

A lawyer, teacher, and mentor, her legal experience includes cases involving subsistence rights, tribal sovereignty, human rights, and taxation. In 2001, Heather was instrumental in winning *Katie John v. Norton*, a subsistence hunting and fishing rights case. She has worked with other Alaska Native communities like the Native Village of Venetie, the Native Village of Kluti-Kaah, the Native Village of Barrow, and the Nome Eskimo community.

### Public Sector Leadership Award

Rob Manfred became Commissioner of Major League Baseball (MLB) in January 2015. Early on in his tenure as Commissioner, Manfred worked with the Major League Baseball Players Association to establish a new policy governing domestic violence offenses committed by the league's players and employees.

He also actively engaged in an ongoing dialogue with Indian Country regarding offensive Native "themed" sports mascots, which culminated in his crafting of the league's decision in January 2018 to have its Cleveland franchise transition away from using the Chief Wahoo mascot and logo.

### Congressional Leadership Award

Congressman Ken Calvert currently represents the 42nd U.S. Congressional District in southern California and has played an instrumental role in the House Appropriations Committee as Chairman of its Interior and the Environment Subcommittee prior to the 116th Congress.

In this capacity, he was a champion for Indian Country, tirelessly advancing the fiscal priorities of tribal nations in the federal budget process each year. He also successfully sponsored a water rights settlement agreement for the Pechanga Band of Luiseño Indians, who reside in his district.

### Special Recognition Award

A tribal nation located in Prior Lake, Minnesota, the Shakopee Mdewakan-

ton Sioux Community created Seeds of Native Health, a multifaceted national campaign that seeks to improve Native American nutrition through grant-making, sharing of best practices, capacity building, sponsored research, and educational initiatives.

Shakopee and Seeds of Native Health played a central role in the establishment and efforts of the Native Farm Bill Coalition, which successfully worked to secure critical tribal provisions in the 2018 Farm Bill, notably the expansion of 638 tribal contracting authority for Tribal Forest Management Protection Act management activities and the U.S. Department of Agriculture's Food Distribution Program on Indian Reservations.

## Sac and Fox Nation Elders Newsletter

by Laveta 'Lolly' Ashley,  
Sac and Fox Nation  
Title VI Coordinator

Hello, everyone! As some of you have heard, I am the new Elders' Title VI Coordinator. I have been very busy familiarizing myself with the duties of the office and the Title VI Program. I plan to work hand-in-hand with the Elders. In enjoy working with the Elders, and have been doing a lot of reading.

We are now fully-staffed: Head Cook - Lora Rill; Assistance Cook - Jamey Noble; Meal Deliverer - Donna Basquez; and Meal Deliverer - Erin Schnaiba.

On January 18, 2019, we had a food handler class with 13 in attendance. That means Director Eugenia Denny, Assistant Carrie LaDeaux, Elders Coordinator Lolly Ashley, and all the kitchen staff have our Food Handler's Certificate.

We will have Bingo the last Friday of each month following breakfast. Everyone is asked to bring two Bingo items, please.

The dietitian from Merle Boyd Wellness Center had a food drive in March for our Sac and Fox Elders in observation of National Nutrition Month. Nationwide, we have a total of 975 Elders: In Shawnee - 135 Elders; Meeker - 23; Prague - 14; Stroud - 28; Cushing - 58; and out of the area - 717. This gives an idea of how many Elders we have throughout the tribe.

Here are some things coming up you might want to attend:

- Cooking Class - April 5, 2019 in the Dining Room;
- Elders Meeting - April 10 in Stroud at the Community Bldg. Pot Luck starts at 10 a.m.;
- Easter Egg Hunt - April 20, 2019 at the Community Bldg. 12 noon to 3 p.m. Sponsored by the Sac and Fox Activity Committee;
- Mother's Day Dance - May 11, 2019 at the Community Bldg. Starts at 2 p.m. Supper about 5:30 p.m.
- Canning Class - April 26 at 10 a.m. in the Dining Room.

If you would like, and have any suggestions, don't hesitate to call me at: 918-968-3526, Ext. 2012. Thank you.

## Apply Now For Red Earth Emerging Artist Award

The Board of Red Earth, Inc, the non-profit organization that produces the annual Red Earth Festival in downtown Oklahoma City, has announced a call for applications for the Red Earth Emerging Artist Award. The annual award grants funding to emerging Native American artists, allowing them to participate in Oklahoma City's award-winning Red Earth Festival.

The award will be given for the 33rd Annual Red Earth Festival scheduled June 7-9, 2019 at the Cox Convention Center. The Emerging Artist Award provides booth space at the Festival Art Market, an opportunity to compete in the Red Earth Festival art competition and \$150 for expenses. Deadline to apply for consideration is Friday, April 19, 2019.

To qualify, applicants must be a US Citizen, at least 19 years of age and be able to provide proof of tribal membership in a federal or state-recognized tribal entity. Applicants are not required to be enrolled in a school or fine arts program.

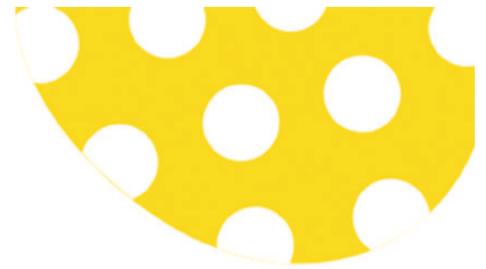
Applicants must fill out an Artist Application, provide 3-5 images of artwork, submit a one-page resume of art education, experience and achievements, and an Artist Background. Visit [www.Red-Earth.org](http://www.Red-Earth.org) or call (405) 427-5228 for additional information.



## Sac and Fox Nation Hosting Free Training for Class B Truck Driving; Hands-On Course Conducted by Teamsters National Pipeline

The Sac and Fox Nation and Teamsters National Pipeline have partnered to offer free Class B truck driving training and certification. The two-week course for anyone age 18 and older began March 5 and, is conducted in the Sac and Fox Nation Learning Center by Teamsters Instructor Gilbert Kennedy. Hands-on driving will be conducted April 8-20 in the former Tanger Outlet Center parking lot in Stroud. Pictured seated from left are: Sac

and Fox Nation Committee Member Robert Williamson, who is coordinating the event, and certification candidates Bryce Bailey, Chandler Ramsey, Colt Cheatwood, Larry Paden, Nicole Watashe and Cody Morris. Standing from left: Course Instructor Gilbert Kennedy, Sandy Spencer, Juan Villegas, Chad Varner, Gregory Williams, Alen Scott, Sheena Whiteplume, Trevor Weaver, Jeff Kirk and Noah Clawson. (Photo by Mike Brown)



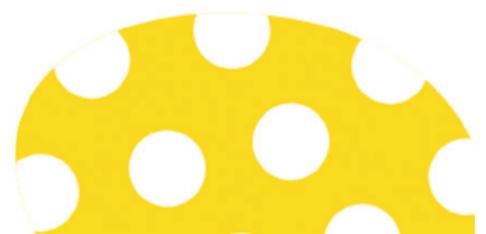
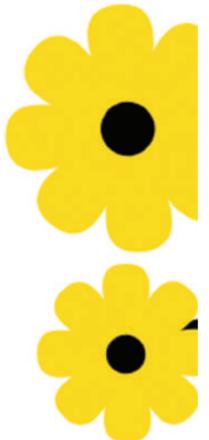
PLEASE JOIN US FOR OUR

# Open House

HOSTED BY THE SAC AND FOX  
NATIONAL PUBLIC LIBRARY, SAUK  
LANGUAGE DEPARTMENT, AND  
CULTURAL CENTER

TUESDAY, APRIL 23  
11:00-3:00  
@ THE LIBRARY &  
CULTURAL CENTER

- Snacks and refreshments will be provided
- Language materials available
- Library handouts available



## SAUK LANGUAGE DEPARTMENT PHILOSOPHY

*Indians are born speaking our languages. For some of us, they lie dormant within our bodies. They are looking for a way out. God gave us these beautiful languages. All of us hold them in a sacred manner within. There is no such thing as an Indian person who cannot speak Indian.*

*Our language programs find these languages within our bodies. They bring them out through our mouths and deliver them to their rightful resting places within our hearts.*

## April Scramble

hwâkphâaap	_____
kiêphtêo	_____
kaêpainw	_____
hhîphkeîca	_____
imawkmehôin	_____
hwsswwâamek	_____
apaatkwmî	_____
iêhaakinwhskp	_____
tpaiônekimaw	_____
hêweâiwwikwnâ	_____

## April 2019 Word Match

Pâpahkwâha	It is springtime
Pakinêwa	Yarn belt
Menôhkamîwi	April
Pakitamwa	Clouds are beautiful
Pakitamôweni	Cowboy bread
Wêwenâhkwâwiwi	Ceremonial adoption
Kehchîpîha	Bread
Meshkwâswâwa	Holds ceremonial adoption
Pahkwêshikani	Adoption
Pêkotêhi	Woven belt

## SAUK LANGUAGE DEPARTMENT HAPPENINGS & NEWS

**April 2019**  
**Pâpâhkwâha**  
(Bark Peeling Moon)

*From the Sauk Language Department*

The new Sauk I and Sauk II online courses are now available for high school students who want to learn Sauk. If you are interested in taking these courses, please contact the Sauk Language Department to learn more.

The Sauk Language Department now has 3 free downloadable, stand-alone language apps for both Android and iPhones. Go to Google Play Store or iTunes to get yours today, and start learning Sauk.

Our Pemitêwi T-Shirts are \$15.00 (Sm-4X, sorry no 3X available.) We still have available our Oskasha T-Shirts for \$15.00 each in sizes Youth Small-Extra Large and our Oskasha Tank Tops in sizes Small-2X, also \$15.00 per tank top. Kîshkôha T-Shirts are in sizes Small-3X for \$15.00 per shirt.

Join us online or visit our website for Sauk words and to play games at [www.talksauk.com](http://www.talksauk.com)!

Suggestions and comments from tribal members are always welcome on programs you have attended, or would like to see scheduled.

Call 918-968-3526 or 800-259-3970, or email at:  
[Katie.Thompson@sacandfoxnation-nsn.gov](mailto:Katie.Thompson@sacandfoxnation-nsn.gov)



## April 2019 Quotes

A great vision is needed and the man who has it must follow it as the Eagle seeks the deepest blue of the sky.

Crazy Horse, Oglala Lakota (c. 1840-1877)

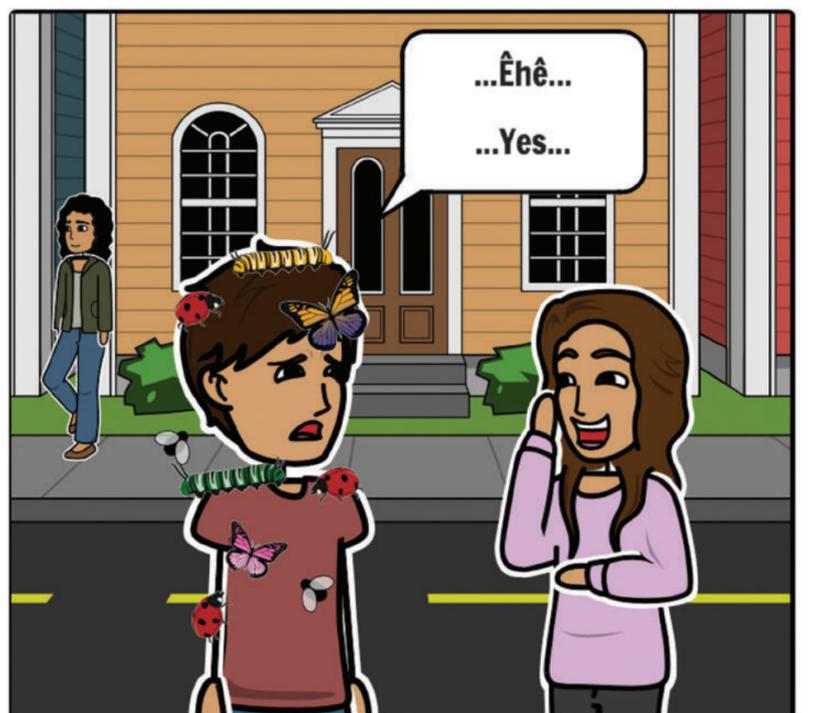
Our land is more valuable than your money. It will last forever. It will not even perish by the flames of fire. As long as the sun shines and the waters flow, this land will be here to give life to men and animals.

Chief Crowfoot, Siksika (c. 1825-1890)

We are going by you without fighting if you will let us, but we are going by you anyhow.

Chief Joseph, Nez Perce (1840-1904)

## April Comic



## SHS Conducts Graduation Program For JDC Resident From Carter County



On February 28, 2019, a Sac and Fox Juvenile Detention Center (JDC) resident from Carter County received a Stroud High school graduation diploma during a ceremony held at the Center. The resident received his diploma from Stroud Public School Teacher Sharon Emmons and SHS Principal Scott Baade, who is shown above. The resident was surrounded by his large family, who made a long trip to celebrate the occasion. The resident's father thanked JDC Director Gene Carroll and staff for making the day special for his son. He also thanked Stroud Public Schools for helping make the day possible. Director Carroll said, "It is always a great day when we have this type of event. It helps make you realize that all the hard work by Sharon and our staff really pays off. I wish him the very best." (Photo Provided)



## New Sign and LED Panels Delivered For Installation on Hwy. 99

Workers are shown delivering new signs and state-of-the-art LED electronic messaging panels for installation on Hwy. 99 near tribal headquarters, the entrance to Jim Thorpe Memorial Park, Sac and Fox Casino and the Sac and Fox Nation Rodeo Grounds. (Photo by Mike Brown)



## TAI CHI

### MOVING FOR BETTER BALANCE

Through simple, graceful movements that are easy to learn, Tai Chi builds physical stamina, improves one's balance, muscular strength, postural control, self-confidence, memory, and reduces the likelihood of falling.

The eight Tai Chi Quan forms taught are adapted from 24 simplified forms of Tai Chi. According to CDC, Tai Chi Quan, if practiced regularly is proven to reduce the risk of falls by 55%.

Tai Chi Quan is FREE and 8-10 week beginning classes are offered several times a year.

**Beginning April 2, 2019 classes will be held at the Merle W. Boyd Center Exercise Room. The classes will be Tuesday's and Wednesday's at 11 AM, if our class outgrows the Exercise Room we will move to the Gym.**

Each week we will learn a new pose that will increase in difficulty and endurance.

**Please consult your doctor and receive an exercise referral .**

To sign up please contact Anthony Ramirez, Anthony.Ramirez@IHS.GOV or 918-968-9531 EXT 3039

## APRIL WORD SEARCH

R  
L T A  
C U I V W  
P W B W R A M  
N H W B I I E J A  
I X J Q P W A A N V T  
B H S E R I Â H K T J G I  
P P W L V V A W Â Q M S T T K  
V Ê A J C M Z H K W Z X J Y Y X A  
F F K H A H Y P Î H K I M O C X R P P  
V U Y O K I V Q J P Â H P R P N A Y Z F Q  
T I W Î N Â P W J  
Ê T Î H E P A Â P  
H A M C W Â H W J  
I M A H Ê P K S N  
W Ô K E Q A E W Q R R U W Â S  
L W Ô K Q P K Y O Y W G Ê W P  
A E N G M A A P C J R L S K Q  
R N E Y G K V Z Y H H I  
B I M N J I C A F I S G  
H B I S W N N Z H K E Z  
V A K H R Ê H Q U A M W  
M M G L G W T K J N A U  
Z N Q D P A K F I I A H

## ATTENTION TRIBAL MEMBERS Committee/Boards/Commissions Openings

### ● GRIEVANCE COMMITTEE

Hears complaints of misconduct in office by members of the Business Committee and performs other duties as assigned by tribal law. Must be a member of the Sac and Fox Nation, and at least twenty one (21) years of age and reside in the State of Oklahoma. Terms of office are four (4) years and staggered. Three-member committee. Chairman, Vice-Chairman, Secretary.

**Vacancy:** Position #1, Position #2, and Position #3

### ● SAUK BUSINESS ENTERPRISES BOARD

Purpose is to provide sources of revenue, remedy the underemployment rate of tribal members, attract diversified business enterprises and expand the Nation's land base and economic development potential. The board is composed of a Chairman, Vice-Chairman, and Member. The term of office shall be for three (3) years, and staggered. A board member may be a member or non-member of the Sac and Fox Nation and shall be at least twenty-one (21) years of age and legally capable of entering into a binding contract. Must be able to pass background check for Gaming License.

**Vacancy:** Position #3

### ● HOUSING AUTHORITY BOARD OF COMMISSIONERS

Purpose is to remedy unsafe and unsanitary housing conditions; alleviate the acute shortage of decent, safe and sanitary dwellings for persons of low income; provide employment opportunities through the construction and improvement, of low income dwellings. May be a member or a non-member of the Sac and Fox Nation and at least twenty-one (21) years of age. Five member board: Chairman, Vice Chairman, Secretary, Treasurer; chosen by board members. Terms of office are four (4) years and staggered. (Per Sac and Fox Housing Authority Act of 1993)

**Vacancy:** Position #1, Position #2, and Position #3

Please submit Interest to Serve forms with Resume to:

Secretary, Jacklyn K. King  
Business Committee  
Sac and Fox Nation  
920883 S. Hwy 99, Bldg. A  
Stroud, Ok 74079  
secretary@sacandfoxnation-nsn.gov

## April 2019 Word List

Pâpahkwâha	April
Pakinêwa	Adoption
Menôhkamîwi	It is springtime
Pakitamwa	Holds ceremonial adoption
Pakitamôweni	Ceremonial adoption
Wêwenâhkwâwiwi	Clouds are beautiful
Kehchîpiha	Woven belt
Meshkwâswâwa	Yarn belt
Pahkwêshikani	Bread
Pêkotêhi	Cowboy bread





# APRIL 2019

## Black Hawk Health Center Activities



Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> Exercise Room open 8AM-4:30PM 11:15 Circuit Training 12:15 Circuit Training 5:30 Tai Chi in Shawnee	<b>2</b> Exercise Room open 8AM-4:30PM 11 AM Tai Chi 12:15 Circuit Training	<b>3</b> Exercise Room open 8AM-4:30PM 11 AM Tai Chi 12:15 Circuit Training	<b>4</b> Exercise Room open 8AM-4:30PM 11:15 Exercise DVD 12:15 Circuit Training	<b>5</b> Exercise Room open 8AM-4:30PM 11:15 Circuit Training 12:15 Circuit Training
<b>8</b> Exercise Room open 8AM-4:30PM 11:15 Circuit Training 12:15 Circuit Training 5:30 Tai Chi in Shawnee	<b>9</b> Exercise Room open 8AM-4:30PM 11 AM Tai Chi 12:15 Circuit Training	<b>10</b> Exercise Room open 8AM-4:30PM 11 AM Tai Chi 12:15 Circuit Training	<b>11</b> Exercise Room open 8AM-4:30PM Cooking class @ SFN Chapel 11 & 12 11:15 Circuit Training 12:15 Circuit Training	<b>12</b> Exercise Room open 8AM-4:30PM 11:15 Circuit Training 12:15 Circuit Training
<b>15</b> Exercise Room open 8AM-4:30PM 11:15 Circuit Training 12:15 Circuit Training 5:30 Tai Chi in Shawnee	<b>16</b> Exercise Room open 8AM-4:30PM 11 AM Tai Chi 12:15 Circuit Training	<b>17</b> Exercise Room open 8AM-4:30PM 11 AM Tai Chi 12:15 Circuit Training	<b>18</b> Exercise Room open 8AM-12PM closed 12-4:30PM 11:15 Exercise DVD 12:15 Circuit Training	<b>19</b> Closed in Observance of Good Friday
<b>22</b> Exercise Room open 8AM-4:30PM	<b>23</b> Exercise Room open 8AM-4:30PM	<b>24</b> Exercise Room open 8AM-4:30PM	<b>25</b> Exercise Room open 8AM-4:30PM	<b>26</b> Exercise Room open 8AM-4:30PM
<b>29</b> Exercise Room open 8AM-4:30PM 11:15 Circuit Training 12:15 Circuit Training 5:30 Tai Chi in Shawnee	<b>30</b> Exercise Room open 8AM-4:30PM 11 AM Tai Chi 12:15 Circuit Training			



## TAI CHI

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The eight Tai Chi Quan forms taught are adapted from 24 simplified forms of Tai Chi. According to CDC, Tai Chi Quan, if practiced regularly is proven to reduce the risk of falls by 55%.

Tai Chi Quan is FREE and 8-10 week beginning classes are offered several times a year.

**Beginning April 1, 2019 classes will be held at the Shawnee Multi-Purpose**

**Building. The classes will be Monday's at 5:30 PM**

Each week we will learn a new pose that will increase in difficulty and endurance.

Please consult your doctor and receive an exercise referral .

To sign up please contact Anthony Ramirez, Anthony.Ramirez@IHS.GOV or 918-968-9531 EXT 3039

## Now Hiring! Student Trainee Rangeland Positions

If you're a student in college or have just been accepted to college the Bureau of Indian Affairs (BIA), Office of Trust Services (OTS), Pathways Internship Program is for you! This Program offers paid opportunities to work in natural resources programs and explore Federal and Tribal careers while completing your education.

### What is the BIA OTS Pathways Internship Program?

The Pathways Internship Program is designed to attract, recruit, hire develop and retain American Indian/Alaskan Native students for science, technical, engineering, mathematics (STEM) career fields. The Intern's role is crucial to the various missions of the Department, BIA and the Tribes, in all efforts to provide sound stewardship of natural and cultural resources.

### Eligibility and Education Requirements

Key Eligibility Requirements:

- Be at least 18 years of age
- Be accepted or enrolled full-time and seeking a degree in an approved qualifying college or university that is accredited
- Have good academic standing (cumulative GPA of 2.0 or higher)
- Complete and maintain a background security investigation and favorable adjudication
- Sign a Participant Agreement
- Be willing to accept rotational assignments and complete 640-hour service requirement

Basic Education Requirements:

Students must be accepted or enrolled full-time in an accredited college or university and seeking a bachelor's degree or higher in a degree program that is related to the program they were hired under (refer to the job vacancy announcement). Students who have not declared yet or are seeking a degree that is unrelated may be hired under the Pathways Internship Program. However, their continued participation and employment is contingent upon them obtaining the educational eligibility requirements (e.g., switching degree program) within a prescribed time frame.

- GS-3 grade level: Completion of 1 academic year of post-high school study
- GS-4 grade level: Completion of 2 academic years of post-high school study or associates degree

Typically the degrees targeted include natural resources management, minerals and energy, geography, agricultural engineering, agricultural economics, animal husbandry, animal science, horticulture, rangeland management, soil conservation or science, environmental sciences, fisheries and wildlife biology, forestry and other related biological sciences.

### How to Apply

Starting March 6 through April 5, 2018, [www.USAJOBS.gov](http://www.USAJOBS.gov) will begin advertising BIA Student Trainee Rangeland positions. The duty stations for the positions are located nationwide. Go directly to the job announcement at: <https://www.usajobs.gov/GetJob/ViewDetails/526519600>. For more information, call the Sac and Fox Nation Education Dept. at 918-968-3526, Ext. 2046.

### What do Range Interns Do?

- Job-shadow industry professionals for the development and protection of trust natural resources, protection of Indian water rights, water development projects, fish and wildlife resources, etc.;
- Work with invasive species management and treatment on trust rangelands as well as projects to address fish and wildlife invasives, causing widespread negative impacts on ecosystems;
- Farm and Rangeland Planning, Improvements and Protection;
- Leasing and Permitting Services;
- Inventory for soil and vegetative surveys.

### What is the BIA OTS Pathways Internship Program?

The Pathways Internship Program is designed to RECRUIT, HIRE, DEVELOP and RETAIN highly qualified Indian/Alaskan Native students pursuing science, technical, engineering, mathematics (STEM) related degrees. The Intern's role is crucial to the various missions of the Department of Interior, BIA and the Tribes, in all efforts to provide sound stewardship of natural and cultural resources.

### Job Titles

Job titles for that require bachelor's degrees in natural resources include:

- Natural Resource Specialist
- Water Rights Specialist
- Geographic Information System (GIS) Specialist
- Program Rangeland Manager
- Range Management Specialist
- Range Technician
- Soil and Conservation Specialist

## APRIL 2019

### SAC AND FOX NATION FOOD DISTRIBUTION PROGRAM

**STROUD WAREHOUSE**  
918-968-3030 • 1-800-256-3398

**SHAWNEE OFFICE**  
405-395-0063 • 1-886-622-2310

MON	TUE	WED	THU	FRI
1 ELDERS ONLY	2 <u>LATE NIGHT</u> SHAWNEE 12 pm - 6 pm	3 SHIPMENT	4 STROUD HD ELDERS ONLY	5 SHAWNEE HD LITTLE AXE TAILGATE 10 am - 12 pm
8 ELDERS ONLY	9 SHAWNEE HOME DELIVERIES	10	11 STROUD HOME DELIVERIES	12 PERKINS TAILGATE 10 am - 1 pm
15 <u>LATE NIGHT</u> STROUD 8 am - 6 pm	16 <u>LATE NIGHT</u> SHAWNEE 12 pm - 6 pm	17 SHIPMENT	18	19 GOOD FRIDAY CLOSED FOR HOLIDAY
22	23	24	25	26
29 CLOSED FOR INVENTORY	30 CLOSED FOR INVENTORY			

#### HOURS

MONDAY - FRIDAY	
CERTIFICATION	8:00 am - 4:30 pm
STORE	8:30 am - 2:30 pm
STORE AM INVENTORY	8:00 am - 8:30 am
STORE PM INVENTORY	2:30 pm - 4:30 pm

HOME DELIVERIES ARE FOR HOMEBOUND AND/OR DISABLED ELDERS. CALL OUR STROUD OFFICE TO SEE IF YOU QUALIFY.

This institution is an equal opportunity provider.

## ATTENTION TRIBAL MEMBERS

A member of the Tax Commission Staff

Will now be at:

**The Shawnee Multi-Purpose Center**

**Twice a Month**

**The Tax Commission Representative**

**Will be there on:**

**The First (1st) and Third (3rd) Thursdays**

We will be able to better serve tribal members living in the Shawnee area with motor vehicle registration and, any other service that we can assist you with.



## Business Committee Meeting Minutes

are now accessible on the Website and Facebook

[sacandfoxnation-nsn.gov](http://sacandfoxnation-nsn.gov)

# Sac and Fox Nation 'Community Garden' is Growing After Planting Ceremony

by Josh Nooner, Dietitian  
Black Hawk Health Center

## Made Possible With TIP Grant Funding

In January 2019, the Tobacco Incentive Program (TIP) was awarded a grant through the Southern Plains Tribal Health Board and Oklahoma Area Tribal Epidemiology Center titled, "Good Health and Wellness in Indian Country (GHWIC)." The purpose of the grant is to assist American Indian communities in preventing chronic diseases, such as heart disease, diabetes, stroke, and associated risk factors, in their communities.

GHWIC addresses the following long-term goals:

- Reduce rates of death and disability from tobacco use by 5%;
- Reduce the prevalence of obesity by 3%; and,
- Reduce rates of death and disability from diabetes, heart disease, and stroke by 3%

Funding from this grant will be used

to support the TIP, Black Hawk Health Center's (BHHC) tobacco cessation program, and to construct and maintain a new community garden. The main garden site is located directly east of the BHHC and will be used to grow potatoes, onions, and other fresh produce.

There is a second site located directly west of the business committee office that will only be used to grow traditional Sac and Fox corn. Research shows that community gardens contribute to a healthier lifestyle by:

- Providing fresh, safe, affordable herbs, fruits, and vegetables;
- Helping to relieve stress and increase sense of wellness;
- Getting people active, which improves overall physical health;
- Providing social opportunities that build a sense of community and belonging;
- Providing opportunities to learn and share knowledge on gardening, nature, and cooking;
- Reducing food insecurity by providing better access to fresh foods;
- Reducing pollution by lowering the "food miles" required to transport food; and,
- Lowering crime rates by strengthening community ties.

A major goal of the community garden project is to unite together tribal elders and youth in order to pass on knowledge of traditional gardening, cultivating, and food preparation methods to the younger generation. The garden will aid in cultural preservation and benefit the community as a whole.

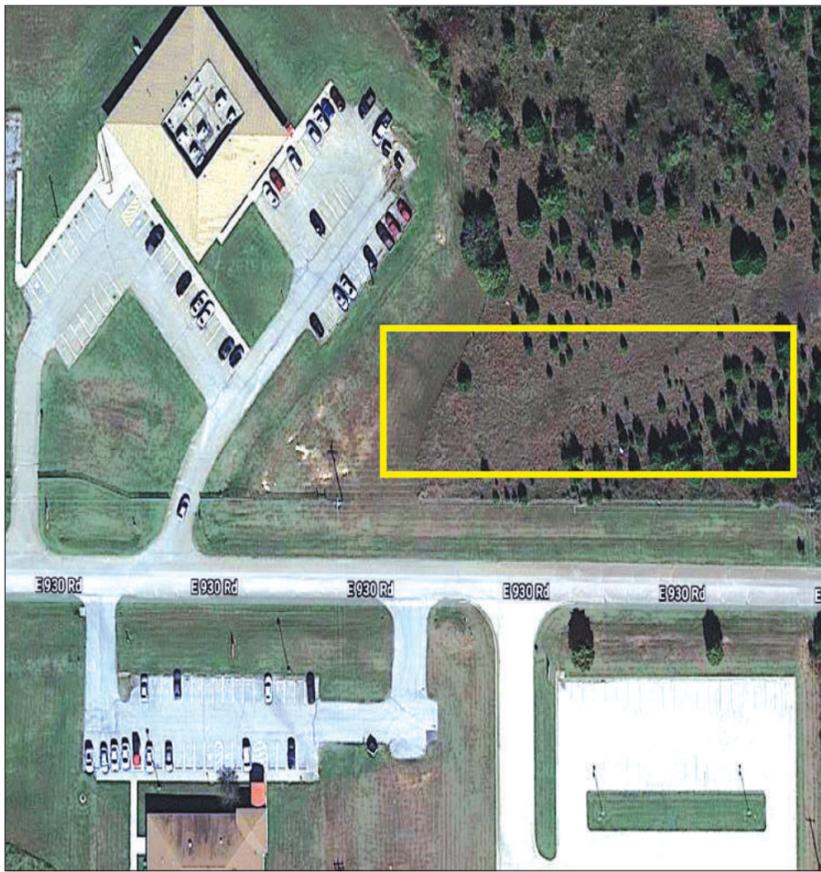
Additionally, the community garden will be incorporated into many current programs at Sac and Fox including the tobacco cessation program, cooking classes, nutrition education, exercise program, language program, and the Unity youth program.

We are very excited and looking forward to the success of this project for the Sac and Fox Nation. We want to encourage all community members to become involved, whether it is by helping with planting seeds, maintaining the garden, or by providing education over traditional gardening or cooking techniques.

Anyone who is interested in being a part of this project is invited to join us for our community kickoff event. We will have prayer and a blessing over the grounds shortly before planting the seeds. The exact date and time of the kickoff event will be announced in early April, depending on weather conditions. Once a week, we will have a garden tending day, date and time to be determined. For more information please contact DeAnna Densman at 918-968-9531 ext. 3056.



Andy Warrior, Sac and Fox Nation's Land Manager, is pictured breaking ground for the new Community Garden. (Photo Provided)



The area within the yellow box on the above map indicates the location of the new Community Garden situated east of Black Hawk Wellness Center.



Pictured kneeling from left, ready to plant Red Pontiac and Yukon Gold potatoes and sweet and red onions, immediately following a March 18 planting ceremony for the new Community Garden are: Leah Carver and her grandson, Ryder, Josh Nooner and Anthony Ramirez. Standing: DeAnna Densman, Andy Warrior, Sac and Fox Nation Business Committee Member Robert Williamson, Sac and Fox Nation Treasurer Jared King and Sam Spang. (Photo by Mike Brown)

### MARCH AT SAC & FOX CASINO

## APRIL SHOWERS OF CASH

**SATURDAYS**  
7PM - 11PM  
CHANCE TO WIN CASH EVERY 30 MINUTES

## Easter HOT SEATS

**SUNDAY**  
APRIL 21ST  
12PM - 4PM

## GRILLED HAM & CHEESE WITH FRIES

**\$3**

**SNFCASINO.COM**

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Must have valid ID and Player's Club Card. See Player's Club/Cage for details. Management reserves the right to revoke or alter any promotion or offer.

**OKLAHOMA CITY UNIVERSITY**  
**SCHOOL OF LAW**

**JODI MARQUETTE**  
**AMERICAN INDIAN WILLS CLINIC**

**FRIDAY, APRIL 12TH, 2019**  
**IN STROUD @ THE HAMPTON INN**  
**915 W Ada Webb Dr, Stroud, OK 74079**

**Information Session and Wills Clinic**

The American Indian Wills Clinic will provide no-cost estate planning services to Tribal Members who live in Oklahoma.

Wills and other estate planning documents will be drafted by appointment only

To learn more about options for making arrangements for your Indian Land,

**Please Call (405) 208-5017 to make an appointment!**

*This Project was made possible, in part, by a generous grant from the Oklahoma Bar Foundation.*

Please Bring the Following to your Appointment

- Drivers License or Tribal or State Issued ID
- Full Names and Dates of Birth of your children and grandchildren.
- Any paperwork regarding your Indian land.

*For more information on your Indian land, contact:*

OST Beneficiary Call Center at 1-888-678-6836

OKLAHOMA BAR FOUNDATION  
Law. Education. Justice.

## Business Committee Meeting Minutes

Please be advised that the following are official actions taken by the Business Committee in a Regular Business Committee meeting held on February 20, 2019. These actions are to be followed up by the appropriate departments.

- 1) Audrey R. Lee motion to approve the January 23, 2019 Special Business Committee meeting minutes. Jacklyn K. King-2<sup>nd</sup>. VOTE: Kay-Yes, Audrey-Yes, Jacklyn-Yes, Jared-Yes, Robert-Absent. Motion carried.
- 2) **Resolution SF-19-80**, a resolution approving the Good Health and Wellness in Indian Country budget in the total funding amount of fifteen thousand dollars (\$15,000.00). Audrey R. Lee-motion. Jared A. King-2<sup>nd</sup>. VOTE: Audrey-Yes, Jacklyn -Yes, Jared -Yes, Robert -Absent, Kay-Yes. Motion carried.
- 3) **Resolution SF-19-81**, a resolution approving the Fiscal Year 2019 Department of the Interior Bureau of Indian Affairs Sac and Fox Nation's Climate Resilience Project Budget in the total amount of four thousand two hundred forty-eight dollars (\$4,248.00). Jacklyn K. King-motion. Audrey R. Lee-2<sup>nd</sup>. VOTE: Jacklyn-Yes, Jared-Yes, Robert-Yes, Kay-Yes, Audrey-Yes. Motion carried.
- 4) **Resolution SF-19-82**, a resolution approving the Black Hawk Health Center Patient Registration Department Policies and Procedures. Audrey R. Lee-motion. Robert E. Williamson-2<sup>nd</sup>. VOTE: Jared-Yes, Robert-Yes, Kay-Yes, Audrey-Yes, Jacklyn-Yes. Motion carried.
- 5) **Resolution SF-19-83**, a resolution approving the Fiscal Year 2019 Juvenile Detention Center Operating Budget Modification #1 in the total amount of one million six hundred sixty-six thousand nine hundred eighty-seven dollars (\$1,666,987.00). Jacklyn K. King-motion. Audrey R. Lee-2<sup>nd</sup>. VOTE: Robert-Yes, Kay-Yes, Audrey-Yes, Jacklyn-Yes, Jared-Yes. Motion carried.
- 6) **Resolution SF-19-84**, a resolution rescinding Resolution SF-19-55 dated December 5, 2018 to continue enrollment with the Sac and Fox Nation. Audrey R. Lee-motion. Robert E. Williamson-2<sup>nd</sup>. VOTE: Kay-Abstain, Audrey-Yes, Jacklyn-Yes, Jared-Yes, Robert-Yes. Motion carried.
- 7) **Resolution SF-19-85**, a resolution adding one (1) person to the membership roll of the Sac and Fox Nation in accordance with the Constitution and Laws of the Sac and Fox Nation. Jacklyn K. King-motion. Audrey R. Lee-2<sup>nd</sup>. VOTE: Audrey-Yes, Jacklyn-Yes, Jared-Yes, Robert-Yes, Kay-Yes. Motion carried.

## Business Committee Meeting Minutes

Please be advised that the following are official actions taken by the Business Committee in a Recessed Regular Business Committee meeting held on February 22, 2019. These actions are to be followed up by the appropriate departments.

Audrey R. Lee motion to approve the Sac and Fox Nation Gaming Commission's approval to exercise option to renew Rose Rock CPAs, PLLC renewal contract #2012-03-04f for FY2019 external audit. Robert E. Williamson-2<sup>nd</sup>. VOTE: Kay-Yes, Audrey-Yes, Jacklyn-Yes, Jared-Yes, Robert-Yes. Motion carried.

Robert E. Williamson motion to approve the Agreement between Sac and Fox Nation and Full Lock Drift (FLD) for use of the Tanger parking lot for the proposed dates of March 23, 2019, May 4, 2019, July 13, 2019, and September 21, 2019 and the Agreement between Sac and Fox Nation and Northeast Oklahoma SCCA for the dates of June 6, 2019, July 7, 2019, August 11, 2019, September 1, 2019, September 29, 2019, and October 20, 2019. Jacklyn K. King-2<sup>nd</sup>. VOTE: Audrey-Yes, Jacklyn-Yes, Jared-Yes, Robert-Yes, Kay-Yes. Motion carried.

Jacklyn K. King motion to approve the Prague 2019 Chamber of Commerce membership dues in the amount of four hundred dollars (\$400.00). Audrey R. Lee-2<sup>nd</sup>. Funding source is identified as Public Relations. VOTE: Jacklyn-Yes, Jared-Yes, Robert-Yes, Kay-Yes, Audrey-Yes. Motion carried.

Jacklyn K. King motion to approve the Facility Rental Agreement for the Sac and Fox Learning Center (standard form) with corrections. Robert E. Williamson-2<sup>nd</sup>. VOTE: Jared-Yes, Robert-Yes, Kay-Yes, Audrey-Yes, Jacklyn-Yes. Motion carried.

Jacklyn K. King motion to approve a formal resignation from the Sac and Fox Nation Activity Committee. Audrey R. Lee-2<sup>nd</sup>. VOTE: Robert-Yes, Kay-Yes, Audrey-Yes, Jacklyn-Yes, Jared-Yes. Motion carried.

Robert E. Williamson motion to ratify the approved straw poll for the design change of the Sac and Fox Nation tags. Audrey R. Lee-2<sup>nd</sup>. VOTE: Kay-Yes, Audrey-Yes, Jacklyn-Yes, Jared-Yes, Robert-Yes. Motion carried.

**Resolution SF-19-86**, a resolution approving the Fiscal Year 2018 Revenue Allocation Plan Office of Government budget modification #1 in the total funding amount of seven thousand dollars (\$7,000.00). The funding source is identified as the Governing Council Resolution SF/GC-18-05. Audrey R. Lee-motion. Robert E. Williamson-2<sup>nd</sup>. VOTE: Audrey-Yes, Jacklyn-Yes, Jared-Yes, Robert-Yes, Kay-Yes. Motion carried.

**Resolution SF-19-87**, a resolution approving the Fiscal Year 2018 Revenue Allocation Plan (RAP) department budget modification #2 in the total funding amount of one hundred thirty-nine thousand three hundred eighteen dollars (\$139,318.00). The funding source is identified as the Governing Council Resolution SF/GC-18-05. Jacklyn K. King-motion. Audrey R. Lee-2<sup>nd</sup>. VOTE: Jacklyn-Yes, Jared-No, Robert-Yes, Kay-Yes, Audrey-Yes. Motion carried.

**Resolution SF-19-88**, a resolution approving the Fiscal Year 2018 Tower Construction Notification System budget modification #2 in the total amount of one hundred sixty-seven thousand three hundred ninety-two dollars (\$167,392.00). The funding source is identified as Treasury Appropriations. Audrey R. Lee-motion. Robert E. Williamson-2<sup>nd</sup>. VOTE: Jared-Yes, Robert-Yes, Kay-Yes, Audrey-Yes, Jacklyn-Yes. Motion carried.

**Resolution SF-19-89**, a resolution approving the Fiscal Year 2018 Food Distribution Program on Indian Reservations budget modification #3 in the total funding amount of one million four thousand five hundred forty-three dollars (\$1,004,543.00). The funding source is identified as United States Department of Agriculture, Food and Nutrition Services. Audrey R. Lee-motion. Robert E. Williamson-2<sup>nd</sup>. VOTE: Robert-Yes, Kay-Yes, Audrey-Yes, Jacklyn-Yes, Jared-Yes. Motion carried.

Audrey R. Lee motion to approve Sac and Fox Nation Tribal Emergency Home Repair Program (TEHR) contract# 2019-02-02 between Sac and Fox Nation and Houston Air Conditioning and Heating in the amount of four thousand eight hundred dollars (\$4,800.00). Jacklyn K. King-2<sup>nd</sup>. VOTE: Jacklyn-Absent, Jared-Yes, Robert-Absent, Kay-Yes, Audrey-Yes. Motion carried.

**Resolution SF-19-90**, a resolution authorizing and approving an agreement between the Sac and Fox Nation and J and J Dozer Service, Inc. The funding source is identified as the Fiscal Year 2019 DOI Tribal Transportation (OSG) budget. Audrey R. Lee-motion. Jared A. King-2<sup>nd</sup>. VOTE: Jared-Yes, Robert-Absent, Kay-Yes, Audrey-Yes, Jacklyn-Absent. Motion carried.

Audrey R. Lee motion to ratify the approved straw poll for the Facility Rental Agreement contract# 2019-01-05 between Sac and Fox Nation and Teamsters National Pipeline Training Fund for the dates of March 4-8, and 11-15, 2019. Jared A. King-2<sup>nd</sup>. VOTE: Kay-Yes, Audrey-Yes, Jacklyn-Yes, Jared-Yes, Robert-Yes. Motion carried.

Audrey R. Lee motion to ratify the approved straw poll for the Sac and Fox Nation Agreement for use of the Tanger parking lot for the dates of April 1-5 and 8-12, 2019 between Sac and Fox Nation and Labor Management Cooperation Trust. Jacklyn K. King-2<sup>nd</sup>. VOTE: Kay-Yes, Audrey-Yes, Jacklyn-Yes, Jared-Yes, Robert-Yes. Motion carried.

Audrey R. Lee motion to approve the following requests to be paid from the RAP Government Donations Line item: Stroud High School after Prom Committee in the total amount of \$500.00. Jared A. King-2<sup>nd</sup>. VOTE: Robert-Absent, Kay-Yes, Audrey-Yes, Jacklyn-Absent, Jared-Yes. Motion carried.

Audrey R. Lee motion to approve the RAP Charitable Donations Line item: Oklahoma Intertribal Diabetes Coalition (OIDC) \$700.00, Catching the Dream \$2,000.00, National Indian Child Welfare Association \$2,500.00 in the total amount of \$5,200.00. Jared A. King-2<sup>nd</sup>. VOTE: Kay-Yes, Audrey-Yes, Jacklyn-Absent, Jared-Yes, Robert-Absent. Motion carried.

## Business Committee Meeting Minutes

Please be advised that the following are official actions taken by the Business Committee in a Regular Business Committee meeting held on March 6, 2019. These actions are to be followed up by the appropriate departments.

- 1) Audrey R. Lee motion to approve the Regular Business Committee meeting minutes dated February 20, 2019. Jacklyn K. King-2<sup>nd</sup>. VOTE: Kay-Yes, Audrey-Yes, Jacklyn-Yes, Jared-Yes, Robert-Yes. Motion carried.
- 2) Audrey R. Lee motion to approve the Recessed Regular Business Committee meeting minutes with corrections dated February 22, 2019. Jacklyn K. King-2<sup>nd</sup>. VOTE: Audrey-Yes, Jacklyn-Yes, Jared-Yes, Robert-Yes, Kay-Yes. Motion carried.
- 3) **Resolution SF-19-91**, a resolution approving the Fiscal Year 2019 Department of the Interior Office of Self-Governance budget modification #1 in the total amount of one hundred twenty-eight thousand two hundred fifty dollars (\$128,250.00). The funding source is identified as the Department of the Interior Compact Multi-Year Funding Agreement for Fiscal Years 2018-2021 and previous years DOI Compact carryover. Jacklyn K. King-motion. Audrey R. Lee-2<sup>nd</sup>. VOTE: Jacklyn-Yes, Jared-Yes, Robert-Yes, Kay-Yes, Audrey-Yes. Motion carried.
- 4) **Resolution SF-19-92**, a resolution approving the Fiscal Year 2019 Indian Health Services Office of Self-Governance budget modification #1 in the total amount of one hundred twenty-eight thousand two hundred fifty dollars (\$128,250.00). The funding sources are identified as the Indian Health Services Compact Funding Agreement with previous year's carryover. Jacklyn K. King-motion. Audrey R. Lee-2<sup>nd</sup>. VOTE: Jared-Yes, Robert-Yes, Kay-Yes, Audrey-Yes, Jacklyn-Yes. Motion carried.
- 5) **Resolution SF-19-93**, a resolution approving the Fiscal Year 2018 Indian Health Services Compact budget modification #7 in the total amount of thirteen million three hundred sixty-three thousand three hundred thirty-three dollars (\$13,363,333.00). The funding sources are identified as the Indian Health Services Compact Funding Agreements. Audrey R. Lee-motion with corrections. Robert E. Williamson-2<sup>nd</sup>. VOTE: Robert-Yes, Kay-Yes, Audrey-Yes, Jacklyn-Yes, Jared-Yes. Motion carried.
- 6) **Resolution SF-19-94**, a resolution approving the Fiscal Year 2018 Department of the Interior Bureau of Indian Affairs Sac and Fox Nation's Climate Resilience Project budget modification #2 in the total funding amount of thirty-nine thousand six hundred forty-three dollars (\$39,643.00). The funding source is identified as a one-time award funded thru the Fiscal Year 2016 Department of Interior. Robert E. Williamson-motion with corrections. Audrey R. Lee-2<sup>nd</sup>. VOTE: Kay-Yes, Audrey-Yes, Jacklyn-Yes, Jared-Yes, Robert-Yes. Motion carried.
- 7) **Resolution SF-19-95**, a resolution approving the Fiscal Year 2018 Department of Interior Compact Maintenance budget modification #4 in the total amount of twenty-eight thousand dollars (\$28,000.00). The funding source is identified as the Department of Interior Compact Multi-Year Funding Agreement with contract support. Robert E. Williamson-motion. Audrey R. Lee-2<sup>nd</sup>. VOTE: Audrey-Yes, Jacklyn-Yes, Jared-Yes, Robert-Yes, Kay-Yes. Motion carried.
- 8) **Resolution SF-19-96**, a resolution approving the Fiscal Year 2019 Revenue Allocation Plan Library budget in the total funding amount of twenty thousand dollars (\$20,000.00). The funding source is identified as the Fiscal Year 2019 Governing Council approved Resolution SF/C-19-03. Jacklyn K. King-motion. Robert E. Williamson-2<sup>nd</sup>. VOTE: Jacklyn-Yes, Jared-Yes, Robert-Yes, Kay-Yes, Audrey-Yes. Motion carried.
- 9) **Resolution SF-19-97**, a resolution approving the Fiscal Year 2018 Sac and Fox Nation Pow-Wow Committee budget modification #1 in the total amount of thirty-four thousand dollars (\$34,000.00). The funding source is identified as previous year's carryover. Audrey R. Lee-motion. Robert E. Williamson-2<sup>nd</sup>. VOTE: Jared-Yes, Robert-Yes, Kay-Yes, Audrey-Yes, Jacklyn-Yes. Motion carried.
- 10) Audrey R. Lee motion to approve an Agreement between Sac and Fox Nation and Data Video Systems, renewal contract# 2011-03-06h for Tax Department's Tag-Pro annual software services. Jacklyn K. King-2<sup>nd</sup>. VOTE: Robert-Absent, Kay-Yes, Audrey-Yes, Jacklyn-Yes, Jared-Yes. Motion carried.
- 11) Jacklyn K. King motion to approve the revised job description for the Land and Cattle Manager position. Audrey R. Lee-2<sup>nd</sup>. VOTE: Kay-Yes, Audrey-Yes, Jacklyn-Yes, Jared-Yes, Robert-Yes. Motion carried.
- 12) Audrey R. Lee motion to approve the revised job description for the Juvenile Detention Center Cook position. Jared A. King-2<sup>nd</sup>. VOTE: Audrey-Yes, Jacklyn-Yes, Jared-Yes, Robert-Yes, Kay-Yes. Motion carried.
- 13) Audrey R. Lee motion to approve the 2019 Stroud Chamber of Commerce membership in the amount of \$500.00. The funding source is identified as membership dues. Jacklyn K. King-2<sup>nd</sup>. VOTE: Jacklyn-Yes, Jared-Yes, Robert-Yes, Kay-Yes, Audrey-Yes. Motion carried.
- 14) Jacklyn K. King motion to approve the feral hog release and waiver of liability form for Clarence Burger to track, trap, and remove feral hogs. Robert E. Williamson-2<sup>nd</sup>. VOTE: Jared-Yes, Robert-Yes, Kay-Yes, Audrey-Yes, Jacklyn-Yes. Motion carried.
- 15) Audrey R. Lee motion to approve the feral hog release and waiver of liability standard form for use. Jacklyn K. King-2<sup>nd</sup>. VOTE: Robert-Yes, Kay-Yes, Audrey-Yes, Jacklyn-Yes, Jared-Yes. Motion carried.
- 16) Jacklyn K. King motion to approve the following requests to be paid from the RAP Government Donations line item: Shawnee High School 2019 Project Graduation \$800.00, Prague Middle School Leadership Team Events \$200.00, Stroud Fire Department annual FirePup program \$350.00, Agra Public Schools Alumni Easter Egg Hunt \$300.00 in the total amount of \$1,650.00. Robert E. Williamson-2<sup>nd</sup>. VOTE: Audrey-Yes, Jacklyn-Yes, Jared-Yes, Robert-Yes, Kay-Yes. Motion carried.
- 17) Audrey R. Lee motion to approve the following requests to be paid from the RAP Charitable Donations line item: Norman Native American Youth Pow-Wow Club \$650.00, Oklahoma Prospects all Native AAU Basketball team \$150.00, Stroud wine festival car, truck, & bike show sponsorship \$300.00 in the total amount of \$1,100.00. Jacklyn K. King-2<sup>nd</sup>. VOTE: Kay-Yes, Audrey-Yes, Jacklyn-Yes, Jared-Yes, Robert-Yes. Motion carried.

**HELP WANTED!**  
**SAC & FOX NATION**  
**EMPLOYMENT OPPORTUNITIES**  
 THE FOLLOWING IS A LIST OF JOB VACANCIES WITH  
**THE SAC & FOX NATION:**  
**Chief of Staff**  
**Family Practice Physician**  
**Compliance Officer (BHHC)**  
**Realty Director (Stroud)**  
**Grant Writer/Planner (Stroud)**  
**Surveillance Observer (Shawnee)**  
**Self-Governance Director**  
**ICW Specialist (Shawnee)**  
**Security Officer (Part Time - Night Shift)**  
**Transportation Driver (BHHC)**  
**Resident Advisor**

Applicants must successfully pass an OSBI/National background check and drug screen. Preference in hiring is given to qualified Native Americans. Applicants claiming Indian Preference must provide a copy of their CDIB. For more information and to learn how to apply please visit our website at:

[www.sacandfoxnation.com](http://www.sacandfoxnation.com)

or contact Human Resources, Sac and Fox Nation, 920963 S Hwy 99, Bldg. A Stroud, OK 74079 or by phone (918) 968-3526

**Business Committee Meeting Minutes**  
 are now accessible on the Website and Facebook  
[sacandfoxnation-nsn.gov](http://sacandfoxnation-nsn.gov)



Trash is shown collected in a riparian zone. It is easier to remove trash caught in grass or shrub than it is from the bottom of a lake. (OES Photo)



Pictured above is a healthier riparian zone at the Sac and Fox Nation's Veterans' Lake. (OES Photo)



Pictured is an area of the Sac and Fox Nation's Veterans' Lake with a damaged riparian zone. (OES Photo)

**Black Hawk Health Center**

**APRIL IS ALCOHOL AWARENESS MONTH**

by Clinical Staff Writer,  
Ed Abuyog, LCSW

**Did You Know?**

Drinking too much alcohol increases people's risk of injuries, violence, drowning, liver disease, and some types of cancer. This April, during Alcohol Awareness Month, the Black Hawk Health Center encourages you to educate yourself and your loved ones about the dangers of drinking too much.

In Oklahoma alone, there have been 178 drunk driving fatalities in 2017. To spread the word and prevent alcohol abuse, the Black Hawk Health Center is joining other organizations across the country to honor Alcohol Awareness Month. If you are drinking too much, you can improve your health by cutting back or quitting. Here are some strategies to help you cut back or stop drinking:

- Limit your drinking to no more than 1 drink a day for women or 2 drinks a day for men.

- Keep track of how much you drink.
- Choose a day each week when you will not drink.
- Don't drink when you are upset.
- Limit the amount of alcohol you keep at home.
- Avoid places where people drink a lot.
- Make a list of reasons not to drink.
- If you are concerned about someone else's drinking, offer to help.

**What You Can Do.**

- (1) Be aware. Learn more about alcoholism and how much you are drinking.
- (2) Consider. The risks for alcoholism, to your health and impacts on your loved ones.
- (3) Act. If you are not sure if you drink to much, or if you know you are drinking too much, please don't hesitate to schedule an assessment with Behavioral Health.

We are here to help. For more information, contact the Behavioral Health Department, educational and counseling services are available to assist in prevention and treatment.

**Riparian Zone, The Answer To: "Why Has My Shoreline Not Been Mowed?"**

by Dale Miller,  
Water Quality Specialist  
Sac and Fox Nation  
Office of Environmental Services

Protecting our waterways is part of protecting our future. The best way to protect our future water is to prevent pollution from entering into it. Prevention of the issue is much easier and less expensive than clean-up afterwards. Lakes, ponds, rivers, and stream have a natural barrier to pollutants entering called a Riparian Zone.

A Riparian Zone consists of trees, shrubs, plants, and grasses. These natural barriers work together to stop and filter out pollutants before they enter into the water body. Now, these plants are not manicured and cut like a golf course. They must be allowed to grow and naturally spread creating a filtering barrier.

A healthy Riparian Zone will help to protect the waterway from erosion, drought, excess flow damage, and even provide cover for aquatic species to grow

and thrive. The Riparian Zone will extend several feet from the shoreline to better catch pollutants as they try to enter the water body.

The pollutants, which can be anything from trash, to excess lawn fertilizer, are blocked or filtered by these plants. These pollutants can either be used by the plants in the Riparian Zone, such as the excess fertilizer, or in the case of garbage, more easily cleaned up by us. It's a whole lot easier to remove trash caught in the grass or shrub, than it is from the bottom of a lake.

This prevention of the pollutant actually entering the water system can improve the quality of the water body for everyone and everything. Although the area by a lake or stream may appear overgrown and not taken care of, in actuality, it is much healthier for the water body and us. So, the next time you are at the lake and you see the shoreline area hasn't been mowed and trimmed, understand it's to protect the future water and us.

**Come check us out: Family Literacy Bags**



**Themes:**

- Nature
- Bears
- Counting
- Sesame Street
- Disney
- Colors
- Animals
- Sports
- Stars

Each bag may be checked out for up to one or two weeks and includes: Various picture books, DVD, hands on activities including but not limited to a baking or Jello project, memory and/or matching games, puzzles, arts and crafts. (Simple fun)

More themes are in the works – these were selected based on our present cake molds. Your suggestions are always welcomed and encouraged.

Sac and Fox Nation National Public Library 918-968-3526



**VOTE:**  
**Angela Gasper**  
*Wa La Kwa Thok*  
**for**  
**Second Chief**

Greetings Tribal Members:

My name is Angela Gasper and I am the daughter of Fred and Linda (Nanaeto) Standing and the granddaughter of the late John & Harriet (McClellan) Nanaeto. I am a Candidate for Second Chief and I am asking for your vote in the upcoming Primary Election June 1, 2019.

I hold a Bachelor of Arts Degree in Criminal Justice from the University of Central Oklahoma and an Associates of Applied Science in Police Science from Oklahoma State University-Oklahoma City. I have over 20+ years of experience in a management capacity in the areas of Tribal and State Programs and Non-Profit Organizations. In Oklahoma I have had the opportunity to work for our tribe in Education, the Juvenile Facility, and as the Human Services Director. While in the position of Human Services Director I simultaneously held the positions of Interim Indian Child Welfare Director and RAP Administrator. In addition I have had the opportunity to work with a Rural Public Transportation Program utilizing State and U.S Department of Transportation Funding, and an Employment and Training Non Profit in Oklahoma City funded by the U.S. Department of Labor. In my position as the Procurement Officer for a Federally Recognized Indian Tribe in New Mexico I had the opportunity to provide Project Management for a Historical Preservation Project, Remodel and Addition of a Tribal Health Facility, New Construction of a Tribal Office Complex, Reservation Infrastructure Project and Road Construction Projects. I am currently employed by the State of Oklahoma with the Department of Human Services Child Welfare Services.

If elected Second Chief I will advocate for and protect the rights of the tribal people; work toward building a stronger and more resilient economic base; work with developing and implementing a 10 year Plan and work towards improving our Tribal Healthcare.

<b>Sac and Fox Nation Office of Environmental Services</b> <b>IS LOOKING FOR CANDIDATES FOR</b> <b>Free Private Well Water Testing</b>	
Please mail, email, or return form to address below.  Sac and Fox Nation Office of Environmental Services 920883 South Hwy 99 Stroud, OK 74079  You may also contact OES via email, phone, or fax:  Phone: 918-968-0046 Fax: 918-968-0049  Dale Miller Water Quality Specialist dale.miller@sacandfoxnation-nsn.gov	*Testing is limited to Sac & Fox Nation members, or on Trust Lands only.* Yes (X)    No (X) Sac and Fox Nation Member: <input type="checkbox"/> Yes (X) <input type="checkbox"/> No (X) Sac and Fox Nation Trust Land: <input type="checkbox"/> Yes (X) <input type="checkbox"/> No (X) Name: _____ Address: _____ Location Directions (If Rural): _____ Phone: _____ E-mail: _____ By submission of this form the applicant is assuming authority and giving authorization to the SFN OES representative to complete this sampling including entry and access to residence, well, and sample site. The SFN OES and/or its representative are not liable or responsible for any remediation needs or damages incurred performing these tasks.
<b>Note*</b>  Please understand that the U.S. Environmental Protection Agency only regulates public water systems; EPA does not have the authority to regulate private wells.  Sac and Fox Nation's Office of Environmental Services also does not have the authority to regulate private wells.  Sac and Fox Nation's Office of Environmental Services is not responsible for, nor capable of, remediating wells.	<b>Signed:</b> _____ If your drinking water does not come from a public water system, you alone are responsible for assuring that it is safe. The Office of Environmental Services understand that testing your own water can be difficult and expensive. The SFN OES has obtained the funds from an EPA grant to assist with this cost. It is with pleasure that OES offers this service, free of charge, as a courtesy to you!  <b>What is OES testing for?</b> Testing for a few of the most common contaminants is highly recommended. Even if you have a safe, pure water supply, testing should be performed at least once a year to ensure that your water is safe to drink. The Office of Environmental Services will be testing your well for the following contaminants: -pH    -Alkalinity    -Chloride    -Fluoride    -Nitrate+Nitrite    -Iron -Sulfate    -Arsenic    -Manganese    -Total Coliform    -Conductivity -E. coli (signs of bad bacteria)    -TDS (Total Dissolved Solids)    -Turbidity (Cloudy)
*Funding is available for a limited number of households.  So contact OES today to schedule sampling!	Your water sample will be analyzed at Accurate Environmental Laboratory, a laboratory which is certified by the State of Oklahoma to test drinking water. Please allow a minimum of 15 work days to receive test results. The Office of Environmental Services will mail the results and any recommendations to you.

**2018 PER CAPITA PAYMENT INFORMATION**

- Individual must be enrolled by September 30, 2018 to be eligible for the 2018 per capita payment.
  - Tribal members will need to submit a W9 to the Finance Department for the upcoming 2018 Per Capita Payment.
  - Once a W-9 form is received, it will be updated into our system and all payments due will be made at a time of disbursement.
  - If an individual is a NEW tribal member, or has had a NAME CHANGE, a copy of Social Security card is needed for our records.
  - There is NO deadline on submitting a W9. All checks will be mailed, no exceptions.
  - The IRS 1099 form will be mailed by January 31, 2019.
- NEW MINORS . . . PLEASE SEND COPY OF SOCIAL SECURITY CARD SO WE CAN GET TRUST ACCOUNTS ESTABLISHED**

**W-9 Form**

It is critical that the W-9 Form be completed correctly and thoroughly for each individual tribal member. Be sure to fill out your NAME, MAILING ADDRESS, SOCIAL SECURITY NUMBER, and then SIGN and DATE your form.

**Required Legal Documents**

If you have had a name change due to marriage, divorce, adoption, etc., it is important the Finance Department has a copy of your social security card. All other legal documents should be sent to the Enrollment Department so their records can be updated. Any guardianship or Power of Attorney documents need to be on file with the Finance Department.

**Minors**

Parents or guardians are responsible for providing a W-9 for minor children; not doing so could result in the minor's payment not being deposited into the minor's trust fund account in a timely manner.

**Contact information - Finance Department**

For identity/security purposes, a W-9 form will not be accepted by e-mail. Completed forms may be hand delivered, mailed, or faxed.

**Contact information:**

Sac and Fox Nation  
Finance Department  
920963 S. Hwy 99, Bldg. A  
Stroud, Oklahoma 74079

Direct fax: 918-968-4528

If you have any questions, please contact the Finance Department staff by phone at 918-968-3526 or 800-259-3970 ext. 1033, 1038 or 1027.

**Tax Liability Notification**

What are the withholding requirements for distributions that are made per a Revenue Allocation Plan (RAP)? The first step is to identify the source of funds used for the distribution. Unless the source of funds is specifically exempt from taxation, the amounts that make up the distributions to tribal members are taxable.

Which funds get reported on Form 1099-Misc? Distributions could be derived from many sources, including the profits from a tribal business other than a Class II or Class III gaming operation, interest income on investments, or rental payments from tribal lands. All these payments require a tribe to prepare a Form 1099-MISC

When does a person receive a Form 1099-Misc, Statement for Recipients of Miscellaneous Income? If a person receives **\$600 or more in 1 calendar year** from the same source, that amount must be reported on a Form 1099, and that Form 1099-Misc. must be provided to the individual.

**It is only the amount distributed from NET GAMING REVENUE that is subject to withholding.** The Internal Revenue Code provides that "Every person, including an Indian tribe, making a payment to a member of an Indian tribe from the net revenues of any Class II or Class III gaming activity conducted or licensed by such tribe, shall deduct and withhold from such payment a tax in an amount equal to such payment's proportionate share of the annualized tax." The amount to withhold is provided in Withholding Tables found in IRS Publication 15-A, Employer's Supplemental Tax Guide.

If the Indian tribe anticipates making a distribution of any kind, the Indian tribe needs the tribal members' Social Security number before the distribution is made. If an Indian tribe does not know a tribal member's Social Security number at the time of distribution, the distribution is subject to "backup withholding" (at 28% in 2009). (Source: Internal Revenue Service (IRS) Indian Tribal Governments Frequently Asked Questions, Last Reviewed or Updated: April 22, 2013)

Per capita payments could affect any Tribal, Federal, State, and/or Local benefits you may receive or programs in which you participate. The Sac and Fox Nation encourage you to check with your tax accountant or benefit specialist.

**SAC AND FOX NATION**  
920963 S. Hwy. 99, Building A • Stroud, OK 74079 • (918) 968-1141 • FAX (918) 968-1142

**NAME CHANGE AND/OR CHANGE OF ADDRESS FORM**

**NAME**

PRINT CURRENT FULL NAME (First, Middle & Last) \_\_\_\_\_ ROLL NUMBER \_\_\_\_\_

SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

A COPY OF THE LEGAL DOCUMENT CHANGING YOUR NAME AND A COPY OF YOUR NEW SOCIAL SECURITY CARD MUST BE ATTACHED.

PLEASE LIST PREVIOUS NAME (PRINT) \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_

**MAILING ADDRESS**

OLD	NEW
ADDRESS _____	ADDRESS _____
CITY _____ STATE _____ ZIP _____	CITY _____ STATE _____ ZIP _____

**STREET ADDRESS (IF DIFFERENT THAN MAILING ADDRESS)**

OLD	NEW
STREET ADDRESS _____	STREET ADDRESS _____
CITY _____ STATE _____ ZIP _____	CITY _____ STATE _____ ZIP _____

CHANGE OF ADDRESS FOR MINORS REQUIRE A W-9 FORM BE COMPLETED FOR THE BANK. PLEASE REQUEST A FORM FOR EACH CHILD FROM THE ENROLLMENT DEPARTMENT, 918-968-3526 ext. 1040 or 1041.

TO BE COMPLETED BY THE ENROLLMENT DEPARTMENT

Date Electronic File Was Updated \_\_\_\_\_ Date Sac and Fox News Was Notified \_\_\_\_\_ Staff Initials \_\_\_\_\_

**NOTICE**

**Why does a W-9 needed to be submitted yearly?**

If a tribal member receives income that is taxable, a 1099 must be issued for Tax Purposes. The W-9 also serves as a yearly address update.

Can the allotted minor payment be refused in order to have the entire per capita payment be deposited in trust? Yes, but in order to do so we must still receive a W-9 for the same reasons stated above. We would also need a written statement to that effect to be included with the W-9.

↓ W-9 FORM MUST BE CUT ON DOTTED LINE BEFORE MAILING ↓

**Form W-9 (Rev. November 2017)**  
Department of the Treasury Internal Revenue Service

**Request for Taxpayer Identification Number and Certification**

Go to [www.irs.gov/FormW9](http://www.irs.gov/FormW9) for instructions and the latest information.

Give Form to the requester. Do not send to the IRS.

1 Name (as shown on your income tax return). Name is required on this line; do not leave this line blank. **X**

2 Business name/disregarded entity name, if different from above

3 Check appropriate box for federal tax classification of the person whose name is entered on line 1. Check only one of the following seven boxes.

Individual/sole proprietor or single-member LLC  C Corporation  S Corporation  Partnership  Trust/estate

Limited liability company. Enter the tax classification (C=C corporation, S=S corporation, P=Partnership) ▶ \_\_\_\_\_

Note: Check the appropriate box in the line above for the tax classification of the single-member owner. Do not check LLC if the LLC is classified as a single-member LLC that is disregarded from the owner unless the owner of the LLC is another LLC that is not disregarded from the owner for U.S. federal tax purposes. Otherwise, a single-member LLC that is disregarded from the owner should check the appropriate box for the tax classification of its owner.

Other (see instructions) ▶ \_\_\_\_\_

4 Exemptions (codes apply only to certain entities, not individuals; see instructions on page 3):

Exempt payee code (if any) \_\_\_\_\_

Exemption from FATCA reporting code (if any) \_\_\_\_\_

(Applies to accounts maintained outside the U.S.)

5 Address (number, street, and apt. or suite no.) See instructions.

6 City, state, and ZIP code

7 List account number(s) here (optional)

Requester's name and address (optional)  
SAC AND FOX NATION  
920883 S. HIGHWAY 99 BLDG. "A"  
STROUD, OKLAHOMA, 74079

**Part I Taxpayer Identification Number (TIN)**

Enter your TIN in the appropriate box. The TIN provided must match the name given on line 1 to avoid backup withholding. For individuals, this is generally your social security number (SSN). However, for a resident alien, sole proprietor, or disregarded entity, see the instructions for Part I, later. For other entities, it is your employer identification number (EIN). If you do not have a number, see *How to get a TIN*, later.

Note: If the account is in more than one name, see the instructions for line 1. Also see *What Name and Number To Give the Requester* for guidelines on whose number to enter.

Social security number \_\_\_\_\_

or

Employer identification number \_\_\_\_\_

**Part II Certification**

Under penalties of perjury, I certify that:

- The number shown on this form is my correct taxpayer identification number (or I am waiting for a number to be issued to me); and
- I am not subject to backup withholding because: (a) I am exempt from backup withholding, or (b) I have not been notified by the Internal Revenue Service (IRS) that I am subject to backup withholding as a result of a failure to report all interest or dividends, or (c) the IRS has notified me that I am no longer subject to backup withholding; and
- I am a U.S. citizen or other U.S. person (defined below); and
- The FATCA code(s) entered on this form (if any) indicating that I am exempt from FATCA reporting is correct.

Certification instructions. You must cross out item 2 above if you have been notified by the IRS that you are currently subject to backup withholding because you have failed to report all interest and dividends on your tax return. For real estate transactions, item 2 does not apply. For mortgage interest paid, acquisition or abandonment of secured property, cancellation of debt, contributions to an individual retirement arrangement (IRA), and generally, payments other than interest and dividends, you are not required to sign the certification, but you must provide your correct TIN. See the instructions for Part II, later.

Sign Here Signature of U.S. person **X** Date **X**

**General Instructions**

Section references are to the Internal Revenue Code unless otherwise noted.

**Future developments.** For the latest information about developments related to Form W-9 and its instructions, such as legislation enacted after they were published, go to [www.irs.gov/FormW9](http://www.irs.gov/FormW9).

**Purpose of Form**

An individual or entity (Form W-9 requester) who is required to file an information return with the IRS must obtain your correct taxpayer identification number (TIN) which may be your social security number (SSN), individual taxpayer identification number (ITIN), adoption taxpayer identification number (ATIN), or employer identification number (EIN), to report on an information return the amount paid to you, or other amount reportable on an information return. Examples of information returns include, but are not limited to, the following.

- Form 1099-DIV (dividends, including those from stocks or mutual funds)
- Form 1099-MISC (various types of income, prizes, awards, or gross proceeds)
- Form 1099-B (stock or mutual fund sales and certain other transactions by brokers)
- Form 1099-S (proceeds from real estate transactions)
- Form 1099-K (merchant card and third party network transactions)
- Form 1098 (home mortgage interest), 1098-E (student loan interest), 1098-T (tuition)
- Form 1099-C (canceled debt)
- Form 1099-A (acquisition or abandonment of secured property)

Use Form W-9 only if you are a U.S. person (including a resident alien), to provide your correct TIN.

If you do not return Form W-9 to the requester with a TIN, you might be subject to backup withholding. See What is backup withholding, later.

Cat. No. 10231X Form W-9 (Rev. 11-2017)



Jennifer Nunn, an educator with the Lincoln County Health Dept. is pictured conducting a CPR demonstration during the 'Heart Healthy Conference' held Feb. 21 in the Sac and Fox Community Bldg. Nunn said that the prompt and proper administering of CPR can double or triple the chances of survival for a person experiencing cardiac arrest. (Photo by Mike Brown)



A 'Heart Healthy' lunch including ground turkey burgers and baked sweet potato fries and more was served at the Black Hawk Health Center's 'Heart Healthy Conference' held Feb. 21 in the Community Bldg. (Photo by Mike Brown)

**ATTENTION  
HOUSING AUTHORITY OF THE SAC AND FOX NATION  
APPLICANTS**

**Application Updates:**

Applicants shall update their applications and supporting documents and maintain current contact information on file on an annual basis. This is the responsibility of the Applicant and not the HASFN. Applicants who have not updated their application within one (1) year of the original application date will be removed from the waiting list and will have to re-apply to be placed back on the waiting list. These Applicants will receive a new approval date. Inactive applications and supporting documents will be discarded after three (3) years.

**Meskwaki Writer Ray Young Bear to Have His Poetry Featured in Two Publications**

In April 2019, Meskwaki poet, Ray Young Bear, will have his poetry and prose featured in two publications, 'The Iowa Review' and 'Native Voices: Indigenous American Poetry, Craft and Conversations.'

At 68 years of age, Young Bear, who has been writing creatively for half a century, writes, "It's a rarity for seven poems, including an essay, to be published during the same month. So, there's lots of anticipation, all good."

For his third appearance in The Iowa Review, two contemporary, English language poems are represented. For the Tupelo Press anthology, there are three contemporary poems and two Meskwaki word-songs, including a new essay on the influences of tribal culture and modern literature."

The essay, "The Summer of 1969: Children of Speakthunder," reflects upon a time when he attended a writer's workshop, in Bemidji, Minnesota. "I was just 18, but by then the process of seeing handwritten words morph to a page, in a book or magazine, was fascinating." It was at this workshop where Robert Bly, a teacher and poet, introduced Young Bear to the poetry of James Welch, a Native American.

"On a campus sidewalk one day," he shares in an essay excerpt, "Robert Bly stopped me. 'Young Bear, I've got some poems you should read.' He handed over a paperback called the New American Review. 'You can have it while you're here.' He then asked if I ever heard of James Welch. When I said no, I learned Welch was a Blackfeet from Montana, with several poems in the paperback."

"As Bly spoke in glowing terms, gesturing as if his hands could read, I scanned 'In my Lifetime.' Smitten by its structure and clarity, I became an instant fan. It was short of a divination. All of what I imagined, at 18, as being creatively possible in tribal-based poetry, if only I could mature quickly and write as well, had been done."

With six books published since 1980, Young Bear's latest collection, Manifestation Wolverine, received the American Book Award from The Before Columbus Foundation, in 2016. His bilingual poems and songs were published recently in The New Yorker, in 2015 and 2017. Young Bear lives with his family on the Meskwaki Settlement, near "Jean Seberg County," Iowa, where he's composing new fiction and word-songs.

**Sac and Fox Nation Swimming Pool Rules and Hours**



**Sac and Fox Nation Swimming Pool Opening Memorial Weekend!!**

Pool hours are:

**12 pm to 6 pm Tuesday through Sunday  
Closed on Mondays**

*(Children Under age 12 must be accompanied by an adult)*

**Admission prices are \$2.00 for the general public,  
\$1.00 for Sac and Fox Nation tribal members  
Season Pass Available Through the Maintenance Dept.**

**Private Parties are in the evenings from 6 pm until 8 pm  
Parties are required to fill out proper paperwork for rental agreements as well as for scheduling 24 hrs in advance  
and Full Payment Must be Received**

**Arrangements will be administered through the Maintenance Department  
(918) 968-4271**

**Pool rental prohibited during the week of the Nation's Annual Celebration**

**Rental prices are \$75.00 (2 hours) for general public,  
\$50.00 for Sac and Fox Nation tribal members  
Certified Lifeguards with CPR/First aid training will be on duty  
No waiving of fees. No exceptions.**



## Sauk Language Dept. Hosting Finger-Weaving Classes



Shirley Wakolee is pictured during one of the finger-weaving classes hosted in Stroud and Shawnee by the Sauk Language Dept. Classes are taught by Instructor Jennifer Onzahwah. (Photo by Houston Stevens)



Belts, necklaces and other items are being created during finger-weaving classes hosted by the Sauk Language Dept. For more information, contact the department at 918-968-3526, ext. 1075. (Photo by Houston Stevens)

## Title VI - Elders Meals April Menu

Monday - Thursday: Lunch is served from 11:30 a.m. to 12:30 p.m.  
Friday: Breakfast is served from 8:30 a.m. - 9:30 a.m.

Monday	Tuesday	Wednesday	Thursday	Friday
<b>01</b> Spaghetti with meat sauce green beans Garlic bread Side salad fruit	<b>02</b> Bbq chicken Baked beans Potato salad Side salad fruit	<b>03</b> Chicken fried steak Mashed potatoes gravy Corn side salad fruit	<b>04</b> Cheese burgers w/fixings French fries Fruit	<b>05</b> Sausage egg and cheese croissant Hash brown juice
<b>08</b> Enchiladas Refried beans Spanish rice Sliced avocado side salad fruit	<b>09</b> Smothered pork chops Au gratin potatoes Steamed broccoli Side salad fruit	<b>10</b> Vegetable beef soup Green onions Fry bread fruit	<b>11</b> Turkey and cheese sandwich With fixings Pasta salad Chips fruit	<b>12</b> Breakfast burritos w/salsa hash brown juice
<b>15</b> Beef fingers mashed potatoes Carrots Side salad fruit	<b>16</b> Meatloaf Mashed potatoes Gravy spinach side salad fruit	<b>17</b> Elders Easter dinner	<b>18</b> Tuna salad Sandwich Macaroni salad Chips Fruit	<b>19</b> Closed Good Friday
<b>22</b> Chicken strips Mashed potatoes Gravy Corn side salad rolls fruit	<b>23</b> Baked potato Bar w/fixings Side salad fruit	<b>24</b> Indian tacos With fixings Fruit	<b>25</b> Chicken patty Sandwich w/fixings Macaroni salad Chips fruit	<b>26</b> Biscuit and gravy Sausage Boiled egg juice
<b>29</b> Polish sausage with bell peppers onions and potatoes Squash Side salad fruit	<b>30</b> Roast beef w potatoes and carrots Side salad Rolls fruit	<b>01</b> Tator tot casserole Mixed vegetables Side salad fruit	<b>02</b> Ham salad Sandwich Pasta salad Chips Fruit	<b>03</b> Pancake on a stick hash browns Boiled egg Oranges

**Oklahoma Tobacco Helpline**  
**1 800 QUIT NOW**

### FOOD DISTRIBUTION PROGRAM ON INDIAN RESERVATIONS (FPIR) FY 2019 NET MONTHLY INCOME STANDARDS (Effective October 1, 2018 to September 30, 2019)

The net monthly income standard for each household size is the sum of the applicable Supplemental Nutrition Assistance Program (SNAP) net monthly income standard and the applicable SNAP standard deduction.

**48 Contiguous United States:**

Use this Amount

Household Size	SNAP Net Monthly Income Standard		SNAP Standard Deduction		FPIR Net Monthly Income Standard
1	\$1,012	+	\$164	=	\$1,176
2	\$1,372	+	\$164	=	\$1,536
3	\$1,732	+	\$164	=	\$1,896
4	\$2,092	+	\$174	=	\$2,266
5	\$2,452	+	\$204	=	\$2,656
6	\$2,812	+	\$234	=	\$3,046
7	\$3,172	+	\$234	=	\$3,406
8	\$3,532	+	\$234	=	\$3,766
each additional member					\$360

**Alaska:**

Use this Amount

Household Size	SNAP Net Monthly Income Standard		SNAP Standard Deduction		FPIR Net Monthly Income Standard
1	\$1,265	+	\$281	=	\$1,546
2	\$1,715	+	\$281	=	\$1,996
3	\$2,165	+	\$281	=	\$2,446
4	\$2,615	+	\$281	=	\$2,896
5	\$3,065	+	\$281	=	\$3,346
6	\$3,515	+	\$292	=	\$3,807
7	\$3,965	+	\$292	=	\$4,257
8	\$4,415	+	\$292	=	\$4,707
each additional member					\$450

### FY 2019 FPIR Income Deductions (see 7 CFR 253.6(e)) Effective October 1, 2018 to September 30, 2019

<b>Earned Income Deduction</b>	Households with earned income are allowed a deduction of 20 percent of their earned income.
<b>Dependent Care Deduction</b>	Households that qualify for the dependent care deduction are allowed a deduction of actual dependent care costs paid monthly to a non-household member.
<b>Child Support Deduction</b>	Households that incur the cost of legally required child support to or for a non-household member are allowed a deduction for the amount of monthly child support paid.
<b>Medical Expense Deduction</b>	Households that incur monthly medical expenses by any household member who is elderly or disabled are allowed a deduction in the amount of out-of-pocket medical expenses paid in excess of \$35 per month. Allowable medical expenses are provided at 7 CFR 273.9(d)(3).
<b>Home Care Meal-Related Deduction</b>	Households who furnish the majority of meals for a home care attendant are allowed an income deduction equal to the maximum SNAP benefit for a one-person household. The home care meal-related deduction amounts are as follows:  48 Contiguous U.S. States = \$192  Alaska by Area Designations <ul style="list-style-type: none"> <li>• Urban = \$232</li> <li>• Rural 1 = \$295</li> <li>• Rural 2 = \$360</li> </ul> See 7 CFR 272.7(b) for area designations in Alaska.
<b>Standard Shelter/Utility Expense Deduction</b>	Households that incur at least one monthly shelter or utility expense are allowed a standard income deduction (see chart below). Allowable shelter/utility expenses are provided at 7 CFR 273.9(d)(6)(ii).

### FY 2019 FPIR Standard Shelter/Utility Expense Deductions Effective October 1, 2018 to September 30, 2019

**Baseline by Region\***

Region	States Currently with FPIR Programs	Shelter/Utility Deduction
<b>Northeast/Midwest</b>	Michigan, Minnesota, New York, Wisconsin	\$400
<b>Southeast/Southwest</b>	Mississippi, New Mexico, North Carolina, Oklahoma, Texas	\$350
<b>Mountain Plains</b>	Colorado, Kansas, Montana, Nebraska, North Dakota, South Dakota, Utah, Wyoming	\$450
<b>West</b>	Alaska, Arizona, California, Idaho, Nevada, Oregon, Washington	\$400

\*If the geographic boundaries of an Indian reservation extend to more than one region per the identified regional groupings above, then a qualifying household has the option to receive the appropriate shelter/utility expense deduction amount for the State in which the household resides or the State in which the State agency's central administrative office is located.

### INTEREST TO SERVE ON COMMITTEES, COMMISSIONS, AND BOARDS

The Sac and Fox Nation's Business Committee will be appointing people to fill vacancies, as they occur, on various Committees, Commissions, and Boards. If you are a tribal member 18 years of age or older, and wish to serve, please complete the information form below and return the completed form and a *resume to the Tribal Secretary*

NAME: \_\_\_\_\_ Roll Number: \_\_\_\_\_

Address \_\_\_\_\_ Telephone: \_\_\_\_\_

CITY: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

I wish to be considered to serve on the following Committees, Commissions, or Boards, as prioritized below:

Priority #1: \_\_\_\_\_

Priority #2: \_\_\_\_\_

Priority #3: \_\_\_\_\_

Submitted by: \_\_\_\_\_ Date: \_\_\_\_\_

## 24 Tribes Hold VA Disability Enrollment Events

In February of last year, the United States Dept. of Veterans Affairs (VA) was getting ready to launch a nationwide campaign to roll out veteran disability enrollment claim events with 24 tribal communities. The campaign, "Your Service. Our Mission: Bringing Benefits Home," kicked off March 2018 and wrapped up with a total of 32 events spanning 11 states.

One of the most significant highlights was the amount of VA benefits approved for tribal veterans who may not have otherwise received VA benefits due to the rural geographical location of the tribal community. More than 1,100 veterans participated and submitted 730 claims. One tribal veteran's compensation tripled while another received a check for \$20,000 in back pay.

"Our main focus was to work with tribal governments to encourage and assist veterans across Indian Country to come and apply for the benefits they earned through their military service," said Stephanie Birdwell, director, VA's Office of Tribal Government Relations. "This helps VA enhance and improve the experience for all veterans and their families."

Birdwell is quick to point out that the presumptive condition campaign would not have been successful without the support of VA's Benefits Assistance Service, VBA Regional Office leadership and staff, State Departments of Veterans Affairs, and national Veteran Service Organizations. VA benefits staff, service officers, and health care personnel were on hand at each event to review claims on the spot, with the goal of completing the claim same day.

"VA's Benefits Assistance Service worked closely with tribal government leaders to roll out these claims events," said Mike Frueh, executive director, VA's Benefits Assistance Service. "We focused on veterans and their widows with presumptive disabilities, in addition to those who are pension eligible."

"Many tribal veterans and families may not realize VA presumes that certain medical conditions are related to military service, although these conditions may first appear after discharge," said Frueh. "In addition, a spouse may be eligible for certain benefits when a veteran dies as a result of what VA calls presumptive disabilities." VA reached out to more than 500 tribes with announcements about the campaign and an offer to host an event.

"While we initially had interest from 20 tribes, word spread and tribes saw the tremendous benefit of the events," said Birdwell. "In the end, we were able to reach 24 tribal communities, with some requesting multiple events in different locations to reach more people."

Hosted by VA and the Navajo Nation, Indian Country's first presumptive claims event took place last March at the communities of Many Farms and Cottonwood/Tselani, Ariz. During this two-day outreach event, 88 participants were assisted and 49 claims for benefits were processed by VA employees.

"As an outreach specialist, I always enjoy getting out of the office and working directly with the veterans we serve," said Monica Cabrera, public affairs officer, Phoenix VA Regional Office. "Having the opportunity at Many Farms and Cottonwood was rewarding for me emotionally and professionally. Veterans have contributed significantly to the economic sustainability of Indian Country, and I hope they left the event knowing how appreciative we are for their service."

VA worked alongside the following tribal communities to host Presumptive Condition events: Copper River Native Association (Alaska); Native Village of White Mountain (Alaska); Tule River Tribe (Calif.); Walker River Paiute Tribe (Nevada); Siletz Tribe (Oregon); Nooksack Indian Tribe (Washington); Bay Mills Indian Community (Michigan); White Earth Nation (Minnesota); Red Cliff Band of Lake Superior Chippewa Indians (Wisconsin); Osage Nation (Okla.); Seminole Nation of Oklahoma (Okla.); Eastern Shawnee Tribe (Okla.); Choctaw Nation of Oklahoma (Okla.); Kiowa Tribe (Okla.); Kewa Pueblo (N.M.); Pasqui Yaqui Tribe (Ariz.); Tohono O'odham Nation (Ariz.); San Carlos Apache (Ariz.); Navajo Nation (Ariz.); White Mountain Apache Tribe (Ariz.); Pueblo of Pojoaque (N.M.); and Taos Pueblo (N.M.).

Planning is underway to hold more claims events across Indian Country in 2019.



### 2019-2020 Sac and Fox Veterans Honor Guard Princess

The Sac and Fox Honor Guard is accepting applications, in the form of biographies, from interested candidates wishing to serve as their 2018-2019 Honor Guard Princess. **The deadline for biography submissions is May 4, 2019.** The selection ceremony will be scheduled mid-May and will be held in Stroud, OK. The new princess will be crowned at the annual Sac and Fox Veterans Memorial Day dance held in late May 2019.

#### Eligible candidates must meet the following:

- Must be enrolled Sac and Fox tribal member or descendant
- Must be between 13 and 19 years of age
- Must have a family member who is a veteran (living or deceased) or currently serving
- Must be able to dance
- Must reside in Oklahoma
- Must not cohabitate or have children
- Must be able travel and attend Honor Guard activities
- All candidates must be present in full regalia at the selection ceremony where they must present their biography

**\*\*\*The biography must include the following information:** knowledge of their Sac and Fox heritage, family/veteran background, personal accomplishments, and reason for wanting to serve as Honor Guard Princess\*\*\*

Please submit all biographies by email to Shawna Spoon at [shawnaspoon@att.net](mailto:shawnaspoon@att.net) no later than May 4, 2019. If anyone has any questions, please email or call Shawna Spoon at (405) 275-2581. Thank you.



## SAC AND FOX NATION 2019 PRIMARY ELECTION

### REQUEST FOR ABSENTEE BALLOT

THE ELECTION BOARD MUST RECEIVE THIS FORM BY DEADLINE DATE OF  
May 2, 2019

(FOR YOUR CONVENIENCE, THIS FORM MAY BE DUPLICATED)

NAME (Please Print): \_\_\_\_\_  
 (First) (Middle) (Maiden) (Last)

ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

ROLL #: \_\_\_\_\_ DATE OF BIRTH: \_\_\_\_\_

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

All requests must be returned by mail (only) to the address below

SAC AND FOX NATION ELECTION BOARD  
 P.O. BOX 240  
 STROUD, OKLAHOMA 74079

PLEASE fill out EACH BLANK completely and return by deadline date.

#### ELECTION BOARD USE ONLY PRIMARY REQUEST

RECEIVED: \_\_\_\_\_ APPROVED: \_\_\_\_\_ MAILED BALLOT: \_\_\_\_\_

DISAPPROVED: \_\_\_\_\_ REASON: \_\_\_\_\_

#### ELECTION BOARD

_____	_____	_____	_____
Chairman	Vice-Chairman	Secretary	Assistant Secretary
_____	_____	_____	_____
Member	Member	Member	Member
_____	_____	_____	_____
Member	Member	Member	Member

# Sac and Fox Nation 2019 Election Dates to Remember

**Sac and Fox Nation  
2019 Election Dates to Remember  
(Approved: December 3, 2018)**

**FILED**  
DATE 12-5-2018  
SECRETARY  
SAC & FOX NATION  
*Jacobson K. King*

**Section 201. Election Days**

(c) Any such Primary Election shall be held at least thirty (30) days prior to the regular General Election.  
**Primary Election: Saturday, June 1, 2019**

**Section 201. Election Days**

(a) Regular General Elections of members of the Business Committee and Grievance Committee shall be held on the last Saturday in August of each election year. All other required Tribal elections shall be held upon call of the Business Committee.  
**General Election: Saturday, August 31, 2019**

**Section 208. Poll Watchers**

Each candidate may designate in writing one person, not a candidate, to watch the activities at the polls. Such designation shall be presented to Election Board Officials prior to the election. Such persons may not interfere in any way with the conduct of the election, but may observe only. Any poll watcher interfering with the election or attempting to electioneer, in any way, shall be rejected from the poll area by a Sergeant of Arms or law enforcement officer.

**PRIMARY ELECTION:**

Notification of Poll Watchers for the Primary Election must be in writing and received by mail eight (8) days prior to the election, per Election Board Rules.  
**DEADLINE: Friday, May 24, 2019 by 4:30 p.m. (No emails or faxes will be accepted)**

**GENERAL ELECTION:**

Notification of Poll Watchers for the General Election must be in writing and received by mail eight (8) days prior to the election, per Election Board Rules.  
**DEADLINE: Friday, August 23, 2019 by 4:30 p.m. (No emails or faxes will be accepted)**

All notifications must be sent to the Sac and Fox Nation Election Board, 920883 S. Hwy 99, Bldg. A, Stroud, OK 74079

**Section 302. Voting List**

(a) It shall be the duty of the Tribal Secretary to compile from the Tribal membership rolls a list of all persons who will be eligible voters on the date scheduled for the Primary Election and General Election and to present sufficient certified copies of this list as requested to the Election Board no later than sixty (60) days prior to the Primary Election and no later than sixty (60) days prior to the General Election. The said copies are to be returned to the Tribal Secretary.  
(b) One copy of the voting list shall be maintained in the Tribal Office and be open to public inspection during Regular business hours no later than sixty (60) days prior to the election.

**PRIMARY ELECTION:**

**Open to the public: Tuesday, April 2, 2019**

**GENERAL ELECTION:**

**Open to the public: Tuesday, July 2, 2019**

**Section 303. Challenges to Voting Lists**

(a) At any time more than twenty (20) days before the Primary Election and General Election, any person may challenge the voting eligibility of any person whose name appears on said list, or may apply to have their name added to said list by filing an application with the Election Board. The application shall clearly indicate the substance of the challenge, the specific names challenged, and the relief requested.

**PRIMARY ELECTION:**

**Deadline for Challenges: Friday, May 10, 2019 by 4:30 p.m.**

**GENERAL ELECTION:**

**Deadline for Challenges: Friday, August 9, 2019 by 4:30 p.m.**

**Section 402. Filing for Office**

To be eligible for election and have one's name placed upon the ballot Notice of Candidacy for an elective office must be filed with: The Tribal Secretary after depositing the candidate's non-refundable filing fee of two hundred dollars (\$200.00) (cashier's check only) with the Tribal Treasurer during regular business hours at the Tribal Office complex not later than sixty-five (65) calendar days prior to the date of the Primary Election and General Election. The Tribal Secretary shall notify the Chairman of the Election Board of all candidates who have filed for office.

**OPENING DATE TO FILE FOR OFFICE:**

**Wednesday, January 2, 2019**

**PRIMARY ELECTION:**

**Closing date to file for Office: Thursday, March 28, 2019 by 4:30 p.m.**

**If No Primary Election is held, Closing Date for General Election: Thursday, June 27, 2019 by 4:30 p.m.**

**Section 403. Petition for Office**

A petition of ten (10) or more members of Council may submit a written notice with required filing fees of two-hundred (\$200.00) non-refundable (cashier's check only), no later than sixty-five (65) calendar days prior to the date of the Primary Election and/or General Election stating the name of the candidate, age, birth date, and proof of actual residence and domicile.

**PRIMARY ELECTION:**

**Deadline to Petition for Office: Thursday, March 28, 2019 by 4:30 p.m.**

**If No Primary Election is held, Closing Date for General Election: Thursday, June 27, 2019 by 4:30 p.m.**

**Section 406. Withdrawals**

Any candidate for office may withdraw by filing a written notice of withdrawal with the Election Board at any time within ten (10) days after the closing date of filing for office. Such notice shall contain the candidates name, the office filed for, a statement of withdrawal and shall be notarized or sworn to before a person authorized to administer oaths. (Required filing fee non-refundable)

**PRIMARY ELECTION:**

**Deadline to withdraw: Monday, April 8, 2019 by 4:30 p.m.**

**GENERAL ELECTION:**

**Deadline to withdraw: Friday, July 5, 2019 by 4:30 p.m.**

**Section 408. Contest of Candidate Eligibility**

Any candidate or eligible voter may challenge a candidate's legal qualifications to run for office by filing a written petition with the Election Board within three (3) business days of the closing of the filing period. Each petition shall state with particularity the reasons the candidate is not eligible to file for office. There is a one-hundred dollars (\$100.00) non-refundable cashier's check contest fee.

**PRIMARY ELECTION:**

**Deadline to contest Candidate Eligibility: Tuesday, April 2, 2019 by 4:30 p.m.**

**GENERAL ELECTION:**

**If no Primary Election, deadline to contest Candidate Eligibility: Tuesday, July 2, 2019 by 4:30 p.m.**

**Section 602. Application for Absentee Ballot**

Qualified voters wishing to cast vote by absentee ballots shall notify the Election Board not sooner than ninety (90) days and not later than thirty (30) days prior to the election. Such notices must be in writing and must include the correct mailing address of the person making the request. Only one ballot per written request.

**PRIMARY ELECTION:**

**Requests will be accepted from Friday, March 1, 2019 and cannot accept requests after Thursday, May 2, 2019 by 4:30 p.m.**

**GENERAL ELECTION:**

**Requests will be accepted from Thursday, May 2, 2019 and cannot accept requests after Thursday, August 1, 2019 by 4:30 p.m.**

**Section 706. The Tally**

The Election Board shall unlock the ballot box(es), shall remove the ballots one by one, and as each one is removed, the clerks shall read off the names of the candidates marked thereupon. At least two election officials shall view each ballot, and each counter shall keep a separate tally of the votes cast. Each candidate may select a watcher of their choice, not a candidate, to observe and keep a separate record of the tally of the ballots, and who shall not interfere with the tally process. After the tally is complete, all ballots, absentee ballots, voter registers, and ballot boxes shall be transported to the Sac and Fox Nation Tribal Court House.

**PRIMARY ELECTION:**

Notification of Tally Watchers for the Primary Election must be in writing and received by mail eight (8) days prior to the election, per Election Board Rules. **DEADLINE: Friday, May 24, 2019 by 4:30 p.m.**

**GENERAL ELECTION:**

Notification of Tally Watchers for the General Election must be in writing and received by mail eight (8) days prior to the election, per Election Board Rules. **DEADLINE: Friday, August 23, 2019 by 4:30 p.m.**

All notifications must be sent to the Sac and Fox Nation Election Board, 920883 S. Hwy 99, Bldg. A, Stroud, OK 74079

**Section 710. Certification of Election**

The election shall be certified by the Election Board immediately after the ten (10) day period for filing an election contest expires, provided, that if an election contest petition is filed within the time period allowed, then no Certificate of Election shall be issued until after such election contest is finally decided.

**PRIMARY ELECTION:**

**If the tally is completed on Saturday, June 1, 2019  
CERTIFICATION is on Tuesday, June 11, 2019**

**If the tally is completed on Sunday, June 2, 2019  
CERTIFICATION is on Wednesday, June 12, 2019**

**GENERAL ELECTION:**

**If the tally is completed on Saturday, August 31, 2019  
CERTIFICATION is on Tuesday, September 10, 2019**

**If the tally is completed on Sunday, September 1, 2019  
CERTIFICATION is on Wednesday, September 11, 2019**

**Section 802. Contest Petition**

A candidate or qualified voter contesting a Tribal Election shall, within ten (10) days after completion of the tally of the election and declaration of the results, shall deposit a two hundred dollar (\$200.00) non-refundable cashier's check contest filing fee with the Tribal Treasurer, file with the Election Board a statement in writing setting forth their particular grounds for the contest. The statement shall be verified by affidavit of the contestor (s) that they believe the matters and things therein contained are true. After the statement is filed the Election Board shall set a time for a hearing of the contest, no later than ten (10) days after the date on which the statement of contest was filed. Written notice of such hearing shall be mailed or delivered to each candidate for the office contested. Any party to the election protest and the Election Board shall have the right to view the election ballots and records in the presence of the Court Clerk in the clerk's office. Any party to the protest or a Tribal member shall be entitled to receive a photocopy of said documents certified as true and correct copies by the Court Clerk upon payment to said clerk of the normal and customary charges.

Said certified copies shall be received as evidence by the Election Board in like manner as an original. Alternatively the Election Board, upon request of a party or on its own motion, may convene a hearing for any protested election at the Tribal Courthouse for the purpose of review of said election materials. After hearing the proofs and allegations of the contestants, the Election Board shall make their findings and shall have authority to pronounce their judgment either setting aside, or confirming the election.

**PRIMARY ELECTION:**

**If the tally is completed on Saturday, June 1, 2019  
THE CONTEST PETITION DEADLINE DATE: Tuesday, June 11, 2019 by 4:30 p.m.**

**If the tally is completed on Sunday, June 2, 2019  
THE CONTEST PETITION DEADLINE DATE: Wednesday, June 12, 2019 by 4:30 p.m.**

**GENERAL ELECTION:**

**If the tally is completed on Saturday, August 31, 2019  
THE CONTEST PETITION DEADLINE DATE: Tuesday, September 10, 2019 by 4:30 p.m.**

**If the tally is completed on Sunday, September 1, 2019  
THE CONTEST PETITION DEADLINE DATE: Wednesday, September 11, 2019 by 4:30 p.m.**

**Section 805. Request for Recount**

Since the Election Ordinance provides for automatic recount of ballots, any request for recount of ballots must list the reasons therefore in writing and be submitted to the Election Board Chairman, or the Chairman's designated representative within five (5) days after the election. Such request must be accompanied by a non-refundable cashier's check of two-hundred dollars (\$200.00) made payable to the Sac and Fox Nation. Said check

shall be forwarded to the Tribal Secretary-Treasurer to be credited against the cost of the recount. The Election Board shall meet and decide within ten (10) days of receipt of the notice whether or not the reasons listed in the request are sufficient to cause a recount of ballots.

**PRIMARY ELECTION:**

**The deadline date to request a recount: Thursday, June 6, 2019 by 4:30 p.m.**

**GENERAL ELECTION:**

**The deadline date to request a recount: Thursday, September 5, 2019 by 4:30 p.m.**

## You're getting a new Medicare card!

Cards will be mailed between April 2018 – April 2019

You asked, and we listened. You're getting a new Medicare card! Between April 2018 and April 2019, we'll be removing Social Security numbers from Medicare cards and mailing each person a new card. This will help keep your information more secure and help protect your identity.

You'll get a new Medicare Number that's unique to you, and it will only be used for your Medicare coverage. The new card won't change your coverage or benefits. You'll get more information from Medicare when your new card is mailed.

**Here's how you can get ready:**

- Make sure your mailing address is up to date. If your address needs to be corrected, contact Social Security at ssa.gov/myaccount or 1-800-772-1213. TTY users can call 1-800-325-0778.
- Beware of anyone who contacts you about your new Medicare card. We'll never ask you to give us personal or private information to get your new Medicare Number and card.
- Understand that mailing everyone a new card will take some time. Your card might arrive at a different time than your friend's or neighbor's.



## HEALTH FAIR

**Thursday July 11<sup>th</sup> from 10 AM-1 PM**  
**HEALTH INFORMATION, DIABETES AND**  
**CANCER AWARENESS, HEALTH SCREENINGS,**  
**OBI BLOOD MOBILE, DOOR PRIZES, RAFFLE**  
**DRAWINGS, AND MUCH MORE!**

Any questions please contact  
**Anthony Ramirez 918-968-9531, ext 3039; Anthony.Ramirez@ihs.gov**

**Located at the Sac and Fox Gymnasium by the Black Hawk Health**  
**Center. 356110 E 930 Rd.**

**7 miles south of Stroud, E 930 Road off highway 99**



SAC AND FOX TAX COMMISSION REVENUE	
December 2018	
Beer and Liquor.....	\$186.12
State Tobacco Rebate.....	\$262,615.96
Motor Vehicle.....	\$2,768.99
Sales Tax.....	\$18,276.83
Treasury.....	\$265.00
Oil and Gas.....	\$9.52
Gaming.....	\$106,925.28
<b>TOTAL.....</b>	<b>\$391,047.70</b>

**Sac and Fox Elders**  
**Mothers Day Dance**  
**May 11, 2019 2 p.m.**  
**Sac and Fox Nation Community Bldg., Stroud, Okla.**  
**Gourd Dance 2 p.m., Supper 5 p.m., Dance 7 p.m.**

**Emcee: Frank Carson, Head Man Dancer: Francis Grant**  
**Head Lady Dancer: Cheryl McClellan**  
**Head Singer: Herb Addson, AD: Russell Saunders/Steve Ward**



**Contact: Stella Nullake at 405-323-0635 or**  
**Melissa Denny at 918-223-5108**  
**Raffles, Cake Walk, Not Responsible for Accidents!**

**START YOUR SUMMER ADVENTURE!**



**NYPD Native Youth Preventing Diabetes**  
**SUMMER CAMP**  
**CAMP TAKATOKA CHOUTEAU, OK**  
**Ages 8-12**

**DATES: JUNE 10-14**      **APPLICATION DEADLINE: MAY 17**

CAMPERS ENJOY ACTIVITIES SUCH AS:  
 ARCHERY • BASKETBALL • HIKING • CRAFTS • SWIMMING • CANOEING • WALL CLIMBING  
 NATURE STUDIES • VOLLEYBALL • FISHING • ROPES COURSES • CULTURAL ACTIVITIES

Campers learn about nutrition, self-esteem, physical fitness and diabetes prevention, while enjoying all the fun of a traditional summer camp.

For additional information, contact Anthony Ramirez or Josh Nooner at (918) 968-9531 or Anthony.Ramirez@IHS.GOV Josh.Nooner@IHS.GOV

About Native Youth Preventing Diabetes:  
 NYPD is a 501c(3) charitable organization with a mission to educate, promote, and empower future generations in the awareness of diabetes and its complications. The Sac and Fox Nation is a coalition member of the organization. \*any SFN citizen or Native America student within SFN boundary

**Raised-Bed Gardening Has Many Benefits**

*by Trisha Gedon*  
*OSU Extension Services*

What exactly is a raised bed garden? It is a garden area that is elevated anywhere from a few inches up to 2 or 3 feet above the soil level. It can be as simple as a rectangular plateau of soil or a more elaborate bed framed in sturdy material. Not only can it add visual interest to your landscape, raised bed gardens also have several other benefits, said David Hillock, Oklahoma State University Co-operative Extension consumer horticulturist. "Gardeners tend to reap higher yields due to raised beds allowing more garden space for growing plants. Also, you'll have better soil since amendments and

fertilizer are applied only to the growing area," he said. "There's little need to rototill, and the soil drains better. As an added bonus, plants grown close together will shade the soil, which decreases evaporation and keeps roots cooler. You'll water only the beds, not the walkways, which in turn also decreases water use." Avid gardeners usually are itching to get to work in the landscape and raised beds can get you outside a bit earlier in the season. Soil in raised beds can be worked earlier in the year because it warms up faster than soil in traditional in-ground gardens. In addition, rainy weather is less of a deterrent for working in the garden because mud likely would not be an issue. Another benefit is plants planted closely together in a raised bed help keep weeds crowded out. Consider covering pathways between the raised bed with landscape fabric to choke out weeds in those areas. Something gardeners hate to see is a garden damaged by pests. Raised beds are very easy to cover with insect screening fabric. Rotation of crops also is easier, which helps prevent buildup of pests. Hillock said raised bed gardens also are great for individuals with physical limitations. "If built tall enough, they eliminate the need of weeding on your knees, as well as making harvest easier," he said. "Raised beds can be accessed from all open sides, which is great for gardeners who may use assistive walking devices." While a raised bed can be any shape you can imagine, it's recommended not to exceed 4 feet wide. This helps ensure gardeners can reach to the back side of the bed if it's adjacent to a structure. Gardeners who would like to incorporate raised beds into their landscape should take some things into consideration. For best light exposure, build beds in a north/south orientation. Make sure paths between beds are wide enough to walk comfortably, push a wheelbarrow or accommodate an assistive walking device or wheelchair. Before beginning construction, stake out the beds and walk through them to make sure it is a workable arrangement. Decide whether an unframed or framed bed best suits your needs. For an unframed bed, eliminate weeds and turf from the area, then dig a furrow on both sides of the area and pull up the soil around the edges to create a mound. If building out of wood or other hard materials, level the area and put the basic frame in place before preparing the soil. Materials can include treated lumber or landscape timbers, concrete blocks, rocks or bricks, snap-together plastic blocks, hay bales or even recycled materials. "Be creative with your materials for the beds and the plants you select. Raised beds are a great way to add visual interest and texture into your landscape," Hillock said.




**ATTENTION**  
**TRIBAL MEMBERS**  
**SR. MAN AND SR. WOMAN**  
**NOMINATIONS DUE**  
**May 15, 2019**

I, \_\_\_\_\_, Roll No. \_\_\_\_\_ hereby nominate the following  
 Man: \_\_\_\_\_ He should be the Sac & Fox Nation Sr. Man because:  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

I, \_\_\_\_\_, Roll No. \_\_\_\_\_ hereby nominate the following  
 Woman: \_\_\_\_\_ She should be the Sac & Fox Nation Sr. Woman  
 because: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**Mail ballot to:**  
 Activity Committee  
 Sac & Fox Nation  
 920883 S. Hwy. 99, Bldg. A  
 Stroud, OK 74079  
**Or E-mail ballot to: [J.morris92@yahoo.com](mailto:J.morris92@yahoo.com)**

**Business Committee Meeting**  
**Minutes are now**  
**accessible on the Website**  
**[sacandfoxnation-nsn.gov](http://sacandfoxnation-nsn.gov)**  
**and Facebook**



## 2019-2020 Sac and Fox Nation Tribal Princess Application

Mail to: Activity Committee  
920883 S. Hwy. 99, Bldg. A  
Stroud, OK 74079

E-mail to: [angewarr21@gmail.com](mailto:angewarr21@gmail.com) OR [carrielaideaux@gmail.com](mailto:carrielaideaux@gmail.com) OR [cmplumley25@gmail.com](mailto:cmplumley25@gmail.com)

**Pageant Competition: June 15, 2019 @ 11:00 a.m. in SFN Community Building**

Candidate Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Date of Birth: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Phone No.: (\_\_\_\_) \_\_\_\_ - \_\_\_\_

School: \_\_\_\_\_

Grade: \_\_\_\_\_

Father's Name: \_\_\_\_\_ E-mail: \_\_\_\_\_

Mother's Name: \_\_\_\_\_ E-mail: \_\_\_\_\_

Sac & Fox Roll No.: \_\_\_\_\_

OR

Check Box If Descendant:

Describe descendency: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**CANDIDATES MUST MEET THE FOLLOWING:**

- ❖ Role model, etiquette & participation within SFN tribal events
- ❖ Must be able to dance, willingness to learn more about Sac & Fox history and customs
  - ❖ Must be able to attend SFN Activity Committee events
  - ❖ Must reside in Oklahoma
- ❖ Must not be married, cohabitate, nor have significant other

**COMPETITION REQUIREMENTS:**

LITTLE MISS (6-10 years old)	JR. MISS (11-15 years old)	MISS (16-21 years old)
Tribal greeting & translation	Tribal greeting & translation	Tribal greeting & translation
Describe & model tribal dress	Describe & model tribal dress	Describe & model tribal dress
	Traditional or contemporary talent	Traditional or contemporary talent

List your hobbies, goals, subjects, achievements & titles:

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Why do you want to be a Sac & Fox Nation tribal princess?

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**SELECT YOUR CANDIDACY:**

MISS

JR. MISS

LITTLE MISS

Candidate signature & date \_\_\_\_\_

Parent signature & date \_\_\_\_\_

❖ Please submit (1) 4X6 profile photo

**APPLICATION DEADLINE: MAY 24, 2019 - NO EXCEPTIONS**

If you have any questions, feel free to contact (405)919-0819 OR (918)290-9822 OR (405)915-4433

## OSU Researchers Develop Peanut Butter Product

*by Tori Lock  
Oklahoma State University  
FAPC Graduate Assistant*

The days of scooping peanut butter straight out of the jar with a spoon may be nearing an end. Researchers at Oklahoma State University's Robert M. Kerr Food & Agricultural Products Center (FAPC) have developed a bite-size peanut butter product that is individually wrapped, high in protein and made from real peanut butter.

"These peanut butter snacks provide consumers with a convenient, healthy way of eating one of their favorite foods," said Dani Bellmer, FAPC food processing engineer and co-inventor of the bites. Bellmer and William McGlynn, FAPC horticulture processing specialist, began a peanut butter venture in the late 1990s.

Their original creation, 'PB Slices,' provided an easier way for consumers to make peanut butter sandwiches. After about a year on the market, the project fizzled out and the pair never pursued it again.

Years later, the specialists began looking to revamp the concept of PB Slices. Wanting to identify potential markets for their original product, the duo participated in the Oklahoma Proof of Concept Center, a statewide technology business accelerator program managed by Innovation Enterprise in Oklahoma City, to investigate the business opportunities for the peanut butter slice technology.

"After talking to food service providers, distributors and a wide array of demographics during the course, it became evident consumers were no longer interested in the original product," McGlynn said. "The consumers who were most excited about the bite-size snacks were primarily fitness people looking for a healthy snack to incorporate into their busy lives."

McGlynn said FAPC, a part of OSU's Division of Agricultural Sciences and Natural Resources, assisted with the creation of the peanut butter snack in a number of ways. The center's research laboratories, pilot-processing facilities, educational programs and seminars keep food and agricultural processors and entrepreneurs on the forefront of cutting-edge value-added processing and technology.

"Having all the pilot plant equipment under our roof was beneficial to do the formulations and make the prototype products," McGlynn said. "The team took advantage of testing equipment and sensory evaluations in house as well."

Reformulations of the product were completed at FAPC but locating a facility with the proper allergen permissions and appropriate equipment to form the snack-size bites was a challenge. Cerreta Candy Co. in Glendale, Arizona, was able to give access to its facility for pilot runs of the product where the individually wrapped peanut butter bite samples were produced. "In its current state, peanut butter is less convenient to eat than many other ready-to-eat products," Bellmer said. "Once it is made into a snackable form, its consumption will likely increase." Nutritional and convenient snacks continue to climb the trends list in the food industry making the bite-size peanut butter snacks' debut timely.

"People want a snack that they can eat on the go," Bellmer said. "These peanut butter snacks can be eaten while students walk to class or as gym-goers head to their workouts."

The bite-size peanut butter snacks also have additional protein supplements and provide controlled portions for snackers to enjoy. Each bite is made up of 80 percent peanut butter with added pea protein and peanut flour to make them higher in protein.

"You automatically have a defined and discrete portion that is prepared and ready to go," McGlynn said. "No longer do you have to measure out each scoop to ensure you're getting correct amounts of protein; we've done that for you." The commercialization of the bite-size snacks would benefit FAPC, OSU and the entire state of Oklahoma, Bellmer said.

"Peanut butter is a staple in the American diet with more than a million dollars in annual sales, and peanuts are an important crop in the state of Oklahoma," she said. "Capitalizing on the popular crop gives us the opportunity to expand the peanut industry in Oklahoma, creating more jobs and revenue for the state."

After three years of development, the team is searching for partners but has had "no big bites as of now," McGlynn said. "There are various avenues we can pursue, but ultimately, we hope you will see the bites on store shelves in the future," he said.